

# FYI FRIDAYS

## ***DBH Updates, Notices, and Policy Guidance September 25, 2020***

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

### ***September is Suicide Prevention Month and Recovery Month!***

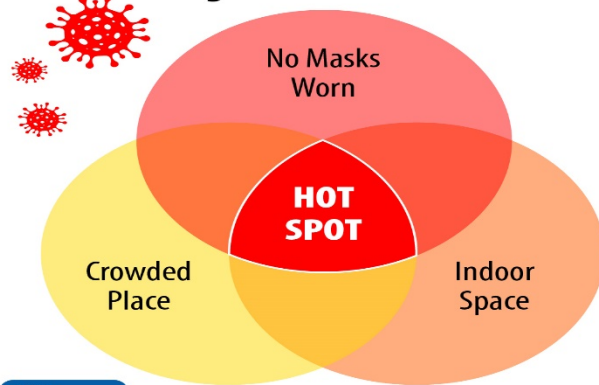
- RPI Change Leader Certification in DBH Hospitals** - This week **Becky Hughes**, RN, who works with the seven DBH psychiatric hospitals, became the first DBH staff member certified as a Change Leader by The Joint Commission Center for Transforming Healthcare. Change management is one component of The Joint Commission's Robust Process Improvement (RPI) quality improvement initiative. Ms. Hughes completed a 40-hour training curriculum provided by the Joint Commission and facilitated a change initiative to refine scorecards which have been in use by DBH hospitals since 2007. Already a certified RPI Green Belt, Ms. Hughes is facilitating a process improvement project for the Division of Developmental Disabilities which is seeking to improve how waiver applications are managed by their regional offices. Congratulations, Becky!
- CIT Update – First Military Training** - The Johnson County Crisis Intervention Team (CIT) Council provided the **new** 8-hour CIT Concepts Class to the Security Force of Whiteman Air Force Base recently. The CIT Concepts class is an overview of CIT, with an emphasis in de-escalation skills, officer wellness and role-play scenarios. The class was designed to gain community interest in CIT and as a refresher course for current trained officers. Instructors and organizers were local Community Mental Health Liaisons, along with local CIT officers. Whiteman is interested in more CIT trainings in the future.
- CIMOR Priority – Maintenance** – On **Saturday, September 26, 2020**, there will be routine maintenance on CIMOR from 6:00am until 9:00am. Starting at 6:00am, CIMOR will be down for less than 15 minutes. Then CIMOR may experience brief outages until 9:00am. We apologize for the inconvenience. If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link, found on the left side of the portal.
- Temporary Program Changes and Billing Guidance Related to COVID-19** – This memo has been updated and posted to the [DBH webpage](#).
- 2020 Mental Health Champions' Banquet** – Each year three remarkable Missourians, who have overcome many challenges to make life better for themselves, others, and their communities, are selected to receive the Missouri Mental Health Champions' Award. **This year's event is taking place virtually on Tuesday, October 6, 2020, at 7pm CT.** Mark your calendars and join the Missouri Mental Health Foundation for this special celebration and awards ceremony! How to Watch: [MMHF Website](#) | [Facebook](#) | [YouTube](#).
  - 2020 Mental Health Champions' Silent Auction** – Along with the virtual event, the Missouri Mental Health Foundation has a Silent Auction where the proceeds go towards helping the foundation raise awareness and public understanding by providing resources on mental illness, developmental disabilities, and substance use disorders. **The online-only silent auction is now available and ends at 7pm on Tuesday, October 6, 2020.**

Browse the 60+ auction items and help support the mission of the Missouri Mental Health Foundation in the year ahead. [Browse the Auction](#) | [Create an Account](#)

## 6. Other COVID-19 Updates & Resources –

### Tips for Reducing Risk of Getting COVID-19

#### Things that Increase Risk



#### Things that Decrease Risk



[www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus)

