

## FYI Fridays

### DBH Updates, Notices, and Policy Guidance

November 15, 2019

1. **Delays in Medicaid Application Processing** - Please send a list to [DMH.MedicaidEligibility@dmh.mo.gov](mailto:DMH.MedicaidEligibility@dmh.mo.gov) of any applications for pregnant women, children, or parents that are over 7 days old and any other Medicaid applications that are over 30 days old. Our unit will then let you know what is needed to make a decision on the application or have Family Support Division (FSD) process it if all needed verification has been received. The length of time it takes to process a Medicaid applications is based on the type of application and how quickly FSD gets verification (documentation) of information needed to make a decision. The following is the information that that is always needed for various types of Medicaid applications:

- For **pregnant women, parents, and children (not applying based on disability)**, the only thing FSD ALWAYS needs is verification of current income.
- For **persons applying based on disability who are receiving SSDI or SSI and persons age 65 or over**, the only thing FSD ALWAYS needs is verification of current bank account balances and current income other than Social Security or SSI.
- For **persons applying based on disability who are NOT receiving SSDI or SSI**, in addition to verification of income and resources FSD will need the Medical Review Team (MRT) packet of disability forms (available the DMH website at <https://dmh.mo.gov/medicaid-eligibility/determinations>) AND medical records to establish the disability.

For any future applications: the best way to avoid delays and speed up the process is to assist the client in submitting the verification that will always be needed as soon as possible without waiting on a request from FSD and to contact [DMH.MedicaidEligibility@dmh.mo.gov](mailto:DMH.MedicaidEligibility@dmh.mo.gov) about applications that have been pending longer than 7 days for pregnant women, children, or parents that are over 7 days old and any other applications that are over 30 days old.

Applications that are in pending status for over 90 days are almost always applications based on disability where MRT is waiting on medical records to establish the disability. For clients in the CPR program, the psychosocial evaluation (signed or co-signed by a psychiatrist or licensed clinical psychologist) required for the CPR program and associated records are usually the best records to establish a disability based on mental illness. If the psychosocial evaluation is over 6 months old or was not signed or co-signed by a psychiatrist or licensed clinical psychologist, you should also send an IM-60A (available at <https://dss.mo.gov/fsd/formsmanual/pdf/im-60a.pdf>) with the **Diagnosis** section and the **Determination of incapacity** section completed and signed by a psychiatrist or licensed clinical psychologist.

Medical records from CPR providers should be sent with the DMH coversheet (available at <https://dmh.mo.gov/media/pdf/dmh-coversheet-mo-healthnet>) at the same time as the application if possible by mail, scan and email, or fax to MRT at:

FSD Greene County Office  
101 Park Central Square  
Springfield MO 65806

[FSD.HOSPITALAPPLICATIONS@dss.mo.gov](mailto:FSD.HOSPITALAPPLICATIONS@dss.mo.gov)  
Fax 417-895-6152 or 417-895-5790

If sending the CPR medical records after the application has been submitted scan and email to [MRT.Personnel@dss.mo.gov](mailto:MRT.Personnel@dss.mo.gov) or fax to 417-895-6152 with the coversheet. If mailing after the application use the above address.

*If at any time you have questions about a case, want to make sure submitted verification was received, or just have general questions about MO HealthNet and DMH Consumers please email [DMH.MedicaidEligibility@dmh.mo.gov](mailto:DMH.MedicaidEligibility@dmh.mo.gov)*

2. **DMH Medical Director Named an ATSA Fellow – Dr. Angeline Stanislaus** was one of 12 individuals who received the ATSA Fellow status at the 38<sup>th</sup> Annual Research and Treatment Conference. Being a Fellow in ATSA (The Association for the Treatment of Sexual Abusers) is an honorary designation that recognizes ATSA members who have demonstrated allegiance to their profession and a strong commitment to the ongoing work of the Association. Also, in the group was Gene Abel, a pioneer in the treatment of sexual offenders. Congratulations Dr. Stanislaus!



3. **Update on DBH Administrative Rules** - The **CPR rules, as amended**, were published in the October 31, 2019, issue of the *Code of State Regulations* and will be effective **November 30, 2019**. The rules are available at: <https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c30-4.pdf>

A [summary of changes](https://dmh.mo.gov/media/pdf/cpr-rules-amendment-summary) has been developed to assist providers and staff in transitioning to the revised rules

Most changes were necessary to bring the rules up-to-date with current service delivery practices, so providers should be familiar with them.

