

Improving lives THROUGH supports and services THAT FOSTER Self-determination.

7/24/20

Worried About COVID-19? Want to Know More About Your Safety? Then StationMD is Here for You!

Why is this important to you?

During the COVID-19 health crisis, we all want to stay healthy and stay home, as much as possible. But as we start to go out more and more, we may need to be reassured by a doctor that we are safe and healthy. This is possible with StationMD. If you are on a Missouri DD Waiver this is free of charge to you!

How Do I Know If I Should be Worried?

- Call StationMD now and talk with a doctor!
- There is no reason too small to call!
- You can call <u>StationMD</u> for any medical needs or questions.

Some examples include, but are not limited to:

- I need to go back to work. Am I healthy enough?
- I have a sore throat and a cough. Should I stay home?
- I don't know if I am at risk to go spend time with friends.

How Do I Start with **StationMD**?

Just Call! 1-877-782-8637 (1-877-STATMDS).

For more information on how to access and use the StationMD service, click here. For questions about StationMD services, please email MO-DMH@stationmd.com or call 1-908-663-2929 ext. 830.

www.dmh.mo.gov/dd 573-751-4054 MISSOURI DEPARTMENT OF MENTAL HEALTH