

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

August 7, 2020

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Press Release – International Declaration on Mental Health Crisis Care** – On August 4, the NASMHPD and its Crisis Now partners joined leaders in mental health and substance use around the world to release the **Washington DC International Declaration**, an international declaration on mental health crisis care, giving healthcare leaders, governments and community organizations a blueprint for quality crisis care. The Declaration comes at a critical time as health systems strive to respond to COVID-19, businesses face uncertain economic futures and families and communities lose crucial social connections. However as physical distancing rules are relaxed, the focus on flattening the curve on mental ill-health is vital by ensuring mental health crisis care is available and accessible in the short and long term. [Read More](#)
2. **Show Me Hope Website** – The MO Crisis Counseling Program, known as Show Me Hope, has launched its website: <https://www.moshowmehope.org/>. This website contains resources for all of Missouri, and information on the site will continue to grow as recovery in the state progresses. DMH will ask our stakeholders and sister state departments to disseminate this widely with state employees, family members, and others on social media. As a reminder, Show ME Hope is Missouri’s crisis counseling program (CCP) that was established in response to COVID-19. Counselors are based in the local community to teach coping and stress management skills to anyone dealing with anxiety and uncertainty caused by the pandemic.
3. **Mental Health Commission Meeting** – The Missouri Mental Health Commission will hold its monthly meeting on Thursday, August 13, from 10-12pm via WebEx. **Laurent Javois**, Eastern Regional Executive Officer, was selected to lead the department wide effort to look for ways to improve racial equity in access to behavioral health and developmental disabilities' services. He will provide an update on the Mental Health Equity and Inclusion Alliance. Also, **Valerie Huhn**, Director, Division of Developmental Disabilities, and **Kerri Tesreau**, Director, Office of Autism Services, will provide a COVID-19 Fusion Cell update. Public call-in information can be found on the [DMH website](#).
4. **DBH SAC Update** – The DBH State Advisory Council (DBH SAC) held its bi-monthly meeting on August 5, 2020, via a virtual call. DBH SAC is currently full and consists of 32 council members. The meeting agenda consisted of updates from DBH Division Director, **Dr. Rick Gowdy** and Deputy Director of Administration, **Gina Jacobs** on budget issues and recent restrictions. Time was also allowed for subcommittee reports and other announcements. Two guest speakers gave presentations during the meeting. **Mark Miller**, the Vice President of Behavioral Health at Swope Health Services in Kansas City, MO provided a presentation on Cultural Competency and shared what kind of conversations the DBH SAC can initiate and support to enhance inclusion and diversity efforts of the DMH. Lynda Frost, who runs Lynfro Consulting and Joe Powell, the President and CEO of the Association of Persons Affected by Addiction (APAA) in Texas shared a presentation on Missouri Behavioral Health Asset Mapping. This is a project to help promote recovery and well-being. The Missouri Foundation for Health and Health Forward launched this project to create an “asset map” of Missouri’s behavioral health system. They are working with a team of consultants to identify strengths at the state and local level and opportunities to improve system capacity. This asset map will look at many regions across the state and help agencies build on existing strengths to promote recovery related to mental health and substance use. The DBH SAC will continue to meet virtually for the remainder of 2020 with the next meeting scheduled on Wednesday, October 7, 2020.

