FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance July 31, 2020

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

July is National Minority Mental Health Awareness Month!

- Federal Reserve Board Expanded Lending Program to Include Nonprofits The Federal Reserve recently announced
 it will expand its Main Street Lending Program to include nonprofits with as few as 10 and as many as 15,000
 employees. Noting that the lack of access to adequate behavioral health care leads to the increased use of
 emergency services, surging health care costs and the over-crowding of community hospital emergency
 departments, National Council's president and CEO, Chuck Ingoglia, submitted comments to the Federal Reserve on
 two occasions seeking eligibility changes to include nonprofits. Learn more.
- 2. **DMH Budget Director Announced** Please welcome **Brenton Siverly**, who will be joining the DMH as budget director on August 10. Brenton has worked for OA-Budget and Planning and most recently the City of Chicago's Office of Budget and Management. Please join us in welcoming him back to Missouri and to DMH.
- 3. **BSR Update** On March 24, 2020, all DBH reviews were suspended. Since the lifting of the suspension of reviews in May, the Billing and Services Review (BSR) team has completed 33 reviews virtually. Nineteen SUD and CPR providers as well as 14 Recovery Support Services providers have been able to conduct their reviews and receive valuable technical assistance while maintaining safe health practices. BSR has been able to successfully complete all deferred reviews from March, April, and May while continuing to review other providers within their scheduled anchor months of June and July.
- 4. **CIMOR Priority** For questions, login to the **Department of Mental Health Portal** and email the **CIMOR DBH Support Center** by selecting the <u>Help Ticket</u> link found on the left side of the portal.
 - **SOR GPRA Update** Effective July 30, 2020, a SOR GPRA Intake will need to be completed before a consumer can be enrolled in the following programs:
 - ADA Opioid SOR Grant
 - CPS Opioid SOR Grant
 - **Reminder Medicaid Sweep will run on August 6, 2020** The Medicaid Sweep process will be executed on the <u>first Thursday of the following months</u> in **Fiscal Year 2021**:
 - August
 - November
 - February
 - May

All encounters that are less than a year old, have never been on a claim to MO HealthNet, and have been paid on a non-Medicaid invoice or went to Over Allocation or No External Payer status will be picked up in the process.

In the month of June a report was run identifying encounters that were not claimed to MO HealthNet, but now have Medicaid eligibility. Agencies may want to manually "Replace" these encounters in order to have them claimed to MO HealthNet.

The sweep process works as follows:

- Paid in full encounters will go to "Ready to Void" status. They will go to "Voided" status after the nightly encounter processing.
- Over Allocation or No External Payer encounters will go to "Ready to Process" status and then to "Open Claim" status after the nightly encounter processing.
- Ready to Rebill encounters created by the sweep will go to "Open Claim" status after the nightly encounter processing.

Reports will be placed in your ftp folder identifying the encounters that were affected by this process.

• DM Housing and Outreach Pools – Below are the current balances for the DMH Housing and Outreach pools.

	ADA	CPS
DM Housing Allocation	\$ 250,000.00	\$ 250,000.00
DM Housing Expended	\$ (9,441.77)	\$ (2,842.04)
DM Housing Allocation Balance	\$ 240,558.23	\$247,157.96
DM Outreach Allocation	\$ 163,000.00	\$ 163,000.00
DM Outreach Expended	\$ (29,850.00)	\$ (2,440.09)
DM Outreach Allocation Balance	\$ 133,150.00	\$ 160,559.91
Total Allocation Balances	\$373,708.23	\$407,717.87

