

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance February 12, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **DMH COVID Vaccination Update** – DMH continues to educate and vaccinate team members and patients/residents at all the facilities and state operated programs around the state. To date over 4,060 staff members and patients/residents have received the vaccination, and of that number over 3,140 have received a second dose. Clinics will continue. DMH also continues to assist with the vaccination process for other state agencies. To date 1,721 team members from other state agencies have received vaccinations.

DBH Community COVID-19 Positives Data (as of February 11, 2021, at 4pm)

Consumers	1,061
Staff	790
Providers	54
14 consumer/staff deaths have been reported.	

2. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Learn More and Register](#)
3. **DOL ODEP IPS Webinar** – **Chad Hinkle**, Director of Employment Services for DMH, and Rebecca Maynard, Vocational Rehabilitation Director of Mental Health Services, presented to over 740 attendees on the U.S. Department of Labor’s Office of Disability Employment Policy webinar. The presentation was called, "Using Individual Placement and Support to Assist Job Seekers and Workers with Mental Health Conditions." It focused on the successful partnership between DMH and Vocational Rehabilitation. Missouri was one of two states selected to present at this national conference. Webinar is available to watch at: <http://leadcenter.org/webinars/archived>.
4. **CIMOR Priority** – If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.
 - **H2017 TG GT** – In March of 2020, PSR Illness Management/Recovery: CPR Telehealth (H2017 TG GT) became Medicaid eligible. However, due to an oversight, H2017 TG GT was not added to the Medicaid eligible list, and the maximum quantity was set to zero. This oversight has caused the H2017 TG GT to be rejected in the Medicaid system. DMH and MHD has corrected the issue. DMH will reprocess all of the H2017 TG GT encounters with a status, “Rejected by Payer.”
 - **Printing from Edge** – When printing a PDF from Microsoft Edge, CIMOR will display a yellow “Loading” box. The yellow “Loading” box will disappear when the user selects a menu item under CIMOR’s menu (left-hand side). The user will continue to use CIMOR as normal.

Example:

1. User prints the consumer's Face Sheet
2. Browser will ask user to Open or Save PDF
3. User makes their determination from Step 2
4. User sees yellow "Loading" box
5. User clicks the Face Sheet under the CIMOR menu (left-hand side)
6. User directed back to Consumer Face Sheet Summary page in CIMOR

5. **2021 Virtual RVRC – Call for Presentations** – The RVRC Conference Planning Committee is now accepting presentation applications for the 2021 VIRTUAL Real Voices, Real Choices Consumer Conference. The conference will be held on August 30-31, 2021. Self-advocates, persons in recovery, family members, and mental health professionals who have lived experience are encouraged to submit an application. Presentations must not exceed 60 minutes in length (45 minutes for the presentation and 15 minutes for questions) and will be presented virtually (either as a live session or pre-recorded). The deadline to submit a proposal is Thursday, March 18 by 5pm. NO LATE SUBMISSIONS WILL BE CONSIDERED. The application is available on the [Missouri Mental Health Foundation website](#).

6. **Draft Rule Amendments – Substance Use Disorder Treatment Programs** – The following DRAFT rule amendments have been posted to the DBH website for comments: <https://dmh.mo.gov/alcohol-drug/regulation-drafts>:

- **9 CSR 30-3.032** Certification of Substance Use Disorder Prevention and Treatment Programs
- **9 CSR 30-3.100** General Requirements for Substance Use Disorder Treatment Programs
- **9 CSR 30-3.110** Service Definitions, Staff Qualifications, and Documentation Requirements for Substance Use Disorder Treatment Programs
- **9 CSR 30-3.132** Opioid Treatment Programs
- **9 CSR 30-3.150** Comprehensive Substance Treatment and Rehabilitation (CSTAR)
- **9 CSR 30-3.155** Staff Requirements for CSTAR
- **9 CSR 30-3.157** Community Support in CSTAR
- **9 CSR 30-3.195** Outpatient Substance Use Disorder Treatment Programs (non-contracted)

Comments/questions should be submitted to Debbie McBaine (debbie.mcaine@dmh.mo.gov) by **March 1, 2021**.

7. **COVID-19 Updates & Resources** –

- **New Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit www.missouricit.org/frpn to find a provider.