Rules for **Substance Use Disorder Treatment Programs** are currently being reviewed by staff. The proposed changes will be shared with providers for informal comments prior to official filing with the Secretary of State's Office. Please e-mail Debbie McBaine if you have any questions about any rule revisions. [debbie.mcaine@dmh.mo.gov](mailto:debbie.mcaine@dmh.mo.gov).

**Core Rules** remaining to be amended—

- 1) 9 CSR 10-7.070 Medications
- 2) 9 CSR 10-7.140 Definitions

4. **CIT Appreciation Banquet** - DMH Division Director **Dr. Rick Gowdy** was the keynote speaker last week at the 4<sup>th</sup> Annual Crisis Intervention Team Officer Appreciation Banquet in Perryville, MO. The event was sponsored by **Community Counseling Center** of Cape Girardeau. The event recognized peace officers from police departments, sheriff departments and the Missouri State Highway Patrol in southeast Missouri. Nearly 200 officers, family members and community stakeholders were in attendance.
5. **CMS Updates Medicare Payments for Opioid Use Disorder Treatment** - As outlined in its recently-finalized Calendar Year 2020 Physician Fee Schedule, CMS will pay Opioid Treatment Programs (OTPs) through new bundled payments for opioid use disorder treatment services provided under Medicare Part B. CMS sent a [letter to OTPs](#) including information on the new payments, how to enroll as Medicare providers, and opportunities to learn more.
6. **CCSSO Policy Forum** - DESE Commissioner Dr. Margie Vandeven and the DMH Manager of Trauma Informed Treatment, **Rachel Jones**, attended the Council of Chief State School Officers (CCSSO) annual policy forum *Partnering for Impact* in Atlanta, GA on November 12. They shared with other states a variety of strategies for how they are partnering with government agencies and community organizations to enhance students' conditions for learning in Missouri.
7. **CCBHO Shadow Claims Deadlines for Block Grant and QIP** - DBH Research is working on block grant reporting and preparing for the CCBHO QIP reporting that will begin soon.

**Block Grant Reporting:** Reporting includes two measures that count the number of consumers served with **family support services** (H0038 HA) and **ITCD services** (H0004 HH,H0005 HH,H0025 HH,H0031 HH). In order to get enough data to meet our goals, we are requesting that CCBHO providers submit as many of these services **via EDI files by November 18, 2019**. This will allow for enough time to process the data to meet federal deadlines.

**CCBHO QIP Reporting:** We need all of the FY19 CCBHO shadow services. Since we know that some providers may be able to produce these files more quickly, we are offering two data submission deadlines with corresponding expected payout dates. If an agency can submit most of its shadow services via EDI by the earlier deadline, the agency QIP measures will be run earlier. This earlier QIP measure run date will allow for DBH fiscal to process QIP payments for qualifying agencies at an earlier date.

- **EDI files** should be submitted by December 31, 2019: Estimated QIP payout date February 15 – March 1, 2020.
- **Shadow claims through spreadsheet process:** Shadow claims on the NEW spreadsheet template will be due March 31, 2020. Estimated QIP payout date May 15 – June 1, 2020.

In order to submit the data, it is recommended that all data be submitted in the test system to verify acceptance before it is sent to the production server. **For each EDI file submitted, the process would be as follows:**

**Step 1** - Submit the EDI file to **CVS Test** by placing the file in this location in the FTP folders: (CCBHO FTP folder)\CCBHC\_TEST\IN . If you receive an accepted 999 and you do not receive claim confirmation, then you are ready for the next step. If you receive a rejected 999 or a claim confirmation, corrections will need to be made and the process repeated.

**Step 2** - Once step 1 is complete, submit the EDI file to **CVS Production** by placing the file in this location in the FTP folders: (CCBHO FTP folder)\Transition Plan Folder\EDI. You should get an accepted 999 from the production environment. If you get a rejected 999, corrections will need to be made and the process repeated.

DBH will begin cleaning data for use in the QIP measures on January 2, 2020.

8. **Cheap and Powerful 'Meth 2.0' is Ravaging Communities and Slowly Killing its Victims** -The opioid epidemic has prompted many local and federal governments to allocate different funds to treat opioid use disorder and prevent overdose. But when it comes to combating other drugs, there is still a shortage of funds to make any kind of meaningful impact. This is especially problematic as new types of substances begin to gain traction and ravage communities. (source: USA Today via IRETA)
9. **2020 Missouri Mental Health Champions' Award** – sponsored by the *Missouri Mental Health Foundation*, the Missouri Mental Health Champions' Award is presented to three individuals annually – an individual living with a mental illness, an individual living with a developmental disability, and an individual in recovery for substance use disorders, who make a positive contribution to their community, exemplify commitment and vision, and whose actions have increased the potential for independence in others living with a mental health condition. We will celebrate our award recipients and the nominees at the annual Mental Health Champions' Banquet, scheduled for **Tuesday, June 23, 2020** at the Capitol Plaza Hotel in Jefferson City. **FINAL DEADLINE TO SUBMIT NOMINATIONS: THURSDAY, DECEMBER 5, 2019.** Nominations can be submitted online or by mail/fax. [http://www.missourimhf.org/?page\\_id=196](http://www.missourimhf.org/?page_id=196)
10. **Call for Presenters for Spring Training Institute** - The Missouri Department of Mental Health provides the Spring Training Institute for staff, providers and consumers of the Division of Behavioral Health and the Division of Developmental Disabilities. Additionally, the Institute attracts staff from the Department of Corrections, Department of Youth Services, Department of Family Services, other statewide organizations and individuals in private practice. The Institute brings over 1,000 behavioral health professionals together to learn about the latest research in the field regarding medications, evidence-based treatment, and other issues related to the populations served. There are two full days of presentations and workshops with over 60 separate sessions that will broaden knowledge and enhance the understanding of the critical services provided to the citizens of Missouri. Sessions will be grouped into subject matter tracks. **Apply Today!** for more information about presenting [Click Here](#)

## Info and Resources

1. **Center of Excellence for Integrated Health Solutions Now Serving SSAs and Primary Care Providers** - SAMHSA recently awarded a grant to the National Council for Behavioral Health to create a Center of Excellence for Integrated Health Solutions (CIHS). The purpose of the Center is to assist in the implementation of high-quality, evidence-based treatment for individuals with co-occurring physical and substance use/mental disorders. CIHS has contracted with NASADAD to create a *six-month learning collaborative that will bring together Single State Agencies (SSAs) and primary care providers to increase the integration of substance use treatment into primary care settings.* The first learning collaborative will focus on integration in Federally Qualified Health Centers (FQHCs). In addition, a [webinar](#) will be held by CIHS on **Wednesday, November 20<sup>th</sup> from 2:00-3:00 p.m. EST** to provide information on the tools and resources provided by the Center.
2. **Report on Adolescent Suicide** - Suicide rates among 12 – 19 year-olds increased 87 percent between 2007 and 2017, making suicide the second leading cause of death among adolescents according to [a new report](#) from Trust for America's Health. The report includes evidence-based policies and programs that can help to reverse this trend, including aligning interventions and investments across multiple sectors and adopting equity- and trauma-informed approaches.

## Training Opportunities

1. **Digital Tools for Moving Beyond Trauma and PTSD** - myStrength empowers its members with highly interactive, individually tailored applications to address depression, anxiety, stress, substance use, chronic pain, sleep challenges and nicotine recovery while supporting the physical and spiritual aspects of whole-person health. Now, with a new focus area supporting people who have experienced a traumatic event and may be struggling with symptoms of PTSD or having difficulty coping, myStrength is also an excellent resource to support **trauma-informed care**. Using stories of hope and actionable solutions, it provides a unique lens to understanding traumas and behaviors. To learn more, join the live **webinar** at **1 p.m. ET on Wednesday, December 4. [Register today!](#)** (source: National Council for Behavioral Health)
2. **Women and Stimulant Use Project ECHO** - Beginning in October, the Mid-America, Mountain Plains, and South Southwest ATTCs have partnered to develop the Women and Stimulant Use Project **ECHO series**. It will utilize a Project ECHO format to provide case-based learning and consultation for substance use and other health care providers working with women who use stimulants. Using the Zoom videoconferencing platform, providers will be able to connect directly with leading experts in the field to build their capacity to provide evidence-based care. Each 90-minute session will include a brief didactic presentation and an interactive discussion on two de-identified client cases. Registration will open in early September. See below for the didactic schedule:  
**December 4: [Recovery Supports: Expanding Recovery Capital](#)**
3. **DMH Regional Housing Conference** - Anita B. Gorman Discovery Center, 4750 Troost Ave., Kansas City. More Information and [FREE Conference Registration. Download the Flyer](#) **Monday - Tuesday, November 19 & 20, 2019.**
4. **Certified Peer Specialist Credential 2019 Training Sessions** - This is a 5-day training; event & credential \$75.00. To sign up go to [Missouri Peer Specialist](#).  
**November 18-22** – Kansas City (NW)  
**December 2-6** – St. Louis (E)
5. **MCB Ethics Training – Friday, November 22, 2019** in St. Charles. [Click Here for the November Ethics Registration Form](#)