CS 219539 08/10/2020

- **New CDC Guidance on Holiday Celebrations** - As many people in the United States begin to plan for fall and winter holiday celebrations, CDC offers the following considerations to help protect individuals, their families, friends, and communities from COVID-19. [Read More](#)
- **From the CDC: How to Select, Wear, and Clean Your Mask** - [https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html?deliveryName=USCDC\\_2067-DM36401](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html?deliveryName=USCDC_2067-DM36401)
- **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.
- **Electronic COVID-19 Case Reporting** – DHSS is pleased to announce the availability of Electronic COVID-19 Case Reporting. All entities currently required to complete a [Communicable Disease Case Report \(CD-1\)](#) should begin reporting positive COVID-19 cases via the new system\*. This system will replace the paper CD-1 process and allow for more timely, appropriate, and accurate data for COVID-19 case reporting. The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). Please do not enter lab result information unless you are a reporting laboratory or you are entering on behalf of the laboratory. The new system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities



Dr. Jazz assists client in car with MAT services.  
**FCC Behavioral Health, Inc.**



Team Lead Janey Pieper provides information about the Show-Me Hope Program to participants at the drive through COVID test site at Arena Park in Cape Girardeau sponsored by the Missouri National Guard.  
**Community Counseling Center**

will no longer need to enter positive case information into the former system, which has been taken down.  
*\*If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*

- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help government leaders, local public health officials, health care organizations and businesses understand the influence of COVID-19 on their communities and make informed decisions when protecting citizens, customers, employees and patients: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **(They're Back!) COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. For **current community testing locations and information**, including links to register, please visit: <https://dcphdo02redcap.azurewebsites.net/redcap/surveys/?s=XTLH7FCLD7>.
- **DBH Community COVID Positives Data** – To date, we have received reports of **280 consumers** and **145 staff members** testing positive for COVID-19 (from **44 providers**). One consumer death has been reported. Please send any reports of staff or client positives to [nora.bock@dmh.mo.gov](mailto:nora.bock@dmh.mo.gov) and copy [karen.will@dmh.mo.gov](mailto:karen.will@dmh.mo.gov).
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **September 30, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):



Visit the [DHSS website](#) for more information

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at: <https://dmh.mo.gov/covid-19-information>

1. **Suicide Prevention: Brief Interventions for Youth -- Cycle 3 2020 – Research Award Letter of Intent Deadline: September 29, 2020, 4pm CT; Application Deadline: January 12, 2021, 4pm CT** – This notice provides information about an upcoming Targeted Patient-Centered Outcomes Research Institute (PCORI) Funding Announcement (PFA), which will be released by PCORI on September 1, 2020. Through this initiative, PCORI seeks to fund large randomized controlled trials (RCTs) and/or observational studies that compare the effect of brief interventions on acute suicide risk in youth ages 15 to 24. [Learn More](#)

2. **How to Develop a Competitive Grant Application – Webinars** – SAMHSA will be conducting a webinar on how to develop a competitive grant application. The webinar will address:
  - The four registration processes that need to be completed;
  - Preparing to apply for a grant;
  - Key components of the funding opportunity announcement;
  - Responding effectively to the evaluation criteria; and
  - Resources and technical assistance that are available.

If you would like to receive the slides prior to the webinar, send an email to [GPOtraining@samhsa.hhs.gov](mailto:GPOtraining@samhsa.hhs.gov).

**October 22, 2020, 1-2:30pm CT.** [Webinar Information](#)

3. **Women’s Preventive Services Initiative – Application Deadline: October 5, 2020** – Women's Preventive Services Initiative's purpose is to improve women’s health across the lifespan by engaging a coalition of provider, academic, and patient-focused health professional organizations to do the following: 1) Identify and recommend evidence-based updates to the HRSA-supported Women’s Preventive Services Guidelines; Raise awareness and knowledge of these Guidelines; and 3) Increase clinicians’ adoption and utilization of these Guidelines. [Learn More](#)
4. **High Speed Broadband/Rural Opportunity Fund – Application Deadline: October 22, 2020** – The FCC designed the Rural Digital Opportunity Fund to bring high speed fixed broadband service to rural homes and small businesses that lack access. The first phase of the FCC reverse auction will target over six million homes and businesses in census blocks that are entirely underserved by voice and broadband with download speeds of at least 25 Mbps. [Learn More](#)

