FYI Fridays (on a Monday) **DBH Updates and Policy Guidance** April 19, 2019

- 1. **Budget Update** The Senate completed their mark-up for DMH. The appropriation bill will now go to the Senate floor where amendments can be made.
- 2. Missouri Veterans Suicide Prevention Team Representatives from 18 veteran and military-connected organizations launched a new Department of Mental Health (DMH) program as part of the Zero Suicide Grant initiative to create a statewide network of certified suicide prevention trainers. These individuals received training on April 16, 2019, to become certified trainers in *Question, Persuade, Refer (QPR). QPR* is a one-hour course where participants learn to recognize the warning signs of suicide, provide hope for the individual in crisis, and find him or her immediate help. These certified trainers will go back to their communities and offer this suicide prevention course at no cost to participants.

The Missouri Veterans Suicide Prevention Team include representatives from AMVETS Post 98 (West Plains), Post 181 (Kansas City); American Legion Post 202 (Columbia), Post 208 (Manchester), Post 388 (Wentzville), Post 393 (Gower); American Legion Auxiliary Post 5 (Jefferson City); Caregivers on the Homefront (Kansas City); Disabled American Veterans Chapter 10 (Queen City), Chapter 43 (West Plains); Elizabeth Dole Foundation-Fellow (Cuba); Horses & Heroes (Kansas City); Old Man River Nature Retreat (Potosi); Missouri Chaplain Services LLC (Mt. Vernon); and Veterans of Foreign Wars Post 2513 (Warrensburg), Post 4398 (Richmond), Post 5178 (Gravois Mills), Post 6603 (Blue Springs).

- 3. Next Region 7 Stakeholders Learning Community Mid-America ATTC and Missouri Recovery Network hope you'll join them for the next Region 7 Recovery Stakeholders Learning Community on April 25! This free, monthly Learning Community will provide a networking bridge for recovery stakeholders within the four states in Region 7 (lowa, Kansas, Missouri and Nebraska). The purpose is to allow sharing of innovative recovery program ideas, successful advocacy efforts, available federal grants and other funding opportunities, as well as enable recovery stakeholders to get to know each other .Next Session: April 25, 2019 from 12:30 to 1:30 p.m. (Central Time Zone). Topic: Peer Leadership. Presenter: Mirna Herrera. REGISTER NOW!
- 4. Mental Health Champions Banquet The Mental Health Champions' Award recognizes three Missourians annually -an individual living with mental illness, an individual living with developmental disabilities and an individual in recovery for substance use disorders. The award recipients make positive contributions to their community, exemplify commitment and vision, and their actions have increased the potential for independence in others with similar mental health conditions. The banquet is also an opportunity to come together to share a common goal — a goal to continue the journey of raising awareness and public understanding of issues impacting individuals and families living with mental illness, developmental disabilities and addiction disorders. We look forward to seeing all of you on **Tuesday evening, June 18**! If you have any questions, please don't hesitate to contact the **Missouri Mental Health Foundation** at: 573-635-9201 or e-mail <u>MMHF@MissouriMHF.org</u>

5. Recent Meetings:

- JRI Treatment Oversight April 8
- MO Coalition for Community Behavioral Healthcare DBH Liaison: April 10
- Mental Health Commission: April 11
- OSCA/DMH Oversight: April 11
- DOC/DMH Oversight: April 12

