

FYI Fridays

DBH Updates and Policy Guidance

May 10, 2019

1. **Budget Update** - Conference hearings have been completed for DMH HB10. The bill will go back to the House and Senate floor for final passage. This has to be done by end of day, Friday, May 10. Once passed by the House and Senate, the bill will be considered Truly Agreed to and Finally Passed (TAFP) and sent to the Governor for his signature. The Governor has 45 days to sign the bill.

Training Opportunities and Resources

1. **SAMHSA's Tips for Teens** - This series, specifically designed for teens, addresses the risks, statistics, and myths about various substances that teens may use. SAMHSA has released two new "Tips for Teens" and updates. [Download Tips for Teens Series](#)

NEW Tips for Teens fact sheets:

[Tips for Teens: Opioids](#) to help teens get smart on the short- and long-term effects and the signs of opioid use.

[Tips for Teens: E-Cigarettes](#) to get answers to questions on e-cigarette use teens might be hesitant to ask others.

Updated Tips for Teens fact sheets:

[Tips for Teens: Marijuana](#) reflects new research about the effects of marijuana on brain and physical health. It also discusses the potential for long-term consequences of youth marijuana use, including mental health.

[Tips for Teens: Tobacco](#) reflects new research about the effect of tobacco on teen brains and bodies, including the impacts on lung functioning.

[Tips for Teens: Steroids](#) reflects new research about the effect of steroids on teen brains, bodies, and physical health.

2. **Finding Hope: Helping Kids Find Their Smile During Grief and Loss** - In this workshop, grief and bereavement specialist, Steven Sewell, will help those who advocate for children and teens to know how to be a strong bridge of hope during sessions of grief. Will be held Friday, **May 17, 2019, from 9 am – 12 pm** at the Children's Campus of Kansas City at 444 Minnesota Avenue, Kansas City, KS. Registration fee of \$40. Sponsored by Mental Health of America of the Heartland. <https://mhah.salsalabs.org/april-26-2019-mhah-workshopcopy1/index.html?eType=EmailBlastContent&eld=51e282db-b536-4bf9-bf3a-47c263f3d6da>
3. **2019 Statewide Peer Leadership Summit** – Missouri Recovery Network's goal is to help create a statewide recovery oriented system of care in which long-term recovery is the predicted and expected outcome for all individuals who engage in the recovery process. MRN believes that the utilization of peers in various settings will assist in this goal. All peer specialists, peer supervisors, those who work with peers, or otherwise want to learn more about the role of peers on a recovery team are welcome! The summit will be held **May 28-29, 2019**, at the Tan-Tar-A Resort in Osage Beach. **To Register >> [CLICK HERE](#)**
4. **DMH's Spring Training Institute** - DMH's Spring Training Institute (STI) unites professionals in the fields of substance use/misuse, mental illness, and intellectual/developmental disabilities to share evidence-based practices for two full days of presentations and workshops. Over 60 separate sessions occur, concerning the critical services provided to the citizens of Missouri. Sessions will be grouped into subject matter tracks: Children, Youth and Families; Wellness; Co-occurring Disorders; Criminal Justice; Emerging Trends; Substance Use; Program Models; Missouri Initiatives; Treating the Whole Person; Ethics; Behavioral Health; and Trauma.

STI is designed for professionals working in the field of behavioral health, including physicians, nurses, licensed clinical social workers, psychologists, licensed professional counselors, vocational rehabilitation specialists, licensed nursing home care givers, clergy members, certified alcohol, drug and gambling counselors, prevention specialists, educators, law enforcement, and others. The event will be held **May 30-31, 2019**, at the Tan-Tar-A Resort in Osage Beach. [click here for more information and to register](#)

5. **MO-HOPE OEND Train the Trainer** - These trainings are designed for attendees to be able to train their agencies to provide overdose education and naloxone distribution services to clients they serve. Appropriate organizations would include treatment providers, social service organizations, homeless outreach, organizations that serve survivors of domestic violence or sex trafficking, LGBTQIA+ related organizations, medical providers, and others who interact with those who are at risk of witnessing or experiencing an opioid overdose. If you are interested in participating, please register using the links below. Addresses and times are on the registration page.

Springfield, MO May 14: <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-051419/>

Kansas City, MO June 5: <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-060519/>

Columbia, MO July 11: <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-071119/>

If you have any questions, please contact Brandon Costerison at (314) 962-3456 X 367 or bcosterison@ncada-stl.org. Certain organizations may be eligible for free naloxone to distribute to uninsured populations they serve after the completion of this training.

6. **Effective Employer Engagement Training** - This training focuses on an approach to employment development that places emphasis on relationship building and customized employment. The job seeker and employer needs are the focus of this approach. The presentation will demonstrate tactics, approaches, and strategies involving all levels of your agency in effective employment development. Communication, partnerships, and managing information will be highlighted throughout this interactive program. This training is designed for employment staff, program managers, and directors. Registration sponsored by Department of Mental Health, Division of Behavioral Health

Learning Objectives - Participants will be able to:

- Conduct an effective initial contact with employers;
- Develop successful partnering strategies for employment services;
- Utilize techniques that increase the opportunities for creative employment options;
- Manage documentation for seeking, identifying and obtaining employment opportunities;
- Design and present proposals and negotiation points to employers; and
- Understand the importance of whole agency job development.

Kansas City, MO – Flory Center at ReDiscover, June 11: <http://www.cvent.com/d/tbqb1n>

Fulton, MO – Nixon Forensic Center Auditorium at Fulton State Hospital, June 5: <http://www.cvent.com/d/4bqb1y>

St. Louis, MO – Dome Building Conference Room at DMH, July 11: <http://www.cvent.com/d/3bqb0r>

7. **Other Upcoming Events:**

MCB Clinical Supervision Trainings <https://missouricb.com/>

July 25-26, 9am – 4pm in Joplin

November 14-15, 9am – 4pm in STL

MCB Certified Peer Support Training – St. Joseph (June 3-7) www.mopeerspecialist.org

Zero Suicide Academy (June 5-6) <http://zerosuicideinstitute.com/zerosuicideacademy>

Finding Help and Hope at the Intersections of Despair (July 23-25) - *REGISTER HERE:*
<http://www.cvent.com/d/86qdz7>

Look for updates on different topics/initiatives next Friday!