# FYI FRIDAYS

## DBH Updates, Notices, and Policy Guidance January 8, 2021

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

 HHS Secretary Azar renews COVID-19 Public Health Emergency – U.S. Department of Health and Human Services (HHS) Secretary Alex Azar has extended the public health emergency (PHE) due to COVID-19 effective January 21. The PHE is issued in 90-day increments and is slated to expire in April 2021 (Source: HHS). <u>Bulletin</u>

DBH Community COVID-19 Positives Data (as of January 8, 2021, at 4pm)					
Consumers	859				
Staff	661				
Providers	49				
12 consumer deaths have been reported.					
Please send any reports of staff or consumer positives to <u>nora.bock@dmh.mo.gov</u> and copy <u>karen.will@dmh.mo.gov</u> .					

 DMH COVID Vaccinations Update – DMH continues to educate and vaccinate team members and patients/residents at all the facilities and state operated programs around the state. As of January 6,

more than 2,400 staff members and patients/residents have received the vaccination. A large number of vaccinations are planned in the days to come.

3. Reimbursement of COVID Lab Fees – Update as of January 5 – Another extension for testing reimbursements! <u>Reimbursement of lab fees incurred for COVID testing for consumers or employees in congregate settings has been</u> <u>extended. Please continue to submit requests for reimbursement to Amy Jones (amy.jones@dmh.mo.gov)</u>. Below is the original guidance that was sent out. We will still continue to follow these guidelines.

The following guidance is created in an effort to assist providers with these expenses:

- 1. The provider will work with the lab to invoice the provider directly.
- 2. The provider pays the invoice.
- 3. The provider will then invoice DMH/DBH the cost of the COVID-19 testing lab fees, providing documentation indicating they incurred the cost and the lab has been paid (copy of the original lab testing invoice, paid receipt, dates of testing, lab name, total amount, etc.). The more information provided the sooner reimbursement will be issued.
- 4. Invoices and documentation should be sent to Amy Jones (<u>amy.jones@dmh.mo.gov</u>) for review.

DBH will request the use of COVID-19 funding for reimbursement as long as it is available. In the event funding begins to run low, notification will be issued as soon as possible.

Community COVID Positive Reports – DMH continues to track positive cases and COVID-related deaths. In order to streamline reporting, please submit information in the following format via email to Karen Will (Karen.Will@dmh.mo.gov) and copy Nora Bock (Nora.Bock@dmh.mo.gov).

When reporting positive test results, please use the following template: Date: Organization name:

County: Number of staff positives: Number of consumer positives:

When reporting deaths, please use the following template:

Date: Organization name: County: Number of consumer deaths: Number of staff deaths:

<u>Please note, data is tracked by county. Separate entries are required for organizations reporting positives/deaths</u> <u>across multiple counties. One email can be sent; however, please provide reports in the format above for each</u> <u>county.</u>

5. New DBH Webpage for Substance Use – The DBH "ADA" webpage received a makeover on January 4! We hope the new webpage for substance use will be more user friendly and contain pertinent and up to date information. The link to the new webpage is: <u>https://dmh.mo.gov/behavioral-health-homepage</u>.

The DBH is pleased to announce that we now have a WEB Team devoted to ensuring the DBH programs' webpages are up to date and working. The DBH Web Team includes: Linda Nolte, Amber Stockreef, Jesse Crum, Randy Smith, Amanda Baker, Katie Andrews, Miranda Robinett, Lori Norval, and Jessica Bounds.

- CIMOR Priority If you have any questions, please login to the <u>Department of Mental Health Portal</u> and email the CIMOR DBH Support Center by selecting the <u>Help Ticket</u> link found on the left side of the portal.
  - Server Maintenance Due to routine server maintenance, <u>the Globalscape FTP folder will not be available on</u> Monday, January 11, 2021, from 4:00-5:00pm. We apologize for any inconvenience.
  - SOR GPRA Error Message Some SOR providers are receiving the following error message in CIMOR: Encounter Denied, GPRA Intake must be within 6 months of the date of service. We are currently researching the issue.
     Once the issue is resolve, we will send out another CIMOR priority notice. Sorry for the inconvenience.

Add Non-Authorized Encounter						
ENCOUNTER DENIED	, GPRA Intake must be within	6 months of the date of service.				
Date of Service	01/01/2021		Save & Add	Save Save		
		List Contracts				

• DM Pools – Below are the current balances for the DM Housing and Outreach pools.

		ADA	CPS
DM Housing Allocation		\$250,000.00	\$250,000.00
DM Housing Expended	(13 Cycles Paid	\$56,951.63	\$167,071.45
Current DM Housing Allocation Balance		\$193,048.37	\$82,928.55
DM Outreach Allocation		\$163,000.00	\$163,000.00
DM Outreach Expended	(13 Cycles Paid)	\$181,356.66	\$4,548.38
Current DM Outreach Allocation Balance		-\$18,356.66	\$158,451.62
Current Total	Allocation Balance	\$174,691.71	\$241,380.17

7. CEDI Inaugural Newsletter – The Culture, Equity, Diversity, and Inclusion Committee (better known as CEDI!) is excited to share its inaugural newsletter! Speaking during the 2020 Missouri Behavioral Health Conference, Bruce Franks, Jr. declared we should be having "intentional and honest conversations" about racism and social injustice. And this is exactly what CEDI intends to do: Be at the FRONT END OF CHANGE! The CEDI Committee wants to use this newsletter to share what the committee is working on, upcoming events, resources, and tools your agency can use in your journey to heal racial and social inequities and provide a more diverse and inclusive space at work AND within your communities.

The CEDI newsletter is available on the Missouri Coalition for Community Behavioral Healthcare's <u>website</u> and <u>Facebook page</u>.

 LogistiCare Name Change – MO HealthNet Division's fee for service non-emergency medical transportation vendor has changed their name from LogistiCare to MoDivCare, effective January 7. MoDivCare will continue to provide the same services as provided under the name LogistiCare. The emails for MoDivCare have changed from @logisticare.com to @modivcare.com. Their telephone numbers will remain the same.

#### 9. COVID-19 Updates & Resources -

- COVID-19 Related Grief & Loss Support Group – As part of the Show Me Hope Crisis Counseling Program, ReDiscover will begin a statewide COVID-19 Related Grief & Loss Support Group. This is a FREE virtual support group that will meet weekly for six one-hour sessions beginning on *Tuesday, January 19, 2021, at 4:30pm CT*. This opportunity is open to all state team members, family and friends. <u>Register</u>
- Understanding mRNA Vaccines CDC explains the vaccine: <u>https://www.cdc.gov/coronavirus/2019-</u> <u>ncov/vaccines/different-</u> vaccines/mRNA.html.
- COVID-19 Vaccine Information This website offers facts so you can make an informed decision: www.MOstopsCovid.com.
- Are You a Healthcare Professional Impacted by COVID-19? – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, can

# **COVID Vaccine: Get the Facts**

### <u>Vaccine Myth</u>: The vaccine can give you COVID-19.

Vaccine Truth/Fact: You cannot get COVID-19 from the vaccine. None of the authorized and recommended COVID-19 vaccines (or others currently in development) contain the live virus that causes COVID-19. This makes it impossible to get COVID-19 from the vaccine. The vaccines teach our immune systems how to recognize and fight the virus that causes COVID-19.

Some individuals may contract COVID-19 after being vaccinated because they may have been exposed to COVID-19 prior to being vaccinated or before they obtain their second dose of vaccine. After receiving two doses of the vaccine, individuals will have 94-95% protection from contracting COVID-19. All individuals that may still contract COVID-19 after receiving two doses of the vaccine will most likely have extremely mild symptoms or be asymptomatic.

For more information, go to MOStopsCOVID.com.

provide free behavioral health services for healthcare professionals who have been impacted by COVID-19. Visit <u>www.missouricit.org/frpn</u> to find a provider.

- Resource Directory For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: https://showmestrong.mo.gov/directory/.
- Electronic COVID-19 Case Reporting The Electronic COVID-19 Case Reporting System can be found on the DHSS main COVID-19 webpage. The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the May 18th Congregate Facility Reporting Order. Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down. \*If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.
- Missouri-Specific Coronavirus Regional Data MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <u>https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/</u>.
- COVID-19 Community Testing Info DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For current community testing locations and information, including links to register, please visit the <u>DHSS website</u>.
- DBH Treatment Provider Calls We are scheduled for every two weeks on Wednesdays at 12pm. Next scheduled call is *January 13, 2021*. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - MoHelpNow

DMH Disaster Services Website - https://dmh.mo.gov/disaster-services/covid-19-information