6. **MCB Clinical Supervision Trainings** <https://missouricb.com/> (573) 616-2300 **November 14-15, 2019, 9am – 4pm in STL**
7. **MCB Certified Peer Specialist Supervision Trainings** <https://missouricb.com/> (573) 616-2300  
**December 10** – Jefferson City [Click Here for the December Peer Supervision Registration Form](#)
8. **OEND Train the Trainers** - MO-HOPE Project will be conducting two Overdose Education and Naloxone Distribution trainings of Trainers in December. We will host a statewide webinar on **December 3, 2019, from 1-3 p.m.** Interested people can register at: <https://zoom.us/meeting/register/210ba0022189e450d746f627e8486654>

The second in-person training is on **December 12, 2019**, in St. Louis. Those interested can register here: <https://www.eventbrite.com/e/overdose-education-and-naloxone-distribution-training-of-trainers-tickets-79170449947>

Participants will learn to provide education for their own organization or external organizations on how to conduct overdose education and naloxone distribution with those at high risk of witnessing or experiencing opioid overdoses. Some organizations may be eligible for free naloxone through the MO-HOPE Project. This training prepares individuals to train those who will discuss overdose education and naloxone use with individuals at risk of experiencing or witnessing an opioid overdose. After completion of this course, participants will be given resources to present all materials to others. This course is most appropriate for individuals who will offer trainings to county and municipal health departments, treatment providers, social service agencies (including homeless shelters, domestic violence shelters, food banks, etc), medical providers, and other community organizations and agencies that may work with at-risk individuals. For more info, contact: **Brandon Costerison**, MO-HOPE Project Manager, 314.962.3456 x367, [www.ncada-stl.org](http://www.ncada-stl.org)

9. **Role of the Pharmacist in the Treatment of OUD - December 3, 2019 12 p.m. – 1 p.m. CST.** Focus on what is inhibiting access to treatment, including payment for services, disconnected facilities, and various federal and state regulations, how to integrate care across treatment agencies and pharmacies, and promising national examples of practices that utilize pharmacists to care for individuals with OUD. **Registration:** [CLICK HERE](#)
10. **EMDR Training** - The Missouri Children’s Trauma Network will provide additional EMDR training for 2020. The training is free and will be provided in the rural areas of Missouri. The locations are below. Please make sure you can attend the initial dates of training and the follow-up dates of training. **You must attend the full training to complete.** Additional details regarding location, time, etc. will be sent once registration is complete. **Register online now >> [Click Here](#)**

**Dates & Locations:**

St. Joseph | **December 6-8, 2019 & January 24-26, 2020**  
 Hannibal | **February 7-9, 2020 & March 13-15, 2020**  
 Poplar Bluff | **April 3-5, 2020 & May 15-17, 2020**  
 Joplin | **June 5-7, 2020 & July 10-12, 2020**

11. **Trauma-Informed Care in Addiction Treatment** - Three webinar series to describe what is included in a trauma-informed practice, how to assess for trauma, how to address trauma in OUD treatment, and the distinction between trauma therapy and trauma-informed care. **Registration:** [CLICK HERE](#) **Please register for each date separately!**

**January 16, 2020 12 p.m. – 1 p.m. CST**  
**January 30, 2020 12 p.m. – 1 p.m. CST**  
**February 13, 2020 12 p.m. – 1 p.m. CST**

***Look for updates on different topics/initiatives next Friday!***