

FYI Fridays

DBH Updates and Policy Guidance

June 21, 2019

1. **Budget Update** – DBH fiscal staff have been working on closing out FY 2019 and prepping allocation letters for FY 2020. These allocation letters are expected out in July.
2. **Fundraising for DMH Tornado Victims** - The Employee Recognition Committee of Fulton State Hospital (FSH) recently held a BBQ fundraiser in support of the twelve hospital employees who lost their homes, vehicles, or both in the Jefferson City tornado. Nearly 400 staff and community members purchased meals raising over \$2,000.

DMH Central Office (CO) team members raised more than \$1,000 to assist the FSH and CO employees affected by the tornado.

3. **Buchanan County Opioid Task Force** - Tim Rudder, DMH's State Opioid Coordinator, presented to the Buchanan County Opioid Taskforce on June 13th at Family Guidance in St. Joseph. Mr. Rudder spoke about DMH's efforts to address the opioid crisis at the prevention, treatment, and recovery services levels. Mr. Rudder and members of the taskforce also engaged in discussion with community members and stakeholders about the current state of treatment in Buchanan County and best practices for working with individuals with opioid use disorder.
 - Members of the Taskforce included staff from:
 - Northwest Health Services (Federal Qualified Health Center)
 - **Family Guidance Center** (Certified Community Behavioral Health Organization)
 - MOSAIC Life Care (Hospital & Therapy)
 - The Samaritan Center (addiction medication provider)
 - St. Kolby Puckett Center for Healing (addiction medication provider)
 - I Am Third (therapy)
 - Buchanan County Police Department
 - Buchanan County Health Department
 - Drug Strike Force
 - Coroner's Office
 - Mission House (recovery support housing provider)
 - Sisters of Solace (recovery support housing provider)
4. **Real Voices, Real Choices** - DMH in partnership with the Missouri Mental Health Foundation (MMHF) will host the 11th Annual "Real Voices, Real Choices" Consumer and Family Conference August 25-27 at Tan-Tar-A Resort in Osage Beach. This event brings in approximately 900 participants and offers informative presentations on a variety of topics for individuals and family members living with mental illness, substance use disorders, or developmental disabilities.
5. **The Mental Health Champions' Banquet** has been **POSTPONED!!!** Due to the flooding in Jefferson City and specifically in the area of Capital Plaza Hotel (the event venue), the Mental Health Champions' Banquet has been **postponed until August 13th**. There will be more details to come. Here are some basic answers for now:
 - If you are registered and you plan on attending the event on August 13th – **NO NEED TO DO ANYTHING!**
 - If you are registered and you CANNOT attend the event on August 13th – **you may contact the Missouri Mental Health Foundation for a refund.**
 - If you have not registered yet – **YOU MAY REGISTER** for the August 13th event beginning on Monday, June 10th.

Training Opportunities and Resources

1. **Eating Disorders Webinar** – The Partnership Center (Center for Faith and Opportunity Initiatives, US DHHS) is offering a webinar that focuses on understanding eating disorders, how and when they typically manifest, and the toll taken on the individual's perception of body, mind, and spirit. Participants will receive practical ways faith-based organizations and community groups/leaders can wraparound these adults, teens, and adolescents to help provide the support needed for recovery. Will be presented **June 27, 2019, at 12 pm ET**. [REGISTER FOR THIS WEBINAR](#)
2. **FREE Ethics Training** – A behavioral health lecture, "Navigating Ethics" is being offered by Centerpointe Hospital of Columbia on **Friday, June 28, 2019, from 9 am to 12:00 pm** at the hospital (1201 International Drive in Columbia). Three (3) ethics CE's. [Register Now!](#)
3. **MO-HOPE OEND Train the Trainer** - These trainings are designed for attendees to be able to train their agencies to provide overdose education and naloxone distribution services to clients they serve. Appropriate organizations would include treatment providers, social service organizations, homeless outreach, organizations that serve survivors of domestic violence or sex trafficking, LGBTQIA+ related organizations, medical providers, and others who interact with those who are at risk of witnessing or experiencing an opioid overdose. If you are interested in participating, please register using the links below. Addresses and times are on the registration page.

Columbia, MO July 11: <https://mohoproject.org/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-oend-with-at-risk-populations-training-clinicians-and-front-line-service-providers-071119/>

If you have any questions, please contact Brandon Costerison at (314) 962-3456 X 367 or bcosterison@ncada-stl.org. Certain organizations may be eligible for free naloxone to distribute to uninsured populations they serve after the completion of this training.

4. **Director's Certificate of Behavioral Health** - The Director's Certificate of Behavioral Health is a two-day training program offered by the Missouri Institute for Mental Health and is designed to provide fundamental education on behavioral health disorders to those interested in gaining basic knowledge about behavioral health, including discussions on historical and current treatment approaches, risk factors, signs and symptoms, prevention strategies, person-first language, strengths-based approaches and practice using professional ethical codes when examining cases. This course may compliment many degree programs and/or professions geared towards service; however, this course is open to the general public and anyone can attend.

The content in this course may be familiar to professionals who have many years practicing in the field such as social workers, nurses, mental health professionals, counselors, psychiatrists, etc.; therefore, may serve as more of a refresher course in regards to the behavioral health content. Individuals who work in the behavioral health field, but who may not have a behavioral health background or see clients/consumers, may find this course beneficial. This certification could satisfy over half of the required continuing education units for many professional licensing boards in the state of Missouri and aide in career advancement. Sixteen (16) clock hours, including two (2) hours in Ethics, will be awarded upon completion of this training. Review the objectives and course outline below to see if this course could benefit you. **Offered July 11-12** in STL for more info, go to Register Today!

5. **Recovery Leadership Workshop (Save the Date)** – Presented by the Recovery Coalition of Greater St. Louis and the Missouri Coalition of Recovery Support Providers on **July 12, 9:00 am to 3:00 pm** in St. Louis. (Location and registration info coming soon).
6. **Medication Awareness Recovery Specialist Training** - The MCB will be starting a new 40 hour Medication Awareness Recovery Specialist Training Program on **Friday July 12th, 2019**, with live training in Jefferson City, St. Charles, Springfield, Kansas City and Cape Girardeau. This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the

program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. The program details are as follows:

The program starts on Friday July 12th, 2019 with a 1 day live training in Jefferson City, St. Charles, Springfield, Kansas City and Cape Girardeau. Participants choose 1 live training to attend from the 5 options. The cost of the program is \$100.00 and participants receive 40 CEUs plus a Medication Awareness Recovery Specialist Certificate.

If you have any questions, please contact Scott Breedlove at scott.breedlove@missouricb.com. [Click Here for the July MARS Registration Training Form](#)

7. **Internet Addiction Live Conference** – “Living Online: How Our Relationship with the Internet Can Cross the Line into Addiction. Offered by the Missouri Institute of Mental Health on **July 19, 8 am to 12:00 pm** at MIMH (4633 World Parkway Circle, St. Louis, 63134) Cost is \$99 and seating is limited. [Click here for more info](#)
8. **2019 Regional Suicide Prevention Conferences** – DMH, in partnership with the Missouri Coalition for Community Behavioral Healthcare and Community Counseling Center, invite you to attend one or more of the regional Missouri Suicide Prevention Conferences. These are located in three regions of the state, **July 23-25, 2019**. Each will be a day of full breakout sessions with great topics and trainings, including an adolescent track for ages 12-17. This is a FREE event! CEUs are available at a cost of \$25/person. **REGISTER HERE:** <http://www.cvent.com/d/86qdz7>

Kansas City, MO – July 23, 2019
Columbia, MO – July 24, 2019
Cape Girardeau, MO – July 25
9. **Trauma and Substance Use Awareness Training for Justice Professionals** – Offered by NCADA, this program will equip law enforcement, attorneys, and guardians ad litem with significant education and tools to understand and successfully communicate with children while reducing trauma. Current training dates are:

[July 30th from 2 pm - 4 pm at NCADA](#)
[September 10th from 9 am - 11 am online webinar](#)
[November 14th from 9 am - 11 am in Kansas City at KCPT](#)
10. **2019 Missouri Rural Health Conference** – Offered to you collaboratively by the Missouri Rural Health Association, the Missouri Hospital Association, the Missouri Primary Care Association, and the Missouri Department of Health and Senior Services. This conference will be held August 20-22, 2019 at The Lodge at Old Kinderhook in Camdenton. **[REGISTRATION IS OPEN!!!](#)**

Other Upcoming Events:

Missouri Recovery Support Specialist (MRSS) Training - [Click Here for MRSS Registration Form](#)

- August 1-3 in Cuba
- August 8-10 in Poplar Bluff

MCB Clinical Supervision Trainings <https://missouricb.com/> (573) 616-2300

- July 25-26, 9am – 4pm in Joplin
- November 14-15, 9am – 4pm in STL

MCB Peer Supervision Trainings <https://missouricb.com/> (573) 616-2300

- August 27 – Springfield
- October 29 – Cape Girardeau
- December 10 – Jefferson City

MCB Ethics Trainings<https://missouricb.com/> (573) 616-2300

"Ethics" - Friday July 19th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday July 19th, 2019 - Springfield, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday July 26th 2019 - St. Louis Area, MO - \$35.00 - 6 CEUs.

"Ethics" - Saturday July 27th, 2019 - St. Joseph, MO - \$35.00 - 6 CEUs.

[Click Here for the July Ethics Registration Form](#)

"Ethics" - Friday Aug. 9th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Aug. 9th, 2019 - Farmington, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Aug. 9th, 2019 - Jefferson City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Aug. 16th, 2019 - St. Charles, MO - \$35.00 - 6 CEUs.

[Click Here for the August Ethics Registration Form](#)

"Ethics" - Friday Sept. 20th, 2019 - Farmington, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Sept. 20th, 2019 - Jefferson City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Sept. 20th, 2019 - St. Louis Area, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Sept. 27th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

[Click Here for the September Ethics Registration Form](#)

"Ethics" - Friday Oct. 4th, 2019 - St. Charles, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Oct. 11th, 2019 - Joplin, MO - \$35.00 - 6 CEUs.

"Ethics" - Sat. Oct. 12th, 2019 - Boonville, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Oct. 18th, 2019 - Kansas City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday Oct. 25th, 2019 - Sikeston, MO - \$35.00 - 6 CEUs.

[Click Here for the October Ethics Registration Form](#)

Look for updates on different topics/initiatives next Friday!