

## FYI Fridays

### *DBH Updates, Notices, and Policy Guidance*

November 22, 2019

1. **CCBHO Funding Extension** - Certified Community Behavioral Health Clinics (CCBHCs), currently operating in an eight state demonstration program, will continue to receive funding through at least December 20. Funding for the program was included in the continuing resolution that went into effect last night, which extended the deadline for Congress to set new federal funding levels for Fiscal Year 2020. "Today's vote is nothing short of a lifeline to the thousands of people who rely on CCBHCs for life-saving care," said National Council's President and CEO Chuck Ingoglia in a [statement](#). (source: *National Council for Behavioral Health*)
2. **CIT First Responder Provider Orientation Retreat** - DBH Director **Rick Gowdy** gave opening remarks at the Missouri Crisis Intervention Team (CIT) Council First Responder Provider Orientation Retreat. The retreat included clinicians who provide mental health services to First Responders and who are listed as Specialized Providers by the CIT Self-Care Committee. Also in attendance were Det. **Jason Klaus**, Missouri CIT Coordinator, who provided an overview of CIT and Lt. Phil Morrison of the Missouri State Highway Patrol who spoke on the Patrol's Critical Incident Stress Management (CISM) Defense Model ("Defending Employees from the Effects of Negative Stressful Experiences").
3. **2020 Missouri Mental Health Champions' Award** – sponsored by the *Missouri Mental Health Foundation*, the Missouri Mental Health Champions' Award is presented to three individuals annually – an individual living with a mental illness, an individual living with a developmental disability, and an individual in recovery for substance use disorders, who make a positive contribution to their community, exemplify commitment and vision, and whose actions have increased the potential for independence in others living with a mental health condition. We will celebrate our award recipients and the nominees at the annual Mental Health Champions' Banquet, scheduled for **Tuesday, June 23, 2020** at the Capitol Plaza Hotel in Jefferson City. **FINAL DEADLINE TO SUBMIT NOMINATIONS: THURSDAY, DECEMBER 5, 2019**. Nominations can be submitted online or by mail/fax. [http://www.missourimhf.org/?page\\_id=196](http://www.missourimhf.org/?page_id=196)
4. **ITSD Gets Look at CCBHO and BHR** - Last Friday, fifteen Information Technology Services Division (ITSD) staff of the Missouri Office of Administration (OA) involved in the development and testing of the new Claims Validation System (CVS) visited Crider Center in St. Charles, a Certified Community Behavioral Health Organization/FQHC operated by Compass Health. The group also toured Behavioral Health Response (BHR), which provides 24-hour phone and face-to-face crisis response for individuals in the Eastern Region. The Claims Validation System is being developed to support prospective payment for CCBHOs. The purpose of the site visits was to provide ITSD with a deeper understanding of how the claims processing system they are creating will support behavioral health services meeting the highest national standards. ITSD staff learned how the shift from fee-for-service reimbursement to the prospective payment system supported by CVS is enabling significant improvements in access to care along with outreach and engagement for individuals with behavioral health problems interacting with police, courts, hospital ERs, and schools. The outcomes have been impressive and include suicide prevention, better physical health, reduced psychiatric symptoms, reduced substance use, and higher levels of functioning overall.
5. **FEMA Grant Extended** - FEMA recently awarded DMH a \$2.4 million grant to extend the *Show Me Hope* Crisis Counseling Program (CCP). This Regular Services Program funding will help provide psychological services to the Missourians who survived the severe storms, tornados and flooding last spring. The participating Community Mental Health Centers (CMHCs) will continue to provide mental health resources and outreach services to the 26 disaster declaration counties.

## **Info and Resources**

1. **Surgeon General Releases Video on Marijuana** - Vice Admiral Jerome M. Adams, the United States Surgeon General, released a new [video](#) addressing commonly asked questions about marijuana use. Dr. Adams discusses the chemical composition and potency of today's marijuana, risks that are associated with using marijuana, and what parents and teachers can say to young people about marijuana. The Surgeon General also encourages individuals to visit the Office of the Surgeon General (OSG) [website](#) to learn more about marijuana.
2. **Report Finds Widening Disparities in Network Use and Provider Reimbursement in MH and SUD** - The actuarial firm Milliman, commissioned by The Bowman Family Foundation, recently released a [report](#) titled, "Addiction and mental health vs. physical health: Widening disparities in network use and provider reimbursement." The report is updated and expanded from a similar Milliman report published in 2017 and indicates that conditions have worsened. There are increasing disparities in out-of-network utilization rates for addiction and mental healthcare services compared to medical and surgical services for inpatient, outpatient, and professional office-based settings. There are also increasing disparities in provider reimbursement rates between addiction and mental healthcare providers compared to primary care and specialty care providers for office-based services. The report also found increasing disparities in substance use disorder (SUD) care specifically. Additionally, the percentage of total healthcare spending that is attributed to mental health and SUD was 5.2% in 2017 which is a decline from 2015 data. The report concludes that the disparate results could point to compliance problems with the Mental Health Parity and Addiction Equity Act (MHPAEA). (Source: NASADAD)
3. **Millions of Kids Affected by Opioid Crisis in US** - At least 2.2 million children had been affected by the U.S. opioid crisis by 2017, with that total poised to grow and the consequences likely to be felt for years to come, a new analysis shows. Parents' opioid use is the primary reason children are affected by the crisis – whether they're living with an addicted parent or have been removed from their home, or their parent is incarcerated or has died of an overdose – according to the report from the United Hospital Fund, a health policy nonprofit based in New York. Still, an estimated 170,000 kids had opioid use disorder themselves or had accidentally taken the drugs in recent years, the analysis says. [Read More](#) (Source: US News & World Report)