COVID Vaccine: Get the Facts

Vaccine Myth: If I miss the second dose of the vaccine, I have to start the process over.

Vaccine Truth/Fact: No. If you miss the second dose of the vaccine at the recommended time, you do NOT have to start the process over. Individuals who do not receive the second vaccination dose at 21 days (for the Pfizer vaccine) or 28 days (for the Moderna vaccine) should still receive the second dose as soon as possible thereafter.

For more information, go to MOStopsCOVID.com.

- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.

- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit: health.mo.gov/communitytest.
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **February 24, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>



FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

1. **Integrated Substance Use Disorder Training Program** – **Application Deadline: February 24, 2021** – The program expands the number of nurse practitioners, physician assistants, health service psychologists, and/or social workers trained to provide mental health and SUD, including OUD, services in underserved community-based settings that integrate primary care, mental health, and SUD services. [Learn More](#)
2. **The Weyerhaeuser Family Foundation's Children's Initiative** – **Application Deadline: March 1, 2021** – The program provides support to direct service programs throughout the US that promote resilience, stability, and psycho-social health for youth ages 14 to 21 who have been traumatized by Adverse Childhood Experiences (ACEs). Eligible programs must directly serve youth who have been significantly traumatized by ACEs, offer age-appropriate therapeutic interventions, provide services that go beyond crisis intervention, include a plan for evaluating program effectiveness, enhance the relationship between the child and at least one significant adult, be a new program or a new therapeutic component to an existing program, and use trauma informed practices. The average grant size is \$30,000 or less. [Learn More](#)
3. **New Rural Communities Opioid Response Program - Implementation** – **Application Deadline: March 12, 2021** – The Rural Communities Opioid Response Program (RCORP) is a multi-year initiative by HRSA aimed at reducing the morbidity and mortality of SUD, including opioid use disorder OUD, in high risk rural communities. [Learn More](#)
4. **Mentoring for Youth Affected by the Opioid Crisis and Drug Addiction** – **Application Deadline: March 30, 2021** – The purpose of the program is to support the implementation and delivery of mentoring services to youth who are misusing substances, youth at risk for SUD, and youth with family members who currently use substances or have a SUD. Eligible applicants for the first category, Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include nonprofit and for-profit organizations that currently have mentoring programs. Eligible applicants for the second category, Statewide and Regional Mentoring Strategies for Youth Impacted by Opioids and Drug

Addiction, include national organizations and States. The anticipated total amount to be awarded under the solicitation is \$16,250,000 over a 36-month period of performance. [Learn More](#)

5. **Rural Health Care Program** – **Application Deadline: April 1, 2021** – This program provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. [Learn More](#)
6. **Emerging Issues in Maternal and Child Health** – **Application Deadline: April 9, 2021** – The purpose of this program is to strengthen the capacities of state- and/or local-level organizations to respond to emerging public health issues affecting maternal and child health populations. [Learn More](#)
7. **Behavioral Health Workforce Education and Training Program for Paraprofessionals** – **Application Deadline: April 12, 2021** – HRSA is accepting applications for the Behavioral Health Workforce Education and Training (BHWET) Program for Paraprofessionals. This program will develop and expand community-based experiential training, such as field placements and internships, for students preparing to become peer support specialists and other behavioral health-related paraprofessionals. A special focus is placed on the knowledge and understanding of the specific concerns of children, adolescents, and transitional-aged youth in high need and high demand areas at risk for behavioral health disorders. HRSA expects approximately \$24.3 million to be available in FY 2021 to fund 43 grantees. [Learn More](#)
8. **Rural Communities Opioid Response Program-Psychostimulant Support (RCORP-PS)** – **Application Deadline: April 21, 2021** – The overall goal of this program is to strengthening and expand prevention, treatment, and recovery services for rural individuals who misuse psychostimulants to enhance their ability to access treatment and move towards recovery. Over the course of a three-year period of performance, RCORP-PS award recipients will implement a set of core psychostimulant use disorder prevention, treatment, and recovery activities. [Learn More](#)

INFO and RESOURCES

1. **New State Launches Missouri COVID-19 Vaccine Navigator** – Governor Parson announced the launch of the [Missouri Vaccine Navigator](#), a secure registry tool to assist Missourians in receiving the COVID-19 vaccine. This tool allows individuals to register for a vaccine, determine their eligibility based on [Missouri's priority phase](#) and receive a reminder of their second dose. The Missouri Vaccine Navigator also will integrate with ShowMeVax to ease data entry burden. Facilities with their own vaccine registration platforms will be able to link to this system for a centralized point of contact for COVID-19 vaccine administration. Recognizing that not all Missourians have online accessibility; registration assistance, including language translation, is available by calling the COVID-19 hotline at 877-435-8411 (Source: *MHA*). [Governor's Press Release](#)
2. **New Shocking Injustices: Mental Healthcare & Black Americans** – The Kennedy Forum was honored to host this webinar as part of the 2021 National Day of Service to honor the life and legacy of Reverend Dr. Martin Luther King, Jr. Watch the recording [here](#). Patrick Kennedy also joined Well Being Trust and Inseparable for a webinar titled, "Becoming an Advocate for Mental Health Reform." Watch the recording [here](#). (Source: *The Kennedy Forum*).
3. **New National Parent Leadership Month in Missouri** – Governor Parson has signed a [proclamation](#) designating February as National Parent Leadership Month (NPLM) in Missouri. Information on promoting NPLM and ideas/tools for recognizing parent leaders can be found at: [Parents Anonymous](#) | [FRIENDS](#) | [Alternatives for Families](#). Read more about NPLM [here](#) (Source: *Children's Trust Fund*).
4. **New Body U for all Missourians** – February is National Eating Disorders Awareness Month. DMH is promoting Body U which is a wellness program to address body image, mood, and anxiety. It is based on 30 years of research and has been used by thousands of individuals. To provide support in light of COVID-19, **Body U is now available at no cost**

to all residents of Missouri. Participants must complete a five-minute, confidential online survey and are provided with free resources and a free online program tailored to their needs (Source: *Body U*). [Learn More](#)

5. **New SAMHSA's New Series of Advisories on Substance Use Disorder Treatment** – SAMHSA has published a series of Advisories based on existing Treatment Improvement Protocols and Technical Assistance Publications. These Advisories summarize updated guidance and recommendations on topics in the SUD treatment field. The new Advisories were published in January 2021 and include:
- [Advisory: Comprehensive Case Management for Substance Use Disorder Treatment](#) – This Advisory surveys the underlying principles and models of case management, discusses reasons SUD treatment providers might consider implementing or expanding the use of case management, and lists some case management resources and tools.
 - [Advisory: Using Motivational Interviewing in Substance Use Disorder Treatment](#) – This Advisory addresses the spirit, application, and fundamentals of motivational interviewing (MI), discusses how practitioners can effectively employ MI in SUD treatment, and provides tools that practitioners can use to encourage and promote lasting positive outcomes for their clients.
 - [Advisory: Screening and Treatment of Viral Hepatitis in People With Substance Use Disorders](#) – This Advisory offers guidance to providers and administrators in SUD treatment programs on screening for, and treating clients with, hepatitis A, hepatitis B, and hepatitis C infections.
 - [Advisory: Screening and Treatment of Substance Use Disorders among Adolescents](#) – This Advisory includes recommendations for engaging adolescents in SUD risk assessment, screening, and treatment.
 - [Advisory: Addressing Suicidal Thoughts and Behaviors in Substance Use Treatment](#) – This Advisory provides strategies for identifying and addressing suicidal thoughts and behaviors among individuals with SUD.
 - [Advisory: Treating Substance Use Disorders among People with HIV](#) – This Advisory highlights strategies and considerations for SUD treatment providers to effectively engage people with HIV in SUD treatment.
 - [Advisory: Group Therapy in Substance Use Treatment](#) – This Advisory provides an overview of goals, processes, group-specific approaches, resources, and common elements that support favorable outcomes in group therapy.
 - [Advisory: Prescribing Pharmacotherapies for Patients with Alcohol Use Disorder](#) – This Advisory focuses on medication and related treatment decisions made after screening and assessment for alcohol use disorder, and medically supervised withdrawal, if necessary. Alcohol consumption should not stop abruptly in those patients who have consumed alcohol regularly over a prolonged period of time. This *Advisory* is meant as an overview of AUD medications to facilitate abstinence.
 - [Advisory: The Importance of Family Therapy in Substance Use Disorder Treatment](#) – This Advisory surveys basic factors for programs and providers to consider when implementing family-related therapy approaches, goals and processes for conducting effective family counseling, and resources for further learning about family therapy techniques and models.
 - [Advisory: The Substance Use Disorder Counseling Competency Framework: An Overview](#) – This Advisory discusses the development of the counseling competencies and the validated research on which they are based, provides a simplified overview of their structure and the elements of a typical competency, and outlines how these competencies are changing the field of SUD treatment nationwide. The Advisory also addresses the critical role of cultural competence.
 - [Advisory: Integrating Vocational Services into Substance Use Disorder Treatment](#) – This Advisory presents strategies and resources for SUD treatment counselors and program directors to improve outcomes for clients in recovery by helping them find and keep employment and deal with workplace stresses. This Advisory is directed to programs serving clients who are unemployed, underemployed, or struggling in workplace settings (Source: *SAMHSA*).
6. **DHSS Updates COVID-19 Vaccine Requesting Process** – DHSS recently updated the COVID-19 vaccine requesting process. Order requests now will be made through an [online ordering form](#) and no longer will be made by email. Vaccine order requests are not kept on file but should be sent each week for the amount of vaccine that can be administered within the next seven days. Second doses currently are ordered by the state on behalf of the provider. Additional [information](#) from DHSS is available. MHA produced a [vaccine FAQs](#) resource with further insights (Source: *MHA*).

