

# FYI FRIDAYS

## DBH Updates, Notices, and Policy Guidance January 29, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **DMH COVID Vaccination Update** – DMH continues to educate and vaccinate team members and patients/residents at all the facilities and state operated programs around the state. To date over 3,900 staff members and patients/residents have received the vaccination, and of that number more than 480 have received a second dose. More clinics in the weeks to come will provide additional first and second doses for staff and patients/residents.

### DBH Community COVID-19 Positives Data (as of January 29, 2021, at 4pm)

Consumers	1,024
Staff	778
Providers	54
14 consumer/staff deaths have been reported.	

2. **Suicide Prevention Keynote Presentation** – **Stacey Williams**, Suicide Prevention Manager for DMH, and **Ashlee Jenkins**, Public Health Manager for the MO Coalition for Community Behavioral Healthcare, provided a suicide prevention keynote presentation to DNR at the Missouri State Parks annual conference this week. Participants received information on suicides in Missouri, how to help someone in need, and suicide prevention resources including the Suicide Prevention Lifeline and Crisis Text Line.
3. **Update on Dialectical Behavior Therapy (DBT)** – DBH Integrated Monitoring and Review Unit is excited to announce that the Fidelity Team coordinated by **Lori Norval** has been working with **Ronda Reitz**, DBT State Trainer. Together they will further develop new and existing DBT programs, trainings, certification and fidelity procedures in community mental health agencies contracted with DMH. Ronda will continue to be the primary contact for DBT currently. DBT is a critical service in Missouri for adults, young adults and now there are exciting developments in child DBT. The DBT MO certification website is: [https://www.dbtmo.org/dbtmo1.0/Certification/Ce\\_Steps.aspx](https://www.dbtmo.org/dbtmo1.0/Certification/Ce_Steps.aspx). Stay tuned for more over the next year!
4. **New Office of Childhood** – The Department of Elementary and Secondary Education (DESE) is pleased to share information about the new Office of Childhood, which is a result of the coordination of programs and services within the Departments of Health and Senior Services, Social Services, and Elementary and Secondary Education. The [new web page](#) contains an excerpt from the [Governor's press release](#) as well as talking points about why this reorganization is needed, a set of Frequently Asked Questions, and a recorded informational webinar from the Governor's Office. This is an exciting time for early childhood in Missouri as the Governor has proposed moving nearly all early childhood programs across state government in into one office. Accordingly, DESE will house these programs related to child care, early intervention, early learning, and home visiting in the new Office of Childhood. The new webpage also addresses why and when this transition will occur.
5. **Suicide Prevention in Health Care ECHO Launching Friday, February 19** – DMH is excited to announce that a new, first of its kind in the nation, *Suicide Prevention in Health Care ECHO* will launch Friday, February 19. It will be hosted by the University of Missouri Telehealth Network and held the first and third Friday of each month from 12-1pm CT. An interdisciplinary team of mental health specialists from across the state will share information about best practices, plans and procedures for preventing suicide. Primary care and emergency medicine providers, school officials, law enforcement personnel and other professionals who interact with the mental health community are

encouraged to participate. Suicide Prevention in Health Care ECHO includes specialists in psychiatry, psychology, emergency medicine, pharmacology, case management and primary care. Show-Me ECHO programs are provided at no cost for participating sites and individuals, and they offer free continuing education. [Flyer](#) | [Register](#)

