

## FYI Fridays

### DBH Updates, Notices, and Policy Guidance

October 18, 2019

- DMH MAT Data** – A recent report on the use of addiction medications in DBH consumers who have a diagnosis of opioid use disorder (OUD), alcohol use disorder (AUD) or both (as identified by EOCs in CIMOR) was made available. The following are some key takeaways!
  - The use of medications for AUD and OUD (and co-occurring) has been **increasing** in each of the last three years!
  - Not surprisingly, most of the addiction meds being used are for individuals with a diagnosis of OUD.
  - As of last FY, just over half of individuals with an OUD diagnosis were receiving MAT (51.5%); nearly half (45%) of co-occurring OUD/AUD were getting addiction meds.
  - Sadly, still less than 10% of individuals with an AUD diagnosis were receiving addiction meds (FY19). **We have work to do!!**
  - For OUD, bupe products are used most (67.5%); methadone is second (23.8%) in FY19.
  - For AUD, naltrexone products are used by most (90.9%) – of that, 45% are using Vivitrol (for FY19)
  - For OUD/AUD in FY19, bupe products are used the most (60.4%), naltrexone products are second (30.9%) and methadone is last (19%).
- Emergency Room Enhancement Project, Year 5 Report** – Read the report here!  
<https://dmh.mo.gov/media/pdf/emergency-room-enhancement-project-year-5-report>
- SOR Billings Due October 20** – Please note that all SOR billings for Year 1 must be entered by October 20, 2019. Any billings submitted after that date will hit Year 2 allocations.
- CPR Maintenance Reminder** - The Maintenance level of CPR is **coded to end October 31, 2019**. Effective November 1, you will no longer be able to bill for any consumers enrolled in this level. A **revised report** showing all consumers currently enrolled in the Maintenance level has been placed in all provider's FTP folders (Reports/CPS). **Please move all Adult and Youth CPR consumers from the Maintenance level into the Rehab level.**
- ASPE Report to Congress on CCBHC Demo** - The HHS office of the Assistant Secretary for Planning and Evaluation has completed its second annual report to congress on the CCBHC Demonstration Project. Missouri is prominently highlighted in the report which can be found at the following site: <https://aspe.hhs.gov/pdf-report/certified-community-behavioral-health-clinics-demonstration-program-report-congress-2018>
- Interview with ONDCP on Addictions and Farm Safety** - In a recent interview, Jim Carroll, Director of the White House's Office on National Drug Control Policy and Anne Hazlett, Senior Advisor for Rural Affairs at the Office on National Drug Control Policy discussed why **Fighting Drug Addiction is a Farm Safety Priority**. [Click here to listen.](#)
- Director's Creativity Showcase** - The Missouri Mental Health Foundation, in collaboration with the Missouri Department of Mental Health, is sponsoring the **2020 Director's Creativity Showcase**. The showcase helps to acquaint the general public with the talents of the people it serves. These are individuals receiving services through the Missouri Department of Mental Health provider network living with mental illness, developmental disabilities and substance use disorders. The artwork created is not only for the Showcase, but is sometimes used as a means of therapy. This therapy provides an outlet for the artist to express his or her feelings – feelings they may not be able to verbally communicate. The art show also has encouraged people to try something they may previously have never considered possible, only to find they have a true creative talent.

You can find the guidelines, entry form, release form, timeline of activities and the artwork collection sites for the 2020 Director's Creativity Showcase at this website: [http://www.missourimhf.org/?page\\_id=3351](http://www.missourimhf.org/?page_id=3351)

## Info and Resources

1. **TIP 35, Updated: Enhancing Motivation for Change in SUD** - This updated TIP includes the latest evidence on motivation-enhancing approaches and strategies. It describes how SUD treatment providers can use these approaches and strategies to increase participation and retention in SUD treatment. [Download the Publication](#)
2. **Recovery Housing: Best Practices and Suggested Guidelines** - Recovery housing is an intervention that is specifically designed to address the recovering person's need for a safe and healthy living environment while supplying the requisite recovery and peer supports.

This report identifies ten specific areas, or guiding principles, that will assist states and federal policy makers in defining and understanding what comprises safe, effective, and legal recovery housing. National organizations have contributed significant and valuable work in developing policies, practices, and guidance to improve recovery housing as an integral model of care. The guiding principles in this document are meant to provide an overarching framework that builds upon and extends the foundational policy and practice work that had guided the development of recovery housing to date. SAMHSA recommends following these Ten Guiding Principles to guide recovery house operators, stakeholders, and states in enacting laws designed to provide the greatest level of resident care and safety possible. [View the Guidelines](#)

3. **HHS Guidance on Opioid Reduction or Discontinuation** - [https://www.hhs.gov/opioids/sites/default/files/2019-10/Dosage\\_Reduction\\_Discontinuation.pdf](https://www.hhs.gov/opioids/sites/default/files/2019-10/Dosage_Reduction_Discontinuation.pdf)