- 5. MHD Provider Bulletins All MHD provider bulletins can be found at: https://dss.mo.gov/mhd/providers/pages/bulletins.htm.
 - New Billing Process for Evidence-Based Treatment of Children Who Have Experienced Severe Trauma
 (CORRECTED) MHD currently has a process that requires providers to submit invoices for services qualifying
 for an additional payment related to evidence-based treatment for children with severe trauma. As of July 1,
 2020, providers will no longer need to submit invoices in order to receive the enhanced reimbursement.
 Instead, providers will submit claims for qualifying services with an HK modifier and will receive an enhanced
 reimbursement rate for the service. The process is changing in both the fee-for-service and managed care
 delivery systems. Bulletin
- 6. Job Opportunities Visit MO Careers for more information and to apply today!
 - Certification Specialist in Jefferson City, MO The Certification Specialist within the Certification & Monitoring
 Unit is responsible for conducting certification surveys, program monitoring and providing technical assistance
 for substance use disorder and mental health treatment programs within the State of Missouri. This is an
 opportunity to assist in improving program operations, client satisfaction and positive outcomes with provider
 organizations. Closing date is August 14, 2020.

- Program Specialist in Jefferson City, MO The purpose of this position is to conduct the statewide fidelity
 reviews of evidence-based practices. This position will conduct fidelity reviews and provide technical
 assistance to community mental health centers in identified evidence-based practices along with supporting
 other monitoring units by understanding their unit requirements and providing trainings on their behalf.
 Closing date is August 14, 2020.
- 7. Providers: We want your feedback! DBH is continually working to improve our services and your experience. Your feedback helps us decide which features to build upon and what improvements could be made in the review process. Recently, the Monitoring & Review Units at DBH (Billing & Services Review, Certification & Monitoring, & Evidence-Based Practices & Review) joined forces to bring providers a unified/expanded post-review survey. This survey is sent out to providers within one to two weeks after a review is completed. The three units will gather data and feedback from these surveys in an effort to better your experience. To view the survey, click here or visit https://surveys.mo.gov/Monitoring&ReviewUnits. If you have any questions, concerns, or would like to provide input on whether or not you feel like the questions give you enough opportunity to provide feedback, contact Ashlee Jenkins, Manager of Integrated Monitoring & Review, at Ashlee.Jenkins@dmh.mo.gov.
- 8. Proposed Rule Amendment 9 CSR 30-4.047 Community Support in Community Psychiatric Rehabilitation Programs - DBH responses to questions have been posted to the <u>DBH webpage</u>. The next step in the process is for the rule to be reviewed by Denise Thomas, DMH General Counsel, and then forwarded to the Governor's Office for approval. Following approval from the Governor's Office, the rule will be filed with the Secretary of State's Office for publication in the *Missouri Register* for a 30-day public comment period. Providers will be updated as the rule moves through the rulemaking process.
- 9. **Reminder** 2020 SOAR Outcomes Collection This is a reminder to SOAR case managers that SOAR cases need to be entered into the SOAR Online Application Tracking (OAT) account site by **August 7**! Please contact Brooke Dawson, your SOAR State Team Lead with questions. Thank you for all the amazing work that you do!
- 10. Other COVID-19 Updates & Resources -
 - Summary Strategies to Optimize the Supply of PPE during Shortages The CDC developed a quick reference
 table that summarizes <u>CDC's strategies to optimize personal protective equipment (PPE)</u> supplies in healthcare
 settings and provides links to CDC's full guidance documents on optimizing supplies. These strategies offer a
 continuum of options using the framework of surge capacity when PPE supplies are stressed, running low, or
 absent. Read More
 - Mid Atlantic Telehealth Resource Center (MATRC) Telehealth Resources for COVID-19 Toolkit MATRC compiled the most frequently asked questions and requested resources into a COVID-19 Toolkit. Read More
 - CMS COVID-19 Stakeholder Engagement Calls CMS hosts varied recurring stakeholder engagement sessions
 to share information related to the agency's response to COVID-19. These sessions are open to members of
 the healthcare community and are intended to provide updates, share best practices among peers, and offer
 attendees an opportunity to ask questions of CMS and other subject matter experts. Next call: *Tuesday, August 4, 2020, 4-5pm CT*. Register | Previous Recordings and Transcripts
 - National Call on Coronavirus and Homelessness/Housing Join the Disaster Housing Recovery Coalition for National Calls on Coronavirus, Homelessness, and Housing every Monday at 1:30pm CT now through the end of 2020. Join housing and homelessness advocates nationwide to learn more about how federal, state, and local governments are responding to a national outbreak of coronavirus and its impact on people experiencing homelessness and low-income households. Register

