

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance **October 16, 2020**

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

*Nothing “new” in this first section this week. Not sure how that happened, but let’s go with “no news, is good news.” Some info repeated from last week in case you missed it. Info on: **CARES Act Provider Relief Fund: New Phase of Provider Relief Fund Opens for Applications** is in section 2 under **Funding Opportunities**.*

1. **STR/SOR Treatment Outcomes Dashboard** – You are invited to view the new STR/SOR Treatment Outcomes Dashboard. The dashboard is a web-based platform for DMH contracted, SOR-funded treatment providers to review their most recent data as it pertains to OUD treatment delivery and outcomes for uninsured individuals. The dashboard includes pre-STR/SOR data compared to STR/SOR data as well as comparisons between your agency and statewide averages. The dashboard was developed by the SOR team at the University of Missouri, St. Louis - Missouri Institute of Mental Health (UMSL-MIMH) in collaboration with the Department of Mental Health (DMH). The dashboard has been reviewed by some SOR providers; however, we are always open to feedback for how to improve the utility of the dashboard. Please note, UMSL-MIMH is still in the process of incorporating additional layers to each of the current measures on the dashboard as they relate to different populations (e.g. race and sex).

Where to access the dashboard: <https://opioidstr.mimh.edu/>

You do not need to be a registered user to see statewide SOR treatment outcomes. To view outcomes specific to your treatment agency, click “Register” in the top right-hand corner of the website to access the dashboard (Please note, MIMH staff manually approves new registered users based on their affiliation with the DMH system. There may be a lag in your new user approval if you register for the website outside of business hours).

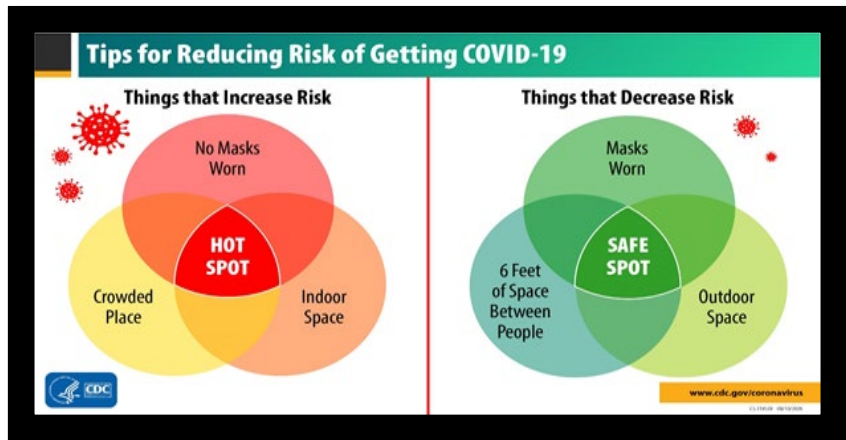
What data is included in the OUD Treatment Evaluation Dashboard? CIMOR billing data for uninsured individuals with OUD who have received treatment for OUD prior to and during the STR/SOR programs. This dashboard will **NOT** include any data from clients with OUD whose services are billed through private pay sources or Medicaid. All data will be reported at the Episode of Care (EOC) level. This data is already provided to UMSL-MIMH by DMH. No additional data collection or entry is required from treatment providers to create or utilize the dashboard.

Contacts: Please contact Keith (Keith.Eldridge@mimh.edu) for any technical difficulties related to accessing the dashboard or Alex (Alex.Duello@mimh.edu) for any questions related to dashboard content.

2. **Missouri FQHC Dental Service Delivery Sites** – A list of FQHC providers with dental clinics has been added to the [DMH website](#). This list is provided by the Missouri Primary Care Association and is updated twice per year.

3. COVID-19 Updates & Resources –

- **CDC Guidance on Holiday Celebrations** – As many people in the United States begin to plan for fall and winter holiday celebrations, CDC offers the following considerations to help protect individuals, their families, friends, and communities from COVID-19. [Read More](#)



- **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.
- **Electronic COVID-19 Case Reporting** – The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.
**If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help government leaders, local public health officials, health care organizations and businesses understand the influence of COVID-19 on their communities and make informed decisions when protecting citizens, customers, employees and patients: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **(They're Back!) COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. For **current community testing locations and information**, including links to register, please visit: <https://dcpd02redcap.azurewebsites.net/redcap/surveys/?s=XTLH7FCLD7>.
- **DBH Community COVID Positives Data** – To date, we have received reports of **345 consumers** and **219 staff** members testing positive for COVID-19 (from **45 providers**). Two consumer deaths have been reported. Please send any reports of staff or client positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.

- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **October 28, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):



Visit the [DHSS website](#) for more information

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

- New CARES Act Provider Relief Fund: New Phase of Provider Relief Fund Opens for Applications** – Behavioral Health providers are encouraged to apply for the latest round of Provider Relief Fund (PRF) support. Although the press release suggests there's a list of eligible providers, it has been clarified that all behavioral health providers who believe they are eligible based on the PRF criteria should apply. *Applications will be considered regardless of whether an organization was previously eligible for, applied for, received, accepted, or rejected prior PRF payments.* For this newest phase, funding will be allocated to providers based on assessed financial losses and changes in operating expenses caused by COVID19. Please note that providers will have from **October 5, 2020, through November 6, 2020**, to apply for this Phase 3 General Distribution funding. [Learn More](#) | [Apply here](#) | [HHS Press Release](#)
- Deadline is Monday! Final Call for Funding – Supporting Harm Reduction Services during COVID-19 – Deadline is Monday, October 19, 2020** - During the pandemic, harm reduction services have been critical to preventing overdose and protecting the health of people who use drugs. To support the challenges faced by harm reduction organizations during COVID-19, the National Council, with support from the CDC, is awarding up to 15 organizations funding to implement innovative and adaptive strategies through the *Preventing Overdose and Increasing Access to Harm Reduction Services* during the COVID-19 Pandemic opportunity. Selected participants will receive up to \$33,000 for a six-month project period beginning in November. [Learn More and Apply](#)
- How to Develop a Competitive Grant Application – Webinars** – SAMHSA will be conducting a webinar on how to develop a competitive grant application. The webinar will address:
 - The four registration processes that need to be completed;
 - Preparing to apply for a grant;
 - Key components of the funding opportunity announcement;
 - Responding effectively to the evaluation criteria; and
 - Resources and technical assistance that are available.If you would like to receive the slides prior to the webinar, send an email to GPOtraining@samhsa.hhs.gov. **October 22, 2020, 1-2:30pm CT.** [Webinar Information](#)
- Delta Region Community Health Systems Development Program (Missouri)** - This program provides technical assistance to small and rural hospitals, rural health clinics, and other health care organizations located in the [252 counties and parishes served by the Delta Regional Authority](#) (a federal agency and HRSA partner). Applicants must be willing, able and ready to undertake a large, comprehensive project over multiple years, with activities supporting quality improvement, financial and operational improvement, telehealth, community care coordination, workforce, emergency medical services, and population health. This is an ongoing opportunity with applications accepted on a rolling basis; **applicants applying by November 30** may join the cohort beginning work in February 2021. [Learn More](#)

INFO and RESOURCES

1. **New The Opioid Crisis and the Hispanic/Latino Population: An Urgent Issue** – This issue brief presents recent data on prevalence of opioid misuse and opioid overdose death rates in the Hispanic/Latino population; contextual factors and challenges to prevention and treatment; innovative outreach and engagement strategies to connect people to evidence-based treatment; and the importance of community voice (Source: SAMHSA). [Download Now](#)
2. **New Pregnancy and Substance Use: A Harm Reduction Toolkit** – The Pregnancy and Substance Use Toolkit is intended for use by pregnant and parenting people who use drugs, and their loved ones. This toolkit is also meant to be an educational resource for birth and healthcare workers, community based organizations, and advocates working to improve the lives of people who use drugs. Pregnant people and their families can use this information to understand their rights, access services, and find high-quality, evidence-based care. These materials can be shared with family members and service providers in order to start important conversations about plans, hopes, goals, and dreams (Source: *National Harm Reduction Coalition and Academy of Perinatal Harm Reduction*). [Download Now](#)
3. **New Essential Conversations in Social Services 2020** – This is a new podcast intended for behavioral health (BH) and substance use disorder (SUD) providers in Region 7. During each episode, a subject matter expert will be interviewed on a timely topic and explore tips designed to help the BH and SUD workforce. [Listen Now](#)
4. **New Psychiatrists' View of Supporting Recovery in 2020 & Beyond** – This podcast episode features Dr. Melissa O'Dell from the University of Nebraska Medical Center and Dr. Doug Burgess from Truman Medical Centers and the University of Missouri-Kansas City School of Medicine. During the episode, our guests' share the following: behaviors and symptoms they are seeing in patients; misconceptions about medications for depression, anxiety, and substance use disorders; and advice for those who may be experiencing mental health issues. [Listen Now](#)
5. **New COVID-19 Impact on Addiction Treatment: Survey Findings & Implications** – Join a collaborative discussion as subject matter experts review findings from their respective COVID-19 Impact Surveys, which polled the addiction field to measure the myriad ways the pandemic has affected treatment organizations. Presenters will begin by discussing the “big picture” takeaways for treatment to date, offer detailed datapoints gathered from survey responses, and wrap up by empowering attendees to take action and advocate for the near- and long-term stability and success of the addiction treatment field. **Thursday, October 22, 2020, 12-1pm CT.** [Register](#)
6. **Minority Fellowship Program Now Accepting Applications** – The National Board of Certified Counselors (NBCC) and the Association for Addiction Professionals (NAADAC), are now accepting applications for the 2021 National Board for Certified Counselors Minority Fellowship Program for Addictions Counselors (NBCC MFP-AC). The program, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), provides up to 40 master's degree-level counseling fellowships of \$15,000 for addictions counseling students, travel expenses to participate in program-related trainings, and complimentary NAADAC membership. Applications are due by **December 15, 2020.** [Learn More](#)
7. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT.** This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
8. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

November 17, 2020 – North Central Region – 10-12pm
Location: Zoom Meeting

December 4, 2020 – Southwest Region – 10-12pm
Location: Zoom Meeting

December 15, 2020 – Eastern Region – 9-11am
Location: Zoom Meeting

January 7, 2021 – Northeast Region (Districts 3, 11, 16, 17, 18, 26, 38) – 10-12pm
Location: Zoom Meeting

January 7, 2021 – Southeast Region – 10-12pm
Location: Zoom Meeting

TRAINING OPPORTUNITIES

1. **MO-HOPE Trainings and TA Offer** – The MO-HOPE project is entering year 5 and wants to ensure that there is ample education on how to provide lifesaving information and skills to the people you serve. There are numerous types of trainings available and they are listed below. Live zoom trainings have been updated for October and November.

Overdose Education and Naloxone Distribution (OEND) Video Training:

You or your staff can complete training on how to have an OEND conversation at your convenience. The video series can be found at www.tinyurl.com/mohopeoend. Completion takes 30-45 minutes.

OEND and OEND Training of Trainers via Zoom:

Upcoming class schedules can be found at www.tinyurl.com/mohopeproject.

First Responder (Police and Fire) Emergency Naloxone Use in the Field Video Series:

This training, including POST certification, has moved completely to online video series. Training can be found at <https://health.mo.gov/safety/ems/more/index.php>.

If you need technical assistance in evaluating how your organization can implement naloxone programs to better serve your clients or patients, email Brandon Costerison (bcosterison@ncada-stl.org).

2. **Intersectionality at Work: Strategies for Navigating Multiple Forms of Discrimination** – Black, Indigenous, and People of Color (BIPOC) who experience mental health recovery frequently face multiple forms of injustice, inequality, and discrimination at work. What are the intersecting rights of BIPOC individuals with lived experience of mental illness in the workplace? What strategies should employers use to provide a culture of respect in the workplace? What do employment specialists need to know to help individuals advocate for themselves at work? This interactive discussion will be guided by these, and other participant questions, and answers from our guest experts. **Monday, October 19, 2020, 12-1pm CT.** [Register](#)
3. **NAMI Family & Friends** – This is a free ongoing bi-monthly virtual seminar for family and friends of anyone of any age who is living with a mental health condition. A free eBook is provided to those who attend the seminar, and has information about mental health conditions, handling crisis situations, and communication strategies. The seminar also includes information on NAMI Family programs. **Monday, October 19, 2020, 6:30-8:30pm CT.** [Register](#)
4. **New Race and Recovery in the Peer Support Workforce – Webinar** – In this webinar, the findings from a recent listening session, “Hearing the Truth about Racism in Recovery” will be presented. Participants will learn about how race is impacting recovery supports in the community and the behavioral health system; how race creates barriers to recovery and wellness; and what immediate actions peer support providers can take to identify and remedy these barriers. **Tuesday, October 20, 2020, 12-1pm CT.** [Register](#)

5. **New Youth SBIRT and Substance Use During COVID-19** – The COVID-19 pandemic presents unique challenges for youth struggling with substance use or in recovery. Join a peer-led discussion regarding substance use trends during COVID-19 and the importance of youth screening; discuss brief intervention and referral to treatment (YSBIRT) practices, guided by a [field-informed standardized guide](#); hear lessons learned from MHC Healthcare’s adaption of telehealth efforts to engage youth in conversations and build trust; and share experiences on navigating operational barriers to implementing YSBIRT. There will also be time to cover other topics raised by participants! **Tuesday, October 20, 2020, 2:30-3:30pm CT.** [Register](#)
6. **New Addressing Implicit Bias in Organizational Structures** – Research shows that African Americans, Latinos and other historically marginalized communities, continue to face disproportionate challenges within organizational processes and practices, from hiring practices, to supervision and evaluation. These processes have been proven to be impacted by the systemic inequity within the policies themselves, as well as the individual bias of application. Often these biases, rooted in systemic racism, can impact prejudicial behaviors, such as microaggressions and inequitable decision making related to staff of color causing trauma and moral injury. Join this webinar to explore implicit bias, moral injury and what organizations can do to create safe, secure and equitable environments for all staff to reduce trauma, avoid re-traumatization and build resiliency. **Wednesday, October 21, 2020, 1-2pm CT.** [Register](#)
7. **When Helping Hurts: Understanding the Impact of Secondary Traumatic Stress and Compassion Fatigue** – Secondary Traumatic Stress (STS), also referred to as Compassion Fatigue is defined as the indirect exposure to difficult, disturbing, and/or traumatic images and stories of the suffering of others. Now, the fight against two global pandemics plaguing this country: health and systemic racism is amplifying all the factors that lead to compassion fatigue. These pandemics demand an increased need for front line and direct response workers to fulfill the medical, mental, and social health needs of the families and communities impacted. This training is an overview designed to bring awareness to the systematic impact of STS, offer a safe space for helping and healthcare professionals to learn strategies for managing STS and also to assist front line workers in providing from a full well of compassion rejuvenation. **Wednesday, October 21, 2020, 1-2:30pm CT.** [Register](#)
8. **Integrating Cultural Competence into Evidence-Based Practices** – In this era of evidence based practices few developers of these empirical models have been intentional and strategic about the integration of these models with culturally competent practice. In this presentation, participants will learn: ten characteristics of culturally competent therapists; how to integrate cultural competence into evidence based practices, with motivational interviewing, person centered therapy, evidence based group therapy, the use of motivational incentives and feedback informed treatment used as integrative case studies. Other topics discussed includes: addressing tension in cross cultural counseling; overcoming barriers to mistrust in the cross cultural counseling relationship; intersectionality and microaggressions which can occur in the midst of therapy. Participants will also be introduced to non-traditional approaches to therapy influenced by culture. **Wednesday, October 21, 2020, 1-4pm CT.** **Registration Fee: \$75, includes three clock hours.** [Register](#)
9. **New Counseling African Americans with Substance Use Disorder – Webinar** – This virtual presentation will focus on a strength-based approach to engaging African Americans in substance use disorders treatment, rapport building with African American Clients within the first 10 minutes of contact, reasons African Americans resist substance use disorders treatment and intervention strategies, effective cross-cultural counseling skills with African Americans with substance use disorders, and traditional and non-traditional approaches to recovery among African Americans. **Thursday, October 22, 2020, 10-11:00am CT.** [Register](#)
10. **Pharmacology of Psychostimulants (cocaine & methamphetamine)** – The third offering in this pharmacology webinar series will explore the pharmacology of psychostimulants with a focus on cocaine and methamphetamines. The presenter will cover how psychostimulant addiction impacts major brain regions and the acute and chronic symptoms associated with cocaine and methamphetamine use. Specific features of psychostimulant dependence

and withdrawal will be discussed specifically symptoms that occur when a person is discontinuing their use. The webinar will use Zoom technology and the format will be interactive with ample time for questions. **Thursday, October 22, 2020, 1-2:30pm CT** [Register](#)

Last webinar in this series:

a. Pharmacology of Cannabis - Thursday, October 29, 2020, 1-2:30pm CT [Register](#)

11. **Considerations in Serving LGBTQ Adolescents** – Learn more about the LGBTQIA2+ youth population, cultural implications and programmatic considerations. Participants will discover how to define basic concepts regarding LGBTQIA2+ youth; discuss cultural considerations needed to work with the LGBTQIA2+ youth population; and describe programmatic considerations when working with the LGBTQIA2+ youth population. **Friday, October 23, 2020, 1:30-2:30pm CT.** [Register](#)
12. **FSP Training** – Family Support Providers give assistance to families with children or youth experiencing behavioral health, substance use, or developmental disability challenges. Parents and caregivers can access support and resources through their FSP, along with other services they provide. Consider attending the next training event, being held via zoom, **October 26 - 28, 2020**. For questions regarding registration, please email [Jill Richardson](#).
13. **New Motivational Interviewing to Engage Older Adults in a COVID World** – Join for a dynamic discussion around supporting older adults during these challenging times. With the stressors of physical isolation impacting this population it may be increasingly difficult to engage individuals from their homes. Learn the key approaches in implementing MI to increase engagement. Participants can also share their experiences, challenges and success in supporting individuals through these unprecedented times. **Tuesday, October 27, 2020, 12-1pm CT.** [Register](#)
14. **Transitional Age Youth Webinar Series** – This series of virtual events will examine special topics for working with adolescents and transitional age youth who have substance use and mental health conditions. The teen and young adult years are an important time for early intervention. There are many evidence-based practices and promising interventions that can be used effectively. The goal of this series is to provide evidence-based and cutting-edge information on substance use prevention and intervention to an interprofessional audience of behavioral health practitioners for working with adolescents and transitional age youth (18 - 25).

Webinars in this series include:

- **The Impact of Substance Use on the Developing Adolescent Brain** – **Tuesday, October 27, 2020, 1-2pm CT.** [Register](#)
 - **Who's Doing What?: The Epidemiology of Adolescent Substance Use** – **Tuesday, November 17, 2020, 1-2pm CT.** [Register](#)
 - **Substance Use Interventions for Adolescents and Transitional Age Youth** – **Tuesday, December 15, 2020, 1-2pm CT.** [Register](#)
15. **New Suicide Assessment and Response for K-12 Populations** – During this 90-minute training, special attention will be given to common screening and assessment tools used in school settings, best practices for utilizing an interdisciplinary team approach to respond to youth experiencing thoughts of suicide in a school setting, and ways to identify risk and protective factors for youth and adolescents at risk of suicide. **Tuesday, October 27, 2020, 3-4pm CT.** [Register](#)
 16. **New Getting Back on the Road to Recovery: Focusing and Developing Recovery Goals – Webinar** – Focusing on recovery goals during the current pandemic may be difficult for many individuals participating in mental health services. Specifically, individuals' lives may have been disrupted due to personal illness, economic factors, and increased family responsibilities. Progress toward recovery goals, such as employment, education, living, and wellness, may have been put on hold while basic needs are addressed. This webinar will provide practitioners with the tools and strategies to assist individuals with refocusing on recovery goals. SMART goal-planning will be discussed and applied to recovery goals. **Wednesday, October 28, 2020, 12-1pm CT.** [Register](#)

17. **New Addressing Racial Trauma in the Clinical Setting** – Understanding how racial trauma affects the mental, emotional, and physical health of African-American clients is only the beginning of helping them work through their trauma. In addition to knowing the impacts, organizations and clinicians should know best practices for addressing racism and racial trauma from the minute they enter a practice to when they go into the therapy room (whether in-person or through telehealth). During the webinar, participants will learn: how to apply trauma-informed care best practices when addressing racism and racial trauma in the therapy room, self-care strategies clinicians can implement to protect their own well-being, what supervisors can do within the supervisor/supervisee relationship to help clinicians leverage trauma-informed care, and ways organizations can create a safe space through their marketing materials, lobby presentation, and staff training. *Thursday, October 29, 2020, 1-2pm CT.* [Register](#)
18. **NAMI Family-to-Family** – This is a free 8-session educational program for family members and friends of adults 18 years and older living with mental health conditions. NAMI Family-to-Family is a designated evidence-based program by SAMHSA. The course is taught by trained family members, and all instruction and course materials are free to class participants. *Saturdays, October 31 – December 19, 1-3pm CT.* [Register](#)
19. **Family Work to Improve Outcomes for People Experiencing a First Episode of Psychosis** – This webinar will focus on strategies to engage and involve family members in the treatment and recover of people with FEP. Tools will be shared that can be used to explore family involvement with young people, as well as strategies to engage family members using shared decision making. There will also be an overview of different types of family interventions that your team can offer to participants and families. *Thursday, November 5, 2020, 10-11am CT.* [Register](#)
20. **Adverse Childhood Experiences: Why they should be the Top Priority of EVERY Child-Serving Professional** – Adverse Childhood Experiences (ACEs) have become a topic of considerable importance during the past 20 years. This workshop will provide an introduction to the concept of ACEs and explore the variety of negative impacts that they appear to have on human functioning. Time will also be spent discussing the importance and process of reducing the impact of ACEs at an early age. *Thursday, November 5, 2020, 1-4pm CT.* **Registration Fee: \$39, includes three clock hours.** [Register](#)
21. **New Leveraging Social Environment in the Prevention of Opioid Use Disorder** – This webinar focuses on strategies to prevent opioid misuse and opioid use disorder (OUD) that involve bi-directional interactions between people who use drugs and different levels of their social environment to forge better outcomes for individuals, families, and communities. *Tuesday, November 10, 2020, 12-1pm CT.* [Register](#)
22. **2020 Virtual Clinical Supervision Trainings** – The training will consist of completing an online training which will be followed by two days of Zoom meetings held on a Thursday/Friday from 9-1pm each day. Participants must have Zoom capability and be on camera for the training. This training is required for an individual to be a MCB Qualified Clinical Supervisor. If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com. *November 12-13, 2020.* [Register](#)
23. **Missouri Substance Use Prevention Conference** – Join the Missouri Prevention Resource Center Network for the first ever virtual conference on **November 16-17, 2020!** This conference brings together the prevention community, including staff from the Prevention Resource Centers, community volunteers, school counselors, law enforcement and many others. **Registration Fee: In-State Registration - \$25; Out-of-State Registration - \$50.** [Register](#) | [Agenda](#) | [Speakers](#)
24. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians

and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**

- a. **Session 1 - Navigating Risk: The Dignity of Risk and the Duty to Care – Presented on September 29, 2020.**
[PowerPoint](#) | [Decisional Balance Worksheet](#) | [Managing Risk Worksheet](#)
- b. **Session 2 - A Recovery Oriented Approach to Professional Boundaries - Thursday, February 11, 2021, 2-3:30pm CT.** [Register](#)
- c. **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
- d. **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **OEND Training at Your Convenience** – In collaboration with Health Literacy Missouri MO-HOPE has developed a series of online videos to train individuals to have overdose education and naloxone distribution conversations with those at high risk of witnessing or experiencing opioid overdoses. These trainings can be completed in 30-45 minutes and are accessible for individuals at their convenience. Individuals can access these trainings at www.tinyurl.com/mohopeoend. The computer individuals are accessing the training from must be able to access YouTube (where the videos are embedded). MO-HOPE will continue conducting **overdose education and naloxone distribution** trainings and **emergency responder naloxone trainings (for police and firefighters)** via Zoom as well if individuals want or need more interactive training and discussion. The most up-to-date session list can be found at www.tinyurl.com/mohopeproject. Trainings are currently scheduled through October.
2. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.
3. **MAT Waiver Training has gone VIRTUAL!!** – Opioid SOR, in partnership with the Missouri Coalition for Community Behavioral Healthcare is providing an 8-hour MAT Waiver Course. This course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. If you prefer to complete the full 8-hour training online and at your own convenience, please use the link at the bottom to register. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, they will send you a certificate of completion.

Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training.

AVAILABLE VIRTUAL TRAINING DATES: [Register](#)

Saturday, November 7, 2020, 8:30-12:30pm CT, Presenter: Dr. Evan Schwarz

PLEASE NOTE: All attendees are required to have a webcam and reliable internet connection. Webcams must be on for the full training in order to be marked as a participant.

8 Hour Online MAT Wavier Training: [Register](#)

If you are unable to attend one of our 4-hour live trainings, please use the link to complete the full 8-hour online training at your own convenience.

4. **NAMI Basics** – This is a free education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental illness or whom have already been diagnosed. The NAMI Basics course is led by trained teachers who are the parent or other caregivers of individuals who developed the symptoms of mental illness prior to the age of 13 years. The course generally consists of six classes. This class also counts as a Missouri Foster Parent training credit. For more information and to register, please visit: <https://namimissouri.org/nami-signature-programs/basics-2/>

ONDEMAND

NAMI Basics is now available online through NAMI Basics OnDemand. The OnDemand program is also guided by parents and family members with lived experience but is self-paced and available 24/7. OnDemand offers the flexibility of participating in the course on your schedule. Both formats provide identical information, strategies and the opportunity to connect with other parents and caregivers.

AVAILABLE VIRTUAL TRAINING DATES:

Saturdays, October 31-December 5, 9-11:30am CT

5. **2020 Certified Peer Specialist Trainings** – This training has gone virtual! If you have questions, please contact the MCB office at 573-616-2300 or help@missouricb.com. Application information can be located at <https://mopeerspecialist.com/>.

AVAILABLE ZOOM TRAINING DATES:

October 26-30, 2020

November 9-13, 2020

November 30 – December 4, 2020

December 7-11, 2020

6. **2020 Certified Peer Specialist Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It has been updated so individuals who have attended a training in the past are welcome to attend again. The training is free and will be done in a virtual format only. Once registered, participants will be given a link to watch four videos before the Zoom meeting date. [Click Here For Peer Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com. The Zoom meetings are scheduled for 9-11am on the following dates:

Thursday, October 22, 2020

Thursday, December 17, 2020

7. **2020 Virtual Ethics Trainings** – The MCB will be offering the following Virtual Ethics Trainings. These trainings can be used to renew any MCB credential. Participants need to have Zoom capability and be on camera during the training. **Please note that each training is a separate and unique training. If you need six ethics hours, you would need to sign up for two of the trainings.** If you have any questions, please feel free to contact our office at 573-616-2300 or help@missouricb.com. [Registration Form](#)

AVAILABLE TRAINING DATES:

October 30, 2020, 9-12pm CT

October 30, 2020, 1-4pm CT

8. **New November 2020 MARS Program** – This new Medication Awareness Recovery Specialist Training Program is a comprehensive training program that provides 40 hours of training on using medications during the recovery process. The program details are as follows:
- The program starts with a 2-Hour Zoom meeting on **Friday, November 6, 2020**. Participants choose one of three times - **8:00-10:00am**, **11:00-1:00pm**, or **2:00-4:00pm**. There is also a 2-Hour Zoom meeting on Friday, January 22, 2021, and Friday, February 12, 2021, both with the same three time options.
 - In addition, participants also work through eight self-study modules that start on Monday, November 16, 2020, and end Sunday, February 7, 2021. These modules are completed at home within assigned time periods.

- Information covered in the program includes: Science of Addiction, Eliminating Barriers to Medication Assisted Treatment, Medication Assisted Treatment and Mutual Support Groups, Know Your Rights, ASAM Guidelines for MAT, and More!

The cost of the program is \$100.00 and participants receive 40 CEUs plus a Medication Awareness Recovery Specialist Certificate. **Participants must be able to attend the Zoom trainings on November 6, January 22, and February 12, and complete the online modules to participate in the program.** If you have any questions, please contact Scott Breedlove at scott.breedlove@missouricb.com. [Click on the November MARS Registration Form](#)

Look for updates on different topics/initiatives next Friday!