## ***INFO and RESOURCES***

1. **New SAMHSA’s 2019 National Survey on Drug Use and Health (NSDUH) Report Data Findings** – SAMHSA recently released the 2019 National Survey on Drug Use and Health (NSDUH). The annual survey is the nation’s primary resource for data on mental health and substance use among Americans. As the NSDUH demonstrates, substance misuse and mental illness continue to be major problems for Americans. These issues demand continued attention and focus across all American communities. The data also reflect impressive progress on the nation’s opioid crisis. View the [recorded presentation](#) of the NSDUH data and [webcast slides](#) presented by Dr. Elinore McCance-Katz (Source: *SAMHSA*). [Read More](#)
2. **New SUDs Linked to COVID-19 Susceptibility** – A National Institutes of Health-funded study found that people with substance use disorders (SUDs) are more susceptible to COVID-19 and its complications. The research, published today in *Molecular Psychiatry*, was co-authored by Nora D. Volkow, M.D., director of the National Institute on Drug Abuse (NIDA). The findings suggest that health care providers should closely monitor patients with SUDs and develop action plans to help shield them from infection and severe outcomes (Source: *National Institutes of Health*). [Read More](#)
3. **New ASAM Updates COVID-19 Guidelines for Practitioners** – As many states and municipalities begin to loosen social distancing directives and other COVID-19-related restrictions, the American Society of Addiction Medicine (ASAM) announced that its Caring for Patients During COVID-19 Task Force has updated its [guidance and resources](#) for practitioners (Source: *Addiction Professional*). [Read More](#)
4. **New Strategic Approach to Care Coordination Drives Better Outcomes in ER** – While coordinating care for patients with mental health disorders is critical, it is often challenging—or even overlooked—in the complex U.S. healthcare system. Evidence-based care transition models can significantly improve outcomes, especially in emergency department settings (Source: *Behavioral Healthcare Executive*). [Read More](#)
5. **New The Opioid Crisis & Strategies to Optimize Your MAT Modality** – There are multiple converging regulatory bodies that help oversee various parts of MATs. It’s important that organizations thoroughly review all pertinent regulations before making any actionable changes or restructurings to its MAT program. As the opioid crisis

continues and the public pressures federal, state and local governing agencies for assistance, delivering life-saving services has never been more important. This white paper provides a brief history of the opioid crisis, the importance of understanding MAT regulations, and how to have a 360-degree view of patient care (Source: *OPEN MINDS*). [Download This Free White Paper Now](#)

