

## 40 Developmental Assets



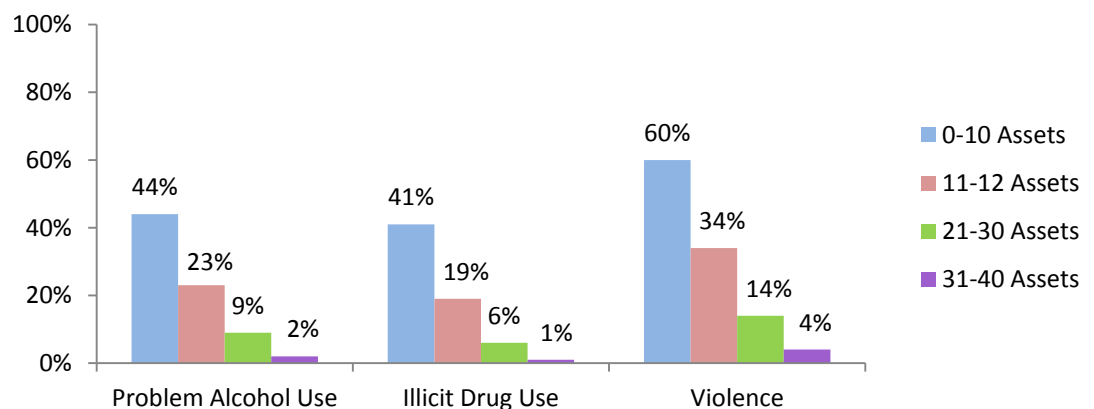
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The 40 Developmental Assets are qualities shown by scientific literature to contribute to a child's health and well-being<sup>1</sup>. This framework helps a community focus on the strengths of young people in a way that everyone can become involved in. Ten agencies in Missouri were recently trained on the framework.

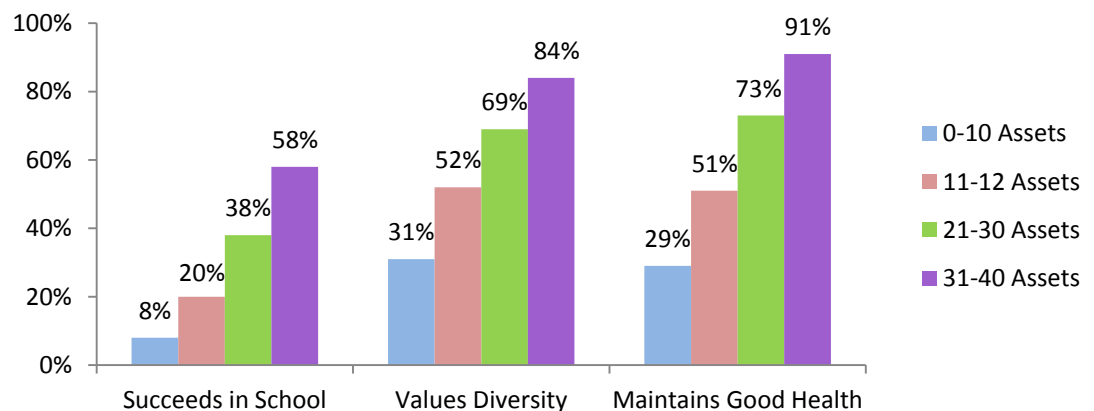
The Assets are divided into external and internal. The main categories are Support, Empowerment, Boundaries and Expectations, Constructive Use of Time, Commitment to Learning, Positive Values, Social Competencies and Positive Identity. The full list can be found online at the link in the first footnote below.

Research clearly shows that the more assets a young person has, the less likely they are to engage in risky behaviors and the more likely they are to engage in positive behaviors. This is consistent across many behaviors, as shown below.

### Decrease in Risky Behaviors by Number of Assets<sup>2</sup>



### Increase in Positive Behaviors by Number of Assets<sup>2</sup>



Behavioral Health



Epidemiology  
Workgroup

<sup>1</sup> <http://www.search-institute.org/what-we-study/developmental-assets>

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