**Discharge Preparation Checklist**

Before the individual has left the facility, the following tasks should be completed:

[ ]  I have been involved in decisions about what will take place after I leave the facility.

[ ]  I understand where I am going after I leave this facility and what will happen to me once I arrive.

[ ]  I have the name & phone number of a person I should contact if a problem arises during my transfer.

[ ]  I understand what my medications are, how to obtain them and how to take them.

[ ]  I understand the potentials side effects of my medications and whom I should call if I experience them.

[ ]  I understand what symptoms I need to watch out for and whom to call should I notice them.

[ ]  I understand how to keep my health problems from becoming worse.

[ ]  My doctor or nurse has answered my most important questions prior to leaving the facility.

[ ]  My family or someone close to me know that I am coming home and what I will need once I leave the facility.

[ ]  If I am going directly home, I have scheduled a follow-up appointment with my doctor and I have transportation to this appointment.