



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

3/26/19

March is Developmental Disabilities Awareness Month

Self-Advocates Becoming Empowered (SABE) is a national self-advocacy organization made up of regional representatives and members from every state in the United States. Their mission is to ensure that people with disabilities are treated as equals and that they are given the same decisions, choices, rights, responsibilities, and chances to speak up to empower themselves, opportunities to make new friends, and to learn from their mistakes. SABE identifies and works on a variety of projects that have included promoting self-determination, exercising rights, promoting employment, and other related topics. For more information about SABE, visit: <https://www.sabeusa.org/>

People First of Missouri is a self-advocacy organization in the state of Missouri that has local affiliated chapters across the state. People First of Missouri is a non-profit organization that promotes equality for people with disabilities so they can live the life they want in the community. You can learn more about People First of MO and find local chapters by exploring their website at: <https://www.missouripeoplefirst.org/> or by following them on Facebook at: <https://www.facebook.com/missouripeoplefirst/>

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH