

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance February 5, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **DMH COVID Vaccination Update** – DMH continues to educate and vaccinate team members and patients/residents at all the facilities and state operated programs around the state. To date, over 3,900 staff members and patients/residents have received the vaccination, and of that number over 2,500 have received a second dose. More clinics will continue in the weeks to come. DMH is also assisting with the vaccination process for other state agencies. To date, DMH has helped vaccinate 945 individuals from other state agencies including DCI, DOC, DSS, DHSS, and OA.

DBH Community COVID-19 Positives Data (as of February 5, 2021, at 4pm)

Consumers	1,035
Staff	787
Providers	54

14 consumer/staff deaths have been reported.

2. **Housing and Urban Development (HUD) Recovery Housing Grant** – On January 29, HUD awarded \$39,712,709 to 138 local homeless assistance programs in Missouri. HUD's Continuum of Care (CoC) grant funding supports many interventions for individuals and families experiencing homelessness, particularly those living in places not meant for habitation, living temporarily in sheltering programs, or at imminent risk of experiencing homeless. A few of the interventions CoC funding supports include: coordinated entry, transitional housing, rapid re-housing, and permanent supportive housing.

DMH has 27 CoC funded projects and \$13,594,493 in allocations that provide permanent housing interventions for individuals with disabilities and their families who have experienced long-term chronic homelessness.

3. **Draft Rule Amendments – Substance Use Disorder Treatment Programs** – The following DRAFT rule amendments have been posted to the DBH website for comments: <https://dmh.mo.gov/alcohol-drug/regulation-drafts>:
 - **9 CSR 30-3.032** Certification of Substance Use Disorder Prevention and Treatment Programs
 - **9 CSR 30-3.100** General Requirements for Substance Use Disorder Treatment Programs
 - **9 CSR 30-3.110** Service Definitions, Staff Qualifications, and Documentation Requirements for Substance Use Disorder Treatment Programs
 - **9 CSR 30-3.132** Opioid Treatment Programs
 - **9 CSR 30-3.150** Comprehensive Substance Treatment and Rehabilitation (CSTAR)
 - **9 CSR 30-3.155** Staff Requirements for CSTAR
 - **9 CSR 30-3.157** Community Support in CSTAR
 - **9 CSR 30-3.195** Outpatient Substance Use Disorder Treatment Programs (non-contracted)

Comments/questions should be submitted to Debbie McBaine (debbie.mcaine@dmh.mo.gov) by **March 1, 2021**.

4. **CIMOR Priority – Server Maintenance** – Due to routine server maintenance, the FTP folder **will not** be available from **10:00pm to 11:00pm** on Monday, February 8, 2021. We apologize for any inconvenience. If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link, found on the left side of the portal.
5. **CEDI February Newsletter** – The February Newsletter from the CEDI Committee includes a very special statement from the CEDI Chair, Tiffany Lacy Clark. [CEDI February Newsletter](#)
6. **DSS Notice – Long-Term Facility Providers – COVID-19 Related Expenses – Attention Long-Term Care Facility Providers (Assisted Living Facilities, Residential Care Facilities, Intermediate Care Facilities, and Skilled Nursing Facilities)**: All Long-Term Care facilities may continue to submit testing invoices and invoices for other necessary COVID-19 related expenditures through March 31, 2021. Please only submit new expenses incurred since December 1, 2020, and/or items not previously submitted. If you represent a Long-Term Care facility and you already submitted items that were not approved because you were over your allocated cost cap, please do not resubmit those items. Those are being reconsidered at this time. In order for invoices to be processed, they must include the following:
- The federal tax ID number
 - A unique invoice number not previously used
 - The invoice or bill from the vendor who provided the services/supplies
 - The full address of the facility (must match what the state has on file)
 - A signature on all forms requiring a signature
 - A detailed explanation of how the expenditure is COVID-19 related
 - A new signed addendum for “other expenditures” invoices
- If required documentation is not submitted, your invoice may not be approved. The website to access documents and submit invoices is located at: <https://apps.dss.mo.gov/LongTermCareCovid19Invoices/> (Source: *MO HealthNet*).

7. **COVID-19 Updates & Resources** –

- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **COVID-19 Vaccine Information** – This website offers facts so you can make an informed decision: [MOSTopsCOVID.com](https://mostopsCOVID.com).
- **COVID-19 Vaccine Social Media Assets** – Download social media graphics and content to spread facts about the vaccine. [Access Now](#)
- **COVID-19 Related Grief & Loss Support Group** – As part of the Show Me Hope Crisis Counseling Program, ReDiscover hosts a statewide COVID-19 Related Grief & Loss Support Group. This is a FREE virtual support group held **every Tuesday from 4:30-5:30pm CT** through February. This opportunity is open to all state team members, family and friends. [Register](#)

COVID Vaccine: Get the Facts

Vaccine Myth: I only need to take one dose of the vaccine.

Vaccine Truth/Fact: You need both doses to build a robust immunity to COVID-19.

- The doses should be taken three to four weeks apart; depending on which vaccine you receive: Pfizer-3 weeks, Moderna-4 weeks.
- Both doses must come from the same company, either Pfizer or Moderna.
- You will receive a COVID vaccine card to help you keep track of which company and when you are due for your second dose.
- Side effects may be slightly worse after your second dose, but that means the immune memory is working!

For more information, go to [MOSTopsCOVID.com](https://mostopsCOVID.com).

- **Understanding mRNA Vaccines** – CDC explains the vaccine: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/mRNA.html>.
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit www.missouricit.org/frpn to find a provider.
- **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.
- **Electronic COVID-19 Case Reporting** – The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.
**If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit: health.mo.gov/communitytest.
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **February 10, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>



FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

1. **Resiliency in Communities after Stress and Trauma – Application Deadline: February 15, 2021** – SAMHSA is accepting applications for the Resiliency in Communities after Stress and Trauma (ReCAST Program) grants. The purpose of this program is to assist high-risk youth and families and promote resilience and equity in communities that have recently faced civil unrest through implementation of evidence-based violence prevention and community youth engagement programs, as well as linkages to trauma-informed behavioral health services. SAMHSA plans to issue 8 awards of \$1,000,000 per year for up to five years. [Learn More](#)
2. **Building Communities of Recovery – Application Deadline: February 15, 2021** – SAMHSA is accepting applications for the Building Communities of Recovery (BCOR) program. The purpose of this program is to mobilize resources within and outside of the recovery community to increase the prevalence and quality of long-term recovery support from substance use. SAMHSA plans to issue 29 awards of \$200,000 per year for up to three years. [Learn More](#)
3. **Integrated Substance Use Disorder Training Program – Application Deadline: February 24, 2021** – The program expands the number of nurse practitioners, physician assistants, health service psychologists, and/or social workers trained to provide mental health and SUD, including OUD, services in underserved community-based settings that integrate primary care, mental health, and SUD services. [Learn More](#)
4. **The Weyerhaeuser Family Foundation's Children's Initiative – Application Deadline: March 1, 2021** – The program provides support to direct service programs throughout the US that promote resilience, stability, and psycho-social health for youth ages 14 to 21 who have been traumatized by Adverse Childhood Experiences (ACEs). Eligible programs must directly serve youth who have been significantly traumatized by ACEs, offer age-appropriate therapeutic interventions, provide services that go beyond crisis intervention, include a plan for evaluating program effectiveness, enhance the relationship between the child and at least one significant adult, be a new program or a new therapeutic component to an existing program, and use trauma informed practices. The average grant size is \$30,000 or less. [Learn More](#)
5. **New Mentoring for Youth Affected by the Opioid Crisis and Drug Addiction – Application Deadline: March 30, 2021** – The purpose of the program is to support the implementation and delivery of mentoring services to youth who are misusing substances, youth at risk for SUD, and youth with family members who currently use substances or have a SUD. Eligible applicants for the first category, Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include nonprofit and for-profit organizations that currently have mentoring programs. Eligible applicants for the second category, Statewide and Regional Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include national organizations and States. The anticipated total amount to be awarded under the solicitation is \$16,250,000 over a 36-month period of performance. [Learn More](#)
6. **Rural Health Care Program – Application Deadline: April 1, 2021** – This program provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. [Learn More](#)
7. **Emerging Issues in Maternal and Child Health – Application Deadline: April 9, 2021** – The purpose of this program is to strengthen the capacities of state- and/or local-level organizations to respond to emerging public health issues affecting maternal and child health populations. [Learn More](#)
8. **Behavioral Health Workforce Education and Training Program for Paraprofessionals – Application Deadline: April 12, 2021** – HRSA is accepting applications for the Behavioral Health Workforce Education and Training (BHWET) Program for Paraprofessionals. This program will develop and expand community-based experiential training, such as field placements and internships, for students preparing to become peer support specialists and other behavioral health-related paraprofessionals. A special focus is placed on the knowledge and understanding of the specific

concerns of children, adolescents, and transitional-aged youth in high need and high demand areas at risk for behavioral health disorders. HRSA expects approximately \$24.3 million to be available in FY 2021 to fund 43 grantees. [Learn More](#)

9. **HRSA Rural Communities Opioid Response Program-Psychostimulant Support (RCORP-PS) – Application Deadline: April 21, 2021** – The overall goal of this program is to strengthening and expand prevention, treatment, and recovery services for rural individuals who misuse psychostimulants to enhance their ability to access treatment and move towards recovery. Over the course of a three-year period of performance, RCORP-PS award recipients will implement a set of core psychostimulant use disorder prevention, treatment, and recovery activities. [Learn More](#)

INFO and RESOURCES

1. **New Hospitals to Support High Throughput Vaccine Distribution in Missouri** – The availability of COVID-19 vaccine continues to be the leading factor limiting vaccination of the more than 2 million remaining Missourians currently eligible according to Missouri's [priority phases](#). Missouri's interagency vaccine planning team has selected hospitals within all regions of the state who will be receiving just over half of the state's weekly vaccine allocation through the month of February (Source: *DHSS*). [Read More](#)
2. **New DHSS Updates COVID-19 Vaccine Requesting Process** – DHSS recently updated the COVID-19 vaccine requesting process. Order requests now will be made through an [online ordering form](#) and no longer will be made by email. Vaccine order requests are not kept on file but should be sent each week for the amount of vaccine that can be administered within the next seven days. Second doses currently are ordered by the state on behalf of the provider. Additional [information](#) from DHSS is available. MHA produced a [vaccine FAQs](#) resource with further insights (Source: *MHA*).
3. **New Black History Month Social Media and Outreach Toolkit** – HHS' Office of Minority Health has developed a new Black History Month Social Media and Outreach Toolkit Webpage! This Toolkit Webpage includes graphics and messaging that will help promote and highlight Black History Month, and the impacts COVID-19 has on African Americans with underlying health issues such as uncontrolled high blood pressure (hypertension). [Toolkit Webpage](#)
4. **New NASADAD Releases Resource Guide on Early Intervention for Youth** – NASADAD recently released a new resource guide titled, "Reaching Youth at Risk for Substance Use and Misuse: Early Intervention Resources and Practices." The guide includes principals of effective early intervention services, innovative State initiatives including case studies from five States, state-by-state descriptions of early intervention services, and programs and tools to use as resources. The guide also includes seven guiding principles developed by NASADAD, in collaboration with an expert Advisory Council (Source: *NASADAD*). [Download Now](#)
 - **Webinar** –This webinar will discuss how to use the resource guide to develop local early intervention programs and services. **Thursday, February 25, 2021, 12-4pm CT**. [Register](#)
5. **New HRSA Releases Toolkit for Providers Caring for Women with OUD** – HRSA's Office of Women's Health recently created, "Caring for Women with Opioid Use Disorder: A Toolkit for Organizational Leaders and Providers, that provides resources and information to help strengthen services and care for women with OUD. The toolkit is organized into three major sections including shifting the culture around addiction and treatment, engaging women with OUD in care, and creating and maintaining partnerships that support care coordination for women with OUD. As described in the document, each section includes tools that organization leaders and providers can use to improve the delivery of coordinated care and additional resources at the end of the toolkit (Source: *NASADAD*). [Download Now](#)
6. **New CDC Finds Opioid Overdose Deaths and OUD Cost U.S. \$1.02 trillion in 2017** – The CDC recently released a study in the journal, *Drug and Alcohol Dependence*. The study updates and expands two prior estimates of the cost of the opioid crisis including a 2016 CDC economic cost study and a 2017 report by the White House Council of

Economic Advisors. As described in the study, costs for spending on health care, OUD treatment, criminal justice involvement, and lost work productivity, as well as estimates of cost for lost quality of life and lives lost were all calculated. The study includes key findings and updated cost analyses. For example, the value of life lost due to overdose deaths was \$480.7 billion and the cost of OUD was calculated at \$471 billion in 2017. In addition, almost \$35 billion was spent on health care and OUD treatment while criminal justice spending accounted for \$14.8 billion (Source: *NASADAD*). [Read More](#)

7. **New Evidence-Based Substance Use Treatment Webinar** – Join the St. Louis Regional Center of Excellence in Behavioral Health for an engaging online event, beginning with a keynote by Robert J. Meyers, Ph.D., whose has been in the addiction field for 39 years. Dr. Meyers is currently the director of Robert J. Meyers, Ph.D. & Associates and a Research Associate Professor Emeritus in Psychology at the University of New Mexico’s Center on Alcoholism, Substance Abuse and Addiction. DBH’s **Jenn Johnson** will be on the panel discussion after the presentation! **Thursday, February 11, 2021, 1-3pm**. [Register](#)
8. **New Webcast on Medication-Assisted Treatment for OUD** – This accredited, on-demand activity features a presentation that discusses new medications and medication combinations that could be used to enhance the effectiveness of MAT, and outlines strategies to address patient access during the coronavirus pandemic. [Access Webcast](#)
9. **New Mental Disorders Linked with Subsequent Physical Disease** – People with mental disorders appear to develop subsequent physical diseases at younger ages and to die earlier, compared with people without mental disorders, according to a population-based cohort study published online in *JAMA Network Open* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
10. **New Cultural Considerations In The Management of Patients With Major Depressive Disorder** – A patient’s cultural background can influence factors such as when, how, and if they seek treatment, as well as their expectations and perceptions of the treatment management journey. That makes cultural differences important considerations when assessing patients with depression. During this webinar, two experts discuss the available literature, current research into influencing factors, and their experiences in the field. [Watch Now](#)
11. **Equity and Inclusion Learning Series** – The DMH’s Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#) | [Learn More about MHEIA](#)
- 12.
13. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
14. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

February 16, 2021 – NE Region (Districts 3, 11, 16, 17, 18, 26 & 38) – **10-12pm**