7. **Black History Month Social Media and Outreach Toolkit** – HHS' Office of Minority Health has developed a new Black History Month Social Media and Outreach Toolkit Webpage! This Toolkit Webpage includes graphics and messaging that will help promote and highlight Black History Month, and the impacts COVID-19 has on African Americans with underlying health issues such as uncontrolled high blood pressure (hypertension). [Toolkit Webpage](#)
8. **NASADAD Releases Resource Guide on Early Intervention for Youth** – NASADAD recently released a new resource guide titled, "Reaching Youth at Risk for Substance Use and Misuse: Early Intervention Resources and Practices." The guide includes principals of effective early intervention services, innovative State initiatives including case studies from five States, state-by-state descriptions of early intervention services, and programs and tools to use as resources. The guide also includes seven guiding principles developed by NASADAD, in collaboration with an expert Advisory Council (Source: NASADAD). [Download Now](#)
 - **Webinar** –This webinar will discuss how to use the resource guide to develop local early intervention programs and services. **Thursday, February 25, 2021, 12-4pm CT.** [Register](#)
9. **Equity and Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#) | [Learn More about MHEIA](#)
- 10.
11. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
12. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

February 16, 2021 – NE Region (Districts 3, 11, 16, 17, 18, 26 & 38) – **10-12pm**

Location: Virtual

March 5, 2021 – Southwest Region – **10-12pm**

Location: Virtual

April 9, 2021 – Western Region – **10-12pm**

Location: Virtual

May 11, 2021 – North Central Region – **10-12pm**

Location: Virtual

TBD – Eastern Region

Location: Virtual

TBD – SE Region

Location: Virtual

TRAINING OPPORTUNITIES

1. **New Best Practices for Caring for Pregnant and Postpartum Women with OUD** – During this webinar, participants will learn how to discuss the evidence supporting medications for treatment, describe patient-centered care strategies, discuss psychosocial interventions that can improve outcomes, and recognize ways to reduce stigma and improve recovery for pregnant and postpartum women with OUD. **Wednesday, February 17, 10-12pm CT.** [Register](#)