Show Me Strong Recovery Plan - https://showmestrong.mo.gov/#page-top

MO DHSS Website - https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/

CDC Website - https://www.cdc.gov/coronavirus/2019-ncov/index.html

## **FUNDING OPPORTUNITIES**

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at: <u>https://dmh.mo.gov/covid-19-information</u>

- New Mental Health Awareness Training Grants Application Deadline: February 5, 2021 SAMHSA's Center for Mental Health Services is accepting applications for FY 2021 Mental Health Awareness Training grants. The purpose of this program is to expand Mental Health First Aid to more schools, first responders, veterans and other communities, enabling more people to identify, understand and respond when an individual is experiencing a mental health crisis. Learn More | SAMHSA Contact Information
- Rural Communities Opioid Response Program Implementation Application Deadline: March 12, 2021 HRSA's Federal Office of Rural Health Policy released a Notice of Funding Opportunity for the Rural Communities Opioid Response Program-Implementation. HRSA will be making approximately 78 awards of \$1 million each to rural communities to enhance substance use disorder, including opioid use disorder, and service delivery. Learn More
  - Applicant Technical Assistance Webinar HRSA will hold a webinar for applicants. A recording be made available for those who cannot attend. *Tuesday, January 26, 2021, 12-1pm CT*. <u>Web Link</u> | Call-in Number: 1-800-369-1956 | Participant Code: 9970670

## **INFO and RESOURCES**

New MO Opioid Overdose Prevention and Response: Open Forum to Discuss Naloxone Sustainability – Members
of the MO-HOPE, Opioid SOR, MORE, and DOTS projects will host a virtual open forum to discuss naloxone
sustainability. This meeting will focus on naloxone supplies and distribution efforts as opioid-related projects and
grants come to an end.

#### Who should attend?

Does your agency receive grant-funded naloxone? If yes, does your agency have a plan to maintain a supply of naloxone following the conclusion of these grant projects? Join us to brainstorm and discuss strategies to ensure that naloxone continues to remain available to those we serve. This forum is especially relevant to social service, EMS, law enforcement, and treatment professionals, as well as any fiscal administrators working in those agencies. *Wednesday, February 3, 2021, 12-1pm CT*. Register

- Reminder Missouri FASD Caregiver Support Group <u>Please share and encourage attendance</u>. The Missouri Fetal Alcohol Syndrome Disorder (FASD) Caregiver Support Group is designed to offer support, comfort and fellowship to address the unique challenges individuals are experiencing in the care and support of a loved one with FASD. This virtual support group would be beneficial to Parents and Caregivers, Grandparents, Foster and Adoptive Parents, Kinship Parents or others caring for a loved one with FASD. For questions or further Information please contact Cindy Mueller at <u>mofasgroup908@gmail.com</u>. The first group begins this month! Flyer | <u>Register</u>
- New Countering the Quieter Crisis: Addressing Staff Burnout and Strain As the next wave of the COVID-19
  pandemic arrives, it's crucial for providers to enact staff rounding programs to understand the evolving concerns of
  their employees (Source: Addition Professional). <u>Read More</u>
- 4. **New Drug Overdose Deaths Soar during Pandemic** More than 81,000 Americans died from a drug overdose during the 12 months ending in May, the highest number ever recorded during a 12-month period, according to new data from the U.S. Centers for Disease Control and Prevention (Source: *Partnership to End Addiction*). <u>Read More</u>
- New CDC Issues Recommendation after Record-Setting Period for OD Deaths Recent provisional data from the Centers for Disease Control and Prevention indicate that about 81,230 drug overdose deaths occurred in the U.S. between June 2019 and May 2020—the highest number of overdose deaths in a 12-month period in U.S. history (Source: Addition Professional). Read More
- 6. *New* Changes in Buprenorphine Prescribing Rules Due to COVID Led to More Patients Changes in federal rules that made it easier to prescribe the opioid addiction medicine buprenorphine during the early days of the pandemic led to an increase in the number of patients receiving the medication in Texas, *HealthDay* reports (Source: *Partnership to End Addiction*). <u>Read More</u>
- 7. New \$3.8 Million Grant to Help Innovative Center Enhance Peer Recovery Services The new Peer Recovery Center of Excellence, housed at the UMKC School of Nursing and Health Studies, is the first of its kind. UMKC, in partnership with the University of Texas, the University of Wisconsin-Madison and the National Council for Behavioral Health, is leading the effort, funded by a four-year grant from the federal Substance Abuse and Mental Health Services Administration (Source: UMKC). Read More
- 8. New Early Episode Psychosis Topic Library Early-episode psychosis is a prime time for medical intervention, which may include multimodal therapies, case management, and a focus on self-determination. Treatment focuses on enabling individuals to move on from the acute impact of a psychotic episode and chart the course of their own recovery. In the Early Episode Psychosis Topic Library on PsychU, you will find resources about treatment interventions and other information (Source: PsychU). Access All Resource

- 9. **New** Despite Recommendation, New Dietary Guidelines on Alcohol Consumption Unchanged The latest edition of the Dietary Guidelines for Americans, jointly released by the federal departments of Agriculture and Health and Human Services, maintain the guidance on alcohol consumption found in previous versions of the document, despite recommendations last June from an expert advisory committee (Source: *Addition Professional*). <u>Read More</u>
- New Vaping Among Teens Levels Off in Latest MTF Survey Nicotine and marijuana vaping among teens did not increase from 2019 into early 2020, but use among this population remains high, according to data from the Monitoring the Future survey (Source: Addiction Professional). <u>Read More</u>
- 11. New Insomnia in Psychiatric Patient Population: Updates and Considerations for Comprehensive Care– This accredited, on-demand activity evaluates the current and emerging insomnia pharmacotherapies including their safety and efficacy data, mechanisms of action, and risk profiles for distinct patient populations (Source: Psychiatry & Behavioral Health Learning Network). Access Now
- 12. DMH CARES DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every *Tuesday from 3:30-4pm CT*. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for *all Missourians*! Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! <u>Registration Link</u> | <u>DMH CARES Show Me Hope Flyer</u>
- Probation and Parole Regional Oversight Meetings These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at <u>katie.andrews@dmh.mo.gov</u> and/or 573-522-6163.

March 5, 2021 – Southwest Region – 10-12pm Location: Virtual

May 11, 2021 – North Central Region – 10-12pm Location: Virtual

# **TRAINING OPPORTUNITIES**

- Virtual Motivational Interviewing Training (Intro/Refresher Course) This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, MI training can help you create conversations that empower people to make meaningful changes. Registration Fee: \$79. Monday, January 11, 2021, 11-3pm CT Register Thursday, March 4, 2021, 11-3pm CT Register
- 2. New A Recovery-Oriented Perspective and Approach to Behavioral Health Care: A Discussion Among a Peer, a Clinical Provider, and an Advocate Recovery is possible for most individuals living with a mental health condition and this is a process that can improve their health and wellness, live a self-directed life, and work towards achieving their full potential. In this webinar, Dwayne Mayes, MS, provides his peer perspective, Alison A. Carroll, LCSW-R, provides her clinical perspective, Harvey Rosenthal provides his advocacy perspective regarding the power and impact of a recovery-oriented approach in behavioral healthcare delivery. Part 1: Tuesday, January 12, 2021, 11-12pm CT. Register

Part 2: Thursday, February 11, 2021, 11-12pm CT. Register

3. **New 10 Warning Signs (Alzheimer's Association)** – Join this webinar to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