5. **State of Missouri Job Title Changes**- The State of Missouri has worked to consolidate/streamline all position classifications and have reduced the number nearly in half. Due to this, some job classifications were changed. In an effort to align working titles with job classifications, some updates were made. Providers may see different titles on letters received from the DBH. There are no changes outside of the title and DBH Monitoring Units will continue to operate as they did previously.
6. **MHD Notices –**
 - **COVID-19: MEDICAID AND CHIP PROVIDER RELIEF FUND FOR MEDICAL, DENTAL AND LONG-TERM SERVICES AND SUPPORTS – Revised** – This is an update to the hot tip posted on June 22, 2020. The application deadline for the Medicaid and Chip Provider Relief Fund has been extended to August 28, 2020. To help you navigate the application process, HHS developed “[Rules of the Road](#),” a step-by-step guide. [Read More](#)
 - **Brain Injury Waiver Referrals Being Accepted** - Effective immediately, referrals for the Brain Injury Waiver (BIW) in Missouri will be accepted. The BIW program provides service coordination and home and community-based services to MO HealthNet recipients ages 21 to 65 who are living with a traumatic brain injury (TBI). Individuals must require medical care equivalent to the level of care received in a nursing home, not be enrolled in another waiver, and have been diagnosed with a TBI. Please contact the Bureau of Special Health Care Needs at 800-451-0669 to speak with a BIW Service Coordinator to obtain further information and to begin the referral process.
7. **Job Opportunities –** Visit [MO Careers](#) for more information and to apply today!
 - **Certification Specialist in Jefferson City, MO** - The Certification Specialist within the Certification & Monitoring Unit is responsible for conducting certification surveys, program monitoring and providing technical assistance for substance use disorder and mental health treatment programs within the State of Missouri. This is an opportunity to assist in improving program operations, client satisfaction and positive outcomes with provider organizations. **Closing date is August 14, 2020.**
 - **Program Specialist in Jefferson City, MO** – The purpose of this position is to conduct the statewide fidelity reviews of evidence-based practices. This position will conduct fidelity reviews and provide technical assistance to community mental health centers in identified evidence-based practices along with supporting other monitoring units by understanding their unit requirements and providing trainings on their behalf. **Closing date is August 14, 2020.**
8. **Other COVID-19 Updates & Resources –**
 - **New Electronic COVID-19 Case Reporting** – DHSS is pleased to announce the availability of Electronic COVID-19 Case Reporting. All entities currently required to complete a [Communicable Disease Case Report \(CD-1\)](#) should begin reporting positive COVID-19 cases via the new system*. This system will replace the paper CD-1 process and allow for more timely, appropriate, and accurate data for COVID-19 case reporting. The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). Please do not enter lab result information unless you are a reporting laboratory or you are entering on behalf of the laboratory. The new system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.
**If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*
 - **Summary Strategies to Optimize the Supply of PPE during Shortages** – The CDC developed a quick reference table that summarizes [CDC's strategies to optimize personal protective equipment \(PPE\)](#) supplies in healthcare settings and provides links to CDC's full guidance documents on optimizing supplies. These strategies offer a

continuum of options using the framework of surge capacity when PPE supplies are stressed, running low, or absent. [Read More](#)

- **Mid Atlantic Telehealth Resource Center (MATRC) Telehealth Resources for COVID-19 Toolkit** - MATRC compiled the most frequently asked questions and requested resources into a COVID-19 Toolkit. [Read More](#)
- **CMS COVID-19 Stakeholder Engagement Calls** – CMS hosts varied recurring stakeholder engagement sessions to share information related to the agency’s response to COVID-19. These sessions are open to members of the healthcare community and are intended to provide updates, share best practices among peers, and offer attendees an opportunity to ask questions of CMS and other subject matter experts. Next call: **Tuesday, August 11, 2020, 4-5pm CT**. [Register](#) | [Previous Recordings and Transcripts](#)
- **National Call on Coronavirus and Homelessness/Housing** – Join the Disaster Housing Recovery Coalition for National Calls on Coronavirus, Homelessness, and Housing **every Monday at 1:30pm CT** now through the end of 2020. Join housing and homelessness advocates nationwide to learn more about how federal, state, and local governments are responding to a national outbreak of coronavirus and its impact on people experiencing homelessness and low-income households. [Register](#)
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute [introduced](#) a new set of weekly COVID-19 dashboards providing regional trends and models of predicted cases designed to help government leaders, local public health officials, health care organizations and businesses understand the influence of COVID-19 on their communities and make informed decisions when protecting citizens, customers, employees and patients: <https://web.mhanet.com/coronavirus-disease.aspx>. Daily situational awareness is available on the [DHSS website](#).
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. For **current community testing locations and information**, including links to register, please visit: <https://dcphdo02redcap.azurewebsites.net/redcap/surveys/?s=DEX3J7THHM>.
- **DBH Community COVID Positives Data** - To date, we have received reports of 180 consumers and 83 staff members testing positive for COVID-19 (from 40 providers). Please send any reports of staff or client positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **August 19, 2020** Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at: <https://dmh.mo.gov/covid-19-information>

1. **Women’s Preventive Services Initiative** – **Application Deadline: October 5, 2020** – Women's Preventive Services Initiative's purpose is to improve women’s health across the lifespan by engaging a coalition of provider, academic, and patient-focused health professional organizations to do the following: 1) Identify and recommend evidence-based updates to the HRSA-supported Women’s Preventive Services Guidelines; Raise awareness and knowledge of these Guidelines; and 3) Increase clinicians’ adoption and utilization of these Guidelines. [Learn More](#)

2. **High Speed Broadband/Rural Opportunity Fund – Application Deadline: October 22, 2020** – The FCC designed the Rural Digital Opportunity Fund to bring high speed fixed broadband service to rural homes and small businesses that lack access. The first phase of the FCC reverse auction will target over six million homes and businesses in census blocks that are entirely underserved by voice and broadband with download speeds of at least 25 Mbps. [Learn More](#)

INFO and RESOURCES

1. **Deadline Extended Missouri's 4th Zero Suicide Academy** – The Missouri Department of Mental Health in partnership with the Coalition for Community Behavioral Healthcare are hosting **Missouri's 4th Zero Suicide Academy** on **August 26-27, 2020**, and we invite your organization to attend! A Zero Suicide Academy is a two-day training for organizations that wish to dramatically reduce suicides among patients in their care. Using the Zero Suicide framework, participants learn how to incorporate best practices into their organizations to improve care and safety for their patients. **All healthcare organizations including: Hospitals, Federally Qualified Health Centers, Behavioral Health providers, Primary Care providers, Substance Use Prevention and Treatment providers, Crisis Centers, and Veterans Services Organizations are encouraged to apply.** A Zero Suicide Academy Conducted Pre-Academy Webinar will be held on August 24, 2020, from 12-1p.

Attendance at this event is FREE! Registration is open: **Applications Due by Monday, August 10, 2020.** To apply for the Academy, Team Leads should:

- Click this link: <https://www.eventsquid.com/event/10598>
- Visit the website: <http://zerosuicideinstitute.com/zerosuicideacademy> and read the PDF: [What is Zero Suicide?](#) for additional information.

Questions about this academy should be directed to Stacey Williams at stacey.williams@dmh.mo.gov.

2. **New FDA Requires Label Change for Opioids to Encourage Healthcare Professionals to Prescribe Naloxone** – The Food and Drug Administration (FDA) issued a Drug Safety Communication that will require manufacturers to update labels for opioid pain medications and medications to treat OUD. The labeling will be updated to recommend that health care professionals discuss the availability and use of naloxone with patients, both when beginning the medication and when renewing treatment. In addition, the labeling will recommend that health care providers prescribe naloxone to patients who are at an increased risk for overdose, including those who are also taking benzodiazepines; those who have a history of OUD; those who have previously experienced an overdose; and for patients who have household members at risk for accidental ingestion or overdose. [Read More](#)
3. **New Making Your Clinical Programs VBR-Ready** – The adoption of value-based reimbursement (VBR) has been inconsistent over the past few years. But the consensus is that the recession that is upon us and the likely reduced federal/state budgets will drive more VBR and more financial risk transfers from managed care organizations to provider organizations. *OPEN MINDS* does a lot of organizational assessments of 'readiness' for VBR—and they have developed a self-assessment tool to do just that. [Read More](#)
4. **New SAMHSA Releases Issue Brief on Opioid Crisis and Hispanic/Latino Populations** – SAMHSA's Office of Behavioral Health Equity recently published a new issue brief titled, *The Opioid Crisis and the Hispanic/Latino Population: An Urgent Issue*. The opioid crisis has not abated and has had a significant impact on Hispanic/Latino communities in the U.S. The purpose of the publication is to provide recent data on the prevalence of opioid misuse and overdose death rates in this population; discuss contextual factors and challenges to prevention and treatment; highlight innovative outreach and engagement strategies to connect people to evidence-based treatment; and illustrate the importance of community voice and leadership in the development and implementation of solutions to the opioid crisis for this population. [Read the Publication](#)
5. **New CDC Report Examines Deaths and Years of Potential Life Lost from Alcohol Use** – A report published in the Centers for Disease Control and Prevention's (CDC) *Morbidity and Mortality Weekly Report (MMWR)* examined

