



Improving lives THROUGH  
supports and services  
THAT FOSTER self-determination.

3/19/19

## March is Developmental Disabilities Awareness Month

Whether you are a person with a developmental disability (DD), a family member/caregiver to a person with a DD, a guardian, a friend, or you work in the DD field, knowing how to advocate is important. One of the environments where family members/caregivers and individuals need to use advocacy skills is the educational environment. The Missouri Parent's Act (MPACT) serves as Missouri's federally-funded Parent Training and Information Center. MPACT works to provide valuable information and skill building resources that help meet special education needs of students in Missouri. MPACT also provides both on-line and face-to-face trainings to educate participants about topics related to special education needs and the processes involved. Read more about MPACT at:

[http://www.missouriparentsact.org/about\\_mpact/](http://www.missouriparentsact.org/about_mpact/) or find them on Facebook at:  
<https://www.facebook.com/MOParentAct/>

[www.dmh.mo.gov/dd](http://www.dmh.mo.gov/dd)  
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH