

FYI Fridays

(Policy Guidance and DBH Updates)

July 20, 2018

1. **Legislative Wrap-Up** - The 2018 DMH Legislative Wrap-up is posted. Use this link to review a summary of bills impacting DMH and the citizens serve. https://dmh.mo.gov/opla/documents/LegislativeWrap2018_000.pdf
2. **Disease Management Housing** - DM housing funds are now available for FY19. There is \$631,000 available this fiscal year. Because of the limited nature of these funds, long-term housing placement cannot be funded. Consecutive funding for one individual is limited to three months. **Sufficient documentation is required** for billing this service may include invoices, receipts, billing statements, etc. and must be made available upon request. The DM Housing memo send out last Friday can be found at: <https://dmh.mo.gov/ada/provider/documents/DMHousingmemo7-13-18.pdf>. If you have questions, please contact Jessica Bounds, Jessica.Bounds@dmh.mo.gov.
3. **DBH Certification Unit Update** – The unit is fully staffed now. We welcome **Terra Anne Erke** and **Michelle Clark** to our team. Terra has experience working with our DOC programs through Corizons and Michelle has experience as a CSS and with our DD division. These ladies join Cheryl Marcum and Rhonda Turner here at Central Office.

Additional info about our certification unit... The certification team, along with assistance from regional staff, is responsible for conducting certification activities for 47 contracted mental health and/or substance use treatment programs and approximately 79 non-contracted substance use and/or mental health treatment programs. With the addition of recovery support program standards, these numbers are growing. Certification activities for accredited and non-accredited, contracted and non-contracted providers include the following pre-survey activities: reviews of accreditation reports; gathering regional and CO feedback on agencies' performance; responses to inquiries and reporting requests; reviews of outcome measures and data reports; and, consulting with DOC regional staff where applicable as a referral source. On-site certification reviews continue to occur for all non-accredited providers.

The certification unit is also responsible for completion of CARF inquiries. Information for these inquiries is obtained from central office and regional staff and combined into a formal response to CARF. You may also be aware that renewals for certification are being withheld until the Billing and Services Review has been completed to include DBH approvals for plans of correction.

4. **EPICC Expansion** - The **Engaging Patients In Care Coordination** (EPICC) project has been a very successful initiative that started in the eastern region in 2016 and was expanded utilizing Opioid STR grant funding in 2017. For 2018, the EPICC project is being supported through a New Decision Item (NDI) with an additional \$1.3 million to expand to Columbia, Springfield, Kansas City, and possibly the Southeast region. The EPICC project seeks to increase access to treatment for opioid overdose survivors by connecting individuals from emergency rooms to treatment and recovery supports. Peer recovery coaches who outreach clients also provide overdose education and distribute Narcan to prevent overdose and reduce harm. In coordination with DBH staff, Shawn Billings with the MO Hospital Association has been bringing together stakeholders and is leading the way in expanding the

EPICC project across the state.

5. **Recovery Support Access Sites Announced** - On Friday, July 13, four **Recovery Support Services Access Sites** were awarded. **Dismas House of Kansas City, Inc.** will cover Region 1 (West/Northwest). **Recovery Lighthouse, Inc.** will cover Region 2 (Central/Northeast). **Higher Ground Recovery Center** will cover Region 3 (Southwest). **Mission Missouri** will cover Region 4 (Southeast). These four Access Sites will be delivering recovery support services as well as combining to serve as the Access Site via telehealth for Region 5 (East) in the St. Louis area. The access sites will help deliver recovery vouchers to other recovery support providers in their regions to help individuals in their recovery from substance use disorders.

Faith and Community Based Recovery Support Services provide important services like housing, employment services and peer support that complement treatment services and help individuals remain substance free. Recovery Support Services assist people with opioid and other substance use disorders to engage in and sustain long-term recovery. Recovery Support offers recovery education, screening, and assessment; peer support; services to obtain and maintain employment; spiritual and faith-based recovery groups; individual coaching and mentoring, and follow-up care coordination. Fifty-four (54) percent of individuals served by Faith and Community Based Recovery Support Services are supervised by the Department of Corrections. Recovery support services reduce criminal recidivism and returns to prison.

6. **SATOP Name Change!** - Language matters. In an effort to use recovery oriented language and eliminate terms which can be interpreted as stigmatizing, DBH continues taking steps to change our culture by removing the word “abuse” from program names, descriptions, and certification standards. In consultation with a variety of stakeholders and Department staff, the DBH is formally changing “Substance Abuse Traffic Offender Program” to “**Substance Awareness Traffic Offender Program.**” It will still be the SATOP program. This is a change **in the full name only**. This important step is consistent with nationwide efforts to change public perception of substance use disorders. Please begin to incorporate this new program name in your verbal and written communications.
7. **Groups in SUD Treatment** - For evidence-based behavioral therapies to be delivered appropriately, they must be provided by qualified, trained providers. Despite this, many counselors and therapists working in substance use disorder treatment programs have *not* been trained to provide evidence-based behavioral therapies, and general group counseling remains the major form of behavioral intervention available in most treatment programs. **Unfortunately, despite decades of research, it cannot be concluded that general group counseling is reliably effective in reducing substance use or related problems.** This is from the **Surgeon General’s Report on Alcohol, Drugs, and Health (2016)**. <https://addiction.surgeongeneral.gov/>
8. **Cattlemen’s Day Rodeo** – Director Gowdy wanted to invite everyone to Ashland on **August 24 -25**, for the annual rodeo! Come join the fun! <https://cattlemendaysrodeo.com/>



Training Opportunities

1. **Workforce Recruitment and Retention Part 3:** - Rural Workforce, Recovery Workforce, Wednesday, July 25, from 11 am – 12 pm. This is the third webinar in a three-part series on workforce recruitment and retention in behavioral health, with a specific focus on the field of addictions. Presenters Dr. Christine Chasek and Dr. Michael Flaherty will provide insight and strategies to help you: Recruit and retain skilled professionals to work in rural and remote areas, and build a peer support worker and recovery coach workforce with people in recovery.
2. **Missouri Rural Health Conference - August 21-23, 2018**, at The Lodge at Old Kinderhook, Camdenton. You may register online at https://www.morha.org/?page_id=1635. The target audience has consisted of hospitals, clinicians, physicians, FQHC's, health departments, in-home and community front line workers, community and social service agencies, policy makers, CEO's, CFO's, transportation and ambulance professionals, insurance and investment brokers, health law attorneys, among others.
3. **ACEs: The Role of Life Experiences in Shaping Brain Development** - Thursday, August 9, 2018, 11:00 am – 12:00 pm (CST). This webinar will focus on **Adverse Childhood Experiences**, which can put young people at significant risk for substance use disorders and can impact prevention and substance use recovery efforts. The webinar will feature public health experts in Tennessee on their curriculum [Building Strong Brains: The Role of Life Experiences in Shaping Brain Development](#), in which community and education leaders to increase protective factors and reduce the impact of ACEs for children and adolescents.
4. **2018 Regional Suicide Prevention Conferences** – Register at <https://suicidepreventionconference.com/>

Columbia – August 2

Kansas City – September 21

Look for updates on different topics/initiatives next Friday!