

FYI Fridays

DBH Updates, Notices, and Policy Guidance

October 11, 2019

1. **CPR Maintenance Reminder** – Please recall that the **CPR Maintenance level is going away November 1, 2019**. Programs will no longer be able to dual enroll consumers in CPR and Community Services as of this date.
2. **CIMOR Priority: OUD/AUD Diagnosis in CIMOR** - Medications billed in the Substance Use Disorder (SUD) programs must contain the diagnosis for which the medication is prescribed in the first diagnosis field on the encounter. For example, medications that are approved exclusively for the treatment of Opioid Use Disorder (OUD) such as Buprenorphine/Naloxone combination medications must have an OUD listed. Medications that are approved for multiple indications should be distinguished by the first diagnosis. For example, oral naltrexone medications may be used to treat Alcohol Use Disorders (AUD) or OUD but the first diagnosis on the encounter should be the appropriate applicable diagnosis that is being treated by the prescribed medication.

If you have any questions, please email the CIMOR DBH Support Center by Logging In and selecting the Help Ticket option found on the left side menu of the portal, <https://portal.dmh.mo.gov>.

3. **Director's Creativity Showcase** - The Missouri Mental Health Foundation, in collaboration with the Missouri Department of Mental Health, is sponsoring the **2020 Director's Creativity Showcase**. The showcase helps to acquaint the general public with the talents of the people it serves. These are individuals receiving services through the Missouri Department of Mental Health provider network living with mental illness, developmental disabilities and substance use disorders. The artwork created is not only for the Showcase, but is sometimes used as a means of therapy. This therapy provides an outlet for the artist to express his or her feelings – feelings they may not be able to verbally communicate. The art show also has encouraged people to try something they may previously have never considered possible, only to find they have a true creative talent.

You can find the guidelines, entry form, release form, timeline of activities and the artwork collection sites for the 2020 Director's Creativity Showcase at this website: http://www.missourimhf.org/?page_id=3351

Info and Resources

1. **Anger Management for Substance Abuse and Mental Health Clients: A Cognitive-Behavioral Therapy Manual** - This updated manual contains a 12-week cognitive-behavioral anger management group treatment model. The content includes specific instructions and suggested remarks for group leaders, and exercises for group members. This model will work in a variety of clinical settings, and with diverse audiences. [Download the Manual](#)
2. **New MHD Provider Bulletin** - The following bulletin on ICD-10 is now available on the [Provider Bulletin page: ICD-10 Annual Update Effective October 1, 2019](#)

Training Opportunities

1. **Housing Learning Community: Housing as an Intervention and Investment for People in Recovery** - is a free **training** series intended for behavioral health and other providers interested in exploring, establishing, or improving housing for their clients with substance use and/or mental health disorders.

Learning Community Schedule:

October 23: [Funding Sources and Development](#)

November 6: [How to Get Started](#)

* Please note that you must individually register for each session to receive the Zoom login information. Individual links are provided above and on our website. [Register now!](#)

1. **NARR Best Practices Summit** - The National Alliance for Recovery Residences is holding a Best Practices Summit in St. Louis from **October 14-16, 2019**, at the St. Louis Hilton Ballpark. [Click this link to register.](#)
2. **Women and Stimulant Use Project ECHO** - Beginning in October, the Mid-America, Mountain Plains, and South Southwest ATTCs have partnered to develop the Women and Stimulant Use Project **ECHO series**. It will utilize a Project ECHO format to provide case-based learning and consultation for substance use and other health care providers working with women who use stimulants. Using the Zoom videoconferencing platform, providers will be able to connect directly with leading experts in the field to build their capacity to provide evidence-based care. Each 90-minute session will include a brief didactic presentation and an interactive discussion on two de-identified client cases. Registration will open in early September. See below for the didactic schedule:

October 16: [Women and Stimulant Use: Healthy Steps to Freedom](#)
October 30: [Mamas, Munchkins, and Methamphetamines](#)
November 13: [Stimulant Use: Responses by the Parenting in Recovery/ Family Drug Treatment Court program](#)
December 4: [Recovery Supports: Expanding Recovery Capital](#)
3. **MO Coalition Conference** – 2019 MO & IL Behavioral Health Conference. **October 23-25, 2019**, at the Hyatt Regency at the Arch in St. Louis. Anyone connected to the fields of mental health and substance use treatment and services should consider attending this **conference**. [REGISTER NOW](#)
4. **Two Modalities with One Mission** – Part of our SOR free **webinar** training series...Perspectives on 12-Step recovery and MAT, how to navigate being on medications while also being involved in a 12-Step program, and how to talk to clients about their options when integrating the 12-Step and MAT in their own recovery. **November 1, 2019, 10 a.m. – 11 a.m. CST**. To register: [CLICK HERE](#) *[The Missouri Department of Mental Health, in partnership with the University of Missouri, St. Louis – Missouri Institute for Mental Health (MIMH) and the Missouri Coalition for Community Behavioral Healthcare, is providing free webinar trainings as part of the Missouri Opioid State Targeted Response and State Opioid Response (Opioid STR and SOR) grant.]*
5. **2019 Missouri Reentry Conference** - This year's theme is "Managing the Balance." The **conference** is scheduled for **November 13-15, 2019**, at the Lodge of the Four Seasons at the Lake of the Ozarks. The link to register is: <https://www.eventbrite.com/e/2019-missouri-reentry-conference-registration-61821406491?ref=ecount>

Other Upcoming Training Events:

Missouri Recovery Support Specialist (MRSS) Training – October 24-26, 2019, in Reed Springs, MO. Note this is NOT the Certified Peer Specialist training. [Click here for training form!](#)

Medication Awareness Recovery Training Starting - The MCB will be starting a new 40 hour Medication Awareness Recovery Specialist Training Program on **Friday, November 8th, 2019** with live training in Jefferson City, St. Charles, Joplin, Kansas City and Cape Girardeau. This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. The program details are as follows:

- The program starts on Friday November 8th, 2019 with a 1 day live training in Jefferson City, St. Charles, Joplin, Kansas City and Cape Girardeau. Participants choose 1 live training to attend from the 5 options.
- Participants then work through 8 self-study modules that start Monday November 18th, 2019 and end Sunday February 9th, 2020. These modules are completed at home within assigned time periods.
- The cost of the program is \$100.00 and participants receive 40 CEUs plus a Medication Awareness Recovery Specialist Certificate. If you have any questions, please contact Scott Breedlove at scott.breedlove@missouricb.com. [Click Here for the November MARS Registration Form](#)

Certified Peer Specialist Credential 2019 training sessions - This is a 5-day training; event & credential \$75.00. To sign up go to [Missouri Peer Specialist](#).

October 14-18 – Joplin (SW)

November 18-22 – Kansas City (NW)

December 2-6 – St. Louis (E)

MCB Clinical Supervision Trainings <https://missouricb.com/> (573) 616-2300

November 14-15, 9am – 4pm in STL

MCB Peer Supervision Trainings <https://missouricb.com/> (573) 616-2300

October 29 – Cape Girardeau

December 10 – Jefferson City

MCB Ethics Trainings <https://missouricb.com/> (573) 616-2300

"Ethics" - Sat. **Oct. 12, 2019** - Boonville, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday **Oct. 18, 2019** - Kansas City, MO - \$35.00 - 6 CEUs.

"Ethics" - Friday **Oct. 25, 2019** - Sikeston, MO - \$35.00 - 6 CEUs.

[Click Here for the October Ethics Registration Form](#)

Look for updates on different topics/initiatives next Friday!