

Crisis Intervention Team (CIT) The Missouri Model

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History of CIT

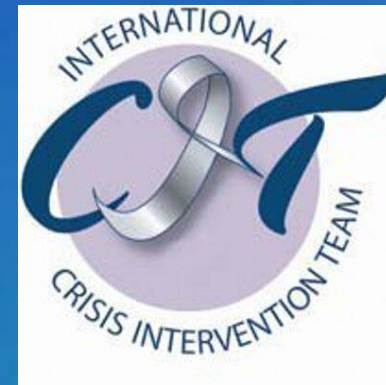
CIT Memphis

CIT Kansas City

CIT St. Louis

CIT Mid-Missouri

CIT Missouri



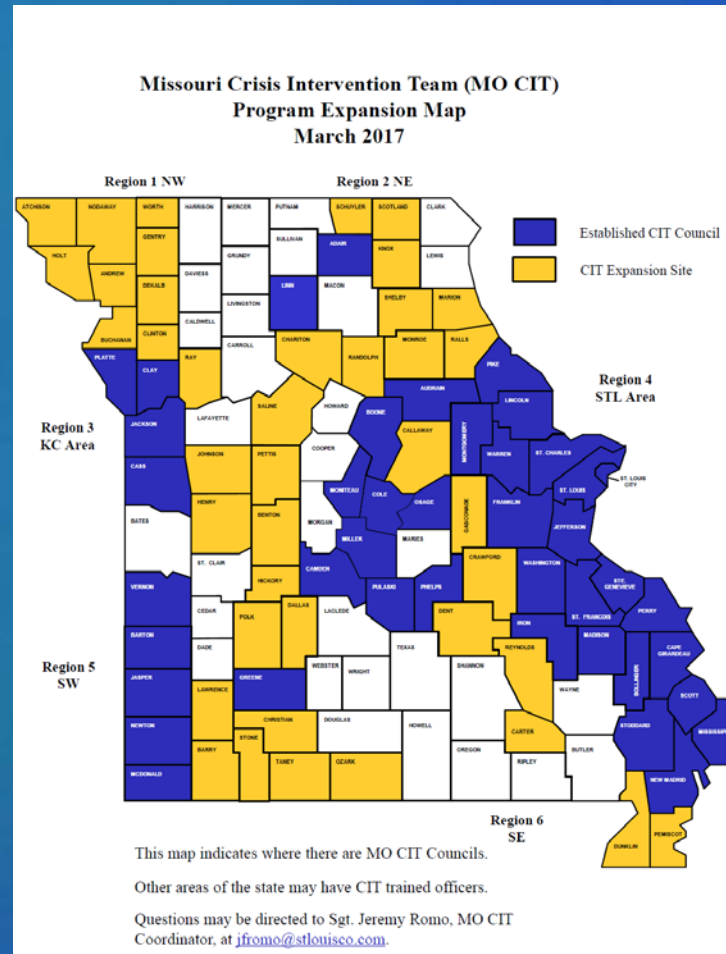


Missouri CIT Council

The Missouri Crisis Intervention Team (MO CIT) Council facilitates understanding, development, and implementation of CIT programs throughout communities in Missouri. The Council promotes and supports collaborative efforts to create and sustain more effective interactions among law enforcement, behavioral health professionals, individuals in crisis and their families, and to reduce stigma.

CIT Councils in Missouri

Bootheel Area
 *Callaway County
 Capital Area
 *Current River
 East Central
 Franklin County
 Great Rivers
 Jefferson County
 *Johnson County
 Linn County
 Mid-America
 Mid-Missouri
 Mineral Area



Nevada-Vernon County
 *North Central
 Northeast
 *Northwest
 *Polk
 South Central
 Southeast
 *Southern Missouri
 Southwest
 Springfield Area
 St. Louis Area
 *Tri CIT
 *West Central