2. **Cultural Competence in Healthcare: Laying the Foundation** – This webinar will review the key building blocks of cultural competence, including cultural awareness, knowledge, skill, desire, and encounters. Experts will introduce the concept of cultural humility and discuss how this dynamic and lifelong process can be used to enrich cultural competence. **Thursday, February 18, 2021, 11-12pm CT** (rebroadcast at 2pm CT). [Register](#)
3. **Building Outreach and Diversity in the Field of Addiction by Dr. Ayana Jordan** – The purpose of this talk is to establish the immediate need for diversity, equity, and inclusion (DEI) in the field of addictions, and to define these terms for a shared understanding of what these concepts entail. This talk will describe the current lack of racial and ethnic diversity in research and the existing medical workforce and make the case that DEI infrastructure is necessary to improve patient outcomes. Examples of programmatic efforts within the field of addiction dedicated to increasing the number of racial and ethnic URM researchers, clinical providers, and faculty will be discussed. An overview of deliberate recruitment strategies will be provided to highlight the importance of directed outreach. We will conclude with a discussion of how DEI efforts can be measured to accurately track progress. Dr. Ayana Jordan MD, PhD, Yale University is a leader in diversity and inclusion in the field of substance use disorder treatment and policy (and an amazing speaker)! **Thursday, February 18, 2021, 3:30-5pm CT**. [Register](#)
4. **Provider Well-being Webinar and Podcast Series: We Make the Path by Walking** – This is an eight-part webinar and podcast series designed to help participants reckon with our turbulent world, offering support and direction for a clearer path forward. Interactive sessions bring focus and connection through meaningful group discussion, opening opportunities for personal exploration, insight and the discovery of new ways to navigate life with resilience and hope. Psychotherapeutic modalities drawn from East Asian medicine equips participants with self-nurturance skills such as, meditation and breathing practices, voice-work and body awareness techniques for day to day well-being and sharing with others. **Webinars are from 1-2pm CT**. [Register](#) | [Podcast for the series](#)
 - **February 19, Investigating Thoughts:** As we peel back the layers of our beliefs, we may be surprised by what we see. This session gives us tools to look closely at what works and what may not be serving us now.
 - **March 5, Head, Heart and Gut:** If we learn to pay attention, our bodies can inform us how to make wise decisions, though early trauma may have shut down some of that knowing. This session looks at how we can retrieve our deep instincts, through observation and self-care.
 - **March 19, Tending Our Tender Selves:** Some of us didn't learn how to care for ourselves because we weren't adequately cared for in crucial stages of development. This session is focused on re-learning how to tend to ourselves with tender care.
 - **April 2, Care Without Carrying:** We know how much caring is needed in our world, though caring at times can feel like too heavy a load to carry. This session will focus on finding ways to keep caring, without carrying a burden.
 - **April 16, Walking a Parallel Path:** For many of us working in the fields of mental health services or teaching, we may notice that the very issues we help our clients with, are things we recognize in ourselves. We'll discuss how this useful teaching tool in our work not only gives us empathy, but can help us heal our own wounds.
 - **April 30, Walking the Path We Make:** In this final session, we can look at how we move forward, changed by what we have experienced and continuing to feel as we go and see what path appears as the dust settles and we build a new world.
5. **Supporting Family Drug Court Participants through Comprehensive Case Plans** – This webinar will discuss the research supporting family-centered case plans, ways to involve the family support system in both case planning and monitoring, as well as effective collaboration of community-based organizations with child welfare and other public agencies. **Monday, February 22, 2021, 1:30-3pm CT**. [Register](#)
6. **Addressing Racial Disparities in Healthcare for Black Americans: Bridging the Gap & Changing the Trajectory** – Please join us for this timely discussion honoring Black History Month with three speakers on the topic of racial disparities in the provision of healthcare in the Black American community. Harriet A. Washington, Dr. William Lawson, and Dr. David Smith will discuss the issues facing the Black community arising from decades of systemic inequality. **Wednesday, February 24, 2021, 11am CT** (rebroadcast at 2pm CT). [Register](#)

7. **New Addiction in the African American Community: The Recovery Legacies of Frederick Douglass & Malcolm X** – This Diversity, Equity, and Inclusion community public forum is presented by the Faces & Voices of Recovery. Speaker: Michael E. Johnson is a nationally recognized trainer and lecturer in the field of addictions. **Thursday, February 25, 2021, 5-6:30pm CT.** [Register](#)
8. **Reaching Youth at Risk for Substance Use and Misuse: Strategies for Early Intervention** – This training aims to introduce participants to a new early intervention resource guide developed by NASADAD. Upon completing this training, participants will have a better understanding of: the need for more early intervention programs for adolescents and transitional-aged youth, the national landscape of early intervention programs and services, detailed examples of early intervention programs in three states, and how to use the “Reaching Youth At Risk for Substance Use and Misuse” resource guide to develop local early intervention programs and services. **Thursday, February 25, 2021, 12-4pm CT.** [Download Guide](#) | [Register](#)
9. **The More Patients I Have the More Patience I Need** – The greater the patient load, the more patients and clients we see with trauma, especially trauma that is similar to the trauma we've personally faced, the greater our susceptibility to burnout and compassion fatigue. Being placed in workload, control, fairness and other mismatch situations increases our susceptibility to burnout, especially if our ethics are challenged. We'll review some documented tools to help us face and bounce back from these challenges. **Thursday, February 25, 2021, 2-3:30pm CT.** **Registration Fee: \$25.** [Register](#)
10. **New Addressing the Adverse Impacts of COVID-19 on Children with Serious Emotional Disorders** – Since March 2020, children across the country have been isolated at home participating in distance learning. The impacts academically, socially and emotionally have been staggering, particularly for children with pre-existing serious emotional disorders and their families. What do all of these things mean in the short-term and the long-term? What can be done to attempt to mitigate some of these adverse effects? Join this roundtable discussion as experts provide information and answer questions. **Wednesday, March 3, 2021, 12-1:30pm CT.** [Register](#)
11. **MARS Training Program** – The MCB is starting a new 40-hour Medication Awareness Recovery Specialist Training Program with a 2-hour Zoom training on **March 5**. Participants will work through eight self-study modules between March 15 - June 6 with topics covering Science of Addiction, Eliminating Barriers to Medication Assisted Treatment, Medication Assisted Treatment and Mutual Support Groups, Know Your Rights, ASAM Guidelines for MAT, and more. There is also a 2-Hour Zoom meeting on June 11. **Program Fee: \$100.** [Register](#)
12. **New The Changing Landscape of Ethics: Implications of the Digital Age** – The digital age has ushered in a new way of communicating, and has created opportunities while also posing some unforeseen ethical landmines. This three hour workshop will explore the tenets of ethics as it relates to various roles and credentials. It will also take a closer look at ethical principles that can pose unique challenges, such as technology, scope of practice, and dignity of the client. Participants will use an ethical decision making framework to work through a variety of scenarios that professionals commonly face. **Friday, March 5, 2021, 9-12pm CT.** **Registration Fee: \$25.** [Register](#)
13. **Assessing & Managing Suicide Risk During COVID-19 & Beyond** – This session will provide an overview of the statistical and societal impact of suicide while also presenting concrete steps that healthcare professionals can take to diminish the risk of individuals' suicide attempts. **Learning Objectives:** identify the factors that have increased the urgency for suicide assessment and prevention; plan specific evidence-based strategies for reducing the risk of patients' suicide attempts, and utilize one or more current assessment tools with clients who may present risk for suicide. **Friday, March 26, 2021, 11-1pm CT.** [Register](#)
14. **The Missouri Association of Treatment Court Professionals (MATCP) Annual Conference** – The MATCP's 23rd Annual Conference will be brought to you in a virtual format this year. This conference will provide the same great local and national presentations but now from the comfort of your home or office. **Please remember you do not have to work in a Treatment Court in order to attend this conference!** **April 21-23, 2021.** [Learn More and Register](#)

15. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021**. [Learn More and Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
2. **MO-HOPE Trainings** – The MO-HOPE Project continues to conduct virtual trainings. Below is a list of dates and times for MO-HOPE Overdose Education and Naloxone Distribution (OEND) and train-the-trainer courses through March 2021. These trainings are available at no cost. As a reminder, these trainings are also available upon request, or can be viewed via video by here: <https://mohopeproject.org/category/video/>.

AVAILABLE TRAINING DATES:

Wednesday, March 17, 3pm-5pm; OEND: https://zoom.us/meeting/register/tJEkcu6urDkuGNcox_sLSHhXhT-FCZ82-r2R

Thursday, February 25, 2pm-4pm; OEND TOT: <https://zoom.us/meeting/register/tJ0uceCqqDirHtfu7MBDO0xYLjLSGAtc4vWW>

Wednesday, March 24, 10am-12pm; OEND TOT: <https://zoom.us/meeting/register/tJMoc-qsrj4sGNTxEI5WQpivHtApCq3piWA8>

3. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
4. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in March, June, and October. For more information and to register, click the links: [March](#) | [June](#) | [October](#).
5. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities February – May 2021. Check out the [MCB website](#) for more information and to register.
6. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for updates on different topics/initiatives next Friday!