deaths and years of potential life lost from excessive alcohol use. As described in the report, researchers used data from the Alcohol-Related Disease Impact (ARDI) application to estimate national and State average annual alcohol-attributable deaths and years of potential life lost (YPLL) from 2011-2015, including deaths from one's own excessive drinking and from others' drinking (e.g. passengers killed in alcohol-related motor vehicle accidents). The study found that each year, on average, 93,296 deaths were attributable to alcohol, or 255 deaths per day, and 2.7 million YPLL, or 29 years of life lost per death were attributable to alcohol. Of those deaths, 54.7% were caused by chronic conditions, and 56% involved adults aged 35-64 years. The report noted that the implementation of effective strategies to prevent excessive drinking, such as those recommended by the Community Preventive Services Task Force, could reduce alcohol-attributable deaths and YPLL. [Read More](#)

6. **New Treatment Interventions for Women with Alcohol Use Disorder** – Women are less likely than men to seek treatment for AUD, and they often have different social contexts and unique service needs that may not be addressed in a standard, mixed-gender AUD treatment program. This review explores efforts by treatment programs and researchers to create and evaluate services intended to attract women to AUD treatment and improve outcomes. [Read More](#)
7. **New Compassion Fatigue and the Behavioral Health Workforce Curriculum Infusion Package** – This 5-part curriculum infusion package was developed in 2020 by the Pacific Southwest Addiction Technology Transfer Center (PSATTC). Part 1 provides a brief overview of the behavioral health workforce and associated shortages, and introduces the demands on the workforce. Part 2 focuses on compassion fatigue and secondary traumatic stress. Part 3 provides a brief overview of how organizations can help individuals avoid experiencing burnout. Part 4 focuses on actions that behavioral health professionals can take to prevent compassion fatigue. And Part 5 focuses on self-care as an ethical duty in order to manage compassion fatigue. [Read More](#)
8. **New FDA Approves New Indication for Esketamine Nasal Spray** - The US Food and Drug Administration has approved a supplemental new drug application for esketamine (Spravato) CIII nasal spray, clearing the way for its use as a treatment for depressive symptoms in adults with major depressive disorder with acute suicidal ideation or behavior, in conjunction with an oral antidepressant. [Read More](#)
9. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
10. **Probation and Parole Regional Oversight Meetings** – These are subject to change given rapidly changing plans regarding COVID-19. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

September 4 – Southwest Region – TBD

September 11 – Northeast Region (Districts 3, 18, 26) – 9-12pm
Location: Moberly P&P Office, 1317 E. Hwy 24, Suite B, Moberly

September 22 – Northeast Region (Districts 11, 16, 17, 38) – 10-12pm
Location: TBD

September 23 – Eastern Region – 9-11am
Location: Zoom Meeting

September 30 – Southeast Region – 10-12pm
Location: La Croix Methodist, 3102 Lexington Ave., Cape Girardeau

November 17 – North Central Region – 10-12pm
Location: Zoom Meeting

TBD – Western Region – (To be rescheduled from June 9)
Location: KC-ATC, 2600 E. 12th St., Kansas City