Partners of MO CIT

- Law enforcement agencies with established CIT Programs
- Law enforcement agencies working to develop CIT programs
- Department of Mental Health
- Missouri Coalition for Community Behavioral Healthcare
- Community Behavioral Health Agencies
- Hospitals
- National Alliance on Mental Illness (NAMI)
- Other state agencies: Corrections, Health and Senior Services, Social Services

Taking MO CIT to the Next Level

- ❑ DMH funded a State CIT Coordinator Position.
- ❑ Beginning on January 1, 2016, DMH contracted with the Missouri Coalition for Community Behavioral Healthcare to provide support for CIT.
- ❑ Better accountability for funding and support.
- ❑ Development and implementation of the Missouri Model.
- ❑ Expansion

The Missouri Model

- A standardized 40 hour curriculum that is being used across the state
 - ✓ Standardized training and evaluation tools (Toolkit)
- Defining a Council and its expectations
- Collection of data uniformly
- New logo
- One CIT pin
- Fostering CIT as key component of crisis response



Standardized Curriculum



MO-CIT-CURRICULUM

MO-CIT-Curriculum-Classes-(Total-Hours=40)				
Required-Courses-(32-34-Hours)	Minimum-Hours	Maximum-Hours	Example-1	Example-2
1.-Overview-of-CIT-(Entry-Test-Required)	1	2	2	1
2.-Overview-of-Mental-Health-Disorders	1	2	1	3
3.-Substance-Use/Co-Occurring-Disorders	1	2	2	1
4.-Medication	1	2	1	2
5.-Suicide-Intervention	1	2	2	1
6.-De-Escalation-Strategies-and-Techniques	4	2	4	4
7.-De-Escalation-Role-Plays	4	2	4	4
8.-Lived-Experience-Panel(s)	2	2	2	2
9.-Hospital-Procedures	1	2	2	2
10.-Community-Resources	1	2	2	1
11.-Site-Visits	2	2	3	5
12.-Overview-of-Civil-Involuntary-Detention-Laws	1	2	1	1
13.-Building-Trust-and-Legitimacy-in-Diverse-Communities	1	2	1	1
14.-Youth-Interventions	1	2	1	1
15.-Aging-Interventions	1	2	2	1
16.-Intellectual-Disabilities	1	2	1	1
17.-Officer/Deputy/Trooper-Wellness	1	2	1	1
18.-Veterans'-Issues	1	2	1	2
19.-Graduation-&-CIT-Evaluation-(Exit-Evaluation-Required)	1	2	1	1
The minimum number of required class hours is 32. (6 additional hours from the list above are required to reach the 32-hour minimum).	32	2	32	2
The maximum number of required class hours is 34. (No more than 8 additional hours from the list above are allowed to reach the 34-hour maximum).	2	34	2	34



MO-CIT-CURRICULUM

Electives-Courses-(6-8-Hours)	Minimum-Hours	Maximum-Hours	Example-1	Example-2
1.-CIT-from-the-Officer/Deputy/Trooper-Point-of-View	1	2	2	2
2.-CIT-Reports/Supervision	1	2	2	1
3.-Tactical-Planning/Liability-Consideration	1	2	2	2
4.-Terrorism	1	2	2	2
5.-Law-Enforcement-Suicide	1	2	1	2
6.-Suicide-by-Cop	1	2	1	2
7.-Suicidal-vs.-Non-Suicidal-Self-Harm	1	2	2	2
8.-Counseling-on-Access-to-Lethal-Means-(CALM)	1	2	2	2
9.-Inpatient-Hospital-Assessment-Process	1	2	2	1
10.-Trauma-Informed-Care	1	2	2	2
11.-Post-Traumatic-Stress-Disorder-(PTSD)	1	2	2	2
12.-Bipolar-Disorder	1	2	2	2
13.-Personality-Disorders	1	2	2	2
14.-Excited-Delirium	1	2	1	2
15.-Autism-Spectrum-Disorder	1	2	1	2
16.-Alzheimer's-Disease	1	2	2	2
17.-Hoarding-Disorder	1	2	1	2
18.-Eating-Disorders	1	2	2	2
19.-Specialty-Courts	1	2	2	2
20.-Guardianship-and-Power-of-Attorney	1	2	2	2
21.-Homelessness	1	2	2	2
22.-Reducing-Stigma	1	2	2	2
23.-Networking-Lunch-(local-sponsorship-required)	1	1	2	2
Select at least 4 classes from the list to equal up to 8 hours.	2	2	2	2
The minimum number of elective class hours is 6.	6	2	2	6
The maximum number of elective class hours is 8.	2	8	8	2
TOTAL-HOURS	40	40	40	40

CIT Expansion

Turn the white to gold and the gold to blue.

