## **FYI FRIDAYS**

## DBH Updates, Notices, and Policy Guidance September 4, 2020

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

# September is Suicide Prevention Awareness Month and Recovery Month!

1. **DBH Awarded SOR 2.0 Grant** – SAMHSA awarded DBH with a State Opioid Response (SOR) 2.0 grant in the amount of \$25,017,670 a year for a two-year period with a start date of September 30, 2020, and end date of September 29, 2022. DMH will lead the project, with aspects of administration, implementation and evaluation activities performed by the University of Missouri, St. Louis (UMSL) - Missouri Institute of Mental Health (MIMH). Missouri's SOR 2.0 project will build upon the system changes for opioid use disorder (OUD) prevention, treatment, and recovery activated by Missouri's STR/SOR grants, while expanding focus on vulnerable populations, stimulant use disorder, telehealth services, and peer specialists.

#### New items to be funded:

- Big Brothers Big Sisters Programming (BBBS) locations in St. Louis, Cape Girardeau and Springfield;
- The T anti-violence and harm reduction outreach center focusing in North St. Louis Region;
- Treatment services for stimulant use disorders;
- Eastern Region Engagement in Care Coordination (EPICC) expansion to include predominantly black neighborhoods;
- Expanding access to select private Opioid Treatment Programs (OTP);
- Missouri Primary Care Association treatment enhancement;
- Missouri Coalition for Community Behavioral Healthcare system redesign;
- Peer specialist advanced guidance/training videos; and
- Recovery support services.
- 2. **SOR Grant Billing Cutoff** The SOR grant will be ending on September 30, 2020. All billings must be entered into CIMOR by the Sunday, November 8, 2020, cutoff.
- 3. **SAMHSA Block Grant Virtual Site Review** On Wednesday, August 26, SAMHSA conducted a routine review of the "Substance Abuse Block Grant" (SABG) services administered through the DBH. Dr. Linda Fulton conducted the survey. This review did not include all block grant funded programs (e.g. substance use prevention or the Mental Health Block Grant), but instead focused on treatment and recovery support services for substance use disorders.

The morning portion of the review included numerous interviews with a variety of DBH staff: policy/program, fiscal, and research. The interviews focused on various programs supported by the Division and the Division's processes for monitoring requirements associated with block grant funds. In addition to information shared during the interviews, DBH staff produced documentation that more fully described provider programming and monitoring. The afternoon portion of the review was comprised of interviews with three different service providers: Preferred Family Healthcare, ReDiscover, and Recovery Lighthouse. The provider interviews went very well. The SAMHSA reviewer

expressed satisfaction with, and appreciation for, the services described by DBH staff and contracted providers. It is unclear at this point if an official report will be issued.

- 4. A Message from Dr. Elinore McCance-Katz This is the 31<sup>st</sup> Anniversary of National Recovery Month, and DMH is specifically promoting a video by Dr. Elinore McCance-Katz, Assistant Secretary for SAMHSA. Her message honors the millions of Americans who have achieved recovery from mental and substance use disorders and celebrates the work done by the recovery community and the strides made in the fight against addiction. Watch the Video
- 5. Overdose Awareness Event in Cape Girardeau FCC Behavioral Health partnered with Gibson Recovery Center and Community Counseling Center to host an overdose awareness balloon release event on August 31. There were nearly 100 people in attendance and the event included a candlelight vigil, non-denominational service, and guest speakers. Read the story written by KFVS12 <a href="here">here</a>.
- 6. Monitoring Review Periods DBH originally stated that the DBH monitoring units would not review during the COVID-19 time period well, we are running out of "non-COVID" time, and with no end in sight, we won't be able to hold to the original statement. DBH is planning, however, to hold firm to not reviewing the months of March, April, and May due to the transition and will be diligent about relaxations etc. permitted during this time.
- 7. **Temporary Program Changes and Billing Guidance Related to COVID-19:** *Fifth Revision* The memo has been updated with the below and posted to the <u>DBH webpage</u>.
  - Billing for Travel Time while Working Remotely

Due to COVID-19, the Monitoring & Review Units have continued to adjust operations and provider requirements. As a result of increased provider staff working remotely from their residences during the COVID-19 pandemic, community support staff will be allowed to bill travel time from their residence to the first served individual's location. This will be a permanent change.

Travel time will be allowed for whichever of the following is the least amount of time:

- From the CSS' place of residence to client's location or
- From office to client's location

## • Day Treatment for Youth

The Division of Behavioral Health is requesting a modification to the limitation for CPR Day Treatment (procedure code H2012). This request is being made as the result of the respiratory disease caused by a novel (new) coronavirus and the need to assure that this behavioral health service is available to meet the needs of the children.

The current limitation for Day Treatment is the child must attend four days a week. DBH is requesting the weekly minimum be changed to "between 2 to 4 days a week" for the following reasons:

- Parents are struggling with their work and transportation schedules resulting in an inability to meet the required four day minimum.
- Children are attending staggered school days during the week (attending in-person classes and then at home for virtual schooling), so schedules are inconsistent for many of the kids who previously attended regularly.
- Flexibility in the minimum required weekly attendance will ensure social distancing of the children while still providing a quality intervention.

The Day Treatment staff would be required to have contact with the children/family by phone, on the days they could not attend in person.

8. Supplemental Training Initiative for Peer Specialists – The UMSL-MIMH Recovery Team is working on a supplemental training initiative for peer specialists in treatment/recovery systems for SOR 2.0. This effort will be housed at MIMH but will only succeed with input from partners (MO Credentialing Board, MCRSP, Midwest ATTC, and DMH), paid peer consultants, and key community stakeholders. If you are a peer or work with peers, please take a few minutes to fill out this survey to provide feedback on which topics and learning formats would be most

beneficial for you/your peer coworkers. There is also an option to either volunteer or recommend a peer to be a part of the consulting team.

Link to survey: <a href="https://umsl.az1.qualtrics.com/jfe/form/SV\_3rf2KU85UikLyqp">https://umsl.az1.qualtrics.com/jfe/form/SV\_3rf2KU85UikLyqp</a>. This will be open through **September 21, 2020.** Please contact Brenna Lohmann (<a href="mailto:brenna.lohmann@mimh.edu">brenna.lohmann@mimh.edu</a>) with any questions, concerns, or recommendations.

- 9. New DBH Children's Webpage The DBH Children's Team would like to introduce the new children's webpage: <a href="https://dmh.mo.gov/mental-illness/children-services">https://dmh.mo.gov/mental-illness/children-services</a>. The new webpage will allow for easy navigation for child and youth specific information including: services, programs, initiatives, trainings, and so much more! Special thanks to Jessica Bounds and the Office of Administration for assisting the team in building the webpage!
- 10. MHD Provider Bulletins All MHD provider bulletins can be found at: https://dss.mo.gov/mhd/providers/pages/bulletins.htm.
  - Telehealth/Telemedicine Statute and Regulation This bulletin applies to MHD providers. <u>Bulletin</u>
- 11. Family Health Center to Merge with Compass Health Network Effective September 1, 2020, Family Health Center in Columbia merged with Compass Health Network. According to officials from the two Missouri nonprofit organizations, this merger will promote the expansion and continual improvement of critical behavioral, dental and physical health services to the most vulnerable populations. After integrating under the unified banner of Compass Health Network, the agencies plan to initially serve an estimated 90,000 people annually, with a combined workforce of nearly 2,900 (Source: Compass Health Press Release). Congratulations!
- 12. Please Welcome Angie Inman to DBH! Angie Inman joined the DBH Adult Community Operations Unit on September 1 as the Residential/Employment/Substance Use Specialist. She comes to us from Preferred in St. Louis where she was a Regional Director of Employment Services. Her prior experiences include Assistant District Supervisor and Senior Counselor with Vocational Rehabilitation; SE Region Institutional Treatment Coordinator with Department of Corrections; Clinical Case Manager with BJC Behavioral Health; and, Community Support Specialist with Community Counseling Center. She has a Masters in Guidance and Counseling and Bachelors in Crime and Society, both with Missouri State University. She is a Certified Criminal Justice Addictions Professional. Angie will be responsible for conducting Individual Placement and Support (IPS) Fidelity Reviews along with providing training and technical assistance to Supported Employment providers. Chad Hinkle, DBH Director of Employment, said, "She will be an excellent advocate for employment as she understands that employment is recovery and recovery is employment." We are excited to welcome Angie to the DBH Employment Team!
- 13. **Residents Show Appreciation to Staff** The message below was featured in the Southeast Missouri Mental Health Center newsletter. It was written and sent from the individuals in the SORTS program.

"The SORTS resident community would like to show appreciation to all the employees who leave this facility and return each day for all of your efforts in keeping COVID-19 out of SORTS. We acknowledge that your vigilance, caution and self-control when you are off the clock is the reason why the virus hasn't been introduced into the facility. So, in appreciation, the giant mask hanging in the Sally Port at SORTS is a symbol of tribute to all that you have done to keep this facility disease free."



14. Real Voices, Real Choices Consumer Conference – The Real Voices, Real Choices Consumer Conference took place this week, August 31-September 4, with over 400 participants registered for this first-time virtual event. The conference included live-streamed and pre-recorded presentations geared toward issues that are important to individuals who are consumers, family members, friends, self-advocates and persons in recovery. This community comes together to learn about programs, service issues, opportunities and self-advocacy.

- 15. Toni Jordan, Certified Peer Specialist, Honored with 2020 Woman of Achievement Award Toni Renee Jordan was announced as a 2020 Woman of Achievement Change Agent. She will be honored during the 65th Women of Achievement Awards Celebration, which will be broadcast September 14 at 7 p.m. on Nine PBS. Toni's life is a powerful story of devastation, recovery, and redemption. Toni is a voice for the uninsured, the homeless, the addicted and others that fall through the cracks and lose hope. Toni has been able to use her own story to inspire individuals and change communities. After attending Let's Start, a support process for formerly incarcerated women in 2006, Toni started volunteering at Queen of Peace Center (QOPC), a substance use treatment center for women. Toni went on to create and lead a QOPC Consumer Advisory Board, which lead to substantial change in the center's programs, procedures and policies. Toni has been on the advisory board for State of Missouri Transformation Grant and helped create a new network of service programs in the City of St. Louis for those experiencing homelessness, trauma, mental illness and substance use. In 2012, Toni joined the Missouri Department of Mental Health State Advisory Council and eventually became vice-chair. Toni is a Certified Peer Specialist Trainer for the Department of Mental Health.
- 16. **Bobbi Jo Reed's Documentary** The **Bobbi Jo: Under the Influence** VIP screening is on September 16, 2020. For more information, visit <a href="https://www.healinghousekc.org/">https://www.healinghousekc.org/</a>.
- 17. Recovery Fest 2020 in Cape Girardeau The Recovery Fest will be held in Cape Girardeau on September 12, 2020, from 10-2pm! There will be all kinds of events, food, and several guest speakers, both live and virtually. Visit the Recovery Fest 2020 Facebook page for more information.
- 18. Naloxone for SUD Treatment Providers The SOR team at UMSL-MIMH is again able to provide a limited amount of no-cost naloxone to SUD treatment providers, with the goal being increased take-home distribution directly to clients. If your agency is in need of more naloxone, please provide the below information in an email addressed to the new naloxone request email: <a href="mailto:noMOdeaths@mimh.edu">noMOdeaths@mimh.edu</a>.

## Please include the following information in your response:

- An estimate of how many uninsured individuals at risk of overdose you serve monthly;
- Your preference for receiving full kits (drawstring bag, one-way breathing masks, printed materials, and naloxone) OR just naloxone;
- Your willingness to accept intramuscular naloxone (a vial and syringe); and
- The mailing address including the correct person to ATTN the package to and their phone number.

Please note – the SOR team receives many naloxone requests and are working diligently trying to keep up while working remotely. Thank you in advance for your patience as they strive to get this life-saving medication to you all as quickly as possible. Questions can be directed to the individuals below.

Lauren Green Kori Richardson

Harm Reduction Program Manager Overdose Prevention Coordinator Lauren.Green@mimh.edu Kori.Richardson@mimh.edu

19. Draft Rule Amendments – The Department is accepting comments on 9 CSR 50-2.010 Admissions to Children's Supported Community Living which prescribes admission criteria, the application process, and placement procedures for Children's SCL. The rule applies to administrative agents. Comments are also being accepted on 9 CSR 50-2.510 Admissions to Adult Community Residential Settings. This amendment applies to administrative agents and affiliates and specifies admission procedures to DBH-funded residential settings for individuals being released from DBH inpatient psychiatric facilities. The amendments are available at <a href="https://dmh.mo.gov/alcohol-drug/regulation-drafts">https://dmh.mo.gov/alcohol-drug/regulation-drafts</a>, and comments should be submitted to <a href="mailto:debbie.mcbaine@dmh.mo.gov">debbie.mcbaine@dmh.mo.gov</a> no later than September 21, 2020.

20. **FSD Signatures for Medical Records Change in Policy** – Effective immediately, Family Support Division has expanded the acceptable list of signatures on medical records to include signatures by an Advanced Practice Registered Nurse. Medical records signed by a licensed clinical social worker still require a countersignature from one of the individuals listed below.

The complete list of signatures which do not require a countersignature are:

- Licensed physicians (medical or osteopathic doctors);
- Licensed or certified psychologists, including school psychologists;
- Licensed optometrists;
- Licensed podiatrists;
- Qualified speech-language pathologists;
- Licensed audiologists;
- Licensed Advanced Practice Registered Nurse, or other licensed advanced practice nurse with another title; and
- Licensed Physician Assistants.

## 21. Other COVID-19 Updates & Resources -

- *New* From the CDC: How to Select, Wear, and Clean Your Mask <a href="https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html?deliveryName=USCDC">https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html?deliveryName=USCDC</a> 2067-DM36401
- Resource Directory For information and resources from partner agencies across state and federal
  government, check out this resource directory now available through the Show Me Strong Recovery Plan
  website: https://showmestrong.mo.gov/directory/.
- Electronic COVID-19 Case Reporting DHSS is pleased to announce the availability of Electronic COVID-19 Case Reporting. All entities currently required to complete a <a href="Communicable Disease Case Report">Communicable Disease Case Report</a> (CD-1) should begin reporting positive COVID-19 cases via the new system\*. This system will replace the paper CD-1 process and allow for more timely, appropriate, and accurate data for COVID-19 case reporting. The Electronic COVID-19 Case Reporting System can be found on the <a href="DHSS main COVID-19">DHSS main COVID-19</a> webpage. Please do not enter lab result information unless you are a reporting laboratory or you are entering on behalf of the laboratory. The new system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the <a href="May 18th Congregate Facility Reporting Order">May 18th Congregate Facility Reporting Order</a>. Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.
  - \*If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.
- Missouri-Specific Coronavirus Regional Data MHA and the Hospital Industry Data Institute introduced a new set of weekly COVID-19 dashboards providing regional trends and models of predicted cases designed to help government leaders, local public health officials, health care organizations and businesses understand the influence of COVID-19 on their communities and make informed decisions when protecting citizens, customers, employees and patients: <a href="https://web.mhanet.com/coronavirus-disease.aspx">https://web.mhanet.com/coronavirus-disease.aspx</a>. Daily situational awareness is available on the <a href="https://website.">DHSS website.</a>
- DBH Community COVID Positives Data To date, we have received reports of 236 consumers and 116 staff
  members testing positive for COVID-19 (from 44 providers). One consumer death has been reported. Please
  send any reports of staff or client positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.
- **DBH Treatment Provider Calls** We are scheduled for every two weeks on Wednesdays at 12pm. Next scheduled call is **September 16**, **2020**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - MoHelpNow

DMH Disaster Services Website - <a href="https://dmh.mo.gov/disaster-services/covid-19-information">https://dmh.mo.gov/disaster-services/covid-19-information</a>

Show Me Strong Recovery Plan - https://showmestrong.mo.gov/#page-top

MO DHSS Website - https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/

CDC Website - https://www.cdc.gov/coronavirus/2019-ncov/index.html

## **FUNDING OPPORTUNITIES**

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at: https://dmh.mo.gov/covid-19-information

 Suicide Prevention: Brief Interventions for Youth -- Cycle 3 2020 – Research Award Letter of Intent Deadline: September 29, 2020, 4pm CT; Application Deadline: January 12, 2021, 4pm CT – This notice provides information about an upcoming Targeted Patient-Centered Outcomes Research Institute (PCORI) Funding Announcement (PFA), which will be released by PCORI on September 1, 2020. Through this initiative, PCORI seeks to fund large randomized controlled trials (RCTs) and/or observational studies that compare the effect of brief interventions on acute suicide risk in youth ages 15 to 24. Learn More
Applicant Town Hall Session is on Thursday, September 10, 2020, 11-12pm CT. Register

- 2. **How to Develop a Competitive Grant Application Webinars –** SAMHSA will be conducting a webinar on how to develop a competitive grant application. The webinar will address:
  - The four registration processes that need to be completed;
  - Preparing to apply for a grant;
  - Key components of the funding opportunity announcement;
  - Responding effectively to the evaluation criteria; and
  - Resources and technical assistance that are available.

If you would like to receive the slides prior to the webinar, send an email to <a href="mailto:GPOtraining@samhsa.hhs.gov">GPOtraining@samhsa.hhs.gov</a>. Thursday, September 17 and October 22, 2020, 1-2:30pm CT. Webinar Information

- 3. Women's Preventive Services Initiative Application Deadline: October 5, 2020 Women's Preventive Services Initiative's purpose is to improve women's health across the lifespan by engaging a coalition of provider, academic, and patient-focused health professional organizations to do the following: 1) Identify and recommend evidence-based updates to the HRSA-supported Women's Preventive Services Guidelines; Raise awareness and knowledge of these Guidelines; and 3) Increase clinicians' adoption and utilization of these Guidelines. Learn More
- 4. **High Speed Broadband/Rural Opportunity Fund Application Deadline: October 22, 2020** The FCC designed the Rural Digital Opportunity Fund to bring high speed fixed broadband service to rural homes and small businesses that lack access. The first phase of the FCC reverse auction will target over six million homes and businesses in census blocks that are entirely underserved by voice and broadband with download speeds of at least 25 Mbps. Learn More

## INFO and RESOURCES

- New Emergent BioSolutions Announces FDA Approval of NARCAN® (naloxone HCl) Nasal Spray Shelf Life
   Extension to 36 Months Emergent BioSolutions, Inc. announced that the U.S. Food and Drug Administration has
   approved the extension of the shelf life of NARCAN® (naloxone HCl) Nasal Spray from 24 months to 36 months
   (Source: Emergent BioSolutions). Read the News Release | Official FAQ Sheet
- 2. New Providing Peer Based Recovery Support Services for Pregnant and Parenting Families The Mid-America ATTC and the Opioid Response Network in Region 7 are sponsoring a 2-part training for peer specialists/recovery coaches or supervisors of peer specialists who want to develop expertise in serving pregnant and parenting families impacted by substance use and/or opioid dependence. The purpose of this training it to better prepare Peer Recovery Support Specialists to meet the diverse needs of pregnant and parenting families in early recovery. Learn More

- 3. New Emerging Issues Around COVID-19 and Social Determinants of Health for the Substance Use Prevention,
  Treatment and Recovery Workforces In April and May 2020, the Addiction Technology Transfer Center Network,
  and the Prevention Technology Transfer Center Network facilitated a six-part national online discussion and
  resource sharing opportunity for the substance use prevention, treatment, and recovery workforces focused on
  emerging issues around social determinants of health and COVID-19. Watch Now
- 4. **New Overdoses and PTSD** A study published by the Johns Hopkins Bloomberg School of Public Health has linked post-traumatic stress disorder with those who experience a drug overdose, or witness one. The study's conclusions underscore the need to address mental health aspects that can occur from overdoses. Read More
- 5. **New Clinicians Prescribing Buprenorphine Far Below Limits of Waivers** Half of clinicians who are waivered to prescribe buprenorphine for the treatment of opioid use disorder have actually done so, and a majority are prescribing the medication for a number of patients that is well below the limit for which they are waivered, according to a new study (Source: Addiction Professional). Read More
- 6. **New New Podcast: PPE in Behavioral Health Care Settings** What are the differences between face masks and face coverings? How can each prevent the spread of COVID-19? In a new episode of The Joint Commission's "Take 5" podcast, the National Council's **Dr. Joe Parks**, vice president of practice improvement and medical director, offers insights into PPE, infection rates and more. <u>Listen Now</u>
- 7. **DMH CARES** DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every *Tuesday from 3:30-4pm CT*. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for *all Missourians*! Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! Registration Link | DMH CARES Show Me Hope Flyer
- 8. **Probation and Parole Regional Oversight Meetings** These are subject to change given rapidly changing plans regarding COVID-19. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at <a href="mailto:katie.andrews@dmh.mo.gov">katie.andrews@dmh.mo.gov</a> and/or 573-522-6163.

September 11 – Northeast Region (Districts 3, 18, 26) – 9-12pm Location: Moberly P&P Office, 1317 E. Hwy 24, Suite B, Moberly

**September 22 – Northeast Region (Districts 11, 16, 17, 38)** – 10-12pm

Location: TBD

September 23 - Eastern Region - 9-11am

Location: Zoom Meeting

September 30 - Southeast Region - 10-12pm

Location: La Croix Methodist, 3102 Lexington Ave., Cape Girardeau

October 2 – Western Region – 10-12pm

Location: TBD

November 17 - North Central Region - 10-12pm

Location: Zoom Meeting

## TRAINING OPPORTUNITIES

1. **New SAMHSA Transforming Lives Through Supported Employment** – This webinar will highlight the key role employment can play in recovery and how supported employment services are offering new gateways to empowerment and recovery for members of the Pascua Yaqui Tribe. This webinar will feature national employment

data from SAMHSA's Uniform Reporting System (URS) and a SAMHSA Transforming Lives Through Supported Employment grantee, as well as individuals living in recovery who benefit from these employment services. *Thursday, September 10, 2020, 12:30-1:30pm CT*. Join the Event

- Cultural Competence Clinical Practice In this presentation participants will learn: The 10 things that culturally competent service provides do; how to address micro-aggressions, micro-insults and micro-invalidations in the helping relationship; intersectionality in cross cultural counseling; cultural competence in individual, group and family therapy; how to integrate culture into evidence based practices; and non-traditional approaches which integrate culture. Thursday, September 10, 2020, 1-4pm CT. Registration Fee: \$75, includes three clock hours for ethics. Register
- Registration is now Free! Missouri Behavioral Health Conference A Virtual Conference Join us for our first ever virtual conference on September 10-11, 2020! All events will be live, not pre-recorded. Registration Fee: FREE! Register | Agenda | Speakers

Things to note:

**Equipment:** Attendees will need a laptop/computer to stream the event and speakers for audio.

**Networking:** An app will be available for the conference. More information will be sent on how to access it closer to the event. This will allow attendees to connect with other attendees, exhibitors and speakers.

**Continuing Education:** Attendees should expect to receive their certificates via email within 4-5 business days if not sooner. Please be sure to check the spam/junk email folder if it has not appeared in the inbox by the 5th business day following the conference.

**Registration:** Make sure to select the sessions you would like to attend during the registration processes in order to receive the join link for the virtual presentation.

The Missouri Coalition for Community Behavioral Healthcare (MCCBH) has approved this program for continuing education. MCCBH will be responsible for this program and maintain a record of continuing education hours earned. MCCBH will award up to 8.1 contact hours for attendance at this conference. Please refer to the online agenda for a breakdown of continuing education hours per session. Continuing education certificates will be sent out at the conclusion of this two day event.

- 4. Advancing the Response to COVID-19: Sharing Promising Programs and Practices for Racial and Ethnic Minority Populations This webinar will highlight state, tribal, territorial, and community-based efforts to address COVID-19 among racial and ethnic minority populations. Register now to participate in discussions with experts leading these efforts at all levels to confront the pandemic. *Thursday, September 17, 2020, 11-5pm CT*. Register
- 5. New Communities Supporting Recovery This webinar will focus on how communities are providing critical recovery support services for individuals living in recovery as well as those who are just starting on their path. This webinar will feature SAMHSA Building Communities of Recovery (BCOR) and Recovery Community Services Program (RCSP) grantees as well as individuals living in recovery who benefit from these support services. Thursday, September 17, 2020, 12:30-1:30pm CT. Join the Event
- 6. **Best Practices for Co-occurring Disorders Treatment: Intake, Screening, and Assessment** Routine screening and assessment for mental health and substance use is essential for identifying the full range of behavioral health issues affecting each client. This webinar will explore best practices for screening, including recommended and validated screening tools as well as policies and procedures that will support routine, systematic, and comprehensive clinical assessment. **Wednesday, September 23, 2020, 12-1pm CT**. Register
- Social Determinants of Mental Health for Older Adults: A New Perspective This webinar will identify those socioeconomic conditions (with an emphasis on discrimination and racism) that have an impact on the mental health of older adults, and actions that can be taken to address these conditions. Wednesday, September 23, 1-2pm CT. Register

- 8. New The Importance of Integrating Recovery Support Services: The Certified Community Behavioral Health Clinic Model This webinar will highlight Certified Community Behavioral Health Clinics (CCBHC) as an effective model for increasing access to and delivery of integrated, person-centered mental health, primary care, and substance abuse recovery services, including medication-assisted treatment (MAT). This webinar will feature Community Health Resources' (CHR), a CCBHC-Expansion grantee, and a person in recovery who has participated in, benefited from, and who currently provides recovery support services in the CCBHC-Expansion program. Thursday, September 24, 2020, 12:30-1:30PM CT. Join the Event
- 9. **Gun Violence and Behavioral Health: Incidence, Best Practices and Strategies from Experts** The goal of this presentation is to share what was learned during a critical incident from a non-first responder perspective. Things that were learned are shared as well as insights on how to support those involved. Unfortunately, events such as these have become all too common. But after the news teams leave to cover the next big event, the communities affected still have a lots of work to heal and try to get back to a sort-of normal life. This presentation will take a look at how a behavioral health department supports the community in the aftermath of the shooting and beyond. **Thursday, September 24, 2020, 1-5pm CT.** Registration Fee: \$89, includes three clock hours. Register
- 10. Treatment of Opioid Use Disorder Course Includes Waiver Qualifying Requirements This course is designed for women's healthcare providers. The ASAM Treatment of Opioid Use Disorder Course covers all evidence-based practices and medications for treating patients with opioid use disorder and provides the required education needed to obtain the waiver to prescribe buprenorphine. ASAM is an approved provider by CSAT/SAMHSA of DATA 2000 training. This is an eight-hour blended course combining four hours of online learning followed by four hours of live webinar learning. The live webinar portion of the course builds off content delivered in the online portion. Course faculty are expecting learners to complete the online portion before attending the live webinar portion. Participants must complete both portions to receive credit for the course. Friday, September 25, 2020, 8-12:30pm CT.

  Registration Fee: \$25. Register
- 11. Providing Peer Based Recovery Support Services for Pregnant and Parenting Families This two-part training is for peer specialists/recovery coaches or supervisors of peer specialists who want to develop expertise in serving pregnant and parenting families impacted by substance use and/or opioid dependence. The purpose of this training it to better prepare Peer Recovery Support Specialists to meet the diverse needs of pregnant and parenting families in early recovery. The 2-day training will focus on the following: Understanding secure attachment for young children, supporting parent-child relationships, expanding community partnerships for serving families with young children, and person-centered planning that supports the growth of Recovery Capital. The training will be followed by a Facilitated Peer to Peer Learning Collaborative in order to engage in a process of higher-level thinking associated with challenges peers face in this region in their day to day work. The Learning Collaborative will consist of 6 bi-weekly, 90 minutes sessions. September 2020 December 2020. See application for more details

## RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. New OEND Training at Your Convenience – In collaboration with Health Literacy Missouri MO-HOPE has developed a series of online videos to train individuals to have overdose education and naloxone distribution conversations with those at high risk of witnessing or experiencing opioid overdoses. These trainings can be completed in 30-45 minutes and are accessible for individuals at their convenience. Individuals can access these trainings at <a href="https://www.tinyurl.com/mohopeoend">www.tinyurl.com/mohopeoend</a>. The computer individuals are accessing the training from must be able to access YouTube (where the videos are embedded). MO-HOPE will continue conducting overdose education and naloxone distribution trainings and emergency responder naloxone trainings (for police and firefighters) via Zoom as well if individuals want or need more interactive training and discussion. The most up-to-date session list can be found at <a href="https://www.tinyurl.com/mohopeproject">www.tinyurl.com/mohopeproject</a>. Trainings are currently scheduled through October.

2. MAT Waiver Training has gone VIRTUAL!! – Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare is providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. If you prefer to complete the full 8-hour training online and at your own convenience, please use the link at the bottom to register. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training.

PCSS-MAT has a comprehensive library of materials with continuing education available at no cost for healthcare providers to build confidence in preventing substance use disorders and treating SUDs and opioid use disorders (OUD). PCSS-MAT also has a no-cost clinical coaching/mentoring program to provide one-on-one clinical expertise for primary care providers. You can post a question to a listserv with an addiction specialist and be matched with an addiction specialist.

## **AVAILABLE VIRTUAL TRAINING DATES: Register**

Saturday, September 26, 2020, 8:30-12:30pm, Presenter: Dr. Evan Schwarz Saturday, November 7, 2020, 8:30-12:30pm, Presenter: Dr. Evan Schwarz

PLEASE NOTE: All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.

#### 8 Hour Online MAT Wavier Training: Register

If you are unable to attend one of our 4-hour live trainings, please use the link to complete the full 8-hour online training at your own convenience.

