

3/13/18

Be MOre Aware: March is Developmental Disabilities Awareness Month

Principles of Self-Determination

Self-Determination and Housing

The Center for Self-Determination (www.self-determination.com) has defined five principles of self-determination. These principles relate to housing in the following ways:

- **Freedom**-Individuals will live in the community of their choice and make choices about the homes that they live in. Individuals live in homes that are accessible to them, and their friends and family, allowing them the freedom to fully enjoy all aspects of their home.
- **Authority**-Individuals will make decisions about who visits their home, what activities are done in their home, and their daily schedules. Individuals sign their own leases or mortgage agreements.
- **Support**-Individuals choose their support systems independent of their choice of housing. Individuals are supported to make informed choices about housing options available to them.
- **Responsibility**-Individuals take good care of their homes and work to make their neighborhoods better.
- **Confirmation**-Individuals are recognized in their community as good neighbors and leaders within their communities.