- Show Me Strong Pledge Missourians are strong, resilient and ready to get back to business. The backbone of a healthy economic recovery depends on everyone's willingness to help control the spread of COVID-19. The Show Me Strong Pledge is a voluntary commitment to take a few simple steps that will aid in protecting the well-being of all Missourians. To learn more about and take the pledge, go here: https://showmestrong.mo.gov/pledge
- Missouri-Specific Coronavirus Regional Data MHA and the Hospital Industry Data Institute introduced a new set of weekly COVID-19 dashboards providing regional trends and models of predicted cases designed to help government leaders, local public health officials, health care organizations and businesses understand the influence of COVID-19 on their communities and make informed decisions when protecting citizens, customers, employees and patients: https://web.mhanet.com/coronavirus-disease.aspx. Daily situational awareness is available on the DHSS website.
- COVID-19 Community Testing Info DHSS is partnering with local health departments and health care
 providers to offer community testing events. For current community testing locations and information,
 including links to register, please visit:
 https://dcphdo02redcap.azurewebsites.net/redcap/surveys/?s=DEX3J7THHM.
- **DBH Community COVID Positives Data** To date, we have received reports of 169 consumers and 74 staff members testing positive for COVID-19 (from 40 providers). Please send any reports of staff or client positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.
- DBH Treatment Provider Calls We are scheduled for every two weeks on Wednesdays at 12pm. Next scheduled call is August 5, 2020 Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - MoHelpNow

DMH Disaster Services Website - https://dmh.mo.gov/disaster-services/covid-19-information

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at: https://dmh.mo.gov/covid-19-information

- 1. Paycheck Protection Program Application Deadline: August 8, 2020 The Paycheck Protection Program is a loan designed to provide a direct incentive for small businesses to keep their workers on the payroll. SBA will forgive loans if all employee retention criteria are met, and the funds are used for eligible expenses. Learn More
- 2. Women's Preventive Services Initiative Application Deadline: October 5, 2020 Women's Preventive Services Initiative's purpose is to improve women's health across the lifespan by engaging a coalition of provider, academic, and patient-focused health professional organizations to do the following: 1) Identify and recommend evidence-based updates to the HRSA-supported Women's Preventive Services Guidelines; Raise awareness and knowledge of these Guidelines; and 3) Increase clinicians' adoption and utilization of these Guidelines. Learn More
- 3. High Speed Broadband/Rural Opportunity Fund Application Deadline: October 22, 2020 The FCC designed the Rural Digital Opportunity Fund to bring high speed fixed broadband service to rural homes and small businesses that lack access. The first phase of the FCC reverse auction will target over six million homes and businesses in census blocks that are entirely underserved by voice and broadband with download speeds of at least 25 Mbps. Learn More

INFO and RESOURCES

- New A New Task Force 2020 Drug Overdose Report A new American Medical Association (AMA) report focuses on the increase in drug overdose deaths, investigates causes and calls for meaningful action to remove barriers to evidence-based practice in treatment, harm reduction and pain management. Read More
- 2. **New Report on MAT Retention and Continuity of Care** HHS Office of the Assistant Secretary for Planning and Evaluation recently published a report on treatment and continuity of care with clients receiving MAT for OUD. The report outlines several variables that affect retention, including client and provider characteristics, service provision and setting-based components, collaborations across systems and financing policies. Read More
- 3. New NCAD Spotlight: Navigating Ethical Challenges When Working with LGBTQ+ Patients With regards to ethics, providing addiction treatment for special populations requires special considerations. In particular, working with LGBTQ+ clients who are struggling with their identity and/or sexual orientation in addition to substance use disorder issues can create ethical dilemmas for providers to navigate. Read More
- 4. New Your Guide to Integrating HCV Services into Opioid Treatment Programs The opioid epidemic has resulted in significant increases in Hepatitis C Virus (HCV) among people who inject drugs, accounting for 23% of new infections. HCV is completely curable and testing and treatment are the path to cure. OTPs play a critical role in comprehensive approaches to addressing HCV and this guide is one tool to help. This guide can help build the capacity of publicly funded OTPs to integrate HCV prevention and treatment services into their programs. This guide may also be useful for FQHCs, community and healthcare coalitions, nonprofit organizations and other substance use disorder and HCV treatment providers. Download Now
- New Technology-Based CBT Provides Innovative Options for SUD Treatment Cognitive behavioral therapy and telehealth-enabled interventions, grounded in proven clinical treatment modalities, are pointing the way toward more effective treatments for those with substance use disorders. Read More
- 6. **New Essential Conversations in Social Services 2020** This podcast is intended for behavioral health and substance use disorder providers. Each episode includes an interview with a subject matter expert on a timely topic who explores tips designed to help the workforce.

Available Episodes (previously called 20-Minute Tips: A Podcast for Behavioral Health Providers)

Self-Care: The first episode discusses the importance of self-care for behavioral health leaders. Listen

Race & COVID-19: This episode discusses how to have a conversation about race in the workplace. Subject matter experts share important considerations and tips for behavioral health leaders who are navigating these conversations. Listen

<u>Upcoming Episodes</u> – Posted <u>here</u>

The Importance of Housing and Employment During and Post-COVID

A Psychiatrist View of Supporting Recovery in 2020 & Beyond

Post Pandemic Trends in Mental Health and Substance Use Disorder

7. Missouri's 4th Zero Suicide Academy – The Missouri Department of Mental Health in partnership with the Coalition for Community Behavioral Healthcare are hosting Missouri's 4th Zero Suicide Academy on August 26-27, 2020, and we invite your organization to attend! A Zero Suicide Academy is a two-day training for organizations that wish to dramatically reduce suicides among patients in their care. Using the Zero Suicide framework, participants learn how to incorporate best practices into their organizations to improve care and safety for their patients. All healthcare organizations including: Hospitals, Federally Qualified Health Centers, Behavioral Health providers, Primary Care providers, Substance Use Prevention and Treatment providers, Crisis Centers, and Veterans Services Organizations are encouraged to apply. A Zero Suicide Academy Conducted Pre-Academy Webinar will be held on August 24, 2020 from 12-1p.

Registration is open: Applications Due by Monday, August 3, 2020. To apply for the Academy, Team Leads should:

- Click this link: https://www.eventsquid.com/event/10598
- Visit the website: http://zerosuicideinstitute.com/zerosuicideacademy and read the PDF: What is Zero Suicide? for additional information.

Questions about this academy should be directed to Stacey Williams at stacey.williams@dmh.mo.gov.

- 8. CDC Updates -
 - CDC's Rural COVID-19 page is now live! Read More
 - CDC released their provisional 2019 drug overdose death numbers for the country. Overall, there was a national *increase* of 4.8%. <u>Read More</u>
 - CDC's National Center for Injury Prevention and Control posted a notice in the Federal Register to solicit input from several stakeholder groups on the management of chronic and acute pain. Through the notice, which closes *August 21, 2020*, the CDC is looking for volunteers to participate in individual conversations and share their perspectives. Learn More
- 9. REACH Aims to Increase Addiction Treatment for Underrepresented Minority (URM) Patients Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare (REACH) is a program for racial and ethnic minority trainees who are interested in becoming addiction specialists. This program prepares medical students, residents, fellows, nursing students, and physician assistant trainees to care for racial/ethnic minority patients with SUDs. REACH is a one-year program, involving a 1-Week Intensive training experience at Yale University, Fellowship funding up to \$104,000, monthly webinars, and career mentorship. Scholars must also attend at least one addiction conference during their year in the program. *Applications to the program, to enroll in July* 2021, are now due Saturday, August 15, 2020. REACH is funded by SAMHSA. For any questions please contact the program manager, Dafna Paltin, at reach@aaap.org. REACH Brochure | REACH Flyer | Apply Here
- 10. DMH CARES Now Available for all Missourians DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every *Tuesday from 3:30-4pm CT*. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for *all Missourians*! Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! Registration Link | DMH CARES Show Me Hope Flyer
- 11. Probation and Parole Regional Oversight Meetings These are subject to change given rapidly changing plans regarding COVID-19. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