- 3. MCB Announces a New Advanced Peer Credential The CRPR The Missouri Credentialing Board in collaboration with the Missouri Department of Mental Health and help from a number of stakeholders across Missouri has created a new advanced certified level peer credential called the Certified Reciprocal Peer Recovery (CRPR) credential. This credential is to provide ongoing career development for Certified Peer Specialists working in peer support. The credential application is now available at <a href="https://missouricb.com/wp-content/uploads/2020/08/CRPR-August-2020.pdf">https://missouricb.com/wp-content/uploads/2020/08/CRPR-August-2020.pdf</a> or <a href="https://missouricb.com/wp-content/uploads/2020/08/CRPR-August-2020.pdf">www.misssouricb.com</a> under the Credentials link-CRPR link. As potential applicants will see within the application, the credential requires someone to hold the Certified Peer Specialist (CPS) credential first and then obtain additional training, work experience and supervision. In addition, as part of the application process, the applicant must take and pass a National standard peer exam. MCB is excited about this step in the continued development of the peer program in Missouri and the advancement of peer specialists as they continue to provide effective peer support services across the state in a variety of settings. If you have questions or need more information, please contact MCB at <a href="https://missouricb.com">help@missouricb.com</a> or at 573-616-2300.
- 4. Mental Health First Aid (MHFA) MFHA is now available in a variety of formats, including a fully <u>virtual</u> course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the <u>MO MHFA website</u> to register and for more frequent updates.
- 5. Overdose Education and Naloxone Distribution The MO-HOPE Project will continue to conduct online trainings through September. Below are trainings scheduled between now and the beginning of October. As always, trainings are free but require advance registration.

**AVAILABLE TRAINING DATES:** 

September 11, 2020, 10-12pm CT Register September 15, 2020, 10-12pm CT Register September 21, 2020, 10-12pm CT Register

OVERDOSE EDUCATION AND NALOXONE DISTRIBUTION TRAINING OF TRAINERS:

September 23, 2020, 9-11am CT Register

6. **2020 Virtual Clinical Supervision Trainings** – The MCB will be offering the following Virtual Clinical Supervision Trainings in 2020. The training will consist of completing an online training which will be followed by two days of Zoom meetings held on a Thursday/Friday from 9-1pm each day. Participants must have Zoom capability and be on camera for the training. This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com.

**AVAILABLE TRAINING DATES:** 

September 10-11, 2020 September 10-11 Registration Form November 12-13, 2020 November 12-13 Registration Form

7. **2020 Certified Peer Specialist Trainings** – This training has gone virtual! If you have questions, please contact the MCB office at 573-616-2300 or <a href="mailto:help@missouricb.com">help@missouricb.com</a>. Application information can be located at <a href="https://mopeerspecialist.com/">https://mopeerspecialist.com/</a>.

#### **AVAILABLE ZOOM TRAINING DATES:**

September 14-18, 2020 September 28 – October 2, 2020 October 12-16, 2020 October 26-30, 2020 November 9-13, 2020 November 30 – December 4, 2020 December 7-11, 2020

8. **2020 Certified Peer Specialist Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It has been updated so individuals who have attended a training in the past are welcome to attend again. The training is free and will be done in a virtual format only. Once registered, participants will be given a link to watch four videos before the Zoom meeting date. Click Here For Peer Supervision Training Registration Form. If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com. The Zoom meetings are scheduled for 9-11am on the following dates:

Tuesday, September 22, 2020 (Full) Thursday, October 22, 2020 Thursday, December 17, 2020

9. **2020 Virtual Ethics Trainings** – The MCB will be offering the following Virtual Ethics Trainings. These trainings can be used to renew any MCB credential in 2020. Participants need to have Zoom capability and be on camera during the training. If you have any questions, please feel free to contact our office at 573-616-2300 or <a href="help@missouricb.com">help@missouricb.com</a>.

#### **AVAILABLE TRAINING DATES:**

<u>September Dates</u> - <u>Click here for the September Registration Form</u>

September 11, 2020, 9-12p and 1-4p September 18, 2020, 9-12p and 1-4p

October Dates - Click here for the October Registration Form

October 2, 2020, 9-12p and 1-4p October 9, 2020, 9-12p and 1-4p October 16, 2020, 9-12p and 1-4p

Look for updates on different topics/initiatives next Friday!