



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

10/23/20

StationMD Managing Cold & Flu Season during COVID

In case you missed the division's Facebook Live event with StationMD on Monday, October 19, you can re-watch the broadcast [here](#).

Top takeaways:

- understand how to prevent getting sick,
- learn how to distinguish between symptoms of cold, flu and COVID-19, and
- know how to be prepared for managing and treating symptoms.

As a reminder, StationMD's service is at no cost for Missouri's Medicaid Waiver recipients.

You can download the StationMD app on your smart phone or tablet so that it is ready when you need it. [Instructions for download are here](#).

To learn more about the service, [visit our website](#) or contact MO-DMH@StationMD.com.

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH