



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

2/22/21

Health Information Sheet

Observe! Decide! Act!

There are health conditions and circumstances that can put individuals with Intellectual/Developmental Disabilities (IDD) at an increased risk for death. Observe! Decide! Act! are brief information sheets on these conditions and circumstances. Newer and updated topics are: Pulse Oximetry & COVID-19, Winter Weather Health Safety Tips, Constipation & Bowel Obstruction, and Polypharmacy. Check out these and other topics at <https://dmh.mo.gov/dev-disabilities/health>.

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH