## Missouri Eating Disorders Council Minutes

July 23, 2018 - Conference Call

**Council Members Present:** 

Denise Wilfley Carla O'Connor Stephanie Bagby-Stone

Jenny Copeland Marjorie Cole

Beth Harrell (by video)

Tommy Allgood Del Camp Rebecca Lester Janet Clevenger Caroline Graham **Council Members Absent:** 

Paul Polychronis Kim McCallum

Ginny Ramseyer-Winter

Eric Martin Lauren Sciacca Connie Cahalan Annie Seal Travis Stewart Joy Schwertley **Department of Mental Health Staff:** 

Rosie Anderson-Harper

Debra Walker Lori Baysinger

Guests:

Ellen Fitzsimmons-Craft (by video)

Marie-Laure Firebaugh

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
Announcements	D. Wilfley had review the May minutes. Beth approved, Carla seconded. Minutes were approved. B. Harrell stated that she left Children's Mercy and is now working with IAEDP. D. Walker stated that SAMHSA is offering a grant for eating disorder. D. Walker said that she sent the information to A. Seal. The grant is for 750,000 for 5 years. The grant is due August 17, 2018.	
Body U Program Overview and Update	M. Firebaugh talked the Body U update. She discussed we had a successful year. Body U was presented at 16 events on universities campus and screened over 2,000 students. She then talked about the new academic year. M. Firebaugh said that she plans to attend the student orientation and health fairs at several universities. She is already scheduled at MO State and MO Western (she did this last year). She met with Mizzou Student health Center, Craig Rooney and also working with Paul Polychronis to get the Student Counseling Cent to offer Body U as a resource. She is also working with the Psychiatric Center as a resource. We now have 12 out of 13 schools using Body U, UMSL agreed to offer Body U this fall. M. Firebaugh plans to reach out to Harris Stowe in August. Next M. Firebaugh stated that the everybody app is almost completed. She also stated that the fall semester we will continue with all of our current coaches.	

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Ozark Training Initiative Update	E. Fitzsimmons-Craft presented information on Training Initiative update. She stated that the workshop that M. Firebaugh and herself done at the Spring Training Institute had over 60 attendees. They received good rating and great feedback.  IPT training was held June 18 – 19 In St. Louis and was conducted by Rob Welch. This training had 45 providers from across the state in attendance. That also got great feedback on this training and immediate impact.	
	RDN training was held January 30, 2018 in Poplar Bluff. Had 63 providers from the across the state in attendance. Provided a 4-month follow up and had good responses. Also received great feedback.	
	Upcoming Trainings: Missouri Crisis Intervention Team (CIT) will be held in October in Hannibal. Also plan to do an Eating Disorder training with a focus on medical aspects in the fall in the Kirksville area.	
	Next E. Fitzsimmons-Craft talked about the Eating Disorder screener update (everyone was given an SDE Maguen handout) which is a new screen for eating disordered and is a good option and was shown to outperform the SCOFF in terms of sensitivity estimates, the handout showed the article to. Counsel had the discussion on what their thoughts on this.	
	<ul> <li>Next Steps:</li> <li>Missouri Foundation for Health grant will be offering another grant but it will not be the same grant, it is a more general grant.</li> <li>We will continue to provide consultation in FBT, CBTgsh, IPT, medical aspects and working as a team and best practices for RDs.</li> <li>Additional Centers of Excellence  <ul> <li>Places for People – St. Louis</li> <li>Preferred Family Healthcare – Kirksville</li> <li>BJC – St. Louis</li> <li>Arthur Center – Mexico</li> </ul> </li> </ul>	

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
	Shawn Sando is leaving and is working on finding a replacement for our council.	
Additional Information	Next meeting will be September 17, 2018 at Department of Mental Health 1706 East Elm St., Jefferson City in Conference Room B from 10:00 – 2:00.	