

## FYI Fridays

### DBH Updates and Policy Guidance

April 26, 2019

1. **Budget Update** - The Senate Substitute Appropriation bill passed in the Senate. Conference Committee action is next. No word yet on who will be selected to serve on the Conference Committee. Please note that Net General Revenue Collections as of April 24 were at 2.06% with FY19 collections exceeding FY18 by \$153,149,242.37. The Consensus Revenue Estimate for FY19 1.7%.
2. **Thank you, Family Guidance, for your Flood Response!** – DMH’s Director of Continuity of Operations Planning, Beckie Gierer, received great feedback from the State Emergency Management Agency (SEMA) about FGC’s great job in assisting those affected by recent flooding. The SEMA representative indicated that FGC staff was responsive each time they were requested to follow-up with flood survivors due to concerns about their well-being – and each time were very helpful. Kudos to FGC for this recognition!
3. **Bupe Patient Limits Increased** - On October 24, 2018, President Trump signed into law the [Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities \(SUPPORT\) Act \(Public Law 115-271\)](#). Sections 3201 – 3202 of the SUPPORT Act made several amendments to the Controlled Substances Act regarding office-based opioid treatment that affords practitioners greater flexibility in the provision of medication-assisted treatment (MAT).

The SUPPORT Act allows qualified physicians who are board-certified in addiction medicine or addiction psychiatry, or practitioners who provide MAT in a qualified practice setting, as defined in 42 C.F.R. Part 8, to start treating up to 100 patients in the first year of MAT practice with a waiver.

*If you are a current practitioner with an approved waiver from SAMHSA which authorizes you to treat a maximum of 30 patients at one time, that patient limit may be increased to a maximum of 100 patients if you submit a notification of your intent to treat 100 patients to SAMHSA.*

4. **Suicide Prevention Competencies for Faith Leaders** - Research indicates people who are struggling with thoughts of suicide are increasingly turning to faith leaders for help and support, even before they will seek care from mental health professionals. Faith leaders play a key role in suicide prevention and postvention care. To better equip leaders of all faiths with life-saving skills to prevent suicide, the National Action Alliance for Suicide Prevention ([Action Alliance](#)) and its [Faith Communities Task Force](#), recently released the resource [Suicide Prevention Competencies for Faith Leaders: Supporting Life Before, During, and After a Suicidal Crisis](#).

This new resource aims to provide faith leaders with feasible, practical, research-based actions they can adopt immediately to help save lives and restore hope in faith communities nationwide. The competencies, informed by leaders from diverse faith communities and experts in the suicide prevention field, help to integrate and coordinate suicide prevention across sectors and settings, like faith-based organizations and places of worship, a goal of the Action Alliance’s [National Strategy for Suicide Prevention](#).

5. **Look Around Boone Art Exhibit/Navig8 Open House** – This event will be hosted by Compass Health Network at the Columbia Navig8 Adolescent Clinic at 200 North Keene Street in Columbia on **Saturday, April 27, 2019 from 1 – 3pm** in partnership with the Family Access Center of Excellence (FACE) of Boone County. The LAB/Navig8 Open House event will be highlighting the create talents of area teens; featuring a special performance by a local youth band (Jabber Walkies), and displays from the Look Around Boone Art Exhibit/Contest. This family friendly event is intended to share info and resources to inspire hope, promote wellness and reduce the stigma surrounding mental health issues. Light snacks, cake, and some crafts will be offered.

6. **Official Ribbon Cutting Ceremony for Forensic Center** – Save the date of **May 22, 2019, at 10:30 am**, for the ribbon cutting ceremony to celebrate the completion of the new Fulton State Hospital, the “Jeremiah W. ‘Jay’ Nixon Forensic Center.

### ***Training Opportunities and Resources***

1. **Mental Health KC Conference** – To be held **Friday, May 3**, at Cerner Innovations Center. This is an annual conference that Cerner and the Metro Council (a non-profit comprised of the 7 mental health centers serving Metro KC and MHA) puts on as part of May is Mental Health Awareness Month. This year’s conference theme is suicide awareness/prevention. The keynote speakers will be Kevin Hines and David Covington, who were most recently at NATCON19 in Nashville. The conference registration fee is \$75 and includes breakfast, lunch and CEUs. There will be 18-20 breakout sessions on a variety of topics that would appeal to clinicians, community leaders, and private industry.
2. **Half & Half MAT Waiver Training** - Opioid STR/SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare, is providing an 8-hour MAT Waiver Course on **May 4, 2019, from 8:00 am to 12:30 pm** at the SSM Health St. Clare Hospital, Father Krings Conference Center, located at 1015 Bowles Avenue in Fenton. **Register online now:** <http://www.cvent.com/d/bbqb6t>. This course is different from the traditional 8-hour live course, as **the first 4 hours will be in person and second 4 hours will be individual online work.**
3. **Missouri Recovery Support Specialist Training** - At Footprints in KC on **May 2-4 from 8 am to 5pm**. The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Please note that this is NOT the Certified Peer Specialist (CPS) Training. Please contact the Missouri Credentialing Board if you have questions at 573. 616.2300. [Click Here for MRSS Registration Form](#)
4. **Become a Suicide Lifeguard** – This suicide prevention training is developed for behavioral health professionals who are required to meet licensure and re-licensure continuing education hours in suicide assessment, referral, intervention and management skills. Presenter is Katie Ellison, MA. The training is scheduled **May 8, 2019**, at MIMH at 4633 World Parkway Circle in St. Louis. Register at <https://suicidelifeguard.com/training/>
5. **Medication First Treatment of Opioid Use Disorder: Models Across Care Settings** – Leading experts on Opioid Use Disorder (OUD) research and treatment will present their work with low-barrier medical models of care across four settings: corrections, hospitals, primary care, and street outreach. To be held at the Touhill Performing Arts Center, E. Desmond and Mary Ann Lee Theater at One University Blvd in St. Louis. **May 10, 2019, from 9:00 am to 4:15 pm**. Click [here](#) for more info.
6. **Facing Addiction with NCADD Community Organizing Training** – this is FREE TRAINING being held at NCADA in St. Louis **May 10, 2019, from 10am-4pm**. In this training, participants will learn about: • Telling their “public” story in order to motivate others. • The basics of community organizing. • How it differs from other actions. • How one becomes an organizer. • What steps organizers take to build power. • What one must do to begin organizing their community. To register: <https://www.facingaddiction.org/take-action/communities-project>
7. **Caring for the Mother and Child: Dyad Treatment for Opioid and Other Substance Use Disorders Webinar** – Join this free webinar given by Dr. Hendree Jones on **May 13 at 10am-11am**. Dr. Hendree Jones will summarize what makes women’s treatment for substance use disorder distinct from men’s treatment. She will highlight key issues when providing treatment to women across the life span who have opioid use and other substance use disorders. The research supporting the latest clinical care guidelines for women with opioid use disorders, including pregnant women and those with infants, will be summarized including issues of pain management, breastfeeding and neonatal abstinence syndrome/neonatal opioid withdrawal.