#### Tuesday, January 12, 2021, 6-7pm CT. Register

- 4. Risk-Management Changes in Response to COVID-19 As the country continues to adapt to the realities of COVID-19, executives are tasked with identifying risk-management strategies for their organizations when considering both in-person and remote work. Join us for an exclusive learning opportunity with <u>Ron Zimmet</u>, JD, general counsel for the Mental Health Risk Retention Group (MHRRG), and hear from other executives in the field on what types of risk-mitigation strategies have worked for them. *Tuesday, January 12, 2021, 12-1pm CT*. <u>Register</u>
- 5. Delivering Culturally and Linguistically Appropriate Care in a Mental Health Setting The goal of this free series is to enhance treatment through meaningful therapeutic services via interpretation including how to be culturally appropriate with an emphasis on ethical considerations. Participants must attend all three (3) sessions in order to receive continuing education credits. <u>Download Flyer for More Information</u> Session 3: Providing Supportive Mental Health Services to Refugee and Immigrant Communities – Wednesday, January 13, 2021, 11:30-12:30pm CT. Register
- 6. New Improving Client Outcomes with Care Coordination This webinar will focus on care coordination, an approach utilized at the individual level, which involves strong cross collaboration and shared responsibility across clinical teams and providers to improve upon and provide whole person care. This session will explore the role of the care coordinator, identify the various functions of effective care management, and discuss how organizations can plan for change to improve their care coordination, with special focus on care coordination within CCBHC settings during the ongoing COVID-19 pandemic. Wednesday, January 20, 2021, 1-2pm CT. Register
- 7. New The Impact of Pandemics on Wellbeing: Implications for Healthcare Systems and Providers The impact of pandemics and crises on the mental health and well-being of health care providers in the community and health care systems can be substantial. In this webinar the implications of pandemic impact on mental health at the individual and organizational levels will be explored. A dialogue defining health care professionals' responses to stressful events and what may be done at the individual and systems' levels will be provided. *Tuesday, January 26, 2021, 11-12pm CT*. Register
- New Enhancing Quality of Care with Psychiatric Advanced Directive and Peer Support Join this webinar for skills enhancement for peer specialist. Tuesday, January 26, 2021, 1-2pm CT. Register
- 9. New Best Practices and Systems of Support for Justice-Involved Veterans The designation justice-involved Veteran is used to describe former service members who are involved in the criminal justice system. The high rates of mental illness, post-traumatic stress disorder, substance use disorders, and traumatic brain injury have adversely affected more than half of justice-involved Veterans. This webinar will provide an overview of emerging best practices and systems of support for justice-involved Veterans from the "front end" or initial point of contact with first responders to the point of reentry and readjustment with support from systems, programs, and peers. Wednesday, January 27, 2021, 12:30-2pm CT. Register
- 10. New Leveraging a Team Approach to MAT for Patients with AUD and OUD Join experts as they discuss how to leverage a team approach to MAT for patients with AUD and OUD. Pose your questions to them during the live Q&A session. After participating in this activity, participants should be better able to: evaluate key efficacy and safety data for medications approved for the treatment of AUD and/or OUD, as well as potential long-term impacts on patient outcomes; identify systemic barriers to the use of MAT in patients with AUD and/or OUD where appropriate; and implement cross-team processes to ensure that MAT is considered for every patient with AUD and/or OUD. Thursday, January 28, 2021, 11-12pm CT Register Tuesday, February 2, 2021, 11-12pm CT Register
- 11. *New* Population Health Management Strategies This webinar will focus on population health management, which considers all clients in a population, from low-risk, healthy individuals to high-risk individuals with chronic conditions. This approach requires the capacity to utilize data to pursue a wide range of activities to systematically

track and manage health conditions, treatment access and use, and effectiveness of treatment and services to understand population health priorities. This session will explore how to leverage common EMR-based mental health and substance use screening tools, level of care determination tools, and risk stratification tools to better inform behavioral health and primary care integration, with a focus on identifying and addressing healthcare disparities. *Thursday, January 28, 2021, 1-2pm CT*. <u>Register</u>

- 12. New Evaluation and Management of Cognitive Disorders Among Older Adults This webinar will give a demographic snapshot of the aging population, in addition to discussing the etiologies of cognitive impairment and the differentiation of major cognitive disorders. The webinar will also highlight current and potential best practice clinical approaches to treating those with reversible cognitive impairment. *Thursday, January 28, 2021, 2-3pm CT*. Register
- 13. **New Understanding and Responding to Dementia-Related Behavior** Join this webinar to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease. **Wednesday, February 3, 2021, 10-11am CT**. <u>Register</u>
- 14. New Psychological First Aid Training Psychological First Aid (PFA) is an evidence-informed modular approach to help individuals of all ages in the immediate aftermath of disaster and terrorism. PFA was developed by the National Child Traumatic Stress Network and the National Center for PTSD, with contributions from individuals involved in disaster research and response. One offering in two-half days: Monday, February 8, 2021, 1-4pm CT and Wednesday, February 10, 2021, 1-4pm CT. To register: Please email shelby.hood@dmh.mo.gov
- 15. New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. Registration is limited and will fill up fast!
  - Session 1 Navigating Risk: The Dignity of Risk and the Duty to Care **Presented on September 29, 2020**. <u>PowerPoint</u> | <u>Decisional Balance Worksheet</u> | <u>Managing Risk Worksheet</u>
  - Session 2 A Recovery Oriented Approach to Professional Boundaries *Thursday, February 11, 2021, 2-3:30pm CT*. <u>Register</u>
  - Session 3 The Journey to Use Meds Optimally to Support Recovery (Part 1) *Thursday, May 13, 2021, 2-3:30 CT*. <u>Register</u>
  - Session 4 The Journey to Use Meds Optimally to Support Recovery (Part 2) *Thursday, July 15, 2021, 2-3:30pm CT*. <u>Register</u>
- 16. New FSP Training February 16-18, 2021: Family Support Providers give assistance to families with children or youth experiencing behavioral health, substance use, or developmental disability challenges. Parents and caregivers can access support and resources through their FSP, along with other services they provide. Consider attending the next training event, being held via Zoom, February 16 18, 2021. Any questions regarding registration please contact Jill Richardson at jill.richardson@dmh.mo.gov.
- 17. Motivational Interviewing Training (Intermediate Course) This 4-hour, live session is for individuals who have had prior MI training and want to hone their skills. This webinar will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This webinar will be capped at 40 participants to allow for guided small group practice and discussions. *February 18, 2021, 1-3pm CT*. Registration Fee: \$99. <u>Register</u>

