

## FYI Fridays

### *DBH Updates and Policy Guidance*

May 17, 2019

1. **Budget Update** - The appropriation bill for DMH was Truly Agreed to and Finally Passed (TAFP) late last week. The bill has gone to the Governor for signature and he must sign within 45 days. Below are a few highlights of additional funding DMH was appropriated.
  - 1.5% Provider Rate Increase
  - Utilization Increase for Medicaid Eligible
  - 6.7% Medication Increase for Specialty Drugs
  - CCBHC Continuation
  - Additional Funding for Recovery Supports

2. **National Prevention Week** - Substance use prevention and mental health promotion are critical parts of what we do and we wanted to take this time to highlight and share some of our public education efforts.

Here is a sneak peek at 4 of 9 of our new Suicide Prevention billboards going up soon. This **Help Him Stay** campaign is targeted to middle-aged males in rural areas, where the spikes in suicides are the highest. Learn more at [www.helphimstay.org](http://www.helphimstay.org).



The **Be Under Your Own Influence** campaign has been going strong for four years now thanks to a grant funded project focused on increasing protective factors among young people. This project focuses heavily on the promotion of the 40 Developmental Assets (DA) throughout the community. At our website (<http://myowninfluence.org/>), learn how 40 research-based, positive experiences and qualities can influence young people's development and help them become caring, responsible, and productive adults. We love this program.

Also, check out this video of the Substance Abuse and Mental Health Services Administration (SAMHSA) Assistant Secretary that kicked off the week. Much of our prevention efforts are funded by SAMHSA. <https://www.youtube.com/watch?v=vYVbudJxRPk>

3. **Assertive Community Treatment (ACT) Spring Newsletter!**  
<https://dmh.mo.gov/mentalillness/provider/documents/actnlspring19.pdf>

4. **Integrated Treatment for Co-Occurring Disorders (ITCD) Spring Newsletter!**  
<https://dmh.mo.gov/mentalillness/provider/documents/itcdspring19.pdf>

### **Training Opportunities and Resources**

1. **2019 Statewide Peer Leadership Summit** – Missouri Recovery Network’s goal is to help create a statewide recovery oriented system of care in which long-term recovery is the predicted and expected outcome for all individuals who engage in the recovery process. MRN believes that the utilization of peers in various settings will assist in this goal. All peer specialists, peer supervisors, those who work with peers, or otherwise want to learn more about the role of peers on a recovery team are welcome! The summit will be held **May 28-29, 2019**, at the Tan-Tar-A Resort in Osage Beach. **To Register >> [CLICK HERE](#)**
2. **Recovery Stakeholders Learning Community: Suicide** - [Mid-America ATTC](#) and [Missouri Recovery Network](#) invite you to join them for the Recovery Stakeholders Learning Community on May 30, 2019, from 12:30 to 1:30 pm. This session will focus on the topic of suicide prevention. Elizabeth Makulec, the Executive Director of [Kids Under Twenty One](#) (KUTO) in St. Louis, MO will give a presentation followed by a facilitated Q&A. [CLICK HERE TO REGISTER](#)

The purpose of this free, monthly Learning Community is to allow sharing of innovative recovery program ideas, successful advocacy efforts, available federal grants and other funding opportunities, as well as enable recovery stakeholders to get to know each other

2. **DMH’s Spring Training Institute** - DMH’s Spring Training Institute (STI) unites professionals in the fields of substance use/misuse, mental illness, and intellectual/developmental disabilities to share evidence-based practices for two full days of presentations and workshops. Over 60 separate sessions occur, concerning the critical services provided to the citizens of Missouri. Sessions will be grouped into subject matter tracks: Children, Youth and Families; Wellness; Co-occurring Disorders; Criminal Justice; Emerging Trends; Substance Use; Program Models; Missouri Initiatives; Treating the Whole Person; Ethics; Behavioral Health; and Trauma.

STI is designed for professionals working in the field of behavioral health, including physicians, nurses, licensed clinical social workers, psychologists, licensed professional counselors, vocational rehabilitation specialists, licensed nursing home care givers, clergy members, certified alcohol, drug and gambling counselors, prevention specialists, educators, law enforcement, and others. The event will be held **May 30-31, 2019**, at the Tan-Tar-A Resort in Osage Beach. [click here for more information and to register](#)

3. **MCB Certified Peer Support Training** – The Missouri Credentialing Board announces the Certified Peer Support (CPS) Training in St. Joseph, Missouri! Training Date: **June 3-7, 2019**. This CPS training is sponsored by the City of St. Joseph Health Department and the Opioid Crisis Response contract with the State of Missouri. Funding for this contract is provided by federal grant dollars from CFDA 93.354 Cooperative Agreement for Emergency Response: Public Health Crisis Response issued to the State of Missouri from the United States Centers for Disease Control and Prevention (CDC) and the U.S. Department of Health and Human Services (HHS).

