

## FYI Fridays

### *DBH Updates, Notices, and Policy Guidance*

December 6, 2019

1. **AG's Opioid Round Tables** – Last week, DMH Director **Mark Stringer** and **Nora Bock**, Deputy Director for Community Treatment in the Division of Behavioral Health, attended Attorney General Eric Schmitt's Opioid Round Table Discussions at **Places for People** in St. Louis and at **Swope Health** in Kansas City. The community discussions focused on top funding priorities for settlement dollars that may come to Missouri from opioid lawsuits against pharmaceutical companies that allegedly misrepresented the addictive nature of prescription drugs. Better access to medication-assisted treatment, housing, peer supports and drug prevention programs were among the priorities that were identified. Participants included community leaders, substance use prevention, treatment, and recovery experts, as well as other stakeholders.
2. **Two New Mental Health Commissioners** - Governor Mike Parson recently announced two appointments to the DMH Mental Health Commission. **Mina Charepoo** of Olivette, is a certified psychiatrist and assistant professor of psychiatry at Washington University School of Medicine. Previously, she served as a psychiatric hospitalist with St. Elizabeth Hospital in Belleville, Illinois, and as a ward psychiatrist for St. Louis Psychiatric Rehabilitation Center. Dr. Charepoo holds a Bachelor's of Arts in Chemistry from the State University of New York at Buffalo, New York, and a master's degree from Drexel University College of Medicine, Philadelphia, Pennsylvania. She completed her residency in psychiatry at the Washington University School of Medicine Barnes Hospital. Also appointed was **Patricia Hogan Mort** of Springfield. Dr. Mort is a certified psychiatrist at a U.S. Department of Veterans Affairs Community Based Outpatient Clinic in Branson. Previously, she worked at CoxHealth Hospital in Branson and Burrell Behavioral Health in Springfield. Dr. Mort is certified by the American Board of Psychiatry and Neurology in addiction, geriatric, and forensic psychiatry. She is a member of the American Psychiatric Association and the Missouri Psychiatric Physicians Association. Dr. Mort also holds a Bachelor of Arts in chemistry and Master of Public Administration in health services from the University of Missouri-Kansas City. She completed a residency in psychiatry at the University of Missouri-Kansas City and holds a Doctor of Osteopathic Medicine from Kansas City University of Medicine and Biosciences.
3. **Mental Health Commission Meeting** – is scheduled for Thursday, **December 12, 2019**, at 10:00 am. It will be held at DMH Central Office in Jefferson City.
4. **MHD Updated Behavioral Health Manual** - The following updates have been made to the [Behavioral Health Services](#) Provider Manual:
  - Added reference about where to find the definition for “medically necessary”
  - Minor wording changes in list of eligible providers
  - Removed maximum monthly billable hours limitation and renumbered subsequent subsections
  - Removed 48 month closed-ended enrollment for LMSWs
  - Cleaned up language in adequate documentation section
  - Added specific documentation guidelines for assessment, treatment plan, progress notes based on adequate documentation and adequate records definitions
  - Added link to updated documentation templates
  - Deleted documentation requirements that were removed from 13 CSR 70-98.015
  - Corrected an error in the provider participation privileges section
  - Minor wording changes in precertification section
  - Minor wording changes in clinical exceptions section and added precertification form to list for clinical exception requests
  - Minor wording changes in precertification exemptions section
  - Minor wording changes in residential treatment facility exemptions section and removed precertification requirement for all family therapy without patient present
  - Clarified face to face requirement for diagnostic evaluation
  - Removed second reference to 150 hour per month limit for providers
  - Removed obsolete reference to four non precertification hours
  - Minor wording changes in time-based service limitations

5. **MO HealthNet Pharmacy Help Desk Changes** - Effective November 21, 2019, the MHD Pharmacy Help Desk (800-392-8030) added new menu options. Once the edit override authorization (option 3) is selected, the following sub-options are now available:
  - Early refill or opioid requests and rejections
  - Exception requests or status of a drug prior authorization fax
  - All other edit override inquiries
  
6. **MCRSP Annual Conference** - The Missouri Coalition of Recovery Support Providers (MCRSP) held their 5<sup>th</sup> Annual Conference on December 3 at the University of Central Missouri in Warrensburg. Eighty (80) federal, state and local advocates participated in the conference “**Unite. Empower. Mobilize. Missouri’s Recovery Lifeline.**” Presentation topics included Family Recovery Supports, Policy and Advocacy, and Cultural Competence. Directors **Mark Stringer** and **Dr. Richard Gowdy** emphasized that Recovery Support Services are fundamental to our mission. Mr. Stringer stated. “We see the improved outcomes and improvement in people’s lives when they receive these critical services. We understand that treatment services alone are not enough. Prevention, Treatment, and Recovery services must all be provided to improve the lives of those we serve.”
  
7. **Ozark Center Expands Services in Lamar** - Freeman Health System held a ribbon-cutting ceremony Monday to mark the renovation of Ozark Center's Lamar Clinic and the expansion of services offered there. Ozark Center is the behavioral health arm of Freeman. Counselors will now offer outpatient services for children, adolescents and families, as well as case management in Lamar. Substance use treatment services also will expand to include additional medicine, psychiatric services and adult mental health counseling. Ozark Center Lamar provides psychological and counseling services, including mental health evaluations, family therapy, couples counseling, and individual counseling. Outpatient psychiatric services at Ozark Center Lamar include diagnosis, treatment and prevention of mental and emotional issues, mental health evaluations, medication management and mental health and substance use counseling. State Rep. Ann Kelley, R-Lamar, said in a statement that the expansion comes at a critical time, as suicide is the second leading cause of death for middle school and high school students. (*Source: The Joplin Globe*)
  
8. **VOCA NFO** - The Victims of Crime Act (VOCA) developed a fund source that is used to establish grants to organizations that serve victims of crime – specifically these grants are to “support direct services to victims of crime as soon as possible in order to reduce the severity of the psychological and emotional consequences of the victimization, and to demonstrate on-going support for the victim in coping with the impact of victimization.”

These are funds that come from settlements related to federal crimes and are not part of state General Revenue. In prior years, the funds that came to MO were administered through the Department of Public Safety – this was transferred to the Department of Social Services (DSS) in the last couple of years. Last week, DSS put out a Notice of Funding Opportunity (NFO) for several new projects – the **deadline for application is Wednesday, December 12, 2019 at 2pm**. See additional info at this link: <https://dss.mo.gov/bids/> The projects are outlined below:

**Trauma-Informed School Liaisons** – This supports the development of a position that will most likely be within a community mental health center and the duties are to coach schools on practices and policy improvements related to trauma sensitivity and responsiveness. The position will help develop the capacity of school-based leaders to become and continue to be trauma-informed to prevent further traumatization of young crime victims.

**Substance Use Disorder Liaisons** – The SUDL can be likened to the Community Mental Health Liaisons that you have heard about the last several years, but whose focus is primarily in assisting individuals with SUDs that have been victimized. This position within an organization shall assist law enforcement, courts, domestic violence shelters or other similar entities in providing direct services to crime victims who present with SUDs.

**Daycare Service Enhancements through WC CSTARs** – This supports the development, or enhancement of, childcare services provided on behalf of women who are enrolled in WC CSTAR programs. These funds can assist agencies in meeting licensure requirements and ensuring the childcare environments and staff are trauma-informed and will promote healing versus re-traumatization (there is higher risk of re-traumatization in community settings where staff is not trauma-informed and the environment trauma-sensitive).

**Trauma Specialty Therapists (Change Agents)** – Organizations must hire trauma professionals to provide training and support the agencies in becoming trauma-informed – essentially these are change agents that have enough authority in the organization to move trauma-informed transformation at the organizational level.

**Housing and Wraparound Services** – This project supports NARR-accredited, medication friendly housing for crime victims. It also provides for wraparound funds to support frequent “gaps” in services (transportation, childcare, basic necessities, basic medical care for the uninsured, other flexible emergency funds).

## ***Info and Resources***

1. **NASHP Brief on State Medicaid Agencies' Use of Non-Licensed SUD Workforce** - The National Academy for State Health Policy (NASHP) recently released a [brief](#) that addresses how State Medicaid agencies are managing a shortage of substance use disorder (SUD) professionals. In response to this shortage, State agencies are developing a workforce of non-licensed treatment and support providers that include peers, counselors, and other qualified staff. The brief includes a comprehensive review of how Medicaid agencies reimburse for SUD services provided by non-licensed, non-master’s level workforce; what services they provide and in what settings; and State education, training, and supervision requirements for non-licensed staff. (*source: NASADAD*)

## ***Training Opportunities***

1. **Value Based Care for Behavioral Health** - Many behavioral health organizations are seeking a pathway as they enter into Value-Based Reimbursement models. You may be in the initial phase of deciding whether VBR is right for you, or you may be in the stages of preparing your organization infrastructure for this new model. This recorded [Webinar series](#) will help you more effectively work with payers and develop service lines to deliver better value for your clients and the communities that you serve.

