



helping children soar

PROJECT
LAUNCH

Missouri Project LAUNCH

Pilot Site—North St. Louis City (63106 & 63107)



Screening & Assessment

- Increased number of healthcare providers offering ASQ-3 and ASQ-SE screenings in pilot areas
- Screening & Referral decision making process
- Hosted trainings for child care, mental health and health care providers on use of ASQ-3 and ASQ-SE screening tools
- Created public awareness campaign for screening—Simple Steps to a Healthy Child



Take the first step.



Have your child screened to check their social, emotional and developmental progress.

Act Now!



TRUSTED PROFESSIONALS
Professional screenings are done by trusted child care and health care providers.

Your child's growth and development are kept track of through a partnership between you and your health professional. At each well-child visit the doctor looks for developmental delays or problems and talks with you about any concerns you might have.

"Screening helps you and your doctor know that your child is growing and developing well. Screening should be part of your child's regular well child check-ups."

Dr. Meedy People's Health Centers

"Getting your kids screened is very important because that is a way you can see how your kids are learning. It is a way to know what they need help in and what they are good in."

Parent

FAST. EASY. FUN.
It's fast. It's easy. It's fun for both parents and children.

Through a series of short, age-specific questionnaires, age appropriate activities and a parent-provider partnership, you can share your findings and expert knowledge with your child's health care provider at your regularly-scheduled child wellness checkups. Each is a step towards a healthy future. Your child will find the process fun and engaging. You will enjoy the ease of the process and more importantly, the information that it will tell both you and your doctor.

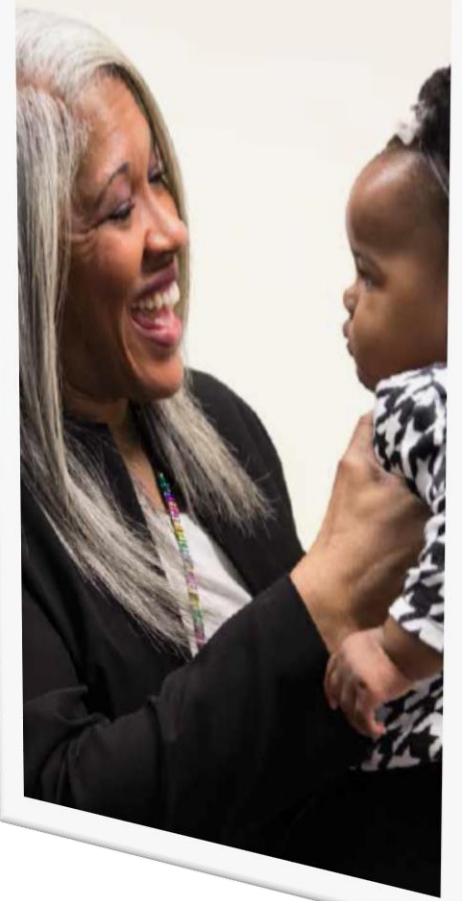


GAIN MORE INSIGHT
Track your child's progress and what it tells you.


Every child develops at their own pace, so it's difficult to tell exactly when a child will learn a given skill. However, age-specific developmental milestones give a general idea of what changes to expect as a child gets older. Early prevention screening helps to identify those milestones and the developmental progress that should be expected at a specific age.

simplesteps
TO A HEALTHY CHILD

Support your child's future health by knowing their social, emotional and developmental stepping stones.



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Integration of Behavioral Health into Primary Care Settings

- Hosted Early Childhood Mental Health: Tips & Strategies Conferences
 - Focused on early childhood mental health, effects of trauma on brain development, parenting practices, maternal depression, and S/E screening in the health care setting
- Partnered with Affinia Healthcare to integrate screening into some of their pediatric practices
- Health care specific screening & referral decision making matrix

Enhancing Home Visiting

- Developed a Home Visiting Workgroup in the pilot area
- Motivational Interviewing Training
- Consultation to Home Visiting organizations on CLAS standards and ways to reduce disparities

Early Childhood Mental Health Consultation

- Developed a definition of early childhood mental health consultation
 - Adopted by several child serving state departments
 - Working with MO HealthNet to fund
- Early Childhood Mental Health: Growing Missouri's Capacity trainings and 6 month learning collaborative
- CSEFEL Project
 - Training for childcare providers and directors
 - Focuses on promoting the social emotional development & school readiness of young children birth to age 5.

Family Strengthening

- Parent Café's
 - Trained parents & community members both at local & state level
- Chicago Parent Program
 - Hopewell CMHC, Affinia Healthcare, Flance childcare center
- Parent Leadership Development Opportunities
 - Many trainings in pilot site
 - Show-Me Leadership Summit
 - Developed state-wide parent advisory council
- Strong Parents, Stable Children Curriculum
 - Focuses on building protective factors
 - Materials are available for FREE on Missouri Children's Trust Fund website: www.ctf4kids.org

Early Childhood Mental Health Website



www.HealthyKids.mo.gov

5 Minute Miracle Public Awareness Campaign

WHAT CAN 5 MINUTES A DAY DO?

OPEN THEIR HEARTS AND THEIR MINDS

Playing hoops with your child, even if they need a boost, is a great way to enjoy five minutes or more with your child. And while getting a little exercise and quality time, you'll be helping grow their social and emotional development!

Human relationships are the foundation of every child's early social and emotional development and healthy well-being. Engaging with your child at least five short minutes each day can make a world of difference in their life. 5 Minute Miracle provides fun, age-appropriate activities and messages for children from birth to age eight that help to establish and maintain trusting and caring relationships in both the home and in the community.

Create a miracle in your child's life. The relationships - and the results - will last a lifetime.

Studies show that spending five minutes with your child doing things like reading, walking or playing a game, will improve your child's social and emotional well-being for the rest of their life.

Visit healthykids.mo.gov for more information.

5 MINUTE MIRACLE

5 MINUTE MIRACLE

20 THINGS YOU CAN DO WITH YOUR CHILD

- 1 READ A STORY OR A BOOK.
- 2 GO FOR A WALK.
- 3 TALK ABOUT YOUR DAY OVER DINNER.
- 4 PLAY A BOARD OR CARD GAME.
- 5 GO TO THE STORE TO PICK OUT INGREDIENTS FOR YOUR FAVORITE MEAL.
- 6 DANCE TO YOUR FAVORITE MUSIC.
- 7 VISIT AN ELDERLY RELATIVE OR NEIGHBOR.
- 8 WORK ON A JIGSAW PUZZLE.
- 9 PLAY HIDE-AND-SEEK.
- 10 DO THE DISHES TOGETHER.
- 11 PLANT A SEED OR PLANT AND WATCH IT GROW.
- 12 DRAW WITH CRAYONS OR SIDEWALK CHALK.
- 13 HAVE FUN WITH BATH AND TEETH BRUSHING TIME.
- 14 BAKE A CAKE OR COOKIES.
- 15 CREATE A SCRAPBOOK ABOUT "ME".
- 16 GO TO THE PARK OR PLAYGROUND.
- 17 DECORATE A ROOM IN THE HOUSE.
- 18 BUILD A FORT OR TENT WITH HOUSEHOLD ITEMS.
- 19 WRITE OR SING A SONG.
- 20 TEACH THEM SOMETHING NEW!

Visit healthykids.mo.gov for information and ideas on how to spend your five!

PROJECT FAYNES

Additional Systems Work

- Network Analysis with Washington University
- CLAS Standards and Health Disparities Work
- Community School—Clay Elementary
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- Working to Address Basic Needs in Pilot Site
 - Community Cafés—Focusing on transportation
 - Community Gardens