

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance November 13, 2020

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **DMH CARES Funding Allocations – All invoices for CARES funding are due by November 15.** Please send invoices, attestation and supporting documentation to Vicki Schollmeyer (vicki.schollmeyer@dmh.mo.gov) on or before Sunday, November 15. If received after the 15th they will NOT be processed for payment.

DBH Community COVID-19 Positives Data (as of November 13, 2020 at 4pm)

Consumers	460
Staff	366
Providers	45

Please send any reports of staff or consumer positives to nora.bock@dmh.mo.gov and copy karen.will@dmh.mo.gov.

2. **Reimbursement of COVID Lab Fees – Invoices for reimbursement of COVID lab fees are due by November 15.** The below guidance was provided previously, please contact Amy Jones (amy.jones@dmh.mo.gov) or Gina Jacobs (gina.jacobs@dmh.mo.gov) with any questions.

The following guidance is created in an effort to assist providers with these expenses:

1. The provider will work with the lab to invoice the provider directly.
 2. The provider pays the invoice.
 3. The provider will then invoice DMH/DBH the cost of the COVID-19 testing lab fees, providing documentation indicating they incurred the cost and the lab has been paid (copy of the original lab testing invoice, paid receipt, dates of testing, lab name, total amount, etc.). The more information provided the sooner reimbursement will be issued.
 4. Invoices and documentation should be sent to Amy Jones (amy.jones@dmh.mo.gov) for review.
3. **CCBHO Cost Reports due November 30, 2020** – Another year has passed and that means it's time for cost reports again!! An email was sent to the CCBHO CFOs with the attachments described below. Please contact Amy Jones (amy.jones@dmh.mo.gov) if you have not received them:
 - Missouri Annual Review CCBHO Cost Report Instructions
 - Appendix A – Appendix A is the original CCBHO service list that was created at the beginning of the project. It will show you which services are categorized as specialized services as well as provide you a crosswalk of how you used to bill FFS to how you would bill under PPS (i.e. which codes to bill without modifiers). This is not meant to be an all-encompassing list of CCBHO services. You should use the Visit Service list for that. Appendix A can be found using the following link and clicking on 'Information for Providers': <https://dmh.mo.gov/certified-community-behavioral-health#InformationforProviders>.
 - Appendix B – CFR 42 and CFR 45 for your reference only.
 - Appendix C – Specialized Services Cost Report Instructions
 - Appendix D – Annual Review Instructions
 - Visit Service List – The visit service list will give you the full comprehensive list of CCBHO services. It can be found using the following link and clicking on 'Information for Providers': <https://dmh.mo.gov/certified-community-behavioral-health#InformationforProviders>.

Important tips to remember when completing the cost report:

- The DY3 cost report should be based on the timeframe of 7/1/19-6/30/20.
- This is an annual review cost report and the purpose is to provide a comparison of your current PPS rate to actual costs incurred during the demonstration year. Therefore, anticipated costs should not be included in the cost report.
- It's acceptable if your most recent audited financials are not for the same time period that the cost report is based on. You can provide a working trial balance that matches the DY3 time period as well as your most recent audited financials.

Documents to Submit by COB on November 30, 2020:

- MO Cost Report – Full
- MO Cost Report – Specialized Services
- Signed Certification Statement
- Working Trial Balance that coincides with the timeframe of 7/1/19-6/30/20
- Most Recent Audited Financial Statements

Please submit all documents to CCBHCPPS@dmh.mo.gov.

Crisis Counselor Appreciation Day

Governor Parson proclaimed November 13 as “Crisis Counselor Appreciation Day” coinciding with World Kindness Day. Join us in honoring the *Show Me Hope* Crisis Counselors by performing a simple act of kindness and sharing through Twitter and Facebook by using #ShowMeHope. Read more details in the [press release](#).

Learn more about World Kindness Day at <https://www.randomactsofkindness.org/world-kindness-day>.

DMH appreciates everyone’s heroic efforts to serve DMH clients during this pandemic. You are all heroes!

4. **CIMOR Priority – DM Housing and Outreach Pools** – Below are the current balances for the DM Housing and Outreach pools. If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.

	ADA	CPS
DM Housing Allocation	\$250,000.00	\$250,000.00
DM Housing Expended (9 Cycles Paid)	\$39,530.01	\$118,208.73
Current DM Housing Allocation Balance	\$210,469.99	\$131,791.27
DM Outreach Allocation	\$163,000.00	\$163,000.00
DM Outreach Expended (9 Cycles Paid)	\$133,525.02	\$2,440.09
Current DM Outreach Allocation Balance	\$29,474.98	\$160,559.91
Current Total Allocation Balance	\$239,944.97	\$292,351.18

5. **New Housing Director** – We are pleased to announce **Kelli Kemna’s** promotion as the new Housing Director for the Department of Mental Health. Kelli has been a DMH Housing Development Officer and Affordable Housing Consultant for four years. Prior to her work at DMH, she worked in community programs implementing a HUD Supportive Housing Program for the Salvation Army, assisting Veterans at the Harry S. Truman Memorial Hospital, and performing community support at Pathways. She has a Master’s degree in Social Work and completed the Missouri Department of Mental Health Director’s Leadership Academy. She is well known to those doing community housing. The responsibilities of the DMH Housing Director include supervising over \$15 million in housing funds and a staff of six; collaborating with federal, state and community housing organizations; and assuring homeless individuals with a behavioral health diagnosis are housed. The promotion is effective immediately. Congratulations Kelli! We are confident your vision will take housing to new heights.

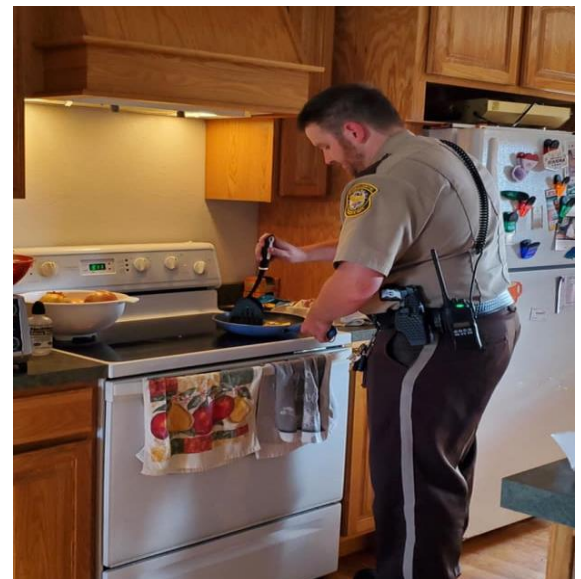
6. **MHD Provider Bulletins** – All MHD provider bulletins can be found at: <https://dss.mo.gov/mhd/providers/pages/bulletins.htm>. The **ICD-10 Annual Updates** bulletin applies to providers that bill for ICD-10 Procedure & Diagnosis Codes and is effective October 1, 2020. [Bulletin](#)

7. **COVID-19 Updates & Resources** –

- **New Talking with Children: Tips for Caregivers, Parents, and Teachers During Infectious Disease Outbreaks** – This fact sheet provides parents, caregivers, and teachers with strategies for helping children manage their stress during an infectious disease outbreak (Source: SAMHSA). [Download Now](#)



- **Are You a Healthcare Professional Impacted by COVID-19?** – Visit the [DHSS website](#) for more information
– The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit www.missouricit.org/frpn to find a provider.
- **CDC Guidance on Holiday Celebrations** – As many people in the United States begin to plan for fall and winter holiday celebrations, CDC offers the following considerations to help protect individuals, their families, friends, and communities from COVID-19. [Read More](#)
- **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.
- **Electronic COVID-19 Case Reporting** – The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.
**If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit the [DHSS website](#).



While out on a check the well-being call yesterday (November 12), Community Mental Health Liaison Jennifer Beard snuck this picture of Deputy Greg Stegall channeling his inner Gordon Ramsey. While at the home, the two learned the individual was recovering from surgery and had not eaten in a couple of days, so while Jennifer began making calls to get the individual some assistance, Deputy Stegall prepared something to eat. The individual declared it the best omelet they had ever eaten! Not pictured are the dog, cats and horses that Deputy Stegall and Jennifer made sure were fed and watered before their departure.

- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **November 18, 2020**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

1. **Delta Region Community Health Systems Development Program (Missouri)** - This program provides technical assistance to small and rural hospitals, rural health clinics, and other health care organizations located in the [252 counties and parishes served by the Delta Regional Authority](#) (a federal agency and HRSA partner). Applicants must be willing, able and ready to undertake a large, comprehensive project over multiple years, with activities supporting quality improvement, financial and operational improvement, telehealth, community care coordination, workforce, emergency medical services, and population health. This is an ongoing opportunity with applications accepted on a rolling basis; **applicants applying by November 30** may join the cohort beginning work in February 2021. [Learn More](#)
2. **Community Connect Broadband Grant Program – Application Deadline: December 23, 2020** – Grants for communities without broadband access to provide residential and business broadband service and connect facilities such as police and fire stations, healthcare, libraries, and schools are now being accepted. [Learn More](#)

INFO and RESOURCES

1. **New Adapting Evidence-Based Programs to Diverse Populations and Settings** – As we work to close disparities in substance use prevention and treatment, we need to turn to the evidence-base and choose interventions that not only work, but are likely to have the largest impact upon the health behaviors we are trying to address. However, interventions are designed and tested in a particular population and context. The transportability of evidence-based models is not always appropriate or guaranteed. Culture, language, poverty, health systems differences, and other social and structural determinants of health may adversely affect engagement in, and response to evidence-based intervention models that are applied to new populations and settings unless the interventions are adapted. There are six sequential steps that can guide the process of assessing, and if necessary, adapting existing interventions to new populations and settings (Source: *ATTC Network*). [Read More](#)
2. **New Making the Case for High-Functioning, Team-Based Care in Community Behavioral Health Care Settings** – Research shows that when adopted in behavioral health care settings, TBC leads to equal or better outcomes in efficiency, effectiveness, safety, cost savings and quality. Developed with input from medical directors, SMEs, and mental health providers and clinical staff with experience in direct service provision and administration, this publication will: illustrate the role of TBC in, and its impact on, your service delivery; highlight the research supporting TBC as a proven model; explore the five critical elements of the TBC model; and provide actionable tips and considerations for implementation. Download the publication today and watch the webinar to learn more (Source: *National Council for Behavioral Health*). [Publication](#) | [Webinar](#)

3. **New Limiting the Misuse and Diversion of Prescription Stimulants** – In this video, Timothy Wilens, MD, discusses strategies for limiting the misuse and diversion of prescription stimulants. Dr. Wilens is Chief, Division of Child and Adolescent Psychiatry, and Co-Director, Center for Addiction Medicine, at Harvard Medical School, Boston, Massachusetts (Source: *Psychiatry & Behavioral Health Learning Network*). [Watch the Video](#)
4. **New Dr. Marc Agronin on Prescribing Medications for Older Adults** – In this video, geriatric psychiatrist Marc E. Agronin, MD, shares guidelines for appropriately prescribing psychotropic medications for older adults. Dr. Agronin is the senior vice president for Behavioral Health and chief medical officer for MIND Institute at Miami Jewish Health in Florida (Source: *Psychiatry & Behavioral Health Learning Network*). [Watch the Video](#)
5. **New Opioid Use Disorder in Women and the Implications for Treatment** – The opioid epidemic continues to evolve and impact all groups of people, including women. The end to this evolving epidemic will require treatment solutions that consider women’s risks and needs as they relate to opioid use disorder (OUD) and co-occurring conditions (Source: *ATTC Network*). [Read More](#)
6. **New National Core Curriculum: Stimulants and their Impact on Brain and Behavior: Best Practices and Approaches for Effective Treatment and Recovery** – The ATTC Network proudly presents a core curriculum training package to provide information about central nervous system stimulants and their impact on brain, body, and behavior (Source: ATTC Network). [View the Training and Related Resources](#)
7. **New People with Addiction More Likely to Get COVID-19, Die** – People who are addicted to drugs or other substances are more likely to contract COVID-19 and to be hospitalized or die from it, according to a National Institutes of Health study. People with a substance use disorder made up 10.3% of those studied in the NIH-funded project but accounted for 15.6% of the COVID-19 cases, according to the study. Those with a recent opioid use disorder diagnosis were most likely to develop COVID-19, followed by people with tobacco use disorder (Source: *Detroit Free Press*). [Read More](#)
8. **New Health Insurers are Starting to Roll Back Coverage for Telehealth – Even Though Demand is Way Up** – In less than a year, telehealth has gone from a niche rarity to a common practice. Its ability to ensure physical distance, preserve personal protective equipment and prevent the spread of infection among health care workers and patients has been invaluable during the COVID-19 pandemic. But, things are changing due to financial losses by insurance companies (Source: *PBS News Hour*). [Read More](#)
9. **New Health Groups Call on DEA to Implement Telemedicine Rule** – More than 80 health care groups called on the Drug Enforcement Administration to finalize a telemedicine special registration process to allow health care professionals to safely prescribe controlled substances remotely. The provision was included in the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act of 2018, but the DEA has not acted on it (Source: *AAFP News Staff*). [Read More](#)
10. **Minority Fellowship Program Now Accepting Applications** – The National Board of Certified Counselors (NBCC) and the Association for Addiction Professionals (NAADAC), are now accepting applications for the 2021 National Board for Certified Counselors Minority Fellowship Program for Addictions Counselors (NBCC MFP-AC). The program, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), provides up to 40 master’s degree-level counseling fellowships of \$15,000 for addictions counseling students, travel expenses to participate in program-related trainings, and complimentary NAADAC membership. Applications are due by **December 15, 2020**. [Learn More](#)

11. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)

12. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

November 17, 2020 – North Central Region – 10-12pm

Location: Zoom Meeting

December 4, 2020 – Southwest Region – 10-12pm

Location: Zoom Meeting

December 15, 2020 – Eastern Region – 9-11am

Location: Zoom Meeting

January 7, 2021 – Northeast Region (Districts 3, 11, 16, 17, 18, 26, 38) – 10-12pm

Location: Zoom Meeting

January 7, 2021 – Southeast Region – 10-12pm

Location: Zoom Meeting

January 8, 2021 – Western Region – 10-12pm

Location: Zoom Meeting

TRAINING OPPORTUNITIES

1. **New Peer Support: From Position Description to Integrated Team Member** – This 12-week learning collaborative is intended to help participants develop a step-by-step plan for bringing peer support into an existing behavioral health agency or practice, in a manner that enhances services. Each participant will develop the essential documents and tools for designing a plan to introduce peer support into a provider agency. The syllabus includes biweekly group video calls. It is not designed for independent study. Earn up to 12.0 AMA PRA Category 1 Credits. **November 16, 2020 – February 7, 2021.** [Register](#)
2. **New Infusing Quality Improvement into Your Peer Support Program** – This 12-week learning collaborative is best suited for mental health professionals with existing peer support service programs. During the course, you will explore how to measure and maintain quality in peer services through the development and implementation of quality improvement standards. Each participant will design a behavioral health project using peer support services and develop fidelity and outcome measures for the peer support component. The syllabus includes biweekly group video calls. It is not designed for independent study. Earn up to 12.0 AMA PRA Category 1 Credits. **November 16, 2020 – February 7, 2021.** [Register](#)
3. **Missouri Substance Use Prevention Conference** – Join the Missouri Prevention Resource Center Network for the first ever virtual conference on **November 16-17, 2020!** This conference brings together the prevention community, including staff from the Prevention Resource Centers, community volunteers, school counselors, law enforcement and many others. **Registration Fee: In-State Registration - \$25; Out-of-State Registration - \$50.** [Register](#) | [Agenda](#) | [Speakers](#)

4. **NAMI Missouri Provider Workshop** – This event is for mental health workers and the social service/helping community. Topics include medication updates, children’s disorders, psychiatric crisis, a recovery panel, family issues and more. CEUs will be issued by MIMH upon completion. **Tuesday, November 17, 2020, 9-4:15pm CT.** [Register](#)
5. **Transitional Age Youth Webinar Series** – This series of virtual events will examine special topics for working with adolescents and transitional age youth who have substance use and mental health conditions. The teen and young adult years are an important time for early intervention. There are many evidence-based practices and promising interventions that can be used effectively. The goal of this series is to provide evidence-based and cutting-edge information on substance use prevention and intervention to an interprofessional audience of behavioral health practitioners for working with adolescents and transitional age youth (18 - 25).