6. **New Depression in Late Life: Key Differences** - In this video, geriatric psychiatrist Marc E. Agronin, MD, discusses the key differences between depression in late life and depression in younger people. Dr. Agronin is the senior vice president for Behavioral Health and chief medical officer for MIND Institute at Miami Jewish Health in Florida (Source: Consultant360). [Watch the Video](#)
7. **New Fighting Back Against the Stigma of Addiction** – Untreated drug and alcohol use contributes to tens of thousands of deaths every year and affects the lives of many more people. Effective treatments are available, including medications for opioid and alcohol use disorders, that could prevent a significant number of these deaths, but they are not being utilized widely enough, and people who could benefit often do not even seek them out. One important reason is the stigma around those with addiction (Source: *Scientific American*). [Read More](#)
8. **Webinar Series for Crisis Call Centers – Building a Resilient, Trauma-Informed Workforce** – These past few months have introduced new challenges – from COVID-19 to social unrest. One support system offering solutions is the [National Suicide Prevention Lifeline](#) network. Join the two-part webinar series offering a “behind-the-scenes” look at crisis call center operations during the pandemic, workforce resilience strategies and trauma-informed care tips.
  - **The Importance of Trauma-Informed Care and Cultural Humility** – This webinar will be a roundtable chat with crisis call centers. Participants will explore the importance of trauma-informed, resilience-oriented care and cultural humility, highlight how crisis call centers have implemented trauma-informed principles at work, and share strategies to promote culturally humble and trauma-informed crisis services. **Tuesday, September 29, 2020, 1-2:30pm CT.** [Register](#)
9. **Are You Ready to Utilize New Evaluation and Management Codes Effective January 1?** – This webinar will help psychiatric clinical staff and clinical leaders – as well as quality management staff and compliance officers – understand the opportunities and obligations created by the new Evaluation and Management codes. Join to learn how to optimize your efficient use of these codes. **Thursday, October 1, 2020, 12-1pm CT.** [Register](#)
10. **Minority Fellowship Program Now Accepting Applications** – The National Board of Certified Counselors (NBCC) and the Association for Addiction Professionals (NAADAC), are now accepting applications for the 2021 National Board for Certified Counselors Minority Fellowship Program for Addictions Counselors (NBCC MFP-AC). The program, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), provides up to 40 master’s degree-level counseling fellowships of \$15,000 for addictions counseling students, travel expenses to participate in program-related trainings, and complimentary NAADAC membership. Applications are due by **December 15, 2020.** [Learn More](#)
11. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT.** This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
12. **Probation and Parole Regional Oversight Meetings** – These are subject to change given rapidly changing plans regarding COVID-19. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at [katie.andrews@dmh.mo.gov](mailto:katie.andrews@dmh.mo.gov) and/or 573-522-6163.

**September 30 – Southeast Region** – 10-12pm  
Location: Zoom Meeting

**October 2 – Western Region – 10-12pm**  
Location: WebEx

**November 17 – North Central Region – 10-12pm**  
Location: Zoom Meeting

**December 4 – Southwest Region – 10-12pm**  
Location: TBD

## TRAINING OPPORTUNITIES

1. **New Effective Interventions for Self-Injury and Suicide in Youth – Webinar** – Non-suicidal self-injury (NSSI; e.g., self-cutting, self-burning) occurs in up to 20% of adolescents and represents a risk factor for suicidal behavior, although, many who engage in NSSI are not suicidal. This workshop will engage participants in learning about best practices for intervening with and monitoring NSSI and suicide risk in youth. Participants will leave the workshop with practical tools they can use in their work with youth the very next day. **Tuesday, September 29, 2020, 8:30-9:30am CT.** [Register](#)
2. **New Clinical Roundtables – Webinars** – The Providers Clinical Support System (PCSS) is conducting a series of special Clinical Roundtables to provide participants with the information they need as they care for patients with Opioid Use Disorder. The goal of the PCSS Clinical Roundtable is to support interactions among addiction experts and health professionals through an informal “roundtable” conversation.
  - **Benzodiazepine Use and MAT – Tuesday, September 29, 2020 11-12pm CT.** [Register](#)
  - **Grief and Loss During Today’s Challenging Times – Friday, October 2, 2020, 11-12pm CT.** [Register](#)
3. **New CoE Office Hours: Addressing Trauma, Racism and Bias in Behavioral Health Service Delivery** – African Americans, and other historically marginalized communities, continue to face disproportionate challenges around access to, and quality of behavioral health care owing to systemic racism resulting in significantly poorer mental health outcomes. Join to continue the conversation from the recent webinar, *Addressing Trauma, Racism and Bias in Behavioral Health Service Delivery*. There will be an open discussion to share strategies and innovative ideas around addressing behavioral health access disparities and provider biases within your respective programs. **Wednesday, September 30, 2020, 1-2pm CT.** [Register](#)
4. **New Addressing the Growing Rate of Suicide in the Black Community** – Mental health disorders and suicidal ideation are topics not typically discussed in communities of color. However, research now shows that suicide rates among Black youth, adolescents, and adults is rising faster than other racial/ethnic groups. Now, with the COVID-19 pandemic and racial injustice protests further affecting Black mental health, it’s critically important that clinicians and organizations learn how to identify, assess, and prevent suicide. Join Relias as they share statistics on the growing rate of suicide in the Black community and what clinicians and organizations can do to improve suicide prevention and treatment. **Wednesday, September 30, 2020, 2-3pm CT.** [Register](#)
5. **A Collaborative Approach to Identifying and Engaging Youth Misusing Substances** – In response to COVID-19 and the impact on substance use in youth and young adults, Behavioral Health Network & Preferred Family Healthcare are creating a 4-part webinar series during September and October 2020 to support the Greater St. Louis area to strategically address the growing needs of this population. For any questions, please email Jon Murphy at [jmurphy@bhnstl.org](mailto:jmurphy@bhnstl.org). [Register](#)
  - **Integrating Substance Use Screening into Hospitals and Primary Healthcare Settings, Wednesday, September 30, 2020, 4-5:30pm CT.**
  - **Linking Substance Use and Community Violence - Data, Trends, & Current Efforts for Prevention, Wednesday, October 7, 2020, 4-5:30pm CT.**

