

Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

PROVIDER BULLETIN

Number 15

<http://dmh.mo.gov/dd>

Issue Date: August 17, 2018

Missouri Children with Developmental Disabilities (MOCDD) and Partnership for Hope (PFH) Waiver Renewals

CONTENTS

- Waiver Renewal Significant Changes

The MOCDD and PFH Waiver Renewals are approved by the Centers for Medicare and Medicaid Services (CMS) on July 18, 2018 with effective dates of July 1, 2018. The DD Waiver Provider Manual will be updated with the information in this bulletin.

CHANGES TO MOCDD Waiver

1. The service Professional Assessment and Monitoring services (PAMS) was removed from this waiver as the service had not been utilized since it was added at the last waiver renewal in October 2013. Nursing services are provided through EPSDT for children under 21. Children in this waiver have access to Early and Periodic Screening, Diagnosis and Treatment (EPSDT) services.
2. The division changed the waiver cycle years to July through June to align with other division waivers.

CHANGES TO PFH Waiver

1. Added a new service to this waiver called Family Peer Support Service.
2. Included a clearly defined transition for participants if a county withdraws from the waiver.
3. The division changed the waiver cycle years to July through June to align with other division waivers.

Family Peer Support Service Description

The Family Peer Support service is an array of formal and informal services and supports provided by a Family Support Partner (FSP) to families who have a family member with an intellectual/ developmental disability (I/DD). Family is defined as the primary care giving unit and is inclusive of the wide diversity of caregivers in our culture. For

the purpose of the Family Peer Support service, family is further defined as the persons who live with or provide care to a person with I/DD receiving services through a waiver and may include a parent, spouse, sibling, children, relatives, grandparents, foster parents, or others with significant attachment to the individual.

A FSP provides nonclinical family peer support by sharing valuable personal knowledge based on experience in supporting and providing care to a family member with an I/DD. This service may also include identifying and developing formal and informal supports, instilling confidence, assisting in the development of individual and family goals, serving as an advocate, mentor, or facilitator for resolution of issues and skills necessary to enhance and improve the health and well-being of the individual and their family unit and to help reduce caregiver stress and isolation. The Family Peer Support service builds on a family's strengths, buffers risk while building protective factors, and promotes optimal outcomes. The Family Peer Support service supports the parent/family and enhances their skills so they can effectively understand and contribute to planning processes and access services that will better promote positive functioning, which results in their family member's ability to live successfully in their home and community. The FSP assists families by providing information and training as needed to support the family to increase their ability to provide a safe and supportive environment in the home and community for their family member.

Developing positive family rapport is critical to the effectiveness of this service and, therefore, personal face-to-face visits in a variety of settings may be necessary. Face-to-face support may be supplemented by phone or electronic correspondence.

Family Peer Support services may be provided individually or in a group setting.

Family Peer Support services provided must include communication and coordination with the family and/or legal guardian and may be provided concurrent with the development of the family member's ISP. Coordination with other systems should occur as needed to achieve the family's goals.

Family Peer Support Service Limitations

Services are episodic, conditional on life events and existing circumstances of the family and not intended to be long-term and ongoing. As families develop resiliency skills, services should be faded. A FSP shall not deliver this service within their immediate or extended family. Immediate family includes parents and child(ren). Extended family includes members that extend beyond the immediate family and includes grandparents, aunts, uncles, siblings, cousins, nieces, nephews, and other close relatives either biologically or by marriage.

Units of service are 15 minute increments. A maximum of 640 units per family can be authorized on an annual basis. Additional units must be pre-authorized by the Division's Regional Director or designee.

This service shall not duplicate other waiver or state plan services including, but not limited to: TCM, Community Specialist, Support Broker, or Respite Care.

Family Peer Support Provider Requirements

A Family Support Organization has a DMH Contract; agency employs an individual with the following qualifications:

- be a parent or family member

- Have at least five years of lived experience supporting a family member with I/DD. Lived experience must be relevant to the purpose of this service and will include a personal history of being actively involved in providing care and support for the individual and their family members.
- Be at least 18 years of age and have a high school diploma or its equivalent.
- FSPs without diplomas or GEDs may be employed for up to one year while they work to attain the requirement. The provider must document the staff's enrollment in school or GED courses within 60 days from the date of employment.
- Pass all required criminal and background checks.
- Successfully attend and complete orientation, DMH approved curriculum/training(s), and certification exam related to position.
- Have access to transportation in order to meet the requirements of the position.

Family Peer Support Billing Information

Waiver Service	Code(s)	Service Units/Rates	Maximum Units of Service
Family Peer Support	S5110 Family Peer Support Individual	15 minutes--\$8.64 per 15 minute unit	640 units per year per family
	S5110 HQ Family Peer Support Group (maximum size 4)	15 minutes--\$3.46 per 15 minute unit	

Family Peer Support Service Documentation

A waiver individual's ISP may include any combination of services, but service documentation according to 13 CSR 70-3.030 (2)(A)6. requiring a begin and end time for services reimbursed according to time spent in service delivery will clearly show no duplication or overlap in the time of the day the service is provided, and the place of service must match the billing code.

Transition if County Withdraws from PFH

If a participating county withdraws from the program, an individual receiving waiver services through the withdrawing county will continue to receive waiver services until the date 60 days following the county's withdrawal or until the end of his or her plan year, whichever is later, at which point the individual's enrollment in the waiver will terminate. During this transition period between the county's withdrawal from the program and an individual's termination from the waiver, the Division of DD will work with the individual being disenrolled from the waiver to attempt to find another source of appropriate services for which the individual may be eligible (e.g., another waiver program).