6. **MHD Public Notice** – The MO HealthNet Division has posted a public notice regarding the Adult Expansion Group Prospective Alternative Benefit Plan (ABP). Visit MO HealthNet's [Alerts & Public Notice](#) page to review the proposed SPA page and how to submit comments.
7. **CIMOR Priority – Allocation Transfers** – Fiscal staff have completed their financial analysis for FY 2021 community obligations/contracts. At this time Medicaid to Non-Medicaid transfers will be allowed. Please be advised we will not allow the following: transfers of funding between agencies, transfers of funding between contracts within a single agency, and funding over allocation within CIMOR will not be done. We will re-evaluate this in May.
8. **CCBHO Priority – Telehealth** – For PPS claims processing through CVS (Test) in which the service category is ADA Clinic or CPS Clinic, providers are receiving rejections for telehealth when billed with the GT modifier. While DMH still uses the GT modifier to distinguish telehealth services, other payers utilize the place of service 02 for this distinction (i.e. Medicaid). In order for claims to other payers to process accurately, DMH is adding the **place of service 02 (Telehealth) for all ADA and CPS Clinic services** in place of the GT modifier. If you **do not use the place of service 02**, the claim will be **rejected by other payers** through the CVS processing. This is **effective immediately**. The GT modifier is not being removed at this time, but will be phased out in the future. This only applies to ADA or CPS Clinic services; all other programs will continue to require the use of the GT modifier at this time. Please contact the DBH Support Center if you have any questions.
9. **Draft Rule Amendment – Opioid Treatment Programs** – The draft rule amendment pertaining to Opioid Treatment Programs has been posted for comments on the [DBH webpage](#). Comments/questions should be submitted to Debbie McBaine ([debbie.mcaine@dmh.mo.gov](mailto:debbie.mcaine@dmh.mo.gov)) by **February 22, 2021**.
10. **COVID-19 Updates & Resources** –
  - **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
  - **COVID-19 Vaccine Information** – This website offers facts so you can make an informed decision: [MOStopsCOVID.com](https://moplastscovid.com).
  - **COVID-19 Vaccine Social Media Assets** – Download social media graphics and content to spread facts about the vaccine. [Access Now](#)
  - **COVID-19 Related Grief & Loss Support Group** – As part of the Show Me Hope Crisis Counseling Program, ReDiscover hosts a statewide COVID-19 Related Grief & Loss Support Group. This is a FREE virtual support group held **every Tuesday from 4:30-5:30pm CT** through February. This opportunity is open to all state team members, family and friends. [Register](#)

### COVID Vaccine: Get the Facts

**Vaccine Myth: The COVID-19 vaccine was rushed, so it can't possibly be safe.**

**Vaccine Truth/Fact: No corners were cut in developing the COVID-19 vaccines.** Scientists had a jump on developing the COVID-19 vaccine, using experiences from previous coronavirus vaccine efforts. They also preserved safety and saved time by working on efforts simultaneously. For example, COVID-19 vaccines were in phase 3 clinical trials at the same time they were being manufactured. When their safety and efficacy were proven, manufactured vaccines could be used. If they didn't pass the approval process, the vaccines wouldn't have been used.

For more information, go to [MOStopsCOVID.com](https://moplastscovid.com).

- **Understanding mRNA Vaccines** – CDC explains the vaccine: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/mRNA.html>.
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit [www.missouricit.org/frpn](http://www.missouricit.org/frpn) to find a provider.
- **Resource Directory** – For information and resources from partner agencies across state and federal government, check out this resource directory now available through the Show Me Strong Recovery Plan website: <https://showmestrong.mo.gov/directory/>.
- **Electronic COVID-19 Case Reporting** – The Electronic COVID-19 Case Reporting System can be found on the [DHSS main COVID-19 webpage](#). The system also fulfills the requirement for residential congregate facilities to report COVID-19 cases under the [May 18th Congregate Facility Reporting Order](#). Congregate facilities will no longer need to enter positive case information into the former system, which has been taken down.  
*\*If your organization has already developed an electronic reporting process with DHSS, please continue to follow this process. The Electronic Reporting System is a replacement for those entities currently emailing, faxing or mailing a CD-1 form for COVID-19 case information.*
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit: [health.mo.gov/communitytest](http://health.mo.gov/communitytest).
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **February 10, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

## State of the State of COVID-19 Vaccine Distribution in Missouri

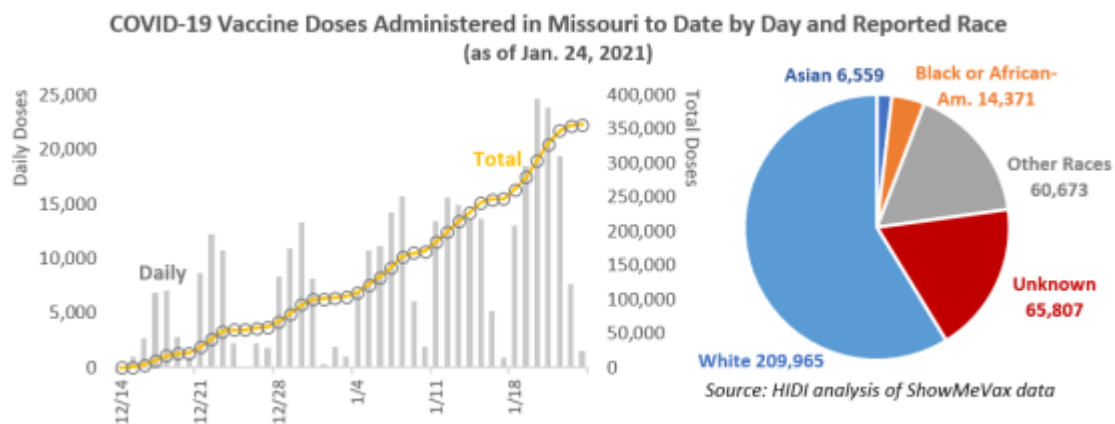
State of the State of COVID-19 Vaccine Distribution in Missouri

Staff Contact: Mat Reidhead, Jackie Gatz, Meghan Henderson or Stephen Njenga

By January 24, more than 357,000 COVID-19 vaccine doses had been administered in Missouri. The recipients include 237,688 individual Missourians, including just more than 70,000 state residents who have received both doses. While the scale and pace — an average of 8,506 daily doses since Dec. 14, 2020 — continues to increase, 357,000 doses is less than 4% of the total number of doses needed to inoculate 70% of the population, a very approximate benchmark for establishing herd immunity in Missouri. Additionally, numerous factors beyond state control continue to impose severe limitations on the proliferation of vaccines; however, Missouri currently is pulling up the rear amid a pack of equally supply-constrained states.

Missouri is one of just 16 states with a vaccine administrative data system that captures information on recipients' race and ethnicity. These data place the state at a significant advantage in tracking progress toward uptake among vaccine-hesitant populations. For example, Black and African American Missourians make up 11% of the adult population, but ShowMeVax data on reported race indicate they have received just 4% of total vaccines administered thus far. This raises serious questions on vaccine acceptance and trust-building in Black and Brown communities that have been the historical recipients of devastating medical mistreatment, including the infamous Tuskegee Syphilis Experiment, and also highlights the critical need to ensure adequate distribution to vulnerable citizens.

The problem is that 18.4% of vaccine administration records indicate unknown or missing race, while another 17% indicate other race categories aside from Black, white or Asian individuals. According to the Census, just 3.5% of adults in Missouri belong to other race groups. In other words, the actual race of one in three vaccine recipients in Missouri to date is unknown, nullifying the advantage of having the ability to monitor uptake among vaccine-hesitant populations. ***Vaccinators accurately identifying and reporting recipient race and ethnicity is vital to the success of the mass vaccination campaign in Missouri.*** For additional information on evidence-based practices in capturing Race, Ethnicity and Language (REaL) data, contact Stephen Njenga, MHA Director of Performance Measurement Compliance (Source: MHA's COVID-19 Update Dashboard Spotlight).





**VIEW THE LATEST COVID-19 VACCINE RESOURCES**

[CLICK HERE](#)



## FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:  
<https://dmh.mo.gov/covid-19-information>

1. **Mental Health Awareness Training Grants** – **Application Deadline: February 5, 2021** – SAMHSA's Center for Mental Health Services is accepting applications for FY 2021 Mental Health Awareness Training grants. The purpose of this program is to expand Mental Health First Aid to more schools, first responders, veterans and other communities, enabling more people to identify, understand and respond when an individual is experiencing a mental health crisis. [Learn More](#) | [SAMHSA Contact Information](#)
2. **Enhancement and Expansion of Treatment and Recovery Services for Adolescents, Transitional Aged Youth, and their Families** – **Application Deadline: February 8, 2021** – SAMHSA is accepting applications for Enhancement and Expansion of Treatment and Recovery Services for Adolescents, Transitional Aged Youth, and their Families grant program (Youth and Family TREE). The purpose of this program is to enhance and expand comprehensive treatment, early intervention, and recovery support services for adolescents (ages 12–18) and transitional aged youth (ages 16–25) with substance use disorders and/or co-occurring substance use and mental disorders (COD), and their

families/primary caregivers. SAMHSA plans to issue approximately 17 awards of up to \$545,000 per year for up to five years. [Learn More](#)

