



Improving lives THROUGH supports and services
THAT FOSTER self-determination.

1/31/19

Congratulations!!!!
to the
DHSS 2018 Caregiver of the Year

Joan Mitchell

In 2017, the Department of Health and Senior Services (DHSS) began recognizing unpaid caregivers throughout Missouri. In December, the [2018 Caregiver of the Year - Joan Mitchell](#) - was selected!

DHSS continues to honor caregivers in 2019. They are now accepting nominations for the 3rd Annual Missouri Caregiver of the Year Promotion. Caregiving has no age limits. . . so if you know someone caring for a special needs child, an elderly parent, family member, friend or a neighbor, you are encouraged to nominate them.

You may visit <http://health.mo.gov/seniors/caregiver.php> to learn about Missouri's inspiring caregivers and the resources and supports available to them. [Click](#) to complete a nomination form for the Missouri Caregiver of the Year. For more information you may call 573-751-2413.

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH