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## Positive Supports New Podcasts Available

Tools of Choice is a widely used successful behavior and relationship improvement training program. One important concept of the Tools of Choice training includes teaching people to be aware of common negative interactions. These negative interactions are labeled as coercive behaviors. This podcast series describes *10 Common Coercives* and demonstrates how they may affect others. Learning about the coercives can help individuals to know how to respond to people in a positive way that makes everyone's life better.

This series consists of an introduction and ten separate tracks that can be listened to individually or collectively.

[Introduction](#)

[Coercive 1-Questioning](#)

[Coercive 2-Arguing](#)

[Coercive 3-Sarcasm and Teasing](#)

[Coercive 4-Force](#)

[Coercive 5-Threats](#)

[Coercive 6-Criticism](#)

[Coercive 7-Despair](#)

[Coercive 8-Lecturing or Logic](#)

[Coercive 9-Taking Away](#)

[Coercive 10-Talking About Bad Behavior](#)