Webinars in this series include:

- **Who's Doing What?: The Epidemiology of Adolescent Substance Use** – **Tuesday, November 17, 2020, 1-2pm CT.** [Register](#)
 - **Substance Use Interventions for Adolescents and Transitional Age Youth** – **Tuesday, December 15, 2020, 1-2pm CT.** [Register](#)
6. **Register Now! Increasing Viral Hepatitis Knowledge for Behavioral Health & Medical Providers** – Mid-America ATTC is sponsoring a virtual 3-part training on Hepatitis C basics. This presentation targets people who work in substance use treatment facilities and similar behavioral healthcare professionals who are interested in expanding services involving Hepatitis C testing and treatment in their organization. After the training participants will be able to: review the basics of Hepatitis transmission and local/national viral Hepatitis trends, explain Hepatitis C testing and treatment protocols and discuss care guidelines with other professionals in their state, and identify tools to integrate testing and treatment into healthcare settings.

Upcoming sessions in this series include:

Session 2: Tuesday, November 17, 2020, 1-2pm CT. [Register](#)
Session 3: Tuesday, November 24, 2020, 1-2pm CT. [Register](#)

7. **Shaping the Alcohol Policy Environment: Past, Present, and Future** – While other substances may get the share of the media attention, excessive alcohol consumption remains a consistent public health issue. This two-part webinar series will discuss U.S. alcohol regulation, review the current science on effective strategies to addressing local conditions that influence the alcohol policy environment, and provide insights about the future of alcohol policy regulation, and the need for balance between consumer interests and public health and safety considerations. Presenters will also provide an overview of temporary policy changes due to COVID-19.
Part 2: Wednesday, November 18, 2020, 10-11am CT. [Register](#)
8. **Creating a Better Workplace Environment to Support our Service Members, Veterans, and their Families** – This webinar will provide information, resources, tools, and recommendations that will help participants to understand the important role they play in creating a healthy and inclusive environment for their SMVF colleagues and employees, and how to begin to take steps towards implementation of supportive and preventative measures.
Wednesday, November 18, 2020, 12:30-2pm CT. [Register](#)
9. **Recovery Community Asset Mapping** – This webinar will explore the use of community asset mapping as a strengths-based approach to identifying the human, material, entrepreneurial and other resources in the community that support a life in recovery for everyone. Participants will learn how to tap into underutilized resources and bring people together for a common cause. This interconnectedness begins on the individual level and expands to the neighborhoods and communities where people live, including identifying the natural helpers so vital to sustaining long-term recovery. **Wednesday, November 18, 2020, 2-3pm CT.** [Register](#)
10. **Delivering Telemental Health: Suicide Assessment Through Telehealth – Webinar Series** – This 10-part series of 1-hour, interactive training sessions, focuses on areas of telehealth specific to mental health professionals

transitioning to virtual appointments during COVID-19. These sessions will highlight the best practices for suicide assessment and gaining trust from patients while using telemental health services. **Attendees will receive approved CEUs at no cost.** [Register](#) | [Recorded Seminars in Series](#)

Upcoming seminars in this series include:

- **Counseling through the Telephone** – *Thursday, November 19, 2020, 12-1pm CT*
- **Cultural Competency within Telemental Health** – *Thursday, December 3, 2020, 12-1pm CT*
- **Counseling Children** – *Thursday, December 10, 2020, 12-1pm CT*
- **Substance Use Treatment within Telehealth** – *Thursday, December 17, 2020, 12- 1pm CT*

11. **New The Role of RCCs in Initiating and Sustaining Remission: A Bio-Psycho-Social Perspective** – In this first NIDA-funded seminar series on recovery community centers (RCCs), and how these RCCs can support persons treated with medications for opioid use disorder, Dr. John Kelly is providing an overview of what recovery community centers are. Dr. Kelly will describe a theoretical framework that spells out how RCCs may be able to support recovery using a bio-psycho-social perspective. The goal of laying out this framework is to help stimulate discussion on how RCCs can fill a vital gap to support people in recovery. *Friday, November 20, 2020, 11-12pm CT.* [Register](#)
12. **What is an RCO? Best Practices and National Standards** – A growing network of recovery community organizations (RCOs) have proliferated across the country, creating cultures of recovery and advancing recovery-positive attitudes and programs. This webinar will provide an overview of the types of RCO's, what they do, and the best practices that have led to their success in outreach and engagement of people in recovery in rural and urban communities across the nation. *Monday, November 30, 2020, 2-3pm CT.* [Register](#)
13. **Maternal Health and Infant Mortality Summit** – The focus of this virtual summit is to bring platform for rural community engagement to provide an exchange of knowledge, best practices and solutions for support and tools to have healthier moms and babies who will build stronger communities. Attendees will come away from the summit with a different understanding of how maternal health with a SUD affects rural communities. Rural healthcare professionals will understand how and why the status quo, with regards to pregnancy and substance use, is problematic and likely continue to get worse without their support to treat this issue. *December 1-2, 2020, 8-12pm CT.* [Register](#)
14. **Attachment-Based Family Therapy (ABFT) Online Introductory Workshop** – *This training is only for Missouri mental health professionals, medical/healthcare providers, faculty, and graduate students.* This live introductory online training reviews the theory, research, and clinical strategies of ABFT. ABFT is a manualized, empirically supported family therapy designed to target family and individual processes associated with adolescent depression and suicide. Tested with diverse families, including low-income and minority families, ABFT is a trust-based, emotion-focused, process-oriented brief therapy. The model is organized by five treatment tasks that provide directionality. Participants will learn how this model helps families repair interpersonal ruptures that have damaged trust and rebuild emotionally protective, secure parent-child relationships. To learn more about ABFT with LGBTQ youth, check out this interview with Dr. Jody Russon: <https://www.youtube.com/channel/UCR4zy4D0TBvPaE7iG86OtCw>. *December 1-2, 2020, 8:30-12:45pm CT.* [Register](#)
15. **Guiding Principles of Recovery** – This webinar will explore definitions of recovery and the ten guiding principles, drawing on research, practice, and personal experience of recovering individuals. Participants will advance their understanding of the four major dimensions that support a life in recovery: home, health, purpose and community. Understanding the guiding principles will help advance recovery opportunities and apply these concepts for use by peers, families, funders, providers, and others. *Tuesday, December 8, 2020, 2-3pm CT.* [Register](#)
16. **New SLU Caregiver Series: Managing Someone Else's Money: Help for Financial Caregivers** – Ms. Schifferle's career in consumer protection spans more than 20 years. Before coming to the CFPB, she spent 12 years at the Federal Trade Commission (FTC), where she trained consumers, business and advocates on scams, identity theft, and cybersecurity. She also served as the FTC's Identity Theft Coordinator and litigated fraud and data security cases.

This talk will introduce guides and resources that caregivers can use, cover terms and roles relevant to caregivers and money matters, and highlight ways that caregivers can prevent financial exploitation. **Monday, December 14, 2020, 9-10am CT.**

Webinar: [Webinar Link](#) | Meeting ID: 978 0789 7972

By Phone: Phone Number: 929-205-6099 | Passcode: 97807897972#

17. **SLU Fourth Annual Addiction Medicine Day AM Program: Buprenorphine X-Waiver Training** – This 4-hour program is half of the 8-hour Buprenorphine X-Waiver Training Program. Targeted for physicians, fellows, residents, medical students, PA's, NP's; however, health providers who do not prescribe are also welcome to this training. **Wednesday, December 16, 2020, 7:30-11:45am CT.** [Register](#)
18. **SLU Fourth Annual Addiction Medicine Day PM Program: Addiction, Burnout, and Saint Louis University: Caring for Ourselves and Our Community** – This afternoon program will feature presentations that provide attendees content and tools to engage more effectively with patients and families affected by substance use disorders. **Wednesday, December 16, 2020, 12:15-4:15pm CT.** [Register](#)
19. **Words Matter: Language and Stigma Reduction** – This webinar will explore how the words we use affect individuals in recovery. Research on common terminology will be discussed and commonly held beliefs and myths will be debunked. Participants will learn strategies to eliminate stigmatizing language through storytelling and conducting a stigma audit. **Wednesday, December 16, 2020, 2-3pm CT.** [Register](#)
20. **New Creating an Evidence-Driven Process for Preparing Youth and Families for Transition to Adult Care** – Research shows that having a structured process for transitioning to adult care is associated with improvements in health and wellbeing, self-care, skills-building, satisfaction, and use of care in adult systems and reductions in hospital use. Explore an innovative transition approach for adaptation in a variety of health care settings, discover new resources and learn how to address the current implementation challenges facing providers. **Friday, December 18, 2020, 1:30-2:30pm CT.** [Register](#)
21. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
 - **Session 1 - Navigating Risk: The Dignity of Risk and the Duty to Care – Presented on September 29, 2020.** [PowerPoint](#) | [Decisional Balance Worksheet](#) | [Managing Risk Worksheet](#)
 - **Session 2 - A Recovery Oriented Approach to Professional Boundaries - Thursday, February 11, 2021, 2-3:30pm CT.** [Register](#)
 - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
 - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **MO-HOPE Trainings and TA Offer** – The MO-HOPE project is entering year 5 and wants to ensure that there is ample education on how to provide lifesaving information and skills to the people you serve. There are numerous types of trainings available and they are listed below. Live zoom trainings have been updated for October and November. If

you need technical assistance in evaluating how your organization can implement naloxone programs to better serve your clients or patients, email Jenny Armbruster (jarmbruster@prevented.org)

Overdose Education and Naloxone Distribution (OEND) Video Training:

You or your staff can complete training on how to have an OEND conversation at your convenience. The video series can be found at <https://mohopeproject.org/category/video/>. Completion takes 30-45 minutes.

OEND and OEND Training of Trainers via Zoom:

Upcoming class schedules can be found at www.tinyurl.com/mohopeproject.

First Responder (Police and Fire) Emergency Naloxone Use in the Field Video Series:

This training, including POST certification, has moved completely to online video series. Training can be found at <https://health.mo.gov/safety/ems/more/index.php>.

- Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the [MO MHFA website](#) to register and for more frequent updates.
- Transition from In-Person to Remote Services During COVID-19** – Three leaders from a peer-run mental health organization will share lessons learned from transitioning from in-person programming to providing remote peer support services. Peers Envisioning and Engaging in Recovery Services (PEERS) is located in Alameda County in California, which has had one of the earliest, strictest, and longest-running shelter-in-place policies in the state and nation. The panelists will share the decision-making process around moving to remote services and the successes and challenges involved. The webinar will include time for questions, discussion, and shared problem-solving around providing peer support remotely. Bring your experiences and ideas! [Register](#)

AVAILABLE TRAINING DATES:

Tuesday, November 24, 2020, 1-2pm CT

Tuesday, December 29, 2020, 1-2pm CT

Tuesday, January 26, 2021, 1-2pm CT

- 2020 Certified Peer Specialist Trainings** – This training has gone virtual! If you have questions, please contact the MCB office at 573-616-2300 or help@missouricb.com. Application information can be located at <https://mopeerspecialist.com/>.

AVAILABLE ZOOM TRAINING DATES:

November 30 – December 4, 2020

December 7-11, 2020

- 2020 Certified Peer Specialist Supervision Trainings** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). It has been updated so individuals who have attended a training in the past are welcome to attend again. The training is free and will be done in a virtual format only. Once registered, participants will be given a link to watch four videos before the Zoom meeting date. [Click Here For Peer Supervision Training Registration Form](#). If you have any questions, please feel free to contact the MCB office at 573-616-2300 or help@missouricb.com. The Zoom meetings are scheduled for 9-11am on **Thursday, December 17, 2020**.



Look for updates on different topics/initiatives next Friday!