

## FYI Fridays

### DBH Updates, Notices, and Policy Guidance

February 7, 2020

1. **Budget Update** – Staff presented the Governor’s Recommended Budget to the House Budget Committee on Tuesday, February 4, and to the Senate Budget Committee on Wednesday, February 5. There was a lot of interest expressed by legislators, especially on the MAT item. The next step is for the House Budget Committee to submit their budget recommendations, but the date has not yet been announced. The link to the Governor’s Recommended Budget can be found at the following link:  
<https://oa.mo.gov/budget-planning/budget-information/2021-budget-information/2021-department-budget-requests-governors>
2. **New Medication on the SUD Med Lists** – Based on providers’ reports of successfully utilizing topiramate for symptoms associated with methamphetamine use disorder, we have added this medication to the list of those for which DBH will reimburse in our SUD treatment programs. Here is the link to the most current med list:  
<https://dmh.mo.gov/media/pdf/ada-approved-medications-list>
3. **Medicaid Sweep Reminder - Medicaid Sweep will run on February 6, 2020.** The Medicaid Sweep process will be executed on the first Thursday of the following months in **Fiscal Year 2020**:
  - August (Will be on the 8<sup>th</sup>; not the 1<sup>st</sup>)
  - November
  - February
  - May

All encounters that are less than a year old, have never been on a claim to MO HealthNet, and have been paid on a non-Medicaid invoice or went to Over Allocation or No External Payer status will be picked up in the process. In the month of June a report will be run identifying encounters that were not claimed to MO HealthNet, but now have Medicaid eligibility. Agencies may want to manually “Replace” these encounters in order to have them claimed to MO HealthNet.

The sweep process works as follows:

- **Paid in Full** encounters will go to “Ready to Void” status. They will go to “Voided” status after the nightly encounter processing.
- **Over Allocation or No External Payer** encounters will go to “Ready to Process” status and then to “Open Claim” status after the nightly encounter processing.
- **Ready to Rebill** encounters created by the sweep will go to “Open Claim” status after the nightly encounter processing.

Reports will be placed in your ftp folder identifying the encounters that were affected by this process. If you have any questions, please email the CIMOR **DBH Support Center** by [Logging In](#) and selecting the **Help Ticket** option found on the left side menu of the portal, <https://portal.dmh.mo.gov>.

4. **Meeting of the DMH Commission** – The Commission will convene on **Thursday, February 16, at 10 am** at DMH in Jefferson City. Featured agenda items and speakers are:
  - Mental Health Champions Banquet – Patty Henry from the Missouri Mental Health Foundation
  - Mental Health in Rural Missouri Initiative – Mat Reidhead of the Missouri Hospital Association
  - Crisis Intervention Team (CIT) – Detective Jason Klaus, Missouri’s CIT Coordinator

5. **CCBHO Quality Incentive Payments Reinvested in Those We Serve** – The Certified Community Behavioral Health Organization (CCBHO) project has been a game-changer for behavioral health agencies and the communities they serve. From the fiscal perspective, it strengthens agencies who have often operated at a loss, expands workforce opportunities, and assures behavioral health is more appropriately reimbursed. Clinically, this project is important because it improves access to behavioral health services, enables agencies to better serve those without insurance, expands the type and quality of services available, and promotes the pursuit of key clinical outcomes through incentive payments.

The Quality Incentive Payment (QIP) for CCBHOs is a selection of six measures from a broader group of performance measures that target improvements in specific areas of behavioral health care. In order to qualify for the QIP, each CCBHO has to surpass the statewide baseline for each measure or improve on the prior year performance. The QIP is only paid to a CCBHO if the CCBHO is

FCC BH continues to use our QIP payments to help expand the services we provide to Southern Missouri. Our youth CPR program was in 7 school districts at the start of the year and expanded into 7 additional school systems and 15 districts that are in the planning stage. FCC's goal is to be in all 29 schools districts by the end of the next school year.