# **RECURRING TRAINING OPPORTUNITIES**

*Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.* 

- Mental Health First Aid (MHFA) MFHA is now available in a variety of formats, including a fully <u>virtual</u> course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH. Check out the <u>MO MHFA website</u> to register and for more frequent updates.
- New 2021 Virtual CPS Trainings Due to the COVID-19 pandemic, the Missouri Credentialing Board will be indefinitely suspending the "live" trainings. MCB is offering this training in an online format. The January training dates are full, so those dates are not on the list. <u>Register</u>
- 3. NOVA Virtual Crisis Response Team Training Basic Level Course The NOVA Virtual Crisis Response Team Training<sup>™</sup> Basic Level course consists of 24 hours of techniques and protocols for providing crisis intervention to traumatized individuals. This training focuses on the fundamentals of crisis and trauma and how to adapt basic techniques to individuals and groups. Thousands who confront human crisis victim advocates, mental health, law enforcement, and others have completed this course and highly recommend it to others. This training will take place online over the course of four afternoons. There is pre-course work that needs to be completed prior to the training. To register for this nationally recognized professional development course please contact Shelby Hood at Shelby.Hood@dmh.mo.gov.

<u>Training Dates</u> Tuesday, January 12, 2021, 1pm – 5pm CT Tuesday, January 19, 2021, 1pm – 5pm CT Tuesday, January 26, 2021, 1pm – 5pm CT

4. MO-HOPE Trainings – The MO-HOPE Project continues to conduct virtual trainings. Below is a list of dates and times for MO-HOPE Overdose Education and Naloxone Distribution (OEND) and train-the-trainer courses through March 2021. These trainings are available at no cost. As a reminder, these trainings are also available upon request, or can be viewed via video by here: <u>https://mohopeproject.org/category/video/</u>.

#### AVAILABLE TRAINING DATES:

*Thursday, January 21, 10am-12pm; OEND*: <u>https://zoom.us/meeting/register/tJYqcu-srDwuGdYDt1ZSg3tQhnVYfOUSX7uE</u> *Tuesday, February 9, 10am-2pm; OEND*: <u>https://zoom.us/meeting/register/tJMtc-iqqjMiGdFGXhpe5C5TUrLvLtePE4Xc</u> *Wednesday, March 17, 3pm-5pm; OEND*: <u>https://zoom.us/meeting/register/tJEkcu6urDkuGNcox\_sLSHhXhT-FCZ82-r2R</u>

Monday, January 25, 2pm-4pm; OEND TOT: <u>https://zoom.us/meeting/register/tJMkdeyrrjluE9TmbDzSo2sfETIWzuFLSdzt</u> Thursday, February 25, 2pm-4pm; OEND TOT: <u>https://zoom.us/meeting/register/tJ0uceCqqDIrHtfu7MBDO0xYLjLSGAtc4vWW</u> Wednesday, March 24, 10am-12pm; OEND TOT: <u>https://zoom.us/meeting/register/tJMc-qsrj4sGNTxEI5WQpivHtApCq3piWA8</u>

5. MAT Waiver Training – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. Register

## Look for updates on different topics/initiatives on next Friday!