Missouri Eating Disorders Council Minutes

Nov. 19th, 2018 – Conference Call

Council Members Present:

Annie Seal
Beth Harrell
Connie Cahalan
Carla O'Conner
Denise Wilfley
Paul Polychronis
Rebecca Lester
Stephanie Bagby-Stone

Joy Schwertley Travis Stewart Tommy Allgood **Council Members Absent:**

Ginny Ramseyer-Winter

Eric Martin
Lauren Sciacca
Janet Clevenger
Caroline Graham
Marjorie Cole
Jenny Copeland

Del Camp

Kim McCallum

Department of Mental Health Staff:

Lori Franklin

Rosie Anderson-Harper

Elaina Henry

Guests:

Ellen Fitzsimmons-Craft Marie-Laure Firebaugh

TOPIC	DISCUSSION	ACTION/FOLLOW-UP NEEDED
Welcome/Introductions		
Announcements	R. Anderson-Harper introduced the secretarial support for the Eating Disorder's Council Elaina Henry. She is also L. Franklin's support staff. The September minutes were reviewed. B. Harrell approved, E. Fitzsimmons-Craft seconded, and minutes were approved.	
Budget Review	L. Franklin went through the budget. The expenses and balances were read off for each section. Attachments were included in the email. The remaining balance for the budget comes out to \$77,912.73. The Body U coaches and Qualtrics most recent invoices were not included in the balance. Lori stated these will come out soon. A. Seal and L. Franklin agreed the budget can be sent to M. Firebaugh, E. Fitzsimmons-Craft, and A. Seal monthly. The remaining members in the council can wait until the face to face or conference calls for updates. T. Allgood seconded.	L. Franklin assured the necessary members of the council will receive a monthly update to the budget. L. Franklin will get the details of MISC expenses to ML.

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Ozark Training Initiative Update	M. Firebaugh requested the details of the Miscellaneous Expenses. E. Fitzsimmons-Craft presented information on 360 Update. E. Fitzsimmons-Craft explained the 4-month follow-up data from the IPT that occurred in June. Included: 42% completion rate, 4.2 out of 5 said they were satisfied, 23 cases of eating disorders were identified since the training, and at least 16 cases were specifically treated with IPT. The follow up data also showed that about the same amount of people retained the knowledge for the quiz. E. Fitzsimmons-Craft stated more people were using IPT to pinpoint the treatment for their specific cases.	
	E. Fitzsimmons-Craft gave overview of the CIT training in Bowling Green. She stated about 10 were in attendance, which were most directly related to law enforcement. She stated the attendees felt more educated and very engaged in the training. E. Fitzsimmons-Craft explained the most recent training that was scheduled for November 19 th , 2018 in Kirksville at the Preferred Family Health Care was rescheduled due to inclement weather that occurred in the St. Louis area, where most of the traveling was going to occur. This training will be rescheduled to January 11 th , 2019 at the same location. She hopes at least the same amount of providers who were signed up will also attend in January; there were 45 providers signed up.	Fitzsimmons-Craft will do more advertising for the January training in hopes of additional attendees.
Additional Information	E. Fitzsimmons-Craft explained that S. Bagby-Stone conducted an online training webinar on School Nursing and Eating Disorder Detection, Intervention and Care. Permission was granted to disseminate. E. Fitzsimmons-Craft stated the new courses for iaedp will disseminate soon.	
	E. Fitzsimmons-Craft gave overview of other updates, in November of 2017 a grant was submitted to the Missouri Foundation for Help. Correspondence was received that the MO EDC was not selected, but a conversation with the program officer at the foundation in late August gave hope for us to submit an "idea submission ", to their	

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	General Opportunity Funds. This idea was submitted on November 5 th , 2018, and a decision has not been made yet. R. Anderson-Harper explained the process for when the council shall place a submission for a grant. The steps are as follows: 1. The grant must go through the DMH 2. If the grant is accepted the DMH must get legislative approval to spend these dollars from an outside entity- this goes through the budget process which gives the authority to spend	Fitzsimmons-Craft will identify state representatives who advocate for the MO EDC. She will also follow up with the suggestions given.
	E. Fitzsimmons-Craft asked what extra steps needs to be taken when getting this legislative approval for the grant. R. Anderson-Harper stated many things need to be taken in account when approval is given like amount and how much extra authority is available. T. Allgood suggested that we ask someone who has the capability or administrative ability to handle this situation on the MO EDC for when a grant is submitted and accepted. E. Fitzsimmons-Craft mentioned that the EDC is supposed to have two legislatures onboard. She clarified that a house representative and a senator should be on the council. T. Allgood suggested Holly Rehder as a state representative to potentially sit on the council. P. Polychronis suggested Dean Dohrman as well.	
Body U Program Overview and Update	M. Firebaugh presented the Body U update. She has been traveling all over Missouri and visited 9 universities. M. Firebaugh mentioned the school that has been slower with screenings is Lincoln University. She sent an email campaign out to professors in various departments to help spread the word and bring in numbers. The latest Body U numbers have not been computed but she is hopeful that Lincoln will turn up with good news. M. Firebaugh expressed her gratitude towards Joan Masters with Partners and Prevention on her invite to the Meeting of the Minds in the spring to speak about Body U. She also stated that Joan has agreed to take the prevention survey but limited to 5 questions.	M. Firebaugh will help come up with the questions which are most relevant for the survey Joan has agreed to.
Additional Information		
	Next meeting will be a live meeting at the Central Office on January 28 th , 2019.	

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