- **Youth, Families, and a Virtual Environment – How to Leverage Technology around Behavioral Healthcare Access, *Wednesday, October 14, 2020, 4-5:30pm CT.***
6. **New The Role Of Trauma & Post-Traumatic Stress Disorder In Eating Disorders, Food Addiction & Obesity** – This webinar will discuss the mechanisms by which early-life trauma becomes biologically embedded in the brain, the high prevalence of trauma history in individuals with eating disorders, food addiction, and obesity, and the importance of a trauma-informed approach in managing these conditions. ***Thursday, October 1, 2020, 11-12pm CT. Rebroadcast at 4pm CT.*** [Register](#)
  7. **New The Evolution of Latino Identities and Mental Health – Webinar** – This is a basic level workshop designed for mental health providers including psychologists, clinical social workers, mental health counselors, and graduate level students in the mental health field. The webinar will address the different terms that have been used to describe Latino populations and the evolution of such terms throughout history. Presenters will discuss how different generations may use different terms to self-identify and variables involved in this process such as acculturation and assimilation. The presentation will consider anthropological and psychosocial contexts in ethnic identification, as well as their impact on the mental health of Latino populations. ***Friday, October 2, 2020, 12-1pm CT.*** [Register](#)
  8. **Beyond Rehab: Expanding the Community of Care for Addiction Treatment** – This webinar will discuss the value of providing addiction medicine from an interprofessional approach, how to identify the key role of primary care in managing withdrawal symptoms for all dependence-forming substances, and other topics. ***Tuesday, October 6, 2020, 12-4pm CT.*** [Register](#)
  9. **New Reentry for Citizens Needing Substance Use Disorder Treatment** – Join to learn how behavioral healthcare providers are uniquely positioned to address challenges faced by reentry citizens. Participants will learn concepts for providing continuous behavioral healthcare to formerly incarcerated persons upon reentry to their communities, and how collaborating with corrections systems and the broader community system of care can provide services to this population. ***Wednesday, October 7, 2020, 2-3pm CT.*** [Register](#)
  10. **New Responding to Intimate Partner Violence in Mental Health and Substance Use Disorder Treatment Services** – Research has found high rates of both past and current intimate partner violence (IPV) among people in mental health care and substance use disorder treatment settings. A growing body of evidence has found that abuse often targets a partner’s mental health and substance use in deliberate attempts to undermine and control survivors to keep them from achieving their recovery goals. These forms of abuse, known as mental health coercion and substance use coercion, not only jeopardize the well-being of survivors and their children, but also compromise the effectiveness of mental health and substance use disorder treatment. All of this is further complicated by escalating rates and severity of IPV during the COVID-19 pandemic. This session will provide mental health counselors and recovery specialists with a conceptual framework for understanding survivors’ mental health and substance use concerns within the context of IPV, will prepare practitioners to recognize and respond to mental health coercion and substance use coercion within treatment services, and will equip practitioners with strategies and resources to better serve survivors and their children. ***Thursday, October 8, 2020, 1-3pm CT. Registration Fee: \$49, includes two clock hours.*** [Register](#)
  11. **New Supporting a Culturally Competent Behavioral Health System** – The purpose of this presentation is to move beyond theory and apply real world experience to implementing a culturally competent behavioral health system. While many agencies employ a person responsible for ensuring that care is provided in a manner that meets the needs of all those served by the agency, the reality is that these individuals often have to compete with many priorities which makes achieving their objectives difficult. And agencies often have trouble achieving the goals, proposed in their own plans. Oversight of these plans is often limited and does not reflect the actual needs of an agency to achieve its goal. This presentation will explore those barriers and challenges and provide steps to help mitigate them to help the agency grow. ***Wednesday, October 14, 2020, 1-4pm CT. Registration Fee: \$59, includes three clock hours.*** [Register](#)

