

FYI Fridays

DBH Updates and Policy Guidance

September 27, 2019

1. **New Commission Members** – Governor Parson recently made three appointments to the Mental Health Commission. They are Ms. Teresa Coyan, Mr. Dana Hockensmith, and Ms. Lynne Unnerstall. We look forward to having them participate in the October meeting. We are so grateful to Kathy Carter, Mary Siegfried and Dennis Tesreau for their leadership and dedication to DMH.
2. **Budget Update** – The budget has been sent to the printer! The resulting “budget books” will be sent to the Governor’s office by October 1.

3. **Gibson’s 40th Anniversary** – Congratulations to the Gibson Recovery Center on 40 years of serving their community! On Friday, September 20, a celebratory luncheon was held in Cape Girardeau. There were many community members, employees, and stakeholders present. DMH staff present for this event included: Mark Stringer, Rick Gowdy, Julie Inman, and Nora Bock. **Director Stringer** received special recognition for his dedication to the behavioral health field.



4. **Update on Administrative Rules – Core Rules for Psychiatric and Substance Use Disorder Treatment Programs**— Proposed Amendment 9 CSR 10-7.060 Emergency Safety Interventions, was published in the September 16, 2019 edition of the *Missouri Register*:
<https://www.sos.mo.gov/CMSImages/AdRules/moreq/2019/v44n18Sept16/v44n18.pdf> (page 2368). Comments must be submitted as specified in the *Missouri Register*.

Core Rules still under review include 9 CSR 10-7.070 Medications, and 9 CSR 10-7.140 Definitions.

Community Psychiatric Rehabilitation (CPR)—final orders of rulemaking will be published in the October 15, 2019 *Missouri Register*. **The final rules will be published in the October 31, 2019 issue of the Code of State Regulations and will be effective on November 30, 2019.** An overview of the revisions will be posted to the DBH website and e-mailed to providers prior to the effective date. The majority of changes bring the rules up to date with current CPR service delivery practices.

5. **Zubsolve CIMOR Notice (revised)** - Please be aware that the medication Zubsolv is being removed from the approved medication list for substance use disorder treatment and will no longer be reimbursable by DBH *after November 30, 2019*. To ensure payment, submit claims for payment prior to the November 30, 2019 date. The updated approved medication list is available on the DMH website at <https://dmh.mo.gov/ada/provider/medicationassistedtreatment.html>, ADA-Approved Medications.

If you have any questions, please email the CIMOR **DBH Support Center** by [Logging In](#) and selecting the **Help Ticket** option found on the left side menu of the portal, <https://portal.dmh.mo.gov>.

6. **Hill Day 2019 in D.C.** - This week, the National Council for Behavioral Health partnered with 26 national advocacy organizations to host Hill Day 2019. Over 715 advocates from across the country held hundreds of meetings with their Members of Congress, making this the largest National Council Hill Day yet. The Missouri Coalition for Behavioral Healthcare had over 30 individuals in attendance from 16 provider organizations and got to spend some time with Senator Roy Blunt. These are the bills for which they were advocating:



- Mainstreaming Addiction Treatment Act (S. 2074/H.R. 2482)
- Medicaid Reentry Act (H.R. 1329)
- Mental Health Access Improvement Act (S. 286/H.R. 945)

- Excellence in Mental Health and Addiction Treatment Expansion Act (S. 824/H.R. 1767)

The Coalition believes there is reason to be optimistic about the extension and expansion of the CCBHC project (S. 824/H.R. 1767).

7. **SAMHSA Virtual Site Visit for SOR** - On September 24-26, 2019, the Substance Abuse and Mental Health Services Administration (SAMHSA) conducted a virtual financial and compliance review of the State Opioid Response (SOR) Grant award. The review went well with positive feedback regarding treatment, prevention, and recovery services, and related fiscal operations.
8. **Reminder on SOR Billing Deadline** - Deadline to bill Year 1 SOR services is October 20. SOR Year 1 *Treatment* allocation(s) remaining after October 20 will **NOT** roll over into Year 2 allocations; *housing* allocations will. DBH will evaluate the need for further reallocation of Year 1 dollars. Year 2 allocation letters have been issued.
9. **MO HealthNet and NEMT NOTICE** - September 26, 2019: the increased cost of insurance rates is affecting NEMT vendors across all MO geographical areas. MO HealthNet (MHD) is aware of this issue and is working with NEMT vendors to explore options to ensure MHD participants have transportation to their appointments. MHD is asking enrolled providers to please be cognizant of this and encourage them to not unnecessarily penalize MHD participants should they have to cancel or are “no shows” for scheduled appointments due to lack of transportation.

10. **New SAMHSA Publications** -

[Implementing Tobacco Cessation Treatment for Individuals with Serious Mental Illness: A Quick Guide for Program Directors and Clinicians](#)

[Advisory: Mental and Substance Use Disorder Treatment for People With Physical and Cognitive Disabilities](#)

[Tips for Survivors: Coping with Anger After a Disaster or Other Traumatic Event](#)

[Helping Older Adults After Disasters: A Guide to Providing Support](#)

Training Opportunities and Resources

1. **Expanding the Continuum to Support Long-term Recovery** – Webinar on **Thursday, September 26, 2:30-3:30 pm EST** (1:30 CST) for the webinar, ["Expanding The Continuum to Support Long-term Recovery."](#) Tom Hill, MSW, Vice President, Practice Improvement, National Council for Behavioral Health, will discuss the use of Recovery-Oriented Systems of Care (ROSC) to treat substance use disorders. Following episodes of treatment,

incarceration, or other life-altering events, individuals with behavioral health conditions often return to communities that are ill-equipped to best support their long-term recovery. It is important for public health agencies to address comprehensive prevention programming that ensures stronger and sustainable recovery outcomes in communities. Join us to learn more about *recovery capital* and *recovery management*, and how these concepts can help public health systems create more responsive networks of recovery-oriented services and supports following treatment. [Register Today](#)

2. **Real World Impact of Integrated Medical-Behavioral Healthcare** – Webinar sponsored by MyStrength on **October 2, 2019, 12pm-1pm CST**. Join this expert panel discussion on integrated care and its impact on population health, featuring speakers from Atrium Health, the National Council for Behavioral Health (**Dr. Joe Parks!**), and Livongo. The expert panel will share their experiences and perspectives related to the importance of integrating behavioral and primary healthcare into individual treatment plans. This engaging conversation will go beyond theoretical benefits of digital, evidence-based applications to focus on real-world results and impacts. [Register Now](#)
3. **Women and Stimulant Use Project ECHO** - Beginning in October, the Mid-America, Mountain Plains, and South Southwest ATTCs have partnered to develop the Women and Stimulant Use Project ECHO series. It will utilize a Project ECHO format to provide case-based learning and consultation for substance use and other health care providers working with women who use stimulants. Using the Zoom videoconferencing platform, providers will be able to connect directly with leading experts in the field to build their capacity to provide evidence-based care. Each 90-minute session will include a brief didactic presentation and an interactive discussion on two de-identified client cases. Registration will open in early September. See below for the didactic schedule:

October 2: [Stimulant Use: Current Trends and the Impact on the User's Brain and Body](#)

October 16: [Women and Stimulant Use: Healthy Steps to Freedom](#)

October 30: [Mamas, Munchkins, and Methamphetamines](#)

November 13: [Stimulant Use: Responses by the Parenting in Recovery/ Family Drug Treatment Court program](#)

December 4: [Recovery Supports: Expanding Recovery Capital](#)

4. **“What Would It Take?” Addressing Gaps of Service Provision with Victims of Trafficking and Complex Trauma** – This full-day, multidisciplinary workshop is designed specifically for direct service professionals, first responders, community members and others who provide (or plan to provide) direct services to victims of exploitation and trafficking. Presenters will focus on the discrimination and barriers that survivors with marginalized identifies face when utilizing services and resources. **October 10, 2019, from 8:00 am to 4:30 pm** at the Moulin Events and Meetings. Sponsored by the Coalition Against Trafficking and Exploitation. Register at www.what-would-it-take-october2019.eventbrite.com
5. **Youth MHFA** - DMH is sponsoring **Youth Mental Health First Aid (MHFA)** training. This is an 8-hour training that teaches adults working with youth about recognizing signs that a youth (12-18) may be in crisis or in need and how we might help them. Youth MHFA is not only for people who work with youth professionally, but for parents, grandparents, coaches, youth leaders, or the house where all the youth just show up.

The instructors for this training are **Jill Richardson** and **Beckie Gierer** of DMH. **Monday, October 7 and Monday, October 21** are the training dates and will be 4-hours from **8:15 – 12:30** each day. The training will be at DMH Central Office (1706 E Elm) in Jefferson City; conference room B. An attendee must attend both days and the full eight hours to be certified. CEUs are available and attendees may purchase on their own. Registration is required. To register, contact Vickie Epple at Vickie.epple@dmh.mo.gov.

6. **Housing Learning Community: Housing as an Intervention and Investment for People in Recovery** - Safe, stable, and affordable housing is increasingly recognized as a vital part of recovery. What role can substance use disorder treatment and recovery programs play in providing this essential need for their clients? This 6-session virtual learning community began on *August 28, 2019!*

Housing Learning Community: Housing as an Intervention and Investment for People in Recovery is a free training series intended for behavioral health and other providers interested in exploring, establishing, or improving housing for their clients with substance use and/or mental health disorders.

Learning Community Schedule:

October 9: [Alternative Housing Types](#)

October 23: [Funding Sources and Development](#)

November 6: [How to Get Started](#)

* Please note that you must individually register for each session to receive the Zoom login information. Individual links are provided above and on our website. [Register now!](#)

7. **Substance Use Prevention in the African American Community (Webinar)** - Sponsored by ACT Missouri. Contact Person: Angela Bonine, (573) 635-6669, abonine@actmissouri.org. Web Site www.actmissouri.org Link to Training: <https://actmissouri.org/event-registration/>. Join the prevention team at First Call for a webinar on **October 9, 2019 at 1:00 pm**. DeMarco Vaughn, Andrew Dixon, and Margaux Guignon will discuss the differences and similarities of prevention efforts in urban areas, how to break down barriers, increase inclusion and gain trust with minority populations, and tips for successful prevention initiatives.
8. **NARR Best Practices Summit** - The National Alliance for Recovery Residences is holding a Best Practices Summit in St. Louis from **October 14-16, 2019**, at the St. Louis Hilton Ballpark. Be part of NARR's annual conference, entirely dedicated to best practices in the operation of recovery residences. The event will feature three days of presentations, panels and participant discussion. This year's conference will feature a reception on Monday evening for all conference attendees, and for our friends in the recovery movement. Whether you're a long-established recovery residence services provider, are just starting out, or maybe thinking of entering the field, this conference will speak to your needs. Participants include some of the nation's leading recovery housing operators. Other speakers and participants are treatment program operators, mental health service providers, state government officials, and providers of specialty services to the field. [Click this link to register.](#)
9. **MO Coalition Conference** – 2019 MO & IL Behavioral Health Conference. **October 23-25, 2019**, at the Hyatt Regency at the Arch in St. Louis. Anyone connected to the fields of mental health and substance use treatment and services should consider attending this conference. Representatives from all organizational levels should consider attending – individuals identified for the Physician Institute (primary care consultants, psychiatrists, other prescribers), executive, fiscal and clinical team members, community liaison positions, and staff identified for future leadership potential.
- In addition, this conference provides an affordable learning opportunity for FQHCs, hospitals, law enforcement, court systems, advocacy groups, and many others. For the price of this conference, this event is a relatively inexpensive way to gain valuable knowledge! IABH is an approved provider for Registered Social Worker and Clinical Psychologist CEUs. IAODAPCA/ICB approval pending. Upon approval, we estimate participants will be eligible for 11.75 CEU hours for the full conference and 17.75 CEU hours for the full conference plus both pre-conference workshops. [REGISTER NOW](#)

Other Upcoming Events:

Missouri Recovery Support Specialist (MRSS) Training – October 24-26, 2019, in Reed Springs, MO. Note this is NOT the Certified Peer Specialist training. [Click here for training form!](#)

Certified Peer Specialist Credential 2019 training sessions - This is a 5-day training; event & credential \$75.00
To sign up go to [Missouri Peer Specialist](#).

October 7-11 – Sikeston (SE)

October 14-18 – Joplin (SW)

November 18-22 – Kansas City (NW)

December 2-6 – St. Louis (E)

MCB Clinical Supervision Trainings <https://missouricb.com/> (573) 616-2300

November 14-15, 9am – 4pm in STL

MCB Peer Supervision Trainings <https://missouricb.com/> (573) 616-2300

October 29 – Cape Girardeau

December 10 – Jefferson City

MCB Ethics Trainings <https://missouricb.com/> (573) 616-2300

"Ethics" - Friday **Oct. 4, 2019** - St. Charles, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday **Oct. 11, 2019** - Joplin, MO - \$35.00 - 6 CEUs.

"Ethics" - Sat. **Oct. 12, 2019** - Boonville, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday **Oct. 18, 2019** - Kansas City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday **Oct. 25, 2019** - Sikeston, MO - \$35.00 - 6 CEUs.

[Click Here for the October Ethics Registration Form](#)

2019 Recovery Month Events

Listed below are the recovery activities that **MRN** is hosting, co-hosting, highlighting, or participating in:

Breaking Every Chain Rally

Date: **September 28**

Time: 2 PM—4 PM Cost: FREE

Location: Hood Park on Hood Drive **Cuba**, MO 65453

Stories from people in the field, testimonies, recovery resources, live music, bounce house, food and more.

4th Annual Addiction Recovery Walk

Date: **September 28**

Time 8 AM – 12 PM Cost: Free

Location: Capaha Park 1546 Broadway **Cape Girardeau**, MO

To bring awareness to Missouri's substance use disorder crisis and provide hope showing the community that we do recovery, that it is possible to find solutions and maintain long-term recovery.

Listed below are the recovery activities that **the KC Recovery Coalition** is hosting, co-hosting, highlighting, or participating in:

Recovery Walk

Saturday, September 28: 11:00 AM-1:00 PM, sponsored by Comprehensive Mental Health at Tower Park 75th Street & Holmes Road in Kansas City. Featuring a trail walk, balloon release, guest speakers and refreshments! For more information call 816-254-3652 ([Download the Flyer](#))

Look for updates on different topics/initiatives next Friday!