TRAINING OPPORTUNITIES

- 1. Psychiatry Perspectives on COVID-19: Impact on Health Care Providers & First Responders and a Path Forward** – This webinar will identify preliminary impacts of COVID-19 on the mental health and well-being of health care providers and first responders, will cover screening and assessment techniques and best practices for identifying psychological stress in these individuals on the front lines, and will review treatment approaches for health care providers and first responders in a post-pandemic world. **Tuesday, August 11, 2020, 1-2pm CT.** [Register](#)
- 2. What is Racial Trauma? Understanding How Trauma Affects the Black Community** – Racism, whether subtle or direct, has long-term impacts on the mental and behavioral health of Black communities. While COVID-19 and racial injustice protests may have brought on new trauma, years of systematic racism, discrimination, and microaggressions have forced Black communities to live in a constant state of high alert, causing traumatic stress. During the webinar, participants learn: how racial trauma affects the mental, emotional, and physical health of the Black community, the impacts racial discrimination can have on Black youth and emerging adults, strategies to help clinicians and organizations better connect with their Black clients, and how organizations can help all staff members understand their own implicit bias. **Tuesday, August 11, 2020, 1-2pm CT.** [Register](#)
- 3. A Whole Person Approach to Working with Individuals Who are Living with Serious Mental Illness** - This webinar will discuss strategies for developing and implementing a whole person approach when serving individuals who are living with SMI. Key considerations include access to basic needs and social determinants of health when treating and managing SMI; access to community-based supports to reduce barriers to resources; and access to peer support through Warm Lines and other crisis service systems. **Tuesday, August 11, 2020, 1:30-3pm CT.** [Register](#)
- 4. New Addressing Complex Trauma Within Your Organization** – We are living in a time of unprecedented stress impacting individuals, families and communities across cultures, generations, genders and racial groups. How do we ensure we have the tools to support individuals around developing healing and resiliency from this overwhelming and cumulative trauma? Join this webinar to continue the conversation from the recent webinar, *Complex Trauma: The Connection Between Mental Health, COVID-19 and Social Unrest*. There will be an open discussion to share strategies and ideas for addressing the traumatic impact of the current environment to support healing and a resilient recovery. **Tuesday, August 11, 2020, 2-3pm CT.** [Register](#)
- 5. Ethics in the Clinical Relationship** - In this presentation, participants will learn the principle that guides ethical decision making in the clinical relationship; the iatrogenic effect and ethical dilemmas; the impact of counselor “unfinished business” and ethical dilemmas; how to establish healthy boundaries in the clinical relationship; how pandemics like COVID-19 impact boundaries and ethics; boundaries of physical touch and verbal communication; transference, countertransference, and ethical dilemmas; and more. **Wednesday, August 12, 2020, 1-4pm CT.** **Registration Fee: \$75, includes three clock hours for ethics.** [Register](#)
- 6. New Inspire and Think Big: Recovery Communities' Role in Challenging Times** – This series draws from the experiences of multiple recovery communities and provides models for how successful community-based recovery programs can be fostered and sustained in the turbulent times ahead. The goal for the series is not to provide a set of complete solutions, but rather to stimulate discussion and highlight practical approaches to advancing community resilience and recovery that are applicable to many communities across the nation during the pandemic and beyond. Three consecutive Thursdays remain in the series. **Thursday, August 13, August 20, and August 27, 2020, 11-12pm CT.** [Speakers](#) | [Register](#)
- 7. Navigating Telepsychiatry in Mental Health Care: A Discussion with a Peer Specialist & a Caregiver** - On average, in the United States there is one mental health provider for every 536 individuals and providers are not evenly

distributed throughout the country. Technological advances in mental health are expanding access to consumers. During the COVID-19 pandemic, the adaptation and utilization of telemedicine services has increased due to social distancing guidelines. In this webinar, hear perspectives from a caregiver and a peer specialist on mental health care delivery, access to telemedicine, and suggestions on how to prepare for a telemedicine visit. **Thursday, August 13, 2020, 11-12pm CT.** [Register](#)

8. **New Missouri Family Treatment Court Idea Exchange** – Children and Family Futures is hosting a Missouri Idea Exchange for Family Treatment Courts across the state. An Idea Exchange is an interactive peer-to-peer call that allows Family Treatment Courts to discuss current challenges and innovative approaches for overcoming barriers. The Idea Exchange will address approaches for supporting families served through Missouri Family Treatment Courts. You do not have to serve in a Family Treatment Court to attend; however, content will be Family Treatment Court specific. **Friday, August 14, 2020, 12-1pm CT.** [Register](#)
9. **FSP Training** – Family Support Providers give assistance to families with children or youth experiencing behavioral health, substance use, or developmental disability challenges. Parents and caregivers can access support and resources through their FSP, along with other services they provide. Consider attending the next training event, being held via Zoom, **August 17-19, 2020.** For questions regarding registration, please email [Jill Richardson](#).
10. **New Trauma-informed, Resilience-Oriented Crisis Navigation Webinar** – As we continue to confront the long-term effects of isolation, social unrest and economic hardships brought about by the COVID-19 pandemic, our nation is also reckoning with promoting safety, well-being and healing exacerbated by trauma. Understanding trauma and its impact is the first step in fostering resilience through crisis and regulating yourself and others is key to adapting to the challenges ahead. But how do we intentionally design and maintain healing environments that empower and resist retraumatizing those who have already experienced so much trauma? This webinar explores ways to visualize and assess the readiness of your staff to provide effective trauma-informed, resilience-oriented services and care. **Tuesday, August 18, 2020, 1-2pm CT.** [Register](#)
11. **Best Practices for Co-occurring Disorders Treatment: Staffing and Training** - Organizational staffing directly impacts program capacity for integrated treatment, particularly whether an organization's staff composition includes staff with dual licensure or extensive experience treating individuals with co-occurring disorders. This webinar will address strategies for staffing, supervision, and training that can contribute to an improved infrastructure and ongoing staff development that will enhance integrated care. **Wednesday, August 19, 2020, 12-1pm CT.** [Register](#)
12. **Human Trafficking for Health Care Providers** - This presentation is designed to equip health care professionals with an understanding of what human trafficking is and the skills to identify physical, behavioral and contextual indicators for both victims and exploiters. Heidi Olson, SANE Program Manager for Children's Mercy Hospital expands on this information through presentation of how victims typically present within a health care setting, what best practice responses involve, and discussion of case studies. **Thursday, August 20, 2020, 1-4pm CT.** **Registration Fee: \$39, includes three clock hours.** [Register](#)
13. **New Working with Individuals Experiencing Psychosis and Family Members** – Engaging individuals who are experiencing psychosis is one of the most challenging situations. Sometimes individuals are very unwell but not unwell enough that they meet criteria for an inpatient stay. Due to the nature of delusions, individuals can lack insight into this being a mental health issue and therefore believe they don't need services and/or demonstrate a mistrust of service providers in the mental health field. The information provided in this live webinar will support service providers in their ability to engage, build relationships, coordinate, and provide treatment for youth, young adults, and adults who experience psychosis or for those who are considered at clinical High risk of experiencing psychosis. A Q&A segment is included. Anyone interested in learning more about working with individuals experiencing psychosis is encouraged to attend. **Monday, August 24, 2020, 11am-1pm CT.** [Register](#)
14. **Common Clinical Issues, Updates and Questions about Psychiatric Medications** – Oftentimes the front-line workers in mental health are faced with helping patients manage and navigate medication-related issues, despite not being the provider that prescribes the medications. The seminar will use an active learning case-based approach to review

the common issues that arise and develop some strategies for managing these issues. Over the past few years there have been several new drugs or new formulations of medications that have come to the market for managing mental illness. The seminar will provide an overview of these developments with a focus on how these will impact the care of patients. Additionally, there are some new pharmacologic strategies in the pipeline that have potential to add important new agents to our armamentarium of treatments for mental illness. **Thursday, August 27, 2020, 1-4pm CT. Registration Fee: \$75, includes three clock hours for ethics. [Register](#)**

15. **New Guardianship 101** - A guardian is responsible for decisions concerning health care and living arrangements for the person deemed incapacitated. A conservator is responsible with managing the person's income and assets and paying bills. This program will review the Guardianship and Conservatorship laws and the legal process, as well as address the impact of the 2018 legislation and teach attendees advocacy tips. **Tuesday, September 1, 2020, 1-3pm CT. Registration Fee: Free or \$25 with CEUs. [Register](#)**
16. **New Missouri Behavioral Health Conference – A Virtual Conference** – Join us for our first ever virtual conference on **September 10-11, 2020! The first 200 people registered will receive a conference swag box with wellness/office goodies.** All events will be live, not pre-recorded. **Registration Fee: \$135, non-refundable. [Register](#) | [Agenda](#) | [Speakers](#)**

Things to note:

Equipment: Attendees will need a laptop/computer to stream the event and speakers for audio.

Networking: An app will be available for the conference. More information will be sent on how to access it closer to the event. This will allow attendees to connect with other attendees, exhibitors and speakers.