## **FUNDING OPPS!**

1. **Section 811 Supportive Housing for Persons with Disabilities (Capital Advance) NOFA Webinar - December 12, 2019 - 1pm.** <https://www.hudexchange.info/news/hud-releases-2-new-nofas-for-the-section-811-pra-and-supportive-housing-programs/>. FY 2019 Section 811 Supportive Housing for Persons with Disabilities (Capital Advance) NOFA. The Section 811 Supportive Housing for Persons with Disabilities Program aims to expand the supply of integrated affordable housing by providing Capital Advance funding for the development of permanent supportive rental housing for very-low-income persons age 18 years or older. In addition to support for construction, Capital Advance awards provide operating subsidies in the form of a Project Rental Assistance Contract ("PRAC") to maintain ongoing affordability over the next forty years. These much-needed units provide persons with disabilities the opportunity to live as independently as possible within the community in an integrated environment that provides access to appropriate and voluntary supportive services. Through this NOFA, HUD seeks to fund innovative Section 811 permanent supportive housing models that will be at the forefront of design, service delivery and efficient use of federal resources. **Closing Date: February 10, 2020.**
2. **National Child Traumatic Stress Initiative – Category II** - SAMHSA is accepting applications for the National Child Traumatic Stress Initiative (NCTSI) - Category II, Treatment and Service Adaptation (TSA) Centers grants. The purpose of the TSA Centers is to provide national expertise for specific types of traumatic events, population groups, and service systems, and support the specialized adaptation of effective evidence-based treatment and service approaches for communities across the nation. SAMHSA plans to issue 7 grants of up to \$600,000 per year for up to 5 years. **Application Due Date: Monday, December 23, 2019.**

3. **National Child Traumatic Stress Initiative – Category III** - SAMHSA is accepting applications for the NCTSI - Category III, Community Treatment and Service (CTS) Centers grants. The purpose of this program is to provide and increase access to effective trauma-focused treatment and document services systems in communities for children and adolescents, and their families who experience traumatic events throughout the nation. SAMHSA plans to issue 10 grants of up to \$400,000 per year for up to 5 years. ***Application Due Date: Monday, December 23, 2019.***
4. **Recovery Community Services Program** - SAMHSA is accepting applications for the Recovery Community Services Program. The purpose of this program is to provide peer recovery support services via recovery community organizations to individuals with substance use disorders or co-occurring substance use and mental disorders or those in recovery from these disorders. The program’s foundation is the value of lived experience of peers to assist others in achieving and maintaining recovery. These services, in conjunction with clinical treatment services, are an integral component of the recovery process. SAMHSA plans to issue 6 grants of up to \$300,000 per year for up to 5 years. ***Application Due Date: Monday, December 23, 2019.***
5. **The Substance Abuse and HIV Prevention Navigator Program for Racial/Ethnic Minorities Ages 13-24** - SAMHSA is accepting applications for the Substance Abuse and HIV Prevention Navigator Program for Racial/Ethnic Minorities (Prevention Navigator). The purpose of this program is to provide services to those at highest risk for HIV and substance use disorders. SAMHSA plans to issue 82 grants of up to \$200,000 per year for up to 5 years. ***Application Due Date: Friday, December 27, 2019.***