We have also used a portion of the QIP payment to help cover non-Medicaid uncompensated care that is not be covered by our DBH

successful on all six measures. The six current measures target engagement in alcohol and other drug treatment, follow-up after an adult hospitalization, follow-up after a youth hospitalization, anti-psychotic medication adherence, adult suicide risk assessment, and youth suicide risk assessment.

The CCBHOs have options about what to do with their Quality Incentive Payments. All of the providers have chosen to reinvest the dollars in organizational improvements, service quality enhancements and in service delivery for the uninsured. The following is a partial list of how agencies have used and/or will utilize their QIPs:

FGC has been using the QIP to assist with staff retention. The QIP allows FGC to provide bonuses to staff which has assisted with decreasing our turnover rate. A few years ago, our turnover rate was 45%. It is now down to 25%. This makes a huge impact on increasing the amount of people we serve each year. FGC is serving 18% more people than we were 3 years ago.

- Reduce workforce turnover by offering more competitive wages;
- Develop positions specific to community needs, but which weren't possible without additional funds (embedded or dedicated positions in law enforcement offices, youth detention facilities, jails);
- Open new offices in more communities;
- Rent larger offices to accommodate increased numbers served;
- Complete needed renovations to existing facilities;
- Enhance technology in order to better assess outcomes and create better client experiences;
- Improve public education programs on addictions and mental health;
- Provide services to individuals without insurance or insufficient insurance coverage;
- Purchase needed medications for those without insurance coverage;
- Increase efforts to integrate behavioral health with primary care;
- Advance the trauma-informed culture;
- Improve outreach to marginalized and diverse populations;
- Enhance Electronic Medical Records (EMR) systems;
- Recruit physicians and psychiatrists to expand medical interventions for behavioral health;
- Expand services provided in schools;
- Increase housing options for individuals served in rural communities.

Currently there are 15 CCBHOs in Missouri operating under a federal demonstration opportunity. Missouri hopes to add two more CCBHOs in FY 2021 under the authority of a State Plan Amendment filed with the Centers for Medicaid and Medicare (CMS).

6. **MHD Provider Manual Update** - The following updates have been made to the [Behavioral Health Services Provider Manual](#):

- Added link to provider enrollment website
- Corrected bullet points under Adequate Documentation
- Changed 'smoking' to 'tobacco' cessation
- Updated tobacco cessation counseling to indicate January 1, 2020 coverage by managed care plans (no longer carved out for managed care members)
- Removed tobacco cessation counseling carve out language
- Updated practitioners for HBAI services to include professional counselors and marital and family therapists
- Changed to bulleted format for list of HBAI practitioners
- Removed old HBAI procedure codes
- Added language about billing modifiers to be used by professional counselors and marital and family therapists
- Added new HBAI procedure codes, descriptions, limits
- Updated table to include billing modifiers for professional counselors and marital and family therapists for HBAI services
- Revised National Correct Coding Initiative section

For provider and policy issues regarding MHD Clinical Services Programs, including Pharmacy, The Missouri Rx Plan (MORx), Psychology, Exceptions, and Medical Precertifications, email us at: [clinical.services@dss.mo.gov](mailto:clinical.services@dss.mo.gov). Questions and comments regarding any other issues should be directed to: [ask.MHD@dss.mo.gov](mailto:ask.MHD@dss.mo.gov)

7. **MHD New Provider Bulletin** - The following bulletins are now available on the [Provider Bulletin page](#):

- [Private Duty Nursing](#)
- [2020 Health Behavior Assessment & Intervention \(HBAI\) Code Changes](#)
- [2020 Healthcare Common Procedure Coding System](#)

8. **2020 National Drug Control Strategy (ONDCP)** - The White House Office of National Drug Control Policy (ONDCP) has released the [2020 National Drug Control Strategy](#). The Strategy focuses on three overarching categories: 1) preventing substance use through education and evidence-based prevention programs; 2) increasing access to substance use treatment services; and 3) reducing the availability of drugs through law enforcement and coordinating with international partners to reduce drug trafficking. This Strategy is being released in conjunction with the following supplemental documents:

- *2020 Performance Reporting System*: <https://www.whitehouse.gov/wp-content/uploads/2020/02/2020-NDCS-PRS.pdf>;
- *2020 Data Supplement*: <https://www.whitehouse.gov/wp-content/uploads/2020/02/2020-NDCS-Data-Supplement.pdf>;
- *National Southwest Border Counternarcotics Strategy*;
- *National Northern Border Counternarcotics Strategy*;
- *FY 2021 Budget and Performance Summary* (<https://www.whitehouse.gov/wp-content/uploads/2019/03/FY-20-Budget-Highlights.pdf>); and,
- *National Treatment Plan for Substance Use Disorder*: <https://www.whitehouse.gov/wp-content/uploads/2020/02/2020-NDCS-Treatment-Plan.pdf>

### *Info and Resources*

1. **Care Coordination Key to Helping Pregnant Women with SUD** - Less than 25% of treatment facilities offer specialty care for mothers with substance use disorder and only 8% offer dedicated treatment. Medicaid advisory staff urge policymakers to create care coordination for pregnant women with substance use disorder. Care coordinators are a critical piece because pregnant mothers with SUD need more than the standard care, they also need behavioral and cognitive care for their disease. [Read More](#) (Source: *Modern Healthcare*)

2. **SOCCCESS Resources** - To learn more about early signs and symptoms of psychosis, trauma and psychosis, mental health in rural communities, Youth Peer Support, and other related topics, go to <https://www.mosoccess.com/> to register for past and future webinars and in-person trainings. Registration for all trainings and webinars are free and CEU's are provided for all future webinars and trainings at no cost.
3. **Probation and Parole Regional Oversight Meetings** –
  - o **March 3 – Western Region**  
10:00 am – 12:00 pm  
P&P Office, 8800 Blue Ridge Blvd. 3rd Floor Kansas City
  - o **March 6 – Southwest Region**  
Location TBD
  - o **April 14, 2020 – Northeast Region (Districts 3, 18, 26)**  
9:00 a – 11:00 a  
Moberly P&P Office 1317 E Hwy 24 Suite B, Moberly
  - o **April 21, 2020 – Southeast Region**  
10:00 a – 12:00 p  
Location: TBD
  - o **June 23, 2020 - Districts 11, 16, 17, & 38**  
10:00 a – 12:00 p  
Spencer Road Library, 427 Spencer Rd, St Peters 63376

### *Funding Opportunities*

1. **Opioid-Impacted Family Support Program** - NOTICE OF FUNDING OPPORTUNITY (HRSA-20-014)  
Fiscal Year 2020 **Application Due Date: April 13, 2020**. The Health Resources and Services Administration (HRSA) is accepting applications for the fiscal year 2020 Opioid-Impacted Family Support Program (OIFSP). The application cycle closes on April 13, 2020. [Apply for this grant on Grants.gov](https://www.grants.gov). The purpose of this program is to support training programs to expand the number of peer support specialists and other behavioral health-related paraprofessionals who are trained to work in integrated, interprofessional teams providing services to children whose parents are impacted by opioid use disorders and other substance use disorders, and their family members who are in guardianship roles. Eligible applicants are State-licensed mental health nonprofit and for-profit organizations. For the purpose of this NOFO, these organizations may include academic institutions, including universities, community colleges and technical schools, which must be accredited by a nationally recognized accrediting agency. HRSA expects approximately \$11,500,000 to be available in FY 2020 to fund an estimated 19 awards.
2. **Services Grant Program for Residential Treatment for Pregnant and Postpartum Women**  
SAMHSA is accepting applications for the Residential Treatment for Pregnant and Postpartum Women (PPW) grant program. The purpose of this program is to provide pregnant and postpartum women with treatment for substance use disorders (SUDs) through programs in which, during the course of receiving treatment, 1) the women reside in or receive outpatient treatment services from facilities provided by the programs; 2) the minor children of the women reside with the women in such facilities, if the women so request; and 3) the services are available to or on behalf of the women. SAMHSA plans to issue 3 grants of up to \$525,000 per year for up to 5 years. **Application Due Date: Monday, March 30, 2020.**