Training Opportunities and Resources

- MO Children's Trauma Network Training Summit Will be focusing on various topics throughout the training summit, which will include but are not limited to suicide, parent engagement, substance use, trauma, attachment, resiliency, sexual behaviors, education, public policy/advocacy and so much more! Holiday Inn and Expo Center at Interstate 70 Dr. SW in Columbia, *April 30 – May 1, 2019*. <u>Click Here</u>
- 3. Half & Half MAT Waiver Training Opioid STR/SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare, is providing an 8-hour MAT Waiver Course on May 4, 2019, from 8:00 am to 12:30 pm at the SSM Health St. Clare Hospital, Father Krings Conference Center, located at 1015 Bowles Avenue in Fenton. Register online now: <u>http://www.cvent.com/d/bbqb6t</u>. This course is different from the traditional 8-hour live course, as the first 4 hours will be in person and second 4 hours will be individual online work.
- 4. Missouri Recovery Support Specialist Training At Footprints in KC on May 2-4 from 8 am to 5pm. The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Please note that this is NOT the Certified Peer Specialist (CPS) Training. Please contact the Missouri Credentialing Board if you have questions at 573. 616.2300. <u>Click Here for MRSS Registration Form</u>
- Addiction Medicine and the Mother/Infant Dyad: Beyond Opioids Primary Audience: Physicians, nurses and ancillary professionals specializing in obstetrics, L1/L2/L3 nurseries and pediatrics who are caring for mothers and their newborns facing opioid dependence and withdrawal. *May 3-4, 2019* at SSM Health St. Clare Hospital at Father Krings Conference Center, 1015 Bowles Ave, Fenton, MO. Tuition increases after April 15. Pre-registration required at 1-866-776-3627.
- Medication First Treatment of Opioid Use Disorder: Models Across Care Settings To be held at the Touhill Performing Arts Center, E. Desmond and Mary Ann Lee Theater at One University Blvd in St. Louis. May 10, 2019 from 9:00 am to 4:15 pm. Click <u>here</u> for more info
- 7. Facing Addiction with NCADD Community Organizing Training FREE TRAINING being held at NCADA in St. Louis May 10, 10am-4pm. In this training, participants will learn about: Telling their "public" story in order to motivate others. The basics of community organizing. How it differs from other actions. How one becomes an organizer.
 What steps organizers take to build power. What one must do to begin organizing their community. To register: https://www.facingaddiction.org/take-action/communities-project
- 8. MO-HOPE OEND Train the Trainer These trainings are designed for attendees to be able to train their agencies to provide overdose education and naloxone distribution services to clients they serve. Appropriate organizations would include treatment providers, social service organizations, homeless outreach, organizations that serve survivors of domestic violence or sex trafficking, LGBTQIA+ related organizations, medical providers, and others who interact with those who are at risk of witnessing or experiencing an opioid overdose. The full curriculum is below:

Core Material (3 Hours):

- Opioid Use Disorder as a Brain Disease
- Opioid Overdose Background: Learn about opioid overdose causes and trends
- Opioid Epidemic: Learn about existing efforts to combat the opioid crisis and legislative protections for naloxone use and dispensing
- Opioid Overdose Prevention, Recognition, and Response: Learn how to correctly identify and respond to an overdose event, including
 how to administer naloxone, and how to prevent future overdoses
- Delivering Overdose Education and Naloxone Distribution (OEND): Learn how to provide clients with overdose education, and either distribute or recommend how and where a client can acquire naloxone.

• MO-HOPE Evaluation: Learn how to participate in MO-HOPE evaluation protocols, including teaching clients/patients how to complete "Overdose Field Reports" when naloxone is used to reverse an overdose

If you are interested in participating, please register using the links below. Addresses and times are on the registration page.

Springfield, MO May 14: <u>https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-051419/</u>

Kansas City, MO June 5: <u>https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-060519/</u>

Columbia, MO July 11: <u>https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-071119/</u>

If you have any questions, please contact Brandon Costerison at (314) 962-3456 X 367 or <u>bcosterison@ncada-stl.org</u>. Certain organizations may be eligible for free naloxone to distribute to uninsured populations they serve after the completion of this training.

9. Other Upcoming Events:

- a. MCB Ethics (April dates) https://missouricb.com/
- b. MCB Clinical Supervision Trainings (April, May, July, November) https://missouricb.com/
- c. 2019 Statewide Peer Leadership Summit (May 28-29) To Register >> CLICK HERE
- d. DMH's Spring Training Institute (May 30-31) click here for more information and to register
- e. **Zero Suicide Academy** (June 5-6) <u>http://zerosuicideinstitute.com/zerosuicideacademy</u>

Look for updates on different topics/initiatives next Friday!