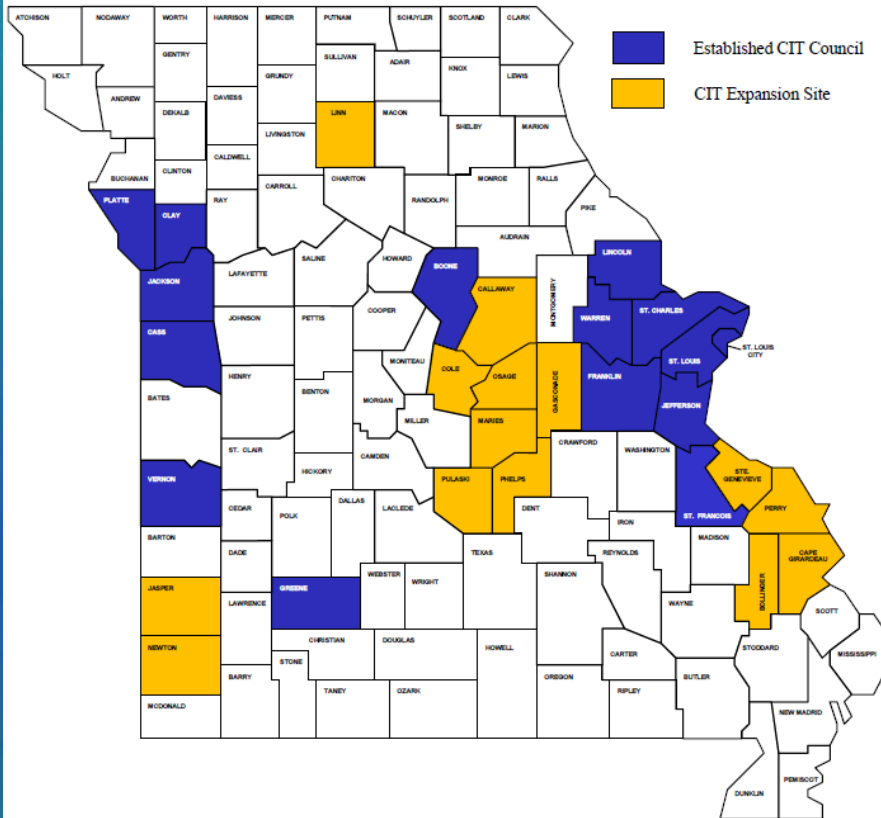
Focus on Expansion to rural areas

- Key components to expansion:
 - ✓ On site support
 - ✓ Community Mental Health Liaisons (CMHLs)
 - ✓ Collaboration among agencies
- Plans for future mobile training teams
- Establishing CIT Regional Coordinators
- Increasing participation in the state Council