September 4 - Southwest Region - TBD

September 11 – Northeast Region (Districts 3, 18, 26) – 9-12pm Location: Moberly P&P Office, 1317 E. Hwy 24, Suite B, Moberly

September 22 – Northeast Region (Districts 11, 16, 17, 38) – 10-12pm

Location: TBD

September 23 – Eastern Region – 9-11am

Location: Zoom Meeting

September 30 - Southeast Region - 10-12pm

Location: La Croix Methodist, 3102 Lexington Ave., Cape Girardeau

November 17 - North Central Region - 10-12pm

Location: Zoom Meeting

TBD – Western Region – (To be rescheduled from June 9)

Location: KC-ATC, 2600 E. 12th St., Kansas City

TRAINING OPPORTUNITIES

- 1. New Impact & Trauma of Racism The goal for this panel discussion is to begin to expose and discuss the adverse psychological and physical impact of racism, considering it "a fundamental cause of adverse health outcomes for racial/ethnic minorities and racial/ethnic inequalities in health" (Williams, Lawrence, & Davis 2019). Racial trauma can involve a "negative, sudden and uncontrollable experience or crisis"; alternatively, it can involve an "ongoing physical or psychological threat that produces feelings of fear, anxiety, depression, helplessness and post-traumatic stress disorder (PTSD)" (Ponds, 2013). During the panel discussion, the discussants will share their experiences with racism and its trauma, address the systemic aspects of racism, and explore what transformational change needs to occur to break the cycle of racism and trauma. Tuesday, August 4, 2020, 11-12pm CT. Register
- 2. Complex Trauma: The Connection between Mental Health, COVID-19, and Social Unrest There is unprecedented stress impacting individuals, families and communities across cultures, generations, genders and racial groups. As hope began to emerge that the COVID-19 pandemic might be waning and social isolation nearing an end, new spikes of infection are being reported across the nation. At the same time, our nation is also reckoning with the systemic racism laid bare by the COVID-19 racial disparities and bringing to light the additional traumas experienced by Black, Indigenous and People of Color. Join recognized experts on trauma and resilience for a virtual workshop around how to support individuals in developing healing and resiliency from these overwhelming and cumulative traumas. Learn how to recognize moral injury, identify its signs and gain the tools to address the traumatic impact of the current environment and support healing and a resilient recovery. Wednesday, August 5, 2020, 11:30-1pm CT. Register
- 3. Virtual Learning Sessions: Culture is Prevention Culture is fundamental to developing a successful career or organization, and building that culture is everyone's responsibility. Despite recent progress, health disparities continue to be a challenge among Latino/Hispanic, Native Americans, and Alaska Natives, compared to the U.S. population as a whole. National data show the need to enhance services and access to services for culturally and linguistically diverse communities. Providing culturally and linguistically appropriate prevention services requires an understanding of cultural competence/humility.
 - Session 4: How We Can Culturally Navigate Between the Two Communities Wednesday, August 5, 2020, 1-2:30pm CT. Register
- 4. Why Opioid Misuse Messaging is an Essential Part of Your COVID-19 Response As communities respond to the COVID-19 pandemic, it is crucial to include evidence-based opioid misuse messaging in planning. While this can be difficult with tightening budgets, leveraging best practices can help a team address this need urgently and cost-effectively. Learn how to overcome these challenges and develop messaging strategy efficiently. Thursday, August 6, 2020, 12-1pm CT. Register
- 5. New Psychiatry Perspectives on COVID-19: Impact on Health Care Providers & First Responders and a Path Forward This webinar will identify preliminary impacts of COVID-19 on the mental health and well-being of health care providers and first responders, will cover screening and assessment techniques and best practices for identifying psychological stress in these individuals on the front lines, and will review treatment approaches for health care providers and first responders in a post-pandemic world. Tuesday, August 11, 2020, 1-2pm CT. Register
- 6. New A Whole Person Approach to Working with Individuals who are Living with Serious Mental Illness This webinar will discuss strategies for developing and implementing a whole person approach when serving individuals who are living with SMI. Key considerations include access to basic needs and social determinants of health when treating and managing SMI; access to community-based supports to reduce barriers to resources; and access to peer support through Warm Lines and other crisis service systems. Tuesday, August 11, 2020 1:30-3pm CT. Register
- 7. What is Racial Trauma? Understanding How Trauma Affects the Black Community Racism, whether subtle or direct, has long-term impacts on the mental and behavioral health of Black communities. While COVID-19 and racial injustice protests may have brought on new trauma, years of systematic racism, discrimination, and

