

Missouri Division of Behavioral Health

Children and Youth Psychiatric Services

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Terminology

- Department of Mental Health (DMH)
- Division of Behavioral Health (DBH)
- Community Mental Health Center (CMHC)
- Administrative Agent (AA)
- Community Psychiatric Rehabilitation (CPR)
- Transitional Age Youth (TAY)
- Daily Living Functional Assessment (DLA 20©)

Who, What and How of DBH?

- Who are we?
 - Formerly the Division of Alcohol and Drug Abuse *and* Division of Comprehensive Psychiatric Services
- What is the function?
 - Assure the availability of prevention, evaluation, treatment, and rehabilitation services for individuals and families
- How is it done?
 - Community based services contracted with DBH in 25 service areas, and
 - DMH state operated children's facility - Hawthorn

Community Based Services

- Community Mental Health Centers (Administrative Agents) and/or Affiliates
 - 21 CMHCs and 2 Affiliates
- Entry and exit point for Missouri's public mental health system
- Certified and Nationally Accredited to provide:
 - Community Psychiatric Rehabilitation (CPR)
 - 24 Crisis Response
 - Outpatient Mental Health

What is Community Psychiatric Rehabilitation (CPR)?

Person-centered approach emphasizing individual and family choice

Flexible community based services and supports

Promotes Independence

Builds on existing community resources


Utilizes family/natural support systems

Youth Guided Family Driven

More about CPR...

- Established in MO in 1989
- Funded through both DMH general revenue and MO HealthNet (Medicaid)
- Rehabilitation option
 - [Missouri State Medicaid Plan](#)
- Provides a range of mental health services to adults, transitional age youth, children and families

And what exactly does it do?

- Promote recovery/resiliency
- Maximize independent functioning
-  inpatient psychiatric hospitalizations
 - Out of home placements
- Increase interagency coordination and collaboration
 - Includes all aspects of treatment



Core CPR Services for Children/Youth

- Evaluation/Assessment*
- Community Support*
- Crisis Intervention*
- Medication Services
- Physician Consultation
- Metabolic Screening



*Designated services that can be provided in a school setting

Children/Youth Specific Services

- Assertive Community Treatment (TAY)
- Intensive CPR*
 - Treatment Family Homes
 - Professional Parent Homes
 - Evidence Based Practice*
 - Inpatient Diversion
- Family Support*
- Family Assistance*
- Youth Day Treatment
- Individual Therapy*
- Group Therapy*
- Treatment Planning*
- Integrated Treatment for Co-Occurring Disorders*
 - Individual Counseling
 - Group Counseling
 - Group Education
 - Assessment Supplement

*Designated services that can be provided in a school setting

Who is eligible?

- Children/Youth living with a serious emotional disturbance
 - Substantial impairment in ability to function at a developmentally appropriate level

CPR Eligibility

- Diagnosis
 - Schizophrenia Spectrum
 - Psychotic Disorders
 - Bipolar disorders
 - Major Depressive disorders
 - Obsessive-Compulsive Disorder
 - Post Traumatic Stress Disorder
 - Anxiety disorders
 - Reactive Attachment Disorder
- Qualifying DLA-20© Score w/diagnosis
 - Assesses what daily living areas are impacted

Hawthorn Children's Hospital

- DMH's only children's psychiatric hospital
- Acute psychiatric inpatient services
 - Children's Unit
 - 6-12 years old
 - Adolescent Unit
 - 13-18 years old
- Residential treatment services
 - 13-17 years old



More Information....

- Psychiatric Services
 - **Community Mental Health Centers**
 - <http://dmh.mo.gov/mentalillness/helpinfo/adminagents.html>
 - **Access to Crisis Intervention – 24/7 hotline**
 - <http://dmh.mo.gov/mentalillness/progs/acimap.html>

DBH Children's Team

Contact Information

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Questions