Continuing Education: Attendees should expect to receive their certificates via email within 4-5 business days if not sooner. Please be sure to check the spam/junk email folder if it has not appeared in the inbox by the 5th business day following the conference.

Registration: Make sure to select the sessions you would like to attend during the registration processes in order to receive the join link for the virtual presentation.

The Missouri Coalition for Community Behavioral Healthcare (MCCBH) has approved this program for continuing education. MCCBH will be responsible for this program and maintain a record of continuing education hours earned. MCCBH will award up to 8.1 contact hours for attendance at this conference. Please refer to the online agenda for a breakdown of continuing education hours per session. Continuing education certificates will be sent out at the conclusion of this two day event.

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the developing COVID-19 situation.

1. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.
2. **Overdose Education and Naloxone Distribution** - The MO-HOPE Project will continue to conduct online trainings through September. Below are trainings scheduled between now and the beginning of October. As always, trainings are free but require advance registration.

AVAILABLE TRAINING DATES:

August 21, 2020, 11-1 pm CT [Register](#)

August 26, 2020, 10-12pm CT [Register](#)

September 11, 2020, 10-12pm CT [Register](#)

September 15, 2020, 10-12pm CT [Register](#)

September 21, 2020, 10-12pm CT [Register](#)

OVERDOSE EDUCATION AND NALOXONE DISTRIBUTION TRAINING OF TRAINERS

August 12, 2020, 9-11am CT [Register](#)

September 23, 2020, 9-11am CT [Register](#)

3. **2020 Certified Peer Specialist Trainings** - This training has gone virtual! If you have questions, please contact the MCB office at 573-616-2300 or help@missouricb.com. Application information can be located at <https://mopeerspecialist.com/>.

AVAILABLE ZOOM TRAINING DATES:

August 10-14, 2020

August 24-28, 2020

September 14-18, 2020

September 28 – October 2, 2020

October 12-16, 2020

October 26-30, 2020

November 9-13, 2020

November 30 – December 4, 2020

December 7-11, 2020

4. **2020 Clinical Supervision Trainings** – The MCB will be offering the following Virtual Clinical Supervision Trainings in 2020. The training will consist of completing an online training which will be followed by two days of Zoom meetings held on a Thursday/Friday from 9-1pm each day. Participants must have Zoom capability and be on camera for the training. This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.

AVAILABLE TRAINING DATES:

August 20-21, 2020 [August 20-21 Registration Form](#)

September 10-11, 2020 [September 10-11 Registration Form](#)

November 12-13, 2020 [November 12-13 Registration Form](#)

5. **2020 Virtual Ethics Trainings** - The MCB will be offering the following Virtual Ethics Trainings. These trainings can be used to renew any MCB credential in 2020. Participants need to have Zoom capability and be on camera during the training. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.

AVAILABLE TRAINING DATES:

August Date - [Click here for the August 28th Registration Form](#)

August 28, 2020, 9-12p and 1-4p

September Dates - [Click here for the September Registration Form](#)

September 11, 2020, 9-12p and 1-4p

September 18, 2020, 9-12p and 1-4p

October Dates - [Click here for the October Registration Form](#)

October 2, 2020, 9-12p and 1-4p

October 9, 2020, 9-12p and 1-4p

October 16, 2020, 9-12p and 1-4p

6. **MAT (Buprenorphine) Waiver Course** - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This **course** is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

AVAILABLE TRAINING DATES:

St. Louis, Missouri

Saturday, September 26, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Evan Schwarz

Saturday, November 7, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Evan Schwarz

Register Here: <http://www.cvent.com/d/chqswm>

**Additional dates may be added throughout the year.*

8 Hour Online MAT Waiver Training

Register here: <https://learning.pcssnow.org/p/onlinematwaiver>

7. **2020 Certified Peer Specialist Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It has been updated so individuals who have attended a training in the past are welcome to attend again. The training is free and will be done in a virtual format only. Once registered, participants will be given a link to watch four videos before the Zoom meeting date. [Click Here For Peer Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com. The Zoom meetings are scheduled for 9-11am on the following dates:
Tuesday, September 22, 2020
Thursday, October 22, 2020
Thursday, December 17, 2020

Look for updates on different topics/initiatives next Friday!