### *Training Events*

1. **Train the Trainer: Conducting Overdose Education and Naloxone Distribution with At-risk Populations: Training Clinicians and Front-line Service Providers** - Presented by Brandon Costerison of MO-Hope Project. **Monday, February 17, 2020, 10:00 AM – 12:00 NOON** at is 3501 Berrywood Drive, Columbia, Unity Conference Room (upper level). Parking available in back of the building. **Registration Link:** <https://www.eventbrite.com/e/train-the-trainer-conducting-overdose-education-and-naloxone-distribution-with-at-risk-populations-tickets-89614061069>

2. **Co-Occurring MI/DD Training** - There is a free **training** on **February 18, 2020**, for anyone interested in learning more about working with individuals who are experiencing Co-Occurring Developmental Disability and Mental Illness. Presenters include Dr. Stanislaus, Chief Medical Director at Department of Mental Health, and Dr. Constantino, Professor of Psychiatry and Pediatrics at Washington University School of Medicine. Register at this link, <https://redcap.mimh.edu/surveys/?s=DT99DP9TCP>
3. **SOR Training Series: Prescribing Buprenorphine Through Telemedicine** - DMH, in partnership with MIMH and the Missouri Coalition for Community Behavioral Healthcare, is providing FREE **webinar** trainings as part of the Missouri Opioid State Targeted Response and State Opioid Response (Opioid STR and SOR) grant. This one, entitled, *Prescribing Buprenorphine Through Telemedicine: Practical and Regulatory Issues and Pilot Data* is being offered on **February 20, 2020 12:00 p.m. – 1:00 p.m. CST**. Registration: [CLICK HERE](#)
4. **Suicide, Depression, and Addiction. It's Complicated.** – This **webinar** will explore causes, theories and treatment approaches for those who struggle with suicidal ideations and their family members. **Wednesday, February 26, 2020 at 12 noon, Central Time**. FREE. [Register Now](#)
5. **Diagnosis and Treatment of Eating Disorders** – Sponsored by Mental Health America, this **workshop** will increase understanding of the different ways ED symptoms can manifest; increase knowledge about the potential short-term and long-term effects of EDs; demonstrate a better understanding of when to refer clients to a higher level of care. **February 28, 2020 from 9 am to 12 noon** at the Children's Campus of KC at 444 Minnesota Ave in KC, KS. Fee of \$40. [Register Now](#)
6. **Wellness Coaching Train the Trainer** - This **training** will outline the process of Wellness Coaching, provide background info on why attending to health and wellness is critical for people with psychiatric conditions, and explain how and why health literacy is relevant to helping persons served to improve their quality of life. Training participants will practice the skills taught and will develop and implement training plans so that the staff they train will, in turn, be able to implement the process of Wellness Coaching. Please note that space is limited, so please register as soon as possible to secure your spot in the training. Dates: **March 3-6, 2020** at the Coalition Office in Jefferson City. **Register online now >>** <https://cvent.me/NVQqrB>
7. **Family Support Provider (FSP) Training** - Newly hired Family Support Providers will have the opportunity to dial in their skills and become certified to begin assisting families at our upcoming FSP training. Dates are **March 16 – 18, 2020**. To register, email Jill Richardson at [jill.richardson@dmh.mo.gov](mailto:jill.richardson@dmh.mo.gov) for further instructions.
8. **Structured Psychotherapy for Adolescents Responding to Clinical Stress** - DMH is providing two separate **trainings** for Structured Psychotherapy for Adolescents Responding to Clinical Stress (SPARCS). One training is in Kirkwood and the other in Jefferson City. These trainings will be taking place starting in March. Please see the below registration link for more information and to get signed up. Please know that space is limited, so register as soon as possible. **Registration Link:** <https://cvent.me/xqGn4G>  
  