### ***Training Opportunities***

1. **Introduction to Farm Stress: Mental Health Needs Among Diverse Farm Populations – Webinar Series** - ***Monday, November 25, 2019 1:00 p.m. EST.*** This is the first in a **series of webinars** addressing farm stress. This first session discusses the definition of farm stress, contributing factors, the impact of farm stress on the family, and how farming demographics and associated stress may vary by U.S. region. In addition, this session will introduce resources that currently exist for farmers addressing stress and suicide risk, as well as present ongoing gaps and barriers to utilizing mental health services among agricultural communities.
2. **Fostering Healthy Mental, Emotional, and Behavioral Health in Children and Youth: A National Agenda – Webinar** - ***Tuesday, November 26, 2019 6:00 p.m. EST.*** This **webinar** will provide an overview of the newly released National Academies of Sciences, Engineering, and Medicine’s consensus report, Fostering Healthy Mental, Emotional, and Behavioral Health in Children and Youth: A National Agenda. Several key contributors to the report will highlight updates to the research since the previous report on this topic was released 10 years ago and discuss recommendations for leveraging this substantive research to create a national agenda where children and youth thrive.
3. **Building the Prevention Workforce Skill-Base – Part 1 of 6: Overview of the Strategic Prevention Framework and the Importance of Ethics in Prevention – Webinar Series** - ***Tuesday, December 3, 2019 1:00 p.m. to 2:00 p.m. EST.*** This is the first of a six-part series designed to build the capacity of the prevention workforce. This training will detail the steps to implementing a comprehensive, evidence-based approach to prevention using the five stages of SAMHSA’s Strategic Prevention Framework. This series will also discuss other relevant topics such as ethical approaches to prevention, how to prioritize data, and how to modify programs. The other **webinars** in the series will be held on December 17, January 28, February 20, March 16, and March 26.
4. **Opioid Education for Community Health Worker** – **FREE** self-paced **online series** contains four learning modules that address the unique role that community health workers play when helping patients who have substance use disorders. Faculty for these courses are from various disciplines and are currently engaged in the care of individuals dealing with opioid addiction. These include behavioral health specialists, peer support specialists, community navigators, primary care physicians and emergency medical services. Credit provided: 1.0 contact hour, 0.1 CEU (per course). Register at [www.aheconnect.com/opioided/courses.asp](http://www.aheconnect.com/opioided/courses.asp)

## Online Opioid Education Series:

1. Substance Use and Co-Occurring Disorders
  2. Stigma and Stereotyping
  3. The role of the peer specialist and how to integrate this skill set in communities
  4. Working with the medical community
5. **Digital Tools for Moving Beyond Trauma and PTSD** - myStrength empowers its members with highly interactive, individually tailored applications to address depression, anxiety, stress, substance use, chronic pain, sleep challenges and nicotine recovery while supporting the physical and spiritual aspects of whole-person health. Now, with a new focus area supporting people who have experienced a traumatic event and may be struggling with symptoms of PTSD or having difficulty coping, myStrength is also an excellent resource to support **trauma-informed care**. Using stories of hope and actionable solutions, it provides a unique lens to understanding traumas and behaviors. To learn more, join the live **webinar** at **1 p.m. ET on Wednesday, December 4**. [Register today!](#) (source: National Council for Behavioral Health)
6. **Certified Peer Specialist Credential 2019 Training Sessions** - This is a 5-day training; event & credential \$75.00. To sign up go to [Missouri Peer Specialist](#).  
*December 2-6 – St. Louis (E)*
7. **MCB Certified Peer Specialist Supervision Trainings** <https://missouricb.com/> (573) 616-2300  
*December 10 – Jefferson City* [Click Here for the December Peer Supervision Registration Form](#)
8. **OEND Train the Trainers** - MO-HOPE Project will be conducting two Overdose Education and Naloxone Distribution trainings of Trainers in December. We will host a statewide webinar on **December 3, 2019, from 1-3 p.m.** Interested people can register at: <https://zoom.us/meeting/register/210ba0022189e450d746f627e8486654>
- The second in-person training is on **December 12, 2019**, in St. Louis. Those interested can register here: <https://www.eventbrite.com/e/overdose-education-and-naloxone-distribution-training-of-trainers-tickets-79170449947>. For more info, contact: **Brandon Costerison**, MO-HOPE Project Manager, 314.962.3456 x367, [www.ncada-stl.org](http://www.ncada-stl.org)
9. **EMDR Training** - The Missouri Children's Trauma Network will provide additional EMDR training for 2020. The training is free and will be provided in the rural areas of Missouri. The locations are below. Please make sure you can attend the initial dates of training and the follow-up dates of training. **You must attend the full training to complete.** Additional details regarding location, time, etc. will be sent once registration is complete. **Register online now >> [Click Here](#)**

### **Dates & Locations:**

St. Joseph | **December 6-8, 2019 & January 24-26, 2020**  
Hannibal | **February 7-9, 2020 & March 13-15, 2020**  
Poplar Bluff | **April 3-5, 2020 & May 15-17, 2020**  
Joplin | **June 5-7, 2020 & July 10-12, 2020**

10. **Trauma-Informed Care in Addiction Treatment** - Three webinar series to describe what is included in a trauma-informed practice, how to assess for trauma, how to address trauma in OUD treatment, and the distinction between trauma therapy and trauma-informed care. **Registration: [CLICK HERE](#) Please register for each date separately!**

**January 16, 2020 12 p.m. – 1 p.m. CST**  
**January 30, 2020 12 p.m. – 1 p.m. CST**  
**February 13, 2020 12 p.m. – 1 p.m. CST**

**Look for updates on different topics/initiatives next Friday!**