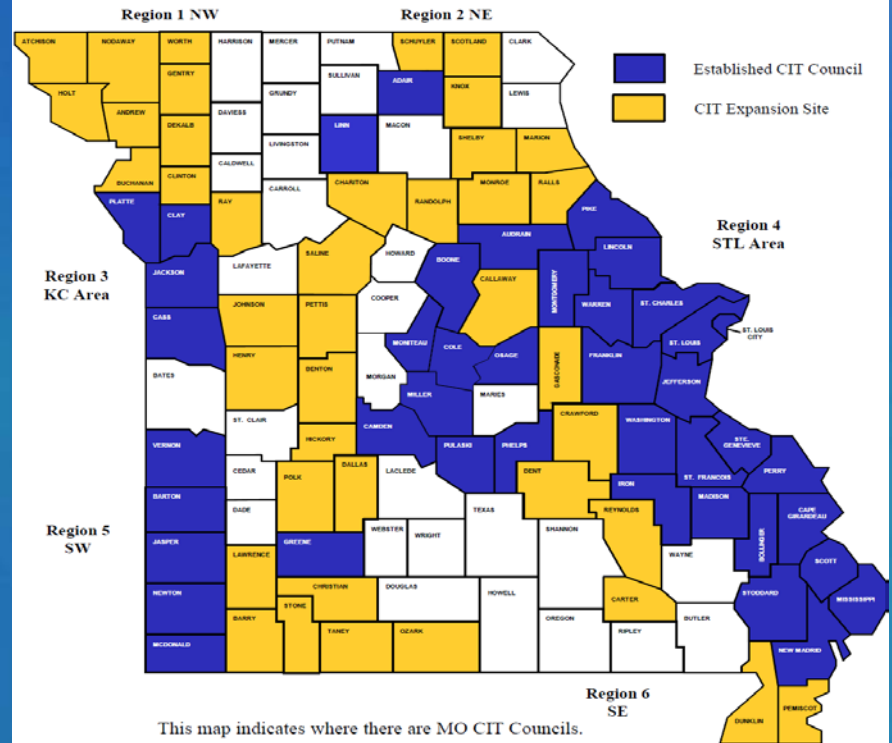


Missouri CIT Council Expansion Then and Now

Missouri Crisis Intervention Team (CIT)
Program Expansion Map
April 2014



Missouri Crisis Intervention Team (MO CIT)
Program Expansion Map
March 2017



This map indicates where there are MO CIT Councils.

Other areas of the state may have CIT trained officers.

Questions may be directed to Sgt. Jeremy Romo, MO CIT Coordinator, at jfromo@stlouisco.com.