microaggressions have forced Black communities to live in a constant state of high alert, causing traumatic stress. During the webinar, participates learn: how racial trauma affects the mental, emotional, and physical health of the Black community, the impacts racial discrimination can have on Black youth and emerging adults, strategies to help clinicians and organizations better connect with their Black clients, and how organizations can help all staff members understand their own implicit bias. *Tuesday, August 11, 2020, 1-2pm CT*. Register

- 8. **New Ethics in the Clinical Relationship** In this presentation, participants will learn the principle that guides ethical decision making in the clinical relationship; the latrogenic effect and ethical dilemmas; the impact of counselor "unfinished business" and ethical dilemmas; how to establish healthy boundaries in the clinical relationship; how pandemics like COVID-19 impact boundaries and ethics; boundaries of physical touch and verbal communication; transference, countertransference, and ethical dilemmas; and more. **Wednesday, August 12, 2020, 1-4pm CT**. Registration Fee: \$75, includes three clock hours for ethics. Register
- 9. New Navigating Telepsychiatry in Mental Health Care: A Discussion with a Peer Specialist & a Caregiver On average, in the United States there is one mental health provider for every 536 individuals and providers are not evenly distributed throughout the country. Technological advances in mental health are expanding access to consumers. During the COVID-19 pandemic, the adaptation and utilization of telemedicine services has increased due to social distancing guidelines. In this webinar, hear perspectives from a caregiver and a peer specialist on mental health care delivery, access to telemedicine, and suggestions on how to prepare for a telemedicine visit. Thursday, August 13, 2020, 11-12pm CT. Register
- 10. **FSP Training** Family Support Providers give assistance to families with children or youth experiencing behavioral health, substance use, or developmental disability challenges. Parents and caregivers can access support and resources through their FSP, along with other services they provide. Consider attending the next training event, being held via Zoom, *August 17-19, 2020*. For questions regarding registration, please email Jill Richardson.
- 11. New Best Practices for Co-occurring Disorders Treatment: Staffing and Training Organizational staffing directly impacts program capacity for integrated treatment, particularly whether an organization's staff composition includes staff with dual licensure or extensive experience treating individuals with co-occurring disorders. This webinar will address strategies for staffing, supervision, and training that can contribute to an improved infrastructure and ongoing staff development that will enhance integrated care. Wednesday, August 19, 2020, 12-1pm CT. REGISTER
- 12. New Human Trafficking for Health Care Providers This presentation is designed to equip health care professionals with an understanding of what human trafficking is and the skills to identify physical, behavioral and contextual indicators for both victims and exploiters. Heidi Olson, SANE Program Manager for Children's Mercy Hospital expands on this information through presentation of how victims typically present within a health care setting, what best practice responses involve, and discussion of case studies. Thursday, August 20, 2020, 1-4pm CT. Registration Fee: \$39, includes three clock hours. Register
- 13. New Common Clinical Issues, Updates and Questions about Psychiatric Medications Oftentimes the front-line workers in mental health are faced with helping patients manage and navigate medication-related issues, despite not being the provider that prescribes the medications. The seminar will use an active learning case-based approach to review the common issues that arise and develop some strategies for managing these issues. Over the past few years there have been several new drugs or new formulations of medications that have come to the market for managing mental illness. The seminar will provide an overview of these developments with a focus on how these will impact the care of patients. Additionally, there are some new pharmacologic strategies in the pipeline that have potential to add important new agents to our armamentarium of treatments for mental illness. Thursday, August 27, 2020, 1-4pm CT. Registration Fee: \$75, includes three clock hours for ethics. Register

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the developing COVID-19 situation.

