

FYI Fridays

Policy Guidance and DBH Updates

December 14, 2018

1. **Proposed Amendments for the Following DBH Core Rules** - Will be published in the December 17, 2018 *Missouri Register*. Comments must be submitted as specified in the proposed amendments.

<https://www.sos.mo.gov/CMSImages/AdRules/moreg/2018/v43n24Dec17/v43n24a.pdf>

9 CSR 10-7.010 Essential Principles and Outcomes	Proposed Amendment
9 CSR 10-7.020 Rights, Responsibilities, and Grievances	Proposed Amendment
9 CSR 10-7.030 Service Delivery Process and Documentation	Proposed Amendment
9 CSR 10-7.040 Performance Improvement	Proposed Amendment
9 CSR 10-7.050 Research	Proposed Amendment
9 CSR 10-7.080 Dietary Service	Proposed Amendment
9 CSR 10-7.090 Governing Authority and Program Administration	Proposed Amendment
9 CSR 10-7.100 Fiscal Management	Proposed Amendment
9 CSR 10-7.110 Personnel	Proposed Amendment
9 CSR 10-7.120 Physical Environment and Safety	Proposed Amendment
9 CSR 10-7.130 Procedures to Obtain Certification	Proposed Amendment

2. **Parity in BH Services** - The MO HealthNet program is making changes to strengthen access to mental health and substance use disorder services for Medicaid participants. Parity rules ensure that limitations on behavioral health services are not more restrictive than limitations on medical/surgical services. Here are the changes coming to MO HealthNet:

- Adding coverage for Licensed Marriage and Family Therapists;
- Removing beneficiary age restrictions for Licensed Professional Counselors and Licensed Clinical Social Workers;
- Remove documentation requirements specific to behavioral health providers;

- Remove the 150 hour per month limit by provider; and
- Remove behavioral health specific prior authorization language.

System work is underway by DSS to reform prior authorizations policies to reduce administrative burden on providers and improve access to services. DSS is also working to change hard limits to soft limits that can be exceeded for medical necessity. MO HealthNet will issue a Provider Bulletin reflecting these changes when the State Plan Amendment is approved.

3. **Governor Parson's Roundtable on Behavioral Telehealth Services** - Family Guidance Center hosted the Governor's round table on tele-behavioral health on Thursday December 6. Governor Parson was in attendance, along with DMH Director Mark Stringer, DSS Director Dr. Steve Corsi, and DHSS Director Dr. Randall Williams. The round table consisted of representation from behavioral health providers in primary care and hospital and community settings, as well as law enforcement. A big THANK YOU to Gary Hammond and Kristina Hannon for organizing and hosting this governor's event!
<https://governor.mo.gov/press-releases/archive/governor-parson-showcases-expansion-behavioral-health-services-through>. Read more about the governor's healthcare week:
<https://governor.mo.gov/press-releases>.
4. **More on Telehealth** - The United States Department of Agriculture (USDA)- Rural Development has grant opportunities available to expand telehealth services in rural Missouri. Three USDA programs have telehealth as eligible projects:
 - Community Facilities (Contact your **local offices** to discuss your specific project)
 - Applications are accepted year round Distance Learning and Telemedicine (DLT)
<https://www.rd.usda.gov/programs-services/distance-learning-telemedicine-grants>
 - Rural Economic Development Loan and Grant (REDLG) Program **Contact your local office.**

If any provider should chooses to pursue a project under one of these grants, please contact Gregory.Batson@mo.usda.gov. Dr. Baston will provide Rural Development staff to assist with any application.

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5. **Blunt's Video on CCBHC Impact** – On December 12, U.S. Senator Roy Blunt (Mo.) spoke on the Senate floor about how his Excellence in Mental Health Act has improved and expanded mental health services and benefited law enforcement in Missouri. The Excellence in Mental Health Act, which was signed into law in 2014, created a demonstration program to put community mental health centers on an equal footing with other health centers by improving quality standards, fully funding community services, and offering patients increased services like 24-hour crisis psychiatric care, counseling and integrated services for mental health treatment. Missouri is one of eight states selected to participate in the demonstration program created under the Excellence in Mental Health Act. [CLICK HERE To Watch Senator Blunt's Remarks](#) [CLICK HERE For Audio](#)

Training Opportunities and Resources

1. **Bupe Waiver Training, Fully On-Line!** - PCSS has just approved a **fully online 8 hour** course to obtain the buprenorphine waiver! PCSS courses remain FREE for all who participate. Plus our STR/SOR teams are available to provide consultation and support throughout the process of obtaining and -- most importantly -- **using** your waiver in your practice. <https://learning.pcssnow.org/p/onlinematwaiver>
2. **Teen Treatments and Perspectives in Opioid Use Disorders** - DMH, in partnership with the University of Missouri, St. Louis - Missouri Institute for Mental Health (MIMH) and the Missouri Coalition for Community Behavioral Healthcare, is providing this free webinar as part of Missouri's State Targeted Response to the Opioid Crisis (Opioid STR) grant. **Tuesday, January 22, 2019 | 10:00 a.m. – 11:30 a.m.** CST. Speaker: Paul Glaser, MD, PhD – Washington University School of Medicine. This webinar will explore the scope of teen Opioid Use Disorders and impacts in Missouri. It will look at how treatments have changed over time and what is currently available for teens with substance use disorders. Teen perspectives on opioid use will be considered. PLEASE REGISTER: <https://attendee.gotowebinar.com/register/6802190652695316483>

The Missouri Coalition for Community Behavioral Healthcare approved this program for Continuing Education Hours. MCCBH will be responsible for this program and maintain a record of your continuing education credits earned. The Missouri Coalition for Community Behavioral Healthcare will award up to 1.5 Clock Hours or 1.8 Contact Hours (.18 CEUs) for your participation.

3. **2nd Annual MHA Opioid Summit: Addressing Perinatal and Neonatal Clinical Care Issues - Wednesday, Feb. 27** at the Courtyard by Marriott in Blue Springs. This Opioid Summit is for providers that need evidence-based guidance for treatment of perinatal women with substance use disorder and the treatment of neonates dependent on controlled substances. Connect and network with community social service providers to improve and sustain coordinated care. Learn from national and state leaders who have data to demonstrate successful interventions. [Learn more.](#)
4. **5th Annual MO CIT Conference** - The *Missouri Crisis Intervention Team (MO CIT) Council* would like to **invite** you to attend the **2019 5th Annual Missouri Crisis Intervention Team (MO CIT) Conference on March 18-19, 2019!** Registration is now open and it is only \$50 per person. The conference will be at the Holiday Inn Executive Center at 2200 Interstate 70 Dr. SW, Columbia. We hope to see you there!



Look for updates on different topics/initiatives next Friday!