**Kirkwood, Missouri - March 19-20, 2020 and May 14-15, 2020 (Must attend all dates in March and May)**  
**Jefferson City, Missouri - March 26-27, 2020 and - (Must attend all dates in March and May)**
9. **Liquid Handcuffs: A Documentary to Free Methadone** - Join documentary filmmakers Helen and Marilena for a viewing of "Liquid Handcuffs: A Documentary to Free Methadone." The purpose of this **event** is to highlight the benefits of methadone, provide an international perspective on the utilization of and policies related to methadone, and allow a discussion of some of the challenges related to methadone treatment and regulation in the United States. A panel discussion following the documentary will include perspectives from the filmmakers, providers from methadone clinics, and individuals who have used methadone in their recovery. [Click here to view the official documentary trailer.](#)

Date and Time: **Wednesday, March 25, 2020 from 5:00pm – 7:15pm**

5:00 pm Documentary Viewing

6:15 pm Panel discussion

Location: University of Missouri – St. Louis, JCP Auditorium

Registration: This event is FREE – however, we ask that individuals still register using the EventBrite link so we have an idea of how many people to expect. Register here: <https://liquidhandcuffsdoc.eventbrite.com>

## **Recurring Training Opportunities**

1. **MCB's February MRSS Trainings** - The purpose of the Recovery Support Specialist Training is to train and credential qualified participants to work as staff and/or volunteers with people with a behavioral health disorder. Recovery Support Specialists enter into ongoing mentoring relationships that help individuals who are in recovery or who are considering recovery from a behavioral health disorder to produce extraordinary results in their lives, careers, businesses, organizations, etc. (\*Please note this is not the Certified Peer Specialist (CPS) Training. Please contact the Missouri Credentialing Board if you have any questions @ (573-616-2300). [Click Here for the MRSS February Registration Form](#)
  - Southeast – **February 17-19** at Mission Missouri (Sikeston)
  - East – **February 26-28** at St. Patrick Center (St. Louis)
  
2. **MCB's Clinical Supervision Trainings in 2020** - This training is required for an individual to be a MCB Qualified Clinical Supervisor.
  - **February 27 and 28, 2020** - Jefferson City - Click Here for [Click Here for February Training Registration Form](#)
  - **April 30 and May 1, 2020** - Sikeston - [Click Here for April/May Sikeston Registration Form](#)
  - **May 14 and 15, 2020** - Kansas City - [Click Here for May Training Registration Form](#)
  
3. **MAT (Buprenorphine) Waiver Course** - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This **course** is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

### **AVAILABLE TRAINING DATES:**

#### **Kansas City, Missouri**

**Saturday, February 22, 2020** - Time: 8:30 a.m. – 12:30 p.m., Presenter: Dr. Roopa Sethi

**Saturday, March 28, 2020** - Time: 8:30 a.m. – 12:30 p.m., Presenter: Dr. Roopa Sethi

Register Here: <http://www.cvent.com/d/3hq2vg>

#### **St. Louis, Missouri**

**Saturday, April 11, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, June 13, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, August 8, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Fred Rottnek

**Saturday, September 26, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

**Saturday, November 7, 2020** - Time: 8:30 a.m. - 12:30 p.m., Presenter: Dr. Evan Schwarz

Register Here: <http://www.cvent.com/d/chqswv>

*\*Additional dates may be added throughout the year.*

#### **8 Hour Online MAT Waiver Training**

Register Here: <https://learning.pcscsnow.org/p/onlinematwaiver>

4. **Certified Peer Specialist Supervision Trainings** - The MCB will be offering the following Certified Peer Specialist Supervision Trainings. The training has been changed slightly and updated for 2020 so if you have attended previously, you are welcome to sign up again. These trainings are free and lunch is provided. [Click Here for the Peer Specialist Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).

*Tuesday February 11* - Jefferson City, MO

*Tuesday April 21* - Kansas City, MO

*Thursday June 25* - St. Louis, MO

*Thursday August 13* - Springfield, MO

*Thursday October 15* - Cape Girardeau, MO

*Thursday December 17* - Jefferson City, MO

***Look for updates on different topics/initiatives next Friday!***