- 1. Mental Health First Aid (MHFA) MFHA is now available in a variety of formats, including a fully <u>virtual</u> course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the <u>MO MHFA website</u> to register and for more frequent updates.
- New Overdose Education and Naloxone Distribution The MO-HOPE Project will continue to conduct online
 trainings through September. Below are trainings scheduled between now and the beginning of October. As always,
 trainings are free but require advance registration.

AVAILABLE TRAINING DATES:

August 6, 2020, 10-12pm CT Register
August 21, 2020, 11-1 pm CT Register
August 26, 2020, 10-12pm CT Register
September 11, 2020, 10-12pm CT Register
September 15, 2020, 10-12pm CT Register
September 21, 2020, 10-12pm CT Register

OVERDOSE EDUCATION AND NALOXONE DISTRIBUTION TRAINING OF TRAINERS

August 12, 2020, 9-11am CT Register
September 23, 2020, 9-11am CT Register

3. **2020 Certified Peer Specialist Trainings** - This training has gone virtual! If you have questions, please contact the MCB office at 573-616-2300 or help@missouricb.com. Application information can be located at https://mopeerspecialist.com/.

AVAILABLE ZOOM TRAINING DATES:

August 3-7, 2020 August 10-14, 2020 August 24-28, 2020 September 14-18, 2020 September 28 – October 2, 2020 October 12-16, 2020 October 26-30, 2020 November 9-13, 2020 November 30 – December 4, 2020 December 7-11, 2020

4. **New 2020 Clinical Supervision Trainings** – The MCB will be offering the following Virtual Clinical Supervision Trainings in 2020. The training will consist of completing an online training which will be followed by two days of Zoom meetings held on a Thursday/Friday from 9-1pm each day. Participants must have Zoom capability and be on camera for the training. This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.

AVAILABLE TRAINING DATES:

August 20-21, 2020 August 20-21 Registration Form
September 10-11, 2020 September 10-11 Registration Form
November 12-13, 2020 November 12-13 Registration Form

New 2020 Virtual Ethics Trainings - The MCB will be offering the following Virtual Ethics Trainings. These trainings
can be used to renew any MCB credential in 2020. Participants need to have Zoom capability and be on camera
during the training. If you have any questions, please feel free to contact our office at 573-616-2300 or
help@missouricb.com.

AVAILABLE TRAINING DATES:

<u>August Date</u> - <u>Click here for the August 28th Registration Form</u>

August 28, 2020, 9-12p and 1-4p

<u>September Dates</u> - <u>Click here for the September Registration Form</u>

September 11, 2020, 9-12p and 1-4p September 18, 2020, 9-12p and 1-4p

October Dates - Click here for the October Registration Form

October 2, 2020, 9-12p and 1-4p October 9, 2020, 9-12p and 1-4p October 16, 2020, 9-12p and 1-4p

6. MAT (Buprenorphine) Waiver Course - Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare are providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be in person and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

AVAILABLE TRAINING DATES:

St. Louis, Missouri

Saturday, September 26, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Evan Schwarz Saturday, November 7, 2020 - Time: 8:30am - 12:30pm CT, Presenter: Dr. Evan Schwarz

Register Here: http://www.cvent.com/d/chqswn
*Additional dates may be added throughout the year.

8 Hour Online MAT Waiver Training

Register here: https://learning.pcssnow.org/p/onlinematwaiver

7. 2020 Certified Peer Specialist Supervision Trainings – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It has been updated so individuals who have attended a training in the past are welcome to attend again. The training is free and will be done in a virtual format only. Once registered, participants will be given a link to watch four videos before the Zoom meeting date. Click Here For Peer Supervision Training Registration Form. If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com. The Zoom meetings are scheduled for 9-11am on the following dates:

Tuesday, September 22, 2020 Thursday, October 22, 2020 Thursday, December 17, 2020

Look for updates on different topics/initiatives next Friday!