## Training Opportunities

1. **Integrating an Early Childhood Mental Health Framework into Service Delivery Systems** – this free **webinar** is being provided by Dr. Gerald Costa on **October 22, 2019 from 10AM-11:30AM**. Dr. Costa will explore principles of infant and early childhood mental health, the nature of human attachment and elements of relationship-based intervention. Ways of promoting professional development, referred to as FORMATION will be described, and a framework known as "Self-Reg" will be presented to understand the critical effects of stress and the need for "co-regulation" in the child/family and provider. An "AGILE" framework will be described to support professionals in understanding the critical importance of non-verbal interpersonal behavior in conveying "safety", and supporting regulation, engagement and communication. To register go to: <https://register.gotowebinar.com/register/5527649974729800705>.
2. **Enhancing the Diversity of the Public Health Workforce: Why Inclusion and Competencies Matter** – National Council for Behavioral Health **webinar** on **Wednesday, October 23, 2-3 p.m. ET**. Advancing diversity, inclusion and workforce competencies in public health and behavioral health is a key strategy in building organizations that can better address the social determinants of health (SDoH) and improve the lives of individuals with behavioral health conditions. Join us to learn why a diverse workforce and inclusive work environment with strong public health and behavioral health competencies matters, and what you may lose when you don't prioritize the diversity of your workforce to build an inclusive and equitable future of health. [Register Today](#)
3. **The Substance Use Professional of the 2020s** - Behavioral health professionals working in the field of substance use and addiction treatment have seen their area of practice evolve significantly over the last few decades. How does organizational leadership ensure that their clinical staff possess and apply the core competencies needed for effective practice in the decade to come? Join us to learn how to prioritize workforce development needs, understand role clarity within recovery-oriented systems of care and clinical best practices in substance use treatment and medication-assisted (MAT) in recovery. Sponsored by Relias. [Register Today](#)

4. **Housing Learning Community: Housing as an Intervention and Investment for People in Recovery** - is a free **training** series intended for behavioral health and other providers interested in exploring, establishing, or improving housing for their clients with substance use and/or mental health disorders.  
**Learning Community Schedule:**
- October 23: [Funding Sources and Development](#)  
November 6: [How to Get Started](#)
- \* Please note that you must individually register for each session to receive the Zoom login information. Individual links are provided above and on our website. [Register now!](#)*
5. **"Using Text and Email with Clients – Guidance and Resources for Providers"** - Co-hosted by Pathways Research and Training Center at Portland State University, [Oregon Health & Science University / Portland State University School of Public Health](#), and the [EASA Center for Excellence](#), this **webinar** will explain the technical and administrative requirements for the ethical, HIPAA-compliant use of text and email. The use of electronic communication is ubiquitous today. For young adults especially, texting is a primary communication tool. It is imperative for mental/behavioral health clinicians, agency administrators and legal-counsel to understand how to meet the clients' communication preferences, while also upholding standards of patient privacy required by ethics and HIPAA rules. The presenter, Roy Huggins, will give an overview of the different forms of email and texting and describe how each measures up to the standards of HIPAA's Security Rule and the professional ethics codes of mental health professional organizations. He will also provide guidance and resources to help providers decide how texting and email can or cannot fit into their practice. Participants will learn how to develop a communications policy for clients and families that upholds ethical standards. **October 24, 2019 from 2pm – 3pm PT / 5pm – 6pm ET**  
Register: <https://attendee.gotowebinar.com/register/2582751016134862861?source=pathways>
6. **17<sup>th</sup> Annual Missouri Health Policy Summit** – “Health Reform in 2019: Exploring Paths to Health Care Access” and “Implementing Medical Cannabis in Missouri.” Presented by the University of Missouri’s Center for Health Policy. To be held at the Hilton Garden Inn at 3300 Vandiver Dr. in Columbia. **October 25, 2019.**  
<https://www.eventbrite.com/e/17th-annual-missouri-health-policy-summit-tickets-69747291025?utm-medium=discovery&utm-campaign=social&utm-content=attendeeshare&aff=escb&utm-source=cp&utm-term=listing>
7. **NCADA Hosts OEND Training** - NCADA will host a MO-HOPE Overdose Education and Naloxone Distribution training on **October 29, 2019, from 1-3 pm**. If your organization or grant would like to learn to provide this service to people at risk of witnessing or experiencing an opioid overdose, please register at this link: <https://www.eventbrite.com/e/overdose-education-and-naloxone-distribution-training-of-trainers-tickets-73430876729>. Some organizations may be eligible for naloxone to distribute through MO-HOPE or other grants. If you would like to host a training of trainers in areas outside of St. Louis, please reach out to **Brandon Costerison** directly. P: 314.962.3456 x367
8. **DMH 2019 Regional Housing Conferences: A Focus on Housing First** - <https://dmh.mo.gov/housing/unit>  
**Central: October 29 & 30, 2019** at the Governor’s Office Building at 200 Madison in Jefferson City  
**Kansas City: November 19 & 20** at Anita B. Gorman Discovery Center at 4750 Troost Avenue in Kansas City.
9. **Women and Stimulant Use Project ECHO** - Beginning in October, the Mid-America, Mountain Plains, and South Southwest ATTCs have partnered to develop the Women and Stimulant Use Project **ECHO series**. It will utilize a Project ECHO format to provide case-based learning and consultation for substance use and other health care providers working with women who use stimulants. Using the Zoom videoconferencing platform, providers will be able to connect directly with leading experts in the field to build their capacity to provide evidence-based care. Each 90-minute session will include a brief didactic presentation and an interactive discussion on two de-identified client cases. Registration will open in early September. See below for the didactic schedule:

**October 30:** [Mamas, Munchkins, and Methamphetamines](#)

**November 13:** [Stimulant Use: Responses by the Parenting in Recovery/ Family Drug Treatment Court program](#)

**December 4:** [Recovery Supports: Expanding Recovery Capital](#)

10. **Two Modalities with One Mission** – Part of our SOR free **webinar** training series...Perspectives on 12-Step recovery and MAT, how to navigate being on medications while also being involved in a 12-Step program, and how to talk to clients about their options when integrating the 12-Step and MAT in their own recovery. **November 1, 2019, 10 a.m. – 11 a.m. CST.** To register: [CLICK HERE](#) [The Missouri Department of Mental Health, in partnership with the University of Missouri, St. Louis – Missouri Institute for Mental Health (MIMH) and the Missouri Coalition for Community Behavioral Healthcare, is providing free webinar trainings as part of the Missouri Opioid State Targeted Response and State Opioid Response (Opioid STR and SOR) grant.]
11. **2019 Missouri Reentry Conference** - This year's theme is "Managing the Balance." The **conference** is scheduled for **November 13-15, 2019**, at the Lodge of the Four Seasons at the Lake of the Ozarks. The link to register is: <https://www.eventbrite.com/e/2019-missouri-reentry-conference-registration-61821406491?ref=ecount>
12. **Engaging the Faith Community in Substance Use Prevention – Part 1 – Webinar - Tuesday, October 29, 2019 11 a.m. to 12:30 p.m. EDT.** This SAMHSA webinar will present a clear rationale for the role of faith leaders in working across the continuum of care, including substance prevention.
13. **Engaging the Faith Community in Substance Use Prevention – Part 2 – Webinar - Tuesday, November 5, 2019 11:00am to 12:30 p.m. EST.** This SAMHSA webinar will present a clear rationale for the role of faith leaders in working across the continuum of care, including substance use prevention

#### Other Upcoming Training Events:

**Role of the Pharmacist in the Treatment of OUD - December 3, 2019 12 p.m. – 1 p.m. CST.** Focus on what is inhibiting access to treatment, including payment for services, disconnected facilities, and various federal and state regulations, how to integrate care across treatment agencies and pharmacies, and promising national examples of practices that utilize pharmacists to care for individuals with OUD. **Registration:** [CLICK HERE](#)

**SLU's 3<sup>rd</sup> Annual Addiction Medicine Conference** - [Save the Date 12.11.2019 ADM #3.pptx](#)

**Missouri Recovery Support Specialist (MRSS) Training – October 24-26, 2019**, in Reed Springs, MO. Note this is NOT the Certified Peer Specialist training. [Click here for training form!](#)

**Medication Awareness Recovery Training Starting** - The MCB will be starting a new 40 hour Medication Awareness Recovery Specialist Training Program on **Friday, November 8th, 2019** with live training in Jefferson City, St. Charles, Joplin, Kansas City and Cape Girardeau. This program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. At the conclusion of the program, participants are awarded 40 CEU hours and a Medication Awareness Recovery Specialist Certificate. The program details are as follows:

- The program starts on Friday November 8th, 2019 with a 1 day live training in Jefferson City, St. Charles, Joplin, Kansas City and Cape Girardeau. Participants choose 1 live training to attend from the 5 options.
- Participants then work through 8 self-study modules that start Monday November 18th, 2019 and end Sunday February 9th, 2020. These modules are completed at home within assigned time periods.
- The cost of the program is \$100.00 and participants receive 40 CEUs plus a Medication Awareness Recovery Specialist Certificate. If you have any questions, please contact Scott Breedlove at [scott.breedlove@missouricb.com](mailto:scott.breedlove@missouricb.com). [Click Here for the November MARS Registration Form](#)

**Certified Peer Specialist Credential 2019 training sessions** - This is a 5-day training; event & credential \$75.00. To sign up go to [Missouri Peer Specialist](#).

**November 18-22** – Kansas City (NW)

**December 2-6** – St. Louis (E)

**MCB Clinical Supervision Trainings** <https://missouricb.com/> (573) 616-2300

**November 14-15**, 9am – 4pm in STL

**MCB Certified Peer Specialist Supervision Trainings** <https://missouricb.com/> (573) 616-2300

**November 14** – Cape Girardeau [Click Here for the November Peer Supervision Registration Form](#)

**December 10** – Jefferson City [Click Here for the December Peer Supervision Registration Form](#)

**MCB Ethics Trainings** <https://missouricb.com/> (573) 616-2300

"Ethics" - Friday **Oct. 25, 2019** - Sikeston, MO - \$35.00 - 6 CEUs.

[Click Here for the October Ethics Registration Form](#)

***Look for updates on different topics/initiatives next Friday!***