Register for this webinar at: <https://attendee.gotowebinar.com/register/9000506925834047243>. Registration is limited and CEUs will be provided.

8. **Finding Hope: Helping Kids Find Their Smile During Grief and Loss** - In this workshop, grief and bereavement specialist, Steven Sewell, will help those who advocate for children and teens to know how to be a strong bridge of hope during sessions of grief. Will be held Friday, **May 17, 2019, from 9 am – 12 pm** at the Children’s Campus of Kansas City at 444 Minnesota Avenue, Kansas City, KS. Registration fee of \$40. Sponsored by Mental Health of America of the Heartland. <https://mhah.salsalabs.org/april-26-2019-mhah-workshopcopy1/index.html?eType=EmailBlastContent&eld=51e282db-b536-4bf9-bf3a-47c263f3d6da>
9. **2019 Statewide Peer Leadership Summit** – Missouri Recovery Network’s goal is to help create a statewide recovery oriented system of care in which long-term recovery is the predicted and expected outcome for all individuals who engage in the recovery process. MRN believes that the utilization of peers in various settings will assist in this goal. All peer specialists, peer supervisors, those who work with peers, or otherwise want to learn more about the role of peers on a recovery team are welcome! The summit will be held **May 28-29, 2019**, at the Tan-Tar-A Resort in Osage Beach. **To Register >> [CLICK HERE](#)**
10. **DMH’s Spring Training Institute** - DMH’s Spring Training Institute (STI) unites professionals in the fields of substance use/misuse, mental illness, and intellectual/developmental disabilities to share evidence-based practices for two full days of presentations and workshops. Over 60 separate sessions occur, concerning the critical services provided to the citizens of Missouri. Sessions will be grouped into subject matter tracks: Children, Youth and Families; Wellness; Co-occurring Disorders; Criminal Justice; Emerging Trends; Substance Use; Program Models; Missouri Initiatives; Treating the Whole Person; Ethics; Behavioral Health; and Trauma.

STI is designed for professionals working in the field of behavioral health, including physicians, nurses, licensed clinical social workers, psychologists, licensed professional counselors, vocational rehabilitation specialists, licensed nursing home care givers, clergy members, certified alcohol, drug and gambling counselors, prevention specialists, educators, law enforcement, and others. The event will be held **May 30-31, 2019**, at the Tan-Tar-A Resort in Osage Beach. [click here for more information and to register](#)

11. **MO-HOPE OEND Train the Trainer** - These trainings are designed for attendees to be able to train their agencies to provide overdose education and naloxone distribution services to clients they serve. Appropriate organizations would include treatment providers, social service organizations, homeless outreach, organizations that serve survivors of domestic violence or sex trafficking, LGBTQIA+ related organizations, medical providers, and others who interact with those who are at risk of witnessing or experiencing an opioid overdose. If you are interested in participating, please register using the links below. Addresses and times are on the registration page.

**Springfield, MO May 14:** <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-051419/>

**Kansas City, MO June 5:** <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-060519/>

**Columbia, MO July 11:** <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-071119/>

If you have any questions, please contact Brandon Costerison at (314) 962-3456 X 367 or [bcosterison@ncada-stl.org](mailto:bcosterison@ncada-stl.org). Certain organizations may be eligible for free naloxone to distribute to uninsured populations they serve after the completion of this training.

12. **Other Upcoming Events:**

**MCB Clinical Supervision Trainings** <https://missouricb.com/>

May 9-10, 9am – 4pm in KC

July 25-26, 9am – 4pm in Joplin

November 14-15, 9am – 4pm in STL

**Finding Help and Hope at the Intersections of Despair** (July 23-25) – registration info not yet available

**Zero Suicide Academy** (June 5-6) <http://zerosuicideinstitute.com/zerosuicideacademy>

*Look for updates on different topics/initiatives next Friday!*