12. **New Suicide Lifeguard–Suicide Prevention Training** – This training is developed for behavioral health professionals who are required to meet licensure and re-licensure continuing education hours in suicide assessment, referral, intervention and management skills. Participants will develop skills to ask clients about suicide, assess for suicide using evidence-based tools, and collaborate with clients in the development of a safety and treatment plan. **Thursday, October 15, 2020, 12:30-3:30pm CT. Registration Fee: \$39, includes three clock hours. [Register](#)**
13. **Prescribing for First Episode Psychosis** – This webinar will cover best practices for prescribing for individuals with a first episode psychosis, including recovery-oriented evidence-based prescribing, shared decision making, use of oral and long acting injectable medication, monitoring and mitigating side effects, and prescribing in the COVID-19 era. **Monday, October 19, 2020, 12-1pm CT. [Register](#)**
14. **New Integrating Cultural Competence into Evidence-Based Practices** – In this era of evidence based practices few developers of these empirical models have been intentional and strategic about the integration of these models with culturally competent practice. In this presentation, participants will learn: ten characteristics of culturally competent therapists; how to integrate cultural competence into evidence based practices, with motivational interviewing, person centered therapy, evidence based group therapy, the use of motivational incentives and feedback informed treatment used as integrative case studies. Other topics discussed includes: addressing tension in cross cultural counseling; overcoming barriers to mistrust in the cross cultural counseling relationship; intersectionality and microaggressions which can occur in the midst of therapy. Participants will also be introduced to non-traditional approaches to therapy influenced by culture. **Wednesday, October 21, 2020, 1-4pm CT. Registration Fee: \$75, includes three clock hours. [Register](#)**
15. **New Considerations in Serving LGBTQ Adolescents** – Learn more about the LGBTQIA2+ youth population, cultural implications and programmatic considerations. Participants will discover how to define basic concepts regarding LGBTQIA2+ youth; discuss cultural considerations needed to work with the LGBTQIA2+ youth population; and describe programmatic considerations when working with the LGBTQIA2+ youth population. **Friday, October 23, 2020, 1:30-2:30pm CT. [Register](#)**
16. **FSP Training** – Family Support Providers give assistance to families with children or youth experiencing behavioral health, substance use, or developmental disability challenges. Parents and caregivers can access support and resources through their FSP, along with other services they provide. Consider attending the next training event, being held via zoom, **October 26 - 28, 2020**. For questions regarding registration, please email [Jill Richardson](#).
17. **Family Work to Improve Outcomes for People Experiencing a First Episode of Psychosis** – This webinar will focus on strategies to engage and involve family members in the treatment and recover of people with FEP. Tools will be shared that can be used to explore family involvement with young people, as well as strategies to engage family members using shared decision making. There will also be an overview of different types of family interventions that your team can offer to participants and families. **Thursday, November 5, 2020, 10-11am CT. [Register](#)**
18. **New Adverse Childhood Experiences: Why they should be the Top Priority of EVERY Child-Serving Professional** – Adverse Childhood Experiences (ACEs) have become a topic of considerable importance during the past 20 years. This workshop will provide an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. **Thursday, November 5, 2020, 1-4pm CT. Registration Fee: \$39, includes three clock hours. [Register](#)**
19. **Missouri Substance Use Prevention Conference** – Join the Missouri Prevention Resource Center Network for the first ever virtual conference on **November 16-17, 2020!** This conference brings together the prevention community, including staff from the Prevention Resource Centers, community volunteers, school counselors, law enforcement and many others. **Registration Fee: In-State Registration - \$25; Out-of-State Registration - \$50. [Register](#) | [Agenda](#) | [Speakers](#)**



Things to Note:

**Equipment:** The conference will be via Zoom. It is recommended that attendees join with a laptop/computer with speakers and internet in order to participate in the presentations. If attendees join from another device, such as an iPad or smartphone, technical issues may be experienced.

**Continuing Education:** The Missouri Coalition for Community Behavioral Healthcare has approved this program for continuing education. MCCBH will be responsible for this program and maintain a record of your continuing education hours earned. MCCBH will award up to 8.4 contact hours for your full attendance at this conference. Continuing education certificates will be sent out at the conclusion of this two-day event.

## ***RECURRING TRAINING OPPORTUNITIES***

*Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.*

1. **OEND Training at Your Convenience** – In collaboration with Health Literacy Missouri MO-HOPE has developed a series of online videos to train individuals to have overdose education and naloxone distribution conversations with those at high risk of witnessing or experiencing opioid overdoses. These trainings can be completed in 30-45 minutes and are accessible for individuals at their convenience. Individuals can access these trainings at [www.tinyurl.com/mohopeoend](http://www.tinyurl.com/mohopeoend). The computer individuals are accessing the training from must be able to access YouTube (where the videos are embedded). MO-HOPE will continue conducting **overdose education and naloxone distribution** trainings and **emergency responder naloxone trainings (for police and firefighters)** via Zoom as well if individuals want or need more interactive training and discussion. The most up-to-date session list can be found at [www.tinyurl.com/mohopeproject](http://www.tinyurl.com/mohopeproject). Trainings are currently scheduled through October.
2. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.
3. **MAT Waiver Training has gone VIRTUAL!!** – Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare is providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. If you prefer to complete the full 8-hour training online and at your own convenience, please use the link at the bottom to register. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training.

PCSS-MAT has a comprehensive library of materials with continuing education available at no cost for healthcare providers to build confidence in preventing substance use disorders and treating SUDs and opioid use disorders (OUD). PCSS-MAT also has a no-cost clinical coaching/mentoring program to provide one-on-one clinical expertise for primary care providers. You can post a question to a listserv with an addiction specialist and be matched with an addiction specialist.

**AVAILABLE VIRTUAL TRAINING DATES:** [Register](#)

**Saturday, September 26, 2020, 8:30-12:30pm CT**, Presenter: Dr. Evan Schwarz

**Saturday, November 7, 2020, 8:30-12:30pm CT**, Presenter: Dr. Evan Schwarz

**PLEASE NOTE: All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.**

8 Hour Online MAT Wavier Training: [Register](#)

If you are unable to attend one of our 4-hour live trainings, please use the link to complete the full 8-hour online training at your own convenience.

4. **New NAMI Family-to-Family** – This is a free 8-session educational program for family members and friends of adults 18 years and older living with mental health conditions. NAMI Family-to-Family is a designated evidence-based program by SAMHSA. The course is taught by trained family members, and all instruction and course materials are free to class participants. For more information on this program and to register, visit: <https://namimissouri.org/nami-signature-programs/family-to-family-4/>.