These **FREE** Webinar sessions can be viewed according to your own schedule:

**The Drivers Shaping The Movement To A Value-Based Contracting Business Model**  
**Thriving With Managed Care: Organizational Competencies & Best Practices For Succeeding With Managed Care**  
**Are You Ready For Value-Based Reimbursement? An Executive Guide For Assessing Readiness In A Value-Based Market**  
**Bridging The Gap Between Data & Data-Driven Performance**  
**Are You Ready for Value-Based Reimbursement? A Case Study Presentation**

To register for these no-cost recorded Webinars and for free registration to the OPEN MINDS Value-Based Care for Behavioral Health online community, visit [VBCforBH.com](http://VBCforBH.com)

2. **MCB Certified Peer Specialist Supervision Trainings** <https://missouricb.com/> (573) 616-2300. **December 10, 2019**, in Jefferson City [Click Here for the December Peer Supervision Registration Form](#)
3. **Demographics, Trends and Assessment of the LGBTQ+ Population** – **FREE webinar on December 11, 2019** at 12 pm. Todd Connaughty will highlight recent trends and demographics of the LGBTQ+ population seeking treatment. He will also place an additional focus on the LGBTQ+ Affirming Comprehensive Psychiatric Evaluation (LACPE), as well as a sexual orientation, gender development-specific, development, and culture-informed psychiatric assessment.
4. **TMS Treatment for Depression** – Transcranial Magnetic Stimulation (TMS) has proven to be very effective in treating depression and other treatment resistant disorders. This **FREE** lecture will provide an overview of TMS and how it works, criteria for how to select appropriate candidates for treatment and treatment outcomes. Sponsored by CenterPointe Hospital of Columbia. Contact Person: Sheila Hunt, MA, LPC Phone: 636-345-6150 Email: [sahunt@cphmo.net](mailto:sahunt@cphmo.net) Address: 1201 International Drive. Web Site: [www.CenterPointeHospitalColumbia.com](http://www.CenterPointeHospitalColumbia.com)

5. **Expanding Access to Recovery** - In this webinar, national recovery organization leaders will provide an overview of the existing networks of recovery community organizations, recovery housing, collegiate recovery programs, recovery high schools and alternative peer group programs that make up the recovery support infrastructure across the United States and what is needed to sustain it. This **FREE** webinar will be held **December 17, 2019**, at 3:00 pm EST. [REGISTER](#)
6. **Clinical Supervision Learning Collaborative** - The *Missouri Children's Trauma Network*, in partnership with the *Missouri Coalition for Community Behavioral Healthcare* and the *DMH* is excited to announce an opportunity to learn more about clinical supervision through our **12-month Clinical Supervision Learning Collaborative** starting **January 2020**. During this learning collaborative, you will learn different fundamentals and best practices of supervision. CEUs will be provided throughout the learning collaborative as well. Space is limited, so please register as soon as possible. Registration and more info: [CLICK HERE](#)
7. **EMDR Training** - The Missouri Children's Trauma Network will provide additional EMDR training for 2020. The training is free and will be provided in the rural areas of Missouri. The locations are below. Please make sure you can attend the initial dates of training and the follow-up dates of training. **You must attend the full training to complete.** Additional details regarding location, time, etc. will be sent once registration is complete. **Register online now >> [Click Here](#)**

**Dates & Locations:**

Hannibal | **February 7-9, 2020 & March 13-15, 2020**

Poplar Bluff | **April 3-5, 2020 & May 15-17, 2020**

Joplin | **June 5-7, 2020 & July 10-12, 2020**

8. **Trauma-Informed Care in Addiction Treatment** - Three webinar series to describe what is included in a trauma-informed practice, how to assess for trauma, how to address trauma in OUD treatment, and the distinction between trauma therapy and trauma-informed care. **Registration: [CLICK HERE](#) Please register for each date separately!**

**January 16, 2020 12 p.m. – 1 p.m. CST**

**January 30, 2020 12 p.m. – 1 p.m. CST**

**February 13, 2020 12 p.m. – 1 p.m. CST**

**Look for updates on different topics/initiatives next Friday!**