Please visit the Missouri Peer Support website and to complete the training application. [www.mopeerspecialist.org](http://www.mopeerspecialist.org)

**\*Please note if you are Buchanan County resident, there is scholarship funding to attend this training.** Scholarships are being sponsored by the City of St. Joseph Health Department. Please contact the Missouri Credentialing Board for more details at 573-616-2300. *(Please note you must to be a Buchanan County Resident in order to qualify for the scholarship).*

4. **Zero Suicide Academy** – MO DMH and the Missouri Coalition for Community Behavioral Healthcare invite health and behavioral healthcare organizations – including FQHCs, primary care providers, and crisis centers – to apply for Missouri’s 3<sup>rd</sup> Zero Suicide Academy. This two day training for senior leaders of organizations that seek to dramatically reduce suicides among patients in their care will be held in Jefferson City June 5-6, 2019. For additional info or to apply: <http://zerosuicideinstitute.com/zerosuicideacademy>
5. **MO-HOPE OEND Train the Trainer** - These trainings are designed for attendees to be able to train their agencies to provide overdose education and naloxone distribution services to clients they serve. Appropriate organizations would include treatment providers, social service organizations, homeless outreach, organizations that serve survivors of domestic violence or sex trafficking, LGBTQIA+ related organizations, medical providers, and others who interact with those who are at risk of witnessing or experiencing an opioid overdose. If you are interested in participating, please register using the links below. Addresses and times are on the registration page.

**Kansas City, MO June 5:** <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-060519/>

**Columbia, MO July 11:** <https://mohopeproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-071119/>

If you have any questions, please contact Brandon Costerison at (314) 962-3456 X 367 or [bcosterison@ncada-stl.org](mailto:bcosterison@ncada-stl.org). Certain organizations may be eligible for free naloxone to distribute to uninsured populations they serve after the completion of this training.

6. **Aging America: Coping with Loss, Dying, and Death in Later Life** – Sponsored by Mental Health America. Offered on **June 11, 2019, from 1:30 to 4:00 pm** at Crossroads Hospice at 14310 East 42<sup>nd</sup> Street, South Unit 600 in Independence. FREE. Aging America panelists will integrate their expertise to deliver an in-depth discussion on innovative programs and new approaches to support older adults. Contact Stacy Davis with MHA of the Heartland at [sdavis@mhah.org](mailto:sdavis@mhah.org) or visit [www.mhah.org](http://www.mhah.org).
7. **Effective Employer Engagement Training – CORRECTED DATES BELOW!** This training focuses on an approach to employment development that places emphasis on relationship building and customized employment. The job seeker and employer needs are the focus of this approach. The presentation will demonstrate tactics, approaches, and strategies involving all levels of your agency in effective employment development. Communication, partnerships, and managing information will be highlighted throughout this interactive program. This training is designed for employment staff, program managers, and directors. Registration sponsored by Department of Mental Health, Division of Behavioral Health

**Learning Objectives** – Participants will be able to:

- Conduct an effective initial contact with employers;
- Develop successful partnering strategies for employment services;
- Utilize techniques that increase the opportunities for creative employment options;
- Manage documentation for seeking, identifying and obtaining employment opportunities;
- Design and present proposals and negotiation points to employers; and
- Understand the importance of whole agency job development.

**Kansas City, MO – Flory Center at ReDiscover, June 11:** <http://www.cvent.com/d/tbqb1n>

**Fulton, MO – Nixon Forensic Center Auditorium at Fulton State Hospital, June 12:** <http://www.cvent.com/d/4bqb1y>

**St. Louis, MO – Dome Building Conference Room at DMH, July 13:** <http://www.cvent.com/d/3bqb0r>

8. **Suicide Lifeguard Training** – Offered through MIMH on **June 21, 2019**, at the MIMH building at 4633 World Parkway Circle in St. Louis. This training is developed for behavioral health professionals who are required to meet licensure and re-licensure continuing education hours in suicide assessment, referral, intervention and management skills. MIMH will award 3 clock hours or 3.6 contact hours for this activity. [Register Today!](#)
9. **Finding Help and Hope at the Intersections of Despair**: 2019 Regional Suicide Prevention Conferences – DMH, in partnership with the Missouri Coalition for Community Behavioral Healthcare and Community Counseling Center, invite you to attend one or more of the regional Missouri Suicide Prevention Conferences. These are located in three regions of the state, **July 23-25, 2019**. Each will be a day of full breakout sessions with great topics and trainings, including an adolescent track for ages 12-17. This is a FREE event! CEUs are available at a cost of \$25/person. **REGISTER HERE:** <http://www.cvent.com/d/86qdz7>

Kansas City, MO – July 23, 2019

Columbia, MO – July 24, 2019

Cape Girardeau, MO – July 25

10. **Other Upcoming Events:**

**Centerpointe Hospital of St. Charles 2019 Spring Conference** (May 30) in St. Peters  
[www.CenterPointeHospital.com/registration](http://www.CenterPointeHospital.com/registration)

**Director's Certificate of Behavioral Health** (July 11-12) in STL [Register Today!](#)

**MCB Clinical Supervision Trainings** <https://missouricb.com/>

- July 25-26, 9am – 4pm in Joplin
- November 14-15, 9am – 4pm in STL

**2019 Missouri Rural Health Conference** (August 20-22) in Camdenton [REGISTRATION IS OPEN!!!](#)

***Look for updates on different topics/initiatives next Friday!***