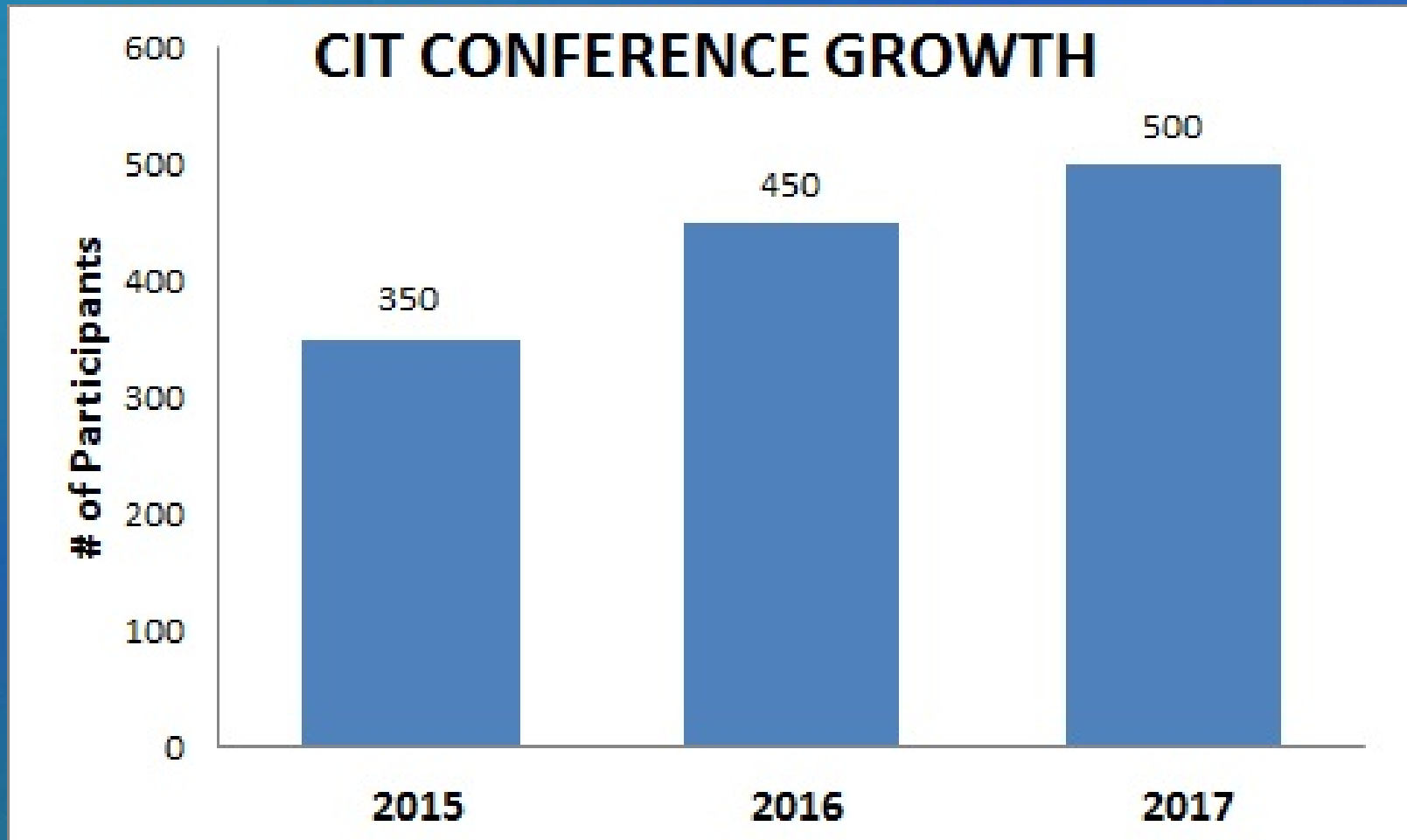
Benefits of CIT

Law Enforcement Officers Trained

More than **5,700**
officers in
Missouri are CIT
trained.



Missouri CIT Conference



Mental Health First Aid

Nearly 1200 law enforcement officers in Missouri have been trained in the public safety version of Mental Health First Aid (MHFA).

- ✓ 11 - Officers trained as MHFA Instructors
- ✓ 2 - FBI Agents trained as MHFA Instructors
- ✓ Trained approximately 80 additional officers at the CIT Conference.





One Mind Campaign

International Association of Chiefs of Police

Four Strategies

- ❖ Establish a clearly defined and sustainable partnership with one or more community mental health organizations
- ❖ Develop and implement a model policy addressing police response to persons affected by mental illness
- ❖ Train and certify 100 percent of your agency's sworn officers in **Mental Health First Aid** for Public Safety
- ❖ Provide **CIT** training to a minimum of 20 percent of your agency's sworn officers

Officer Wellness Efforts

April/May – St. Louis

June/July – Jefferson City

Aug/Sept – Springfield/Joplin

Oct/Nov – KC/St. Joseph

TRAIN THE TRAINER

MISSOURI MODEL BUILDING RESILIENCE:

Surviving Secondary Trauma for First Responders

First Responders will gain an understanding of Secondary Trauma, including defining trauma and its effect on the mind and body, identifying risk factors, and learning alternatives to unhealthy coping. This training will equip participants with information, materials and skills to train fellow First Responders. This training is open to Law Enforcement, CIT Officers, Fire, EMS, Juvenile Officers, Court Officers, and Prosecutors.

When: This **FREE** training consists of three phases.

Phase 1: April 3, 4, 5
(8:00 a.m. – 5:00 p.m.)

Phase 2: May 1, 2

Phase 3: May 22, 23

*Participants must attend phases 1 & 2.
Phase 3 will be held at select locations*

Where:

St. Louis County Emergency
Management
1150 Hanna Rd, Ballwin, MO 63021

Trainers:

Capt. Darren Ivey, KCPD
Marsha Morgan, President,
Resilience Builders

Please register by Monday, March 27!

To register, email Capt. Darren Ivey at darren.ivey@kcpd.org

VISIT US ONLINE

www.missouricit.org



Thank you!

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Chair, Bootheel CIT Council

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