

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

May 29, 2020

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

- Public Policy Committee to Examine Current Flexibilities during Pandemic with Eye on Potential Recommendations** - Cassandra Price (GA), NASADAD President, has asked the Public Policy Committee, led by Mark Stringer (MO) to consider current emergency/COVID-19 flexibilities related to substance use disorder programming and services and assess the extent to which NASADAD should offer observations on these interim approaches as potential longer-term solutions. Different federal agencies have issued guidance to enhance flexibilities in the provision of certain approaches to service and program delivery. Over the past several weeks, members have expressed interest in exploring the extent to which certain flexibilities could or should permanently remain in place. NASADAD recognizes there are different agencies (CMS, SAMHSA, HRSA, etc.) issuing different policies (telehealth, data reporting, etc.) designed to help adapt practices to the current COVID-19 environment. NASADAD also recognizes this is further complicated by the different mechanisms which would have to be leveraged to generate more permanent changes (are statutory changes needed? Are regulatory changes needed?). Ms. Price understands the benefits of a dialogue to begin the process. The Public Policy Committee will then share ideas with the full membership for consideration. We will provide updates as more information becomes available.
- COVID-19 Emergency Response for Suicide Prevention Grant** - DMH has applied for the SAMHSA COVID-19 Emergency Response for Suicide Prevention Grant. Estimated award amount is up to \$800,000 for 16 months and would begin June 30, 2020. The purpose of this program is to support states and communities during the COVID-19 pandemic in advancing efforts to prevent suicide and suicide attempts among adults age 25 and older in order to reduce the overall suicide rate and number of suicides in the U.S. DMH will collaborate with two behavioral health providers: Compass Health Network and Behavioral Health Response to serve individuals at-risk for suicide, including those at-risk for domestic violence. Through the multi-pronged approach of utilizing 1) intensive, emergency suicide response for adults and domestic violence victims, 2) coordination with Missouri Suicide Prevention Network to address statewide community recovery supports, and 3) utilization of evidence-based trainings; the program is intended to reduce the suicide rate and number of suicides in Missouri. This project is directly in line with SAMHSA's initiative to reduce the number of suicides nationally and mitigate the behavioral health impact of COVID-19.
- Overdose Deaths Quarterly Provisional Numbers** - DMH received provisional numbers from DHSS, Bureau of Health Care Analysis and Data Dissemination which shows a 5% decrease in opioid deaths and a 4% decrease in overall drug deaths from 2018-2019. On the CDC's website, it appears that the crisis is moving east to west with a majority of states west of the Mississippi demonstrating increases. See Missouri's information in the charts below.

Missouri Quarterly Opioid Overdose Deaths					
	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total
2017	260	221	233	237	951
2018	263	273	289	307	1132
2019*	277	211	285	300	1073
Percent Change between 2018/2019 Quarters	5%	-23%	-1%	-2%	-5%
2019 data is provisional and subject to change					

Missouri Quarterly All Drug Overdose Deaths					
	Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total
2017	353	303	354	356	1366
2018	365	392	426	425	1608
2019*	402	297	427	423	1549
Percent Change between 2018/2019 Quarters	10%	-24%	0%	0%	-4%
2019 data is provisional and subject to change					

4. CIMOR Priority - Fiscal Year End Billing Cutoffs -

- **Medicaid cutoff – May 31, 2020 (Check date: June 30, 2020)**
- **Non-Medicaid cutoff – June 14, 2020 (Check date: June 26, 2020)**

Cutoff Dates for Services will be as follows:

