

FYI Fridays

DBH Updates and Policy Guidance

March 1, 2019

1. **Youth Peer Support** - Youth in Missouri have received Peer Support services but lessons we learned include the needs of youth and young adults warrant their own specialized training curriculum. System of Care-Communities for Early Signs and Symptoms (SOC-CESS) hosted Missouri's first Youth Peer Support (YPS) training in February. The training curriculum was developed by Youth ERA, and agency staff from Burrell, Ozark, and COMPASS assisted in individualizing the curriculum to Missouri standards. YPS providers attended from each of these three agencies and they are now state trainers in Missouri. SOC-CESS plans to propose this service be reimbursable by MoHealthNet and that the Youth Peer Support training be made available for additional CCBHCs in the near future. Please contact JJ Gossrau with any questions.
2. **Stringer Provides Federal Testimony on the Opioid Crisis** - On Thursday, February 28, Mark Stringer, DMH Director and Chair of NASADAD's Public Policy Committee, testified before the Senate Appropriations Subcommittee on Labor, Health and Human Services (HHS), Education, and Related Agencies. The hearing was titled, "Review of the Opioid Epidemic in America." The Subcommittee, led by Chairman Roy Blunt (R-MO) and Ranking Member Patty Murray (D-WA), oversees federal funding for the Departments of Labor, HHS, and Education, including NASADAD's priority programs within the Substance Abuse and Mental Health Services Administration (SAMHSA).

In addition to Senators Blunt and Murray, other Senators in attendance included Patrick Leahy (D-VT), Lamar Alexander (R-TN), Richard Durbin (D-IL), Shelley Moore Capito (R-WV), Jeanne Shaheen (D-NH), Cindy Hyde-Smith (R-MS), Marco Rubio (R-FL), Joe Manchin (D-WV), Chris Murphy (D-CT), and Jeff Merkley (D-OR).

Other witnesses were:

- Dr. Charissa Fotinos, Deputy Chief Medical Officer, Washington State Health Care Authority
- Ms. Beth Tanzman, Executive Director, Vermont Blueprint for Health, Department of Vermont Health Access
- Dr. Karen Cropsy, Psy.D., Conatser Turner Endowed Professor Of Psychiatry, University of Alabama at Birmingham
- Dr. James Berry, DO, Associate Professor And Vice Chair, Director of Addiction Services, Department of Behavioral Medicine and Psychiatry, West Virginia University
- Dr. Daisy Pierce, PhD, Executive Director, Navigating Recovery of the Lakes Region

During the hearing, Director Stringer highlighted the positive impact that the State Targeted Response (STR) and State Opioid Response (SOR) grants are having on prevention, treatment, and recovery services in Missouri. He also offered four recommendations to the Subcommittee: 1) while these recent grant dollars have been critical in saving lives, Missouri is facing an uphill battle and we need more funding; 2) over time, we should transition from opioid-specific resources to investing funds in the Substance Abuse Prevention and Treatment (SAPT) Block Grant; 3) federal efforts to address substance use disorders should work through the State alcohol and drug agencies; and 4) Congress should maintain robust support for the SAPT Block Grant.

Training Opportunities and Resources

1. **MO HealthNet Telehealth Webinars** – Apparently some new dates were added, as sessions were filling quickly. Would seem like a good idea to check out! [Telehealth Webinar Schedule for 2019](#)
2. **MCB 2019 Ethics Training Schedule:** <https://missouricb.com/>
 - a. Mar 8, Jefferson City
 - b. Mar 8, Sikeston

3. **Annual CIT Conference** – The MO CIT Council invites you to attend its annual conference on **March 18-19, 2019**. Registration is open, cost is \$50 per person. It will be held at the Holiday Inn Executive Center in Columbia. <http://www.cvent.com/events/2019-5th-annual-missouri-crisis-intervention-team-mo-cit-conference/event-summary-8c1d4f70a9744681b746c9dfcf3401c.aspx?dvce=1>
4. **MATCP Annual Conference** – The MO Assoc of Treatment Court Professionals annual conference will be held **March 27-29, 2019**, at the Hilton Convention Center in Branson. Get more info and register at <https://www.motreatmentcourts.org/view-calendar?id=25>
5. **Trauma-Informed Deaf Mental Health Care** – a FREE workshop with Roger Williams at the Dome Bldg. in STL, **March 27-28, 2019, 8:45 am to 4:00 pm** (both days). Day 1 will focus on the research on ACEs, including emerging research that suggests language deprivation in deaf individuals is a form of trauma. Day 2 will focus on how an understanding of ACEs and language deprivation can be applied to make changes in treatment settings and processes to enhance treatment and avoid retraumatization. [REGISTER HERE](#)
6. **Opioid Crisis Management Team (OCMT) Training** - DMH, in partnership with MIMH and the Missouri Coalition for Community Behavioral Healthcare, is providing a free half-day training on managing the opioid crisis and the Medication First model in the state of Missouri as part of Missouri's State Targeted Response to the Opioid Crisis (Opioid STR/SOR) grant (<https://protect2.fireeye.com/url?k=8fa2f686-d3e36e8c-8fa03a4c-0cc47a6d17ce-3fad460fa6951725&u=http://www.missouriopioidstr.org/>). This training will be held at 1346 N. Bishop Avenue in Rolla on **Thursday, April 18 from 1 – 5pm**. Register here: <http://www.cvent.com/d/r6q7sy>
7. **Bupe Waiver Training, Fully On-Line!** – PCSS has just approved a fully online 8-hour course to obtain the buprenorphine waiver! PCSS courses remain FREE for all who participate. Plus our SOR teams are available to provide consultation and support throughout the process of obtaining and – most importantly – **using** your waiver in your practice. <https://learning.pcssnow.org/onlinematwaiver>
8. **More info coming soon on:**
 - a. Traumatic Stress: Relationships and Resiliency (March 28) <https://traumaticstressconference.com/>
 - b. Suicide Prevention in Adolescents (March 29)
 - c. MO Forensic Conference (April 3-5) <http://cvent.com/d/6b5tf>
 - d. Suicide Prevention Seminar (April 9) <http://foundation.otc.edu/events>
 - e. MO Infant & Early Childhood MH Summit (April 12) <https://www.eventbrite.com/e/2019-missouri-infant-and-early-childhood-mental-health-summit-registration-56681728576>
 - f. MO Children's Trauma Network Training Summit (April 30 – May 1) [Click Here](#)
 - g. MCB Ethics (above and April) <https://missouricb.com/>
 - h. Addiction Science Conference: Med First Model (May 10) Click [here](#) for more info
 - i. Zero Suicide Academy (June 5-6) <http://zerosuicideinstitute.com/zerosuicideacademy>

Look for updates on different topics/initiatives next Friday!