**AVAILABLE VIRTUAL TRAINING DATES:**

*Tuesdays, September 29 – November 17, 6-8:30pm CT*

*Wednesdays, September 30 – November 18, 6-8:30pm CT*

*Thursdays, October 1 – November 19, 6-8:30pm CT*

*Tuesdays, October 6 – November 24, 6:30-9pm CT*

*Saturdays, October 31 – December 19, 1-3pm CT*

5. **New NAMI Family & Friends** – This is a free ongoing bi-monthly virtual seminar for family and friends of anyone of any age who is living with a mental health condition. A free eBook is provided to those who attend the seminar, and has information about mental health conditions, handling crisis situations, and communication strategies. The seminar also includes information on NAMI Family programs. For more information and to register, visit: <https://namimissouri.org/nami-signature-programs/family-and-friends/>.

**AVAILABLE VIRTUAL TRAINING DATES:**

*Saturday, October 3, 2020, 10-12pm CT*

*Monday, October 19, 2020, 6:30-8:30pm CT*

6. **New NAMI Basics** – This is a free education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or whom have already been diagnosed. The NAMI Basics course is led by trained teachers who are the parent or other caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years. The course generally consists of six classes. This class also counts as a Missouri Foster Parent training credit. For more information and to register, please visit: <https://namimissouri.org/nami-signature-programs/basics-2/>

**ONDEMAND**

NAMI Basics is now available online through NAMI Basics OnDemand. The OnDemand program is also guided by parents and family members with lived experience but is self-paced and available 24/7. OnDemand offers the flexibility of participating in the course on your schedule. Both formats provide identical information, strategies and the opportunity to connect with other parents and caregivers.

**AVAILABLE VIRTUAL TRAINING DATES:**

*Saturdays, October 3-November 7, 8-10am CT*

*Saturdays, October 31-December 5, 9-11:30am CT*

**AVAILABLE IN-PERSON TRAINING DATE:**

*Sundays, October 11 - November 15, 3-6pm CT* - First Presbyterian Church of Kirksville, Kirksville, MO

7. **2020 Certified Peer Specialist Trainings** – This training has gone virtual! If you have questions, please contact the MCB office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com). Application information can be located at <https://mopeerspecialist.com/>.

**AVAILABLE ZOOM TRAINING DATES:**

*September 28 – October 2, 2020*

*October 12-16, 2020*

*October 26-30, 2020*

*November 9-13, 2020*

*November 30 – December 4, 2020*

*December 7-11, 2020*

8. **2020 Certified Peer Specialist Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It has been updated so individuals who have attended a training in the past are welcome to attend again. The training is free and will be done in a virtual format only. Once registered, participants will be given a link to watch four videos before the Zoom meeting date. [Click Here For Peer Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com). The Zoom meetings are scheduled for 9-11am on the following dates:

*Thursday, October 22, 2020*

*Thursday, December 17, 2020*

9. **2020 Virtual Ethics Trainings** – The MCB will be offering the following Virtual Ethics Trainings. These trainings can be used to renew any MCB credential in 2020. Participants need to have Zoom capability and be on camera during the training. If you have any questions, please feel free to contact our office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).

**AVAILABLE TRAINING DATES:**

*October 2, 2020, 9-12p and 1-4p CT*

*October 9, 2020, 9-12p and 1-4p CT*

*October 16, 2020, 9-12p and 1-4p CT*

[Click here for the October Registration Form](#)

10. **2020 Virtual Clinical Supervision Trainings** – The MCB will be offering the following Virtual Clinical Supervision Trainings in 2020. The training will consist of completing an online training which will be followed by two days of Zoom meetings held on a Thursday/Friday from 9-1pm each day. Participants must have Zoom capability and be on camera for the training. This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please feel free to contact our office at 573-616-2300 or [help@missouricb.com](mailto:help@missouricb.com).

**AVAILABLE TRAINING DATES:**

*November 12-13, 2020* [November 12-13 Registration Form](#)

***Look for updates on different topics/initiatives next Friday!***