Medicaid – Applies to CSTAR/CPR/TCM/ACT/CCBHC

- The last cutoff for IGTRM Medicaid billings to use the FY20 allocation is **May 31, 2020** (check date: June 30, 2020). After the cutoff date, DMH Central Office will transfer all remaining dollars to Non-Medicaid for CPS. For ADA, the balance remaining in your redirect will be moved. If there is a need for more than your redirected amount please submit your request to Becky Wolken and Vicki Schollmeyer.
- All requests to transfer funds into IGTRM Medicaid allocations must be submitted **no later than noon on May 27, 2020** to:
 - Regional Staff;
 - Becky Wolken (becky.wolken@dmh.mo.gov);
 - Copy Vicki Schollmeyer (vicki.schollmeyer@dmh.mo.gov) **for ADA** and Amy Jones (amy.jones@dmh.mo.gov) **for CPS**.
- All Medicaid services billed after May 31, 2020, will be paid from your FY21 Medicaid allocation.

Non-Medicaid – Applies to CPS (non-Medicaid), CSTAR (non-Medicaid), PR+, SATOP, Compulsive Gambling, Recovery Supports and CCBHC (non-Medicaid)

- The last invoice cutoff for non-Medicaid encounters is **June 14, 2020** (check date: June 26, 2020). If you need money moved from Non-Medicaid to Medicaid Ineligibles, you will need to complete the Allocation Transfer Request Form.
- All Non-Medicaid transfer requests for FY20 must be submitted **no later than noon on June 10, 2020** to:
 - Regional Staff,
 - Becky Wolken (becky.wolken@dmh.mo.gov),
 - Copy Vicki Schollmeyer (vicki.schollmeyer@dmh.mo.gov) **for ADA**, and Amy Jones (amy.jones@dmh.mo.gov) **for CPS**
- All Non-Medicaid services billed after June 14, 2020, will be paid from your FY21 Non-Medicaid allocation.



Allocation Transfer Request Form.xls

June 14, 2020, is a tentative billing date based on prior-year information. DMH reserves the right to change this date based on the MHD RA cycle. If you have any questions, please email the CIMOR **DBH Support Center** by Logging In and selecting the **Help Ticket** option found on the left side menu of the portal, <https://portal.dmh.mo.gov>.

5. COVID-19 Update –

- **PPE Options** – (*this info was in a fusion cell communication a couple of weeks ago*)

In an effort to expand the PPE reserves and simplify the PPE process, the state has created a new COVID-19 webpage dedicated to be a one-stop shop for all information related to PPE. The [PPE webpage](#) will provide Missouri's latest information and resources in three categories including how to access PPE, guidance for use and optimization for maintaining your PPE supply for the duration of the COVID-19 epidemic.

Providers can use this website to access the PPE marketplace, too.

Also, **NEW** to this website and to the state is the **State PPE Reserves** option.

Missouri has limited PPE reserves to assist in filling these critical needs and will prioritize healthcare providers providing direct care to confirmed or suspected COVID patients. Note requests should only be submitted after all normal supply chains, including the Missouri COVID Supply Solution (aka Missouri PPE Marketplace), have

been exhausted and you have a supply of fourteen days or less on hand as the quantities and types of PPE available through the state are limited. PPE Request Form can be accessed [here](#). Providers will receive an automatically generated email notifying receipt of your request. Requests will be evaluated in the order in which they are received. If a request is approved, either in full or partially, providers will receive an electronic notification upon shipment. If denied, providers will receive an electronic verification of the decision.

PPE options for Non-profits and Governmental Entities

Because we know many continue to struggle with obtaining PPE items, we wanted to make sure providers are aware that not-for-profit entities may purchase items from **Missouri Vocational Enterprises (MVE)**. MVE operates through Missouri's Department of Corrections and produces and sells a number of items. MVE may sell these items to any state agency, local government entities, or any not-for-profit agency.

MVE has a variety of janitorial supplies, personal products (soap, toilet tissue, etc.), laundry supplies, and disinfectant supplies. Most of these items can be found on the [MVE website](#). In addition, MVE has recently begun selling certain PPE items including cloth face coverings, isolation gowns, and hand sanitizer (gallon jugs). These items are not listed on their website at this time but information is below. PPE items are being prioritized to state agencies but may also be purchased by local government and not-for-profit entities as supplies are available. As with all PPE, some items are more readily available than others.

If providers have a need for these items, we would encourage not-for-profit providers to explore all avenues to obtain needed items, including those available through MVE. Visit their website to see items available and details for the ordering process. To order cloth face masks, isolation gowns, or sanitizer, providers may need to call and speak with their customer service staff, they are very helpful—contact numbers can be found on the website. Again, only not-for-profit entities, state agencies, and local government entities may purchase items from MVE.

Finally, in regards to hand sanitizer, it is available in one gallon jugs only. The price per gallon is \$20. Orders are limited to 100 gallons per order and no more than one order per week. The product number is F-617 Hand Sanitizer.

- **COVID-19 and Health Equity: A Policy Platform and Voices from Health Departments** – This webinar will discuss how public health can play a role in advancing long-term policy solutions that center equity. **Thursday, June 4, 2020, 12pm CT.** [REGISTER](#)
- **NEW Missouri COVID-19 Dashboard** – Thanks to the Fusion Cell team, this dashboard contains tons of Missouri-specific COVID-19 data that the public can view at will: <http://mophep.maps.arcgis.com/apps/MapSeries/index.html?appid=8e01a5d8d8bd4b4f85add006f9e14a9d>.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. For current community testing locations and information, including links to pre-register, please visit: <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/community-testing.php>.
- **Reopening Decision Trees as Provided by CDC** – The purpose of the tools are to help decision-makers in making reopening decisions with setting-specific considerations during the COVID-19 pandemic.
[Childcare](#) | [Workplaces](#) | [Restaurants](#) | [Camps](#) | [Schools](#) | [Mass Transit](#)
- **Screening and Testing for COVID-19 Guidelines** - Read the new guidelines developed by the National Council for Behavioral Health in partnership with the National Association of Addiction Treatment Providers: [Screening and Testing for COVID-19](#).
- **DBH Community COVID Positives Data** - To date, we have received reports of 64 consumers and 22 staff members testing positive for COVID-19 (from 22 providers). Please send any reports of staff or client positives to

nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.

- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12:00p.m. Next scheduled call is **June 10, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

1. **Infinite Hero Foundation Grant** – **Letters of Interest Deadline: July 1, 2020**; Invited grant applications must be submitted by **September 15, 2020** - The foundation provides grants of up to \$100,000 to nonprofit organizations offering innovative and effective programs or treatments to active duty service members, veterans, and/or military families for service-related mental and physical injuries. Grants must be applied directly to program costs and cannot be used for fundraising or administrative overhead. [Learn More](#)
2. **Rural Communities Opioid Response Program-Planning** - **Application Deadline: July 13, 2020** - The Health Resources and Services Administration's (HRSA) Federal Office of Rural Health Policy (FORHP) released a Notice of Funding Opportunity for the Rural Communities Opioid Response Program-Planning (RCORP-Planning). HRSA will award approximately 50 grants to rural communities to enhance capacity to address substance use disorder, including OUD.

Successful RCORP-Planning award recipients will receive up to \$200,000 over an 18-month period of performance to conduct a series of planning activities, engage multi-sector consortiums, and participate in the RCORP-Planning learning collaborative. While the focus of RCORP-Planning is primarily OUD, applicants may also choose to address an additional substance of concern in the target population based on identified needs. View the funding opportunity on grants.gov.

INFO and RESOURCES

1. **CMS COVID-19 Office Hours Calls** - CMS hosts varied recurring stakeholder engagement sessions to share information related to the agency's response to COVID-19. These sessions are open to members of the healthcare community and are intended to provide updates, share best practices among peers, and offer attendees an opportunity to ask questions of CMS and other subject matter experts. **Tuesdays and Thursdays, 4-5pm CT**. [Call recordings and transcripts](#). Sign up for call notifications [here](#).
2. **The Federal Response to COVID-19: Supporting Care for Substance Use Disorder in Rural America** – The White House Office of National Drug Control Policy will host a call for rural stakeholders to provide a comprehensive

overview of the policy changes, resources, and funding that have been made available to support rural communities impacted by SUD during this public health emergency. **Tuesday, June 2, 2020, 2-3pm CT.** [REGISTER](#)

3. **Rural Health and COVID-19** - The U.S. Dept. of Health and Human Services and U.S. Dept. of Agriculture collaborated recently to host a webinar that provided an overview of the rural health focused efforts by HHS and USDA and highlighted specific tools and resources to help combat COVID-19. The recording, audio transcript, and presentation slides can be found [here](#).
4. **Helping Rural Schools Navigate Rising Mental Health Needs due to COVID-19** - The Institute of Education Sciences-funded National Center for Rural School Mental Health is supporting partnerships with rural school districts in three states (Missouri, Virginia, and Montana) to develop and test ways to support the mental health needs of students. In response to the COVID-19 crisis, the center has compiled a set of resources for families, schools, teachers, and youth on a wide range of pandemic-related challenges. [Learn More](#)
5. **Treating Children and Adolescents with ADHD amid COVID-19** – This video shares strategies and tips for treating children and adolescents with ADHD during the COVID-19 pandemic. Dr. Ann Childress is a child and adolescent psychiatrist in private practice in Las Vegas, Nevada and a clinical researcher and author. [Watch the Video or Read the Transcript](#)
6. **Two Reports Highlight Recent Findings on Alcohol, Drugs, and Suicide** - A recent report from the Trust for America’s Health and The Well Being Trust, *Pain in the Nation Update: Alcohol, Drug and Suicide Death in 2018*, revealed that while there was a slight decline in drug-induced deaths, alcohol-induced and suicide deaths continued to rise. The study offers useful data about specific mortality rates in states, as well as demographic data indicating increased death rates due to alcohol, drugs and suicide in African American, Latinx and American Indian communities. [Read the Report Now](#)

A second document, *Projected Deaths of Despair from COVID-19*, notes that “deaths of despair,” due to alcohol, drugs and suicide, have been on the rise in the past decade and now constitute an epidemic within a pandemic. According to co-author, Benjamin Miller, PsyD, “The isolation, economic uncertainty, grief and stress brought on by the [COVID-19] pandemic will likely aggravate the inequalities that drive drug overdose, alcohol-related and suicide deaths.” [Read the Document Now](#) (Source: National Council for Behavioral Health)

7. **VA Launches COVID Coach App** - The U.S. Department of Veterans Affairs announced the launch of the COVID Coach app, a new mobile app designed to help both veterans and civilians cope with feelings of stress and anxiety during the COVID-19 pandemic. The app includes practical tools, information and resources to promote self-care that can all be used from the safety of one’s home to track well-being, mood swings and PTSD symptoms. [Learn More](#)
8. **Suicide Prevention Update** – The **Help Him Stay** suicide prevention campaign has hit the streets again – billboard, radio, and social media. The campaign targets middle-aged men in rural areas, where suicide rates are highest. DMH was honored to work with Jason Medows, a farmer and pharmacist from Cuba, MO. Mr. Medows shared his personal struggles with depression and anxiety, and the stress of living and working in rural communities in a [KRCG news report](#) in January. Listen to one of Jason’s radio ads developed for this campaign below.



MDMH-2020-Help Him Stay Jason Medows.mp3 (Command Line)



Also, DMH has begun another round of our youth suicide prevention – **Crisis Text Line** - campaign. Messages are targeted to youth through mostly social media encouraging them to text if experiencing a crisis. “Even in isolation, we're still connected. Talk to a crisis counselor any time you need.”

Media toolkits have been developed that include all of the materials for both campaigns. These links can be shared with anyone who wants to help maximize the reach.

<https://thesocialpresskit.com/help-him-stay#>
<https://thesocialpresskit.com/teen-crisis>



9. **FCC's Lifeline Program Offers Discounts for Phone and Broadband Service** - The Federal Communications Commission (FCC) Lifeline program provides monthly discounts on phone and broadband service to qualifying low-income consumers. For more information on the program and how to apply, please visit <https://www.lifelinesupport.org/>. Many fixed (landline) Lifeline carriers already offer unlimited local and toll-free calling to their subscribers, and mobile wireless Lifeline carriers that are temporarily offering unlimited calling to subscribers during the COVID-19 pandemic include the following: TracFone, through its [SafeLink Wireless](#) brand (until May 29) and [Q Link Wireless](#) (until May 31). To find Lifeline carriers in your area, [Click Here](#).
10. **Probation and Parole Regional Oversight Meetings** – These are subject to change given rapidly changing plans regarding COVID-19. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

June 5 – Southwest Region – 10:00am – 11:00am
 Join by phone: 1-650-479-3207 Access Code: 133 855 8701
[Join by Computer](#)

June 19 – NE Region – (Districts 3, 18, and 26) – 9:00am – 12:00pm
 Location: P&P Office, 1317 E. Hwy 24, Suite B, Moberly

June 22 – North Central Region – 10:00am – 12:00pm
 Location: P&P Office, 1903 N. Providence, Columbia

June 23 – NE Region – (Districts 11, 16, 17, and 38) – 10:00am – 12:00pm
 Location: P&P Office, Spencer Road Library, 427 Spencer Rd., St. Peters

June 29 – Eastern Region – 10:00am – 12:00pm
 Location: P&P Office District 7S, 3101 Chouteau, St. Louis

July 29 – SE Region – 10:00am – 12:00pm
 Location: La Croix Methodist, 3102 Lexington Ave., Cape Girardeau

TRAINING OPPORTUNITIES

- Best Practices in the Adoption of Telehealth: COVID-19 and Beyond Mini Series** - This **mini-series** will focus on best practice in telehealth. It is open to all primary and ambulatory healthcare workers across the globe using or planning on using electronic information and telecommunication technologies to support and promote long-distance clinical health care and patient education. [REGISTER](#)
 - Session 3: Telehealth Technology, Privacy and Payment Policy - Monday, June 1, 2020, 9:00 – 10:30am CT**
- Going Virtual** - In the constantly evolving behavioral health field, provider organizations across the country are facing challenges in adapting to a virtual environment due to the COVID-19 pandemic. This new online series is designed to orient providers on the ins and outs of virtual meetings, facilitation and online learning. Topics will cover everything from implementing a digital platform right down to video integration and tailoring your message to your audiences.
 - Part 1: Virtual Facilitation and Online Engagement 101 - Wednesday, June 3, 2020, 12-1pm CT** [REGISTER](#)
 - Part 2: Virtual Facilitation 2.0 - Best Practices -Thursday, June 18, 2020, 12-1pm CT** [REGISTER](#)
 - Part 3: Elevating Your Impact - Wednesday, July 1, 2020, 12-1pm CT** [REGISTER](#)
 - Part 4: Keeping the Momentum Going -Tuesday, July 14, 2020, 12-1pm CT** [REGISTER](#)
- Common Clinical Issues, Updates and Questions about Psychiatric Medications** – Over the past few years there have been several new drugs or new formulations of medications that have come to the market for managing mental illness. This seminar will provide an overview of these developments with a focus on how these will impact the care of patients. Additionally, there are some new pharmacologic strategies in the pipeline that have potential to add important new agents to the armamentarium of treatments for mental illness. **Thursday, June 4, 2020, 1-4pm CT. Registration fee: \$75.** [REGISTER](#)
- Connecting to Care: How to Leverage Quitlines to Better Support Your Clients** – Tobacco users are at increased risk of severe complications from COVID-19, especially among individuals with behavioral health conditions. Tobacco quitlines offer a valuable population-based tool to motivate tobacco cessation, including vaping, and decrease disparities among people living with mental illness and addictions. This **webinar** will explore ways to integrate quitlines into an organization's tobacco cessation programming. Providers will learn to: understand how incentives like low-cost nicotine replacement therapy can help high-risk populations quit smoking and increase successful attempts to quit tobacco, assess potential costs and benefits of supplementing quitline services with financial incentives and mailing nicotine patches to Medicaid smokers, and identify best practices to motivate patients to increase use of quitline services for successful tobacco cessation. **Monday, June 8, 2020, 1-2pm CT.** [REGISTER](#)

Success Story

Yesterday, I had a client say she liked the telephone sessions so much because it was hard for her to get to the office for sessions (she does not have a license or transportation, and relies on her aged stepfather for rides) and that by the time she got to the office, she was angry and agitated and didn't feel like talking. I noticed in telephone sessions that her mood was better, she was more talkative, and she voiced more consideration and motivation for change (yesterday she was asking for recovery support services and talking about getting a job). She stated she hoped we'd be able to keep offering telephone or video sessions. Another client that has physical health issues reported it's been a lot easier to have sessions because she did not have to get out when she didn't feel good physically. I think it is an especially great benefit for those that have the transportation and/or physical health limitations and it would be wonderful if we were able to continue offering these methods of delivering therapy services for those populations that need it. In general, the show rate has been better.

5. **Free Mobile Apps Learning Community** - With people across the country now practicing social distancing and sheltering in place, there has been a growing demand for telephonic and virtual care visits. Social isolation increases the risk of relapse particularly for those new in recovery. The purpose of the Mid-America ATTC *Mobile Apps as Clinician Extenders Learning Community* is to increase the use of mobile apps in substance use treatment and recovery services. Join the next session of the **free learning community** focusing on Recovery Support and Engagement.
 - **Clinician Tools & Application Selection Considerations: Tuesday, June 9, 2020, 12-1pm CT. [REGISTER](#)**
6. **FSP Training ADJUSTMENT ANNOUNCEMENT** - It was previously announced that the Family Support Provider Training (FSP) scheduled for **June 9-11, 2020**, would be held at the Coalition. FSP Training will now be hosted virtually via **Zoom** each day from 9:00am - 11:00am and 1:00pm - 3:00 pm. This schedule allows sufficient time to train the necessary information without being too long in a virtual format for participants. Registration is still through Relias. For further information or questions, please contact Jill Richardson, Statewide Family Network Coordinator, at jill.richardson@dmh.mo.gov.
7. **Defining and Assessing Integrated Behavioral Health Capacity** - Research indicates that integrated treatment is more effective than sequential treatment and parallel treatment for people with co-occurring mental health and SUD. This **presentation** will introduce the Dual Diagnosis Capability in Addiction Treatment and the Dual Diagnosis Capability in Mental Health Treatment instruments and toolkits for improving co-occurring disorder treatment capability. **Wednesday, June 10, 2020, 12-1pm CT. [REGISTER](#)**
8. **Implementing Best Practices and Improving Collaboration for Crisis Care and Suicide Prevention among High-Risk SMVF** – This **webinar** is focused on the core elements of the Service Members, Veterans, and their Families (SMVF) Crisis Intercept Map. The process of intercept mapping helps community stakeholders to visualize gaps, recognize opportunities, and strengthen coordination across local agencies and organizations. As environmental risk factors for suicide increase among SMVF and the general population, it is especially important to develop a targeted focus on the best practices that support those at high risk of suicide, while strengthening community behavioral health systems by supporting alternate pathways for effective care. **Wednesday, June 10, 2020, 12:30-2pm CT. [REGISTER](#)**
9. **Telehealth Technologies: Options, Applications, Tips and Tricks** – In this **presentation**, participants will learn: the general application of telehealth and e-health technologies; the benefits and limitations of telehealth; ethical and regulatory standards and their adjustments during the COVID pandemic; and ways to address self-care and team-care with telehealth technologies. MIMH will award three clock hours or 3.6 contact hours (.36 CEUs) for this activity, including three clock hours for ethics. **Thursday, June 11, 2020, 1-4pm CT. Registration fee: \$29. [REGISTER](#)**
10. **2020 Recovery Leadership Summit** – This summit brings together key leaders from Recovery Community Organizations across the nation for networking and learning opportunities. This year due to the COVID-19 pandemic and physical distancing policies, an awesome virtual experience has been created with five tracks of workshop themes. Participants can expect engaging presentations, supportive virtual event staff, learn how other organizations are managing during a national pandemic, and CEUs. **June 15-16, 2020, 8-5pm CT. Registration fee: \$300 (ARCO Members: \$200). [REGISTER](#)**
11. **Using Telehealth to Advance Addiction Treatment during COVID-19** – This **webinar** will review telehealth policy changes due to COVID-19 and the implications for provision of addiction treatment. It will also review challenges specific to addiction telehealth treatment and offer specific recommendations for policy makers, providers and individuals to support their journey in recovery. **Tuesday, June 16, 2020, 12-1pm CT. [REGISTER](#)**
12. **Best Practices for Co-occurring Disorder Treatment: Organizational Structure and Service Environment** - Program structure and milieu set the organizational foundation and tone for building integrated behavioral health capacity. This **webinar** will explore a variety of strategies for establishing an organizational culture that clearly communicates support for individuals with co-occurring disorders. **Thursday, July 30, 2020, 12-1pm CT. [REGISTER](#)**

13. **Best Practices for Co-occurring Disorders Treatment: Staffing and Training** - Organizational staffing directly impacts program capacity for integrated treatment, particularly whether an organization's staff composition includes staff with dual licensure or extensive experience treating individuals with co-occurring disorders. This **webinar** will address strategies for staffing, supervision, and training that can contribute to an improved infrastructure and ongoing staff development that will enhance integrated care. **Wednesday, August 19, 2020, 12-1pm CT.** [REGISTER](#)
14. **Best Practices for Co-occurring Disorders Treatment: Intake, Screening, and Assessment** - Routine screening and assessment for mental health and substance use is essential for identifying the full range of behavioral health issues affecting each client. This **webinar** will explore best practices for screening, including recommended and validated screening tools as well as policies and procedures that will support routine, systematic, and comprehensive clinical assessment. **Wednesday, September 23, 2020, 12-1pm CT.** [REGISTER](#)
15. **Best Practices for Co-occurring Disorders Treatment: Integrated Treatment Planning, Service Provision and Continuity of Care** - This **webinar** will discuss strategies for developing integrated treatment plans, assessing and monitoring the interactive course of both disorders, and implementing specialized interventions for both disorders including psychoeducation, pharmacology, family education and support, and peer support. The webinar will also address strategies for ensuring there is ongoing focus on recovery for both disorders during the discharge process helping to ensure the capacity to maintain treatment continuity for complex co-occurring disorders. **Wednesday, October 21, 2020, 12-1pm CT.** [REGISTER](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the developing COVID-19 situation.

1. **Overdose Education and Naloxone Distribution** - The MO-HOPE Project has scheduled virtual trainings through the end of June 2020. Trainings are free, but registration is required.

AVAILABLE TRAINING DATES:

Thursday, June 4, 2020 – Time: 3pm-5pm CT, [REGISTER](#)

Friday, June 12, 2020 – Time: 12pm-2pm CT, [REGISTER](#)

Monday, June 15, 2020 – Time: 10am-12pm CT, [REGISTER](#)

Thursday, June 25, 2020 – Time: 10am – 12pm CT, [REGISTER](#)

Tuesday, June 30, 2020 – Time: 10am – 12pm CT, [REGISTER](#)

OVERDOSE EDUCATION AND NALOXONE DISTRIBUTION TRAINING OF TRAINERS

Tuesday, June 9, 2020 – Time: 10am – 12pm CT, [REGISTER](#)

Monday, June 22, 2020 – Time: 2pm-4pm CT, [REGISTER](#)

2. **MCB's Clinical Supervision Trainings** - This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please contact the MCB office at 573-616-2300 or help@missouricb.com
 - **July 30 and 31, 2020** - Joplin - [Click Here for the July Joplin CST Training Registration Form](#)
 - **November 19 and 20, 2020** - St. Louis - [Click Here for the November St. Louis CST Training Registration Form](#)
3. **MCB's New Online Ethics Video Training Series** - Due to the COVID-19 pandemic, the MCB is allowing online ethics trainings through at least May 31, 2020, and then will re-evaluate whether to extend that date. To help meet the demand for online ethics trainings, the MCB has created six online ethics courses. Each course has a video with a quiz and provides 1 CEU credit for \$10.00. If you need three hours of ethics, pick any three of the courses to take; and if you need six hours of ethics, take all six courses.

The courses are:

1. Treatment/Counseling Ethics Code Review
2. Overview of Ethical Concepts
3. Positive Ethics
4. Ethics & Technology
5. Ethics Case Examples and Real Life Questions
6. Certified Peer Specialist Ethics Code Review

The courses can be found at the following link: [Missouri Credentialing Board - Online Ethics Trainings](#)

4. **MAT (Buprenorphine) Waiver Course** - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This **course** is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

AVAILABLE TRAINING DATES:

St. Louis, Missouri

Saturday, June 13, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Fred Rottnek

Saturday, August 8, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Fred Rottnek

Saturday, September 26, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Evan Schwarz

Saturday, November 7, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Evan Schwarz

Register Here: <http://www.cvent.com/d/chqswv>

*Additional dates may be added throughout the year.

8 Hour Online MAT Waiver Training

Register Here: <https://learning.pcassnow.org/p/onlinematwaiver>

5. **Certified Peer Specialist Supervision Trainings** - The MCB will be offering the following Certified Peer Specialist Supervision Trainings. The training has been changed slightly and updated for 2020 so if you have attended previously, you are welcome to sign up again. These trainings are free and lunch is provided. [Click Here for the Peer Specialist Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com.

AVAILABLE TRAINING DATES:

Thursday, June 25, 2020 - Time: 9:00am - 4:30pm CT, St. Louis, MO

Thursday, August 13, 2020 - Time: 9:00am - 4:30pm CT, Springfield, MO

Thursday, October 15, 2020 - Time: 9:00am - 4:30pm CT, Cape Girardeau, MO

Thursday, December 17, 2020 - Time: 9:00am - 4:30pm CT, Jefferson City, MO

Success Story

Telehealth has been particularly helpful with several clients. "Jane Doe" suffers from a history of trauma and presents with both anxiety and depression. When we do a ZOOM session, "Jane" is already in a comfortable environment. She can begin immediately without the added stress experienced in a busy hallway or waiting area. Ambient building noise is also minimized with ZOOM. "Jane" has additional stress relievers near her home sofa that she would not normally have on her person. The monitor itself seems to be an additional 'filter' or 'safety screen' between the client and the outside world. This extra level of 'safety' gives "Jane" additional freedom to relax and engage in more thoughtful reflection related to trauma. The ZOOM camera allows the therapist to directly face the client while retaining ability to jot down notes outside of client's field of vision that might otherwise be distracting. "Jane" has enjoyed the face-to-face sessions and would consider ZOOM sessions to be especially helpful during particularly stressful episodes. The quarantine protocol has challenged our agency to use available technology in new ways. In our 'trial by fire' these new techniques seem both preferred and effective for many clients and should therefore continue for their sake.

Look for updates on different topics/initiatives next Friday!