Location: Virtual

March 5, 2021 – Southwest Region – **10-12pm**

Location: Virtual

April 9, 2021 – Western Region – **10-12pm**

Location: Virtual

May 11, 2021 – North Central Region – 10-12pm

Location: Virtual

TBD – Eastern Region

Location: Virtual

TBD – SE Region

Location: Virtual

TRAINING OPPORTUNITIES

- COVID-19 Vaccine Webinar Series** – Led by [Joe Parks, MD](#), medical director and vice president of practice improvement for the National Council, and a guest co-host, each webinar will offer updates on the latest vaccine news, a Q&A session to respond to participants' inquiries and boots-on-the-ground insights from the provider operations perspective. Webinar series begins on **Tuesday, February 9, 2021, from 12-1pm CT**. [Register](#)
- New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
 - **Session 1 - Navigating Risk: The Dignity of Risk and the Duty to Care – Presented on September 29, 2020.** [PowerPoint](#) | [Decisional Balance Worksheet](#) | [Managing Risk Worksheet](#)
 - **Session 2 - A Recovery Oriented Approach to Professional Boundaries - Thursday, February 11, 2021, 2-3:30pm CT.** [Register](#)
 - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
 - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)
- Cultural Competence in Healthcare: Laying the Foundation** – This webinar will review the key building blocks of cultural competence, including cultural awareness, knowledge, skill, desire, and encounters. Experts will introduce the concept of cultural humility and discuss how this dynamic and lifelong process can be used to enrich cultural competence. **Thursday, February 18, 2021, 11-12pm CT** (rebroadcast at 2pm CT). [Register](#)
- Building Outreach and Diversity in the Field of Addiction by Dr. Ayana Jordan** – The purpose of this talk is to establish the immediate need for diversity, equity, and inclusion (DEI) in the field of addictions, and to define these terms for a shared understanding of what these concepts entail. This talk will describe the current lack of racial and ethnic diversity in research and the existing medical workforce and make the case that DEI infrastructure is necessary to improve patient outcomes. Examples of programmatic efforts within the field of addiction dedicated to increasing the number of racial and ethnic URM researchers, clinical providers, and faculty will be discussed. An overview of deliberate recruitment strategies will be provided to highlight the importance of directed outreach. We will conclude with a discussion of how DEI efforts can be measured to accurately track progress. Dr. Ayana Jordan MD, PhD, Yale University is a leader in diversity and inclusion in the field of substance use disorder treatment and policy (and an amazing speaker)! **Thursday, February 18, 2021, 3:30-5pm CT.** [Register](#)
- Provider Well-being Webinar and Podcast Series: We Make the Path by Walking** – This is an eight-part webinar and podcast series designed to help participants reckon with our turbulent world, offering support and direction for a clearer path forward. Interactive sessions bring focus and connection through meaningful group discussion, opening opportunities for personal exploration, insight and the discovery of new ways to navigate life with resilience and

hope. Psychotherapeutic modalities drawn from East Asian medicine equips participants with self-nurturance skills such as, meditation and breathing practices, voice-work and body awareness techniques for day to day well-being and sharing with others. **Webinars are from 1-2pm CT.** [Register](#) | [Podcast for the series](#)

- **February 19, Investigating Thoughts:** As we peel back the layers of our beliefs, we may be surprised by what we see. This session gives us tools to look closely at what works and what may not be serving us now.
 - **March 5, Head, Heart and Gut:** If we learn to pay attention, our bodies can inform us how to make wise decisions, though early trauma may have shut down some of that knowing. This session looks at how we can retrieve our deep instincts, through observation and self-care.
 - **March 19, Tending Our Tender Selves:** Some of us didn't learn how to care for ourselves because we weren't adequately cared for in crucial stages of development. This session is focused on re-learning how to tend to ourselves with tender care.
 - **April 2, Care Without Carrying:** We know how much caring is needed in our world, though caring at times can feel like too heavy a load to carry. This session will focus on finding ways to keep caring, without carrying a burden.
 - **April 16, Walking a Parallel Path:** For many of us working in the fields of mental health services or teaching, we may notice that the very issues we help our clients with, are things we recognize in ourselves. We'll discuss how this useful teaching tool in our work not only gives us empathy, but can help us heal our own wounds.
 - **April 30, Walking the Path We Make:** In this final session, we can look at how we move forward, changed by what we have experienced and continuing to feel as we go and see what path appears as the dust settles and we build a new world.
6. **New Supporting Family Drug Court Participants through Comprehensive Case Plans** – This webinar will discuss the research supporting family-centered case plans, ways to involve the family support system in both case planning and monitoring, as well as effective collaboration of community-based organizations with child welfare and other public agencies. **Monday, February 22, 2021, 1:30-3pm CT.** [Register](#)
7. **New Addressing Racial Disparities in Healthcare for Black Americans: Bridging the Gap & Changing the Trajectory** – Please join us for this timely discussion honoring Black History Month with three speakers on the topic of racial disparities in the provision of healthcare in the Black American community. Harriet A. Washington, Dr. William Lawson, and Dr. David Smith will discuss the issues facing the Black community arising from decades of systemic inequality. **Wednesday, February 24, 2021, 11am CT** (rebroadcast at 2pm CT). [Register](#)
8. **New Reaching Youth at Risk for Substance Use and Misuse: Strategies for Early Intervention** – This training aims to introduce participants to a new early intervention resource guide developed by NASADAD. Upon completing this training, participants will have a better understanding of: the need for more early intervention programs for adolescents and transitional-aged youth, the national landscape of early intervention programs and services, detailed examples of early intervention programs in three states, and how to use the “Reaching Youth At Risk for Substance Use and Misuse” resource guide to develop local early intervention programs and services. **Thursday, February 25, 2021, 12-4pm CT.** [Download Guide](#) | [Register](#)
9. **New The More Patients I have the More Patience I Need** – The greater the patient load, the more patients and clients we see with trauma, especially trauma that is similar to the trauma we've personally faced, the greater our susceptibility to burnout and compassion fatigue. Being placed in workload, control, fairness and other mismatch situations increases our susceptibility to burnout, especially if our ethics are challenged. We'll review some documented tools to help us face and bounce back from these challenges. **Thursday, February 25, 2021, 2-3:30pm CT.** **Registration Fee: \$25.** [Register](#)
10. **MARS Training Program** – The MCB is starting a new 40-hour Medication Awareness Recovery Specialist Training Program with a 2-hour Zoom training on **March 5**. Participants will work through eight self-study modules between March 15 - June 6 with topics covering Science of Addiction, Eliminating Barriers to Medication Assisted Treatment, Medication Assisted Treatment and Mutual Support Groups, Know Your Rights, ASAM Guidelines for MAT, and more. There is also a 2-Hour Zoom meeting on June 11. **Program Fee: \$100.** [Register](#)

11. **Assessing & Managing Suicide Risk During COVID-19 & Beyond** – This session will provide an overview of the statistical and societal impact of suicide while also presenting concrete steps that healthcare professionals can take to diminish the risk of individuals' suicide attempts. **Learning Objectives:** identify the factors that have increased the urgency for suicide assessment and prevention; plan specific evidence-based strategies for reducing the risk of patients' suicide attempts, and utilize one or more current assessment tools with clients who may present risk for suicide. **Friday, March 26, 2021, 11-1pm CT.** [Register](#)
12. **The Missouri Association of Treatment Court Professionals (MATCP) Annual Conference** – The MATCP's 23rd Annual Conference will be brought to you in a virtual format this year. This conference will provide the same great local and national presentations but now from the comfort of your home or office. **Please remember you do not have to work in a Treatment Court in order to attend this conference!** **April 21-23, 2021.** [Learn More and Register](#)
13. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021.** [Learn More and Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
2. **MO-HOPE Trainings** – The MO-HOPE Project continues to conduct virtual trainings. Below is a list of dates and times for MO-HOPE Overdose Education and Naloxone Distribution (OEND) and train-the-trainer courses through March 2021. These trainings are available at no cost. As a reminder, these trainings are also available upon request, or can be viewed via video by here: <https://mohopeproject.org/category/video/>.

AVAILABLE TRAINING DATES:

Tuesday, February 9, 10am-2pm; OEND: <https://zoom.us/meeting/register/tJMtc-iqqiMiGdFGXhpe5C5TURLvLtePE4Xc>

Wednesday, March 17, 3pm-5pm; OEND: https://zoom.us/meeting/register/tJEkcu6urDkuGNcox_sLSHhXhT-FCZ82-r2R

Thursday, February 25, 2pm-4pm; OEND TOT: <https://zoom.us/meeting/register/tJ0uceCqqDirHtfu7MBDO0xYLjLSGAtc4vWW>

Wednesday, March 24, 10am-12pm; OEND TOT: <https://zoom.us/meeting/register/tJMoc-qsrj4sGNTxEI5WQpivHtApCq3piWA8>

3. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
4. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in March, June, and October. For more information and to register, click the links: [March](#) | [June](#) | [October](#).

5. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities February – May 2021. Check out the [MCB website](#) for more information and to register.
6. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for updates on different topics/initiatives next Friday!