3. **Resiliency in Communities after Stress and Trauma – Application Deadline: February 15, 2021** – SAMHSA is accepting applications for the Resiliency in Communities after Stress and Trauma (ReCAST Program) grants. The purpose of this program is to assist high-risk youth and families and promote resilience and equity in communities that have recently faced civil unrest through implementation of evidence-based violence prevention and community youth engagement programs, as well as linkages to trauma-informed behavioral health services. SAMHSA plans to issue 8 awards of \$1,000,000 per year for up to five years. [Learn More](#)
4. **Building Communities of Recovery – Application Deadline: February 15, 2021** – SAMHSA is accepting applications for the Building Communities of Recovery (BCOR) program. The purpose of this program is to mobilize resources within and outside of the recovery community to increase the prevalence and quality of long-term recovery support from substance use. SAMHSA plans to issue 29 awards of \$200,000 per year for up to three years. [Learn More](#)
5. **New Integrated Substance Use Disorder Training Program – Application Deadline: February 24, 2021** – The program expands the number of nurse practitioners, physician assistants, health service psychologists, and/or social workers trained to provide mental health and SUD, including OUD, services in underserved community-based settings that integrate primary care, mental health, and SUD services. [Learn More](#)
6. **New The Weyerhaeuser Family Foundation's Children's Initiative – Application Deadline: March 1, 2021** – The program provides support to direct service programs throughout the US that promote resilience, stability, and psychosocial health for youth ages 14 to 21 who have been traumatized by Adverse Childhood Experiences (ACEs). Eligible programs must directly serve youth who have been significantly traumatized by ACEs, offer age-appropriate therapeutic interventions, provide services that go beyond crisis intervention, include a plan for evaluating program effectiveness, enhance the relationship between the child and at least one significant adult, be a new program or a new therapeutic component to an existing program, and use trauma informed practices. The average grant size is \$30,000 or less. [Learn More](#)
7. **New Rural Health Care Program – Application Deadline: April 1, 2021** – This program provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. [Learn More](#)
8. **New Emerging Issues in Maternal and Child Health – Application Deadline: April 9, 2021** – The purpose of this program is to strengthen the capacities of state- and/or local-level organizations to respond to emerging public health issues affecting maternal and child health populations. [Learn More](#)
9. **New Behavioral Health Workforce Education and Training Program for Paraprofessionals – Application Deadline: April 12, 2021** – HRSA is accepting applications for the Behavioral Health Workforce Education and Training (BHWET) Program for Paraprofessionals. This program will develop and expand community-based experiential training, such as field placements and internships, for students preparing to become peer support specialists and other behavioral health-related paraprofessionals. A special focus is placed on the knowledge and understanding of the specific concerns of children, adolescents, and transitional-aged youth in high need and high demand areas at risk for behavioral health disorders. HRSA expects approximately \$24.3 million to be available in FY 2021 to fund 43 grantees. [Learn More](#)
10. **New HRSA Rural Communities Opioid Response Program-Psychostimulant Support (RCORP-PS) – Application Deadline: April 21, 2021** – The overall goal of this program is to strengthening and expand prevention, treatment, and recovery services for rural individuals who misuse psychostimulants to enhance their ability to access treatment and move towards recovery. Over the course of a three-year period of performance, RCORP-PS award recipients will implement a set of core psychostimulant use disorder prevention, treatment, and recovery activities. [Learn More](#)



## INFO and RESOURCES

1. **New HHS Addresses Duration of The Public Health Emergency (PHE)** – The Acting Secretary of the U.S. Department of Health and Human Services sent a letter to the nation's governors on the expected duration of the federally declared public health emergency. It says the “PHE will likely remain in place for the entirety of 2021” and that “HHS will provide states with 60 days’ notice prior to termination.” The federal PHE enables the many statutory and regulatory waivers granted in response to the pandemic, as well as the continued flow of federal relief funds to states, providers and others (Source: *HHS*). [Read the Letter](#)
2. **New FDA Reduces N95 Mask Decontamination Cycles to 4** – The FDA is lowering the number of times an N95 mask can be cleaned and reused to four, down from a previous maximum of 20 reuses, and still recommends that each mask be labeled and worn by the same user after each decontamination cycle. The agency revised the authorization after studies found N95 masks are prone to failure after a high number of decontamination cycles, according to the agency (Source: *FierceBiotech*). [Read More](#)
3. **New Using Individual Placement and Support to Assist Job Seekers and Workers with Mental Health Conditions** – This webinar will offer an introduction to IPS and explore the role of the workforce system in its implementation. It will also discuss the benefits of IPS for all stakeholders including job seekers, employers, and workforce programs. **Chad Hinkle**, Director of Employment, has a presentation that will focus on building a successful partnership between DMH and Vocational Rehabilitation. Other speakers include international IPS expert, Robert Drake, and experienced practitioners from Illinois and Missouri. **Thursday, February 4, 2021, 2-3pm CT**. [Register](#)
4. **New The Many Hats of Recovery Homes in Missouri** – Recovery homes seem to wear many hats, sometimes being asked to serve as everything from emergency shelter to therapeutic housing to long-term supportive residences. SOR-partner recovery homes from across the state will discuss how they manage meeting peoples’ immediate needs while maintaining stability in the home, all while needing to make ends meet financially. Partners will also discuss their work in light of the COVID-19 pandemic, efforts to address racial inequities in recovery housing services, and facilitators and barriers to their work.

**Who should attend?** Anyone looking to learn more about the Recovery Housing system in Missouri, how it works, and who it serves. Participants will be able to ask direct questions and engage in dialogue with recovery housing operators about their programs.

**Featured Speakers:** **Bobbi Jo Reed** - Healing House; **Marsha Hourd** - Child and Family Empowerment Center; **Dan Hanneken** - In2Action; **Nancy Hall** - New Beginning Sanctuary; **Adriatic Likcani** - Recovery Lighthouse, Lime Tree House; **Rosie Anderson-Harper** – Department of Mental Health; Moderator: **Brenna Lohmann** - MIMH-UMSL. **Friday, February 26, 2021, 1-2:30pm CT**. [Register](#)

5. **New New Survey with CDC: Addressing Youth Substance Use Prevention** – Together with the CDC, the National Council for Behavioral Health is addressing youth substance use prevention for young people ages 12-18 years. The goal is to better understand and capture the impact of COVID-19 on the availability of and access to youth substance use prevention and treatment services, youth engagement, and real and perceived barriers to care. Youth-serving providers from community behavioral health organizations, primary care, public health and community-based organizations who work in substance use prevention and/or treatment are asked to **complete the survey by February 10** (Source: *National Council for Behavioral Health*). [Questions](#) | [Access Survey Now](#)
6. **New Biden Administration to Halt Plans to Nix X-Waiver Requirement** – An HHS decision in the waning days of the Trump presidency to publish new guidelines that include an exemption from certain requirements for physicians who are licensed under state law and possess DEA registration to prescribe buprenorphine appears to be poised for reversal under the Biden administration (Source: *Addiction Professional*). [Read More](#)

7. **New Mental Health, Opioid Abuse Among Physicians' Top Concerns Post-Pandemic** – A survey of physicians in 24 nations showed that 86% believe mental health issues and depression, along with an increase in opioid abuse, will be the top non-COVID-19 public health issue after the pandemic (Source: *Addiction Professional*). [Read More](#)
8. **New Health Equity ECHO Learning Collaborative** – The National Council for Behavioral Health is pleased to announce the opportunity for a limited number of organizations to join the Health Equity ECHO Learning Collaborative. Kicking off in late February, this six-month program will give participants the opportunity to engage with other health care provider organizations through didactic presentations on key issues and discussions around real cases to improve health equity within their organization (Source: *National Council for Behavioral Health*). [Learn More](#) | [Apply Now](#)
9. **Equity and Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#)
10. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
11. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at [katie.andrews@dmh.mo.gov](mailto:katie.andrews@dmh.mo.gov) and/or 573-522-6163.

**February 16, 2021 – NE Region** (Districts 3, 11, 16, 17, 18, 26 & 38) – **10-12pm**

Location: Virtual

**March 5, 2021 – Southwest Region** – **10-12pm**

Location: Virtual

**April 9, 2021 – Western Region** – **10-12pm**

Location: Virtual

**May 11, 2021 – North Central Region** – **10-12pm**

Location: Virtual

**TBD – Eastern Region**

Location: Virtual

**TBD – SE Region**

Location: Virtual

## **TRAINING OPPORTUNITIES**

1. **New SAMHSA's 17th Prevention Day** – This FREE day-long virtual event provides an opportunity for communication and networking between prevention practitioners, community leaders, SAMHSA grantees, researchers and consumers in the behavioral health field. SAMHSA's leadership will inform participants about SAMHSA's prevention priorities for the coming year. Other dynamic speakers will discuss evidence-based preventive interventions and findings from the latest developments in the areas of substance use and misuse prevention, treatment, recovery and mental illness. **Monday, February 1, 2021, 8:45am-4pm CT**. [Register](#)

12. **New COVID-19: Lessons Learned by Leadership** – Although the end of COVID-19 is not yet in sight, the past year has provided several lessons to consider in 2021. Attend this panel-style webinar to reflect on critical aspects of the pandemic, discuss key learnings from 2020, and forecast challenges and opportunities ahead. **Thursday, February 4, 2021, 9-10am CT.** [Register](#)
13. **ASAM Criteria Webinar** – Join the National Council for Behavioral Health and the American Society of Addiction Medicine (ASAM) to learn how the ASAM Criteria standardizes addiction treatment and improves patient care and outcomes. Experts will discuss assessment tools, clinical resources, and educational offerings available to assist providers, payers, and policymakers in the successful and comprehensive implementation of the ASAM Criteria. **Thursday, February 4, 2021, 11-12pm CT.** [Register](#)
14. **New Strengths-Based, Person-Centered Interventions** – In this interactive, experiential webinar, participants learn the conceptual framework of Strengths-Based, Person-Centered practice. Providers also have the opportunity to begin to develop their own Strengths Assessment and Person Wellness/Recovery Plan. This webinar promises to be educational, engaging, and enjoyable. Dr. Kisthardt incorporates music and poetry inspired by discussions with people who have the lived experience of mental illness and substance use disorders. **Thursday, February 4, 2021, 1-4pm CT.** **Registration Fee: \$69.** [Register](#)
15. **Provider Well-being Webinar and Podcast Series: We Make the Path by Walking** – This is an eight-part webinar and podcast series designed to help participants reckon with our turbulent world, offering support and direction for a clearer path forward. Interactive sessions bring focus and connection through meaningful group discussion, opening opportunities for personal exploration, insight and the discovery of new ways to navigate life with resilience and hope. Psychotherapeutic modalities drawn from East Asian medicine equips participants with self-nurturance skills such as, meditation and breathing practices, voice-work and body awareness techniques for day to day well-being and sharing with others. **Webinars are from 1-2pm CT.** [Register](#) | [Podcast for the series](#)
- **February 5, My Nervous, Nervous System:** Examines the body/mind science of psychoneuroimmunology, discovering how our thoughts are the first and maybe the most important thing impacting our health and well-being.
  - **February 19, Investigating Thoughts:** As we peel back the layers of our beliefs, we may be surprised by what we see. This session gives us tools to look closely at what works and what may not be serving us now.
  - **March 5, Head, Heart and Gut:** If we learn to pay attention, our bodies can inform us how to make wise decisions, though early trauma may have shut down some of that knowing. This session looks at how we can retrieve our deep instincts, through observation and self-care.
  - **March 19, Tending Our Tender Selves:** Some of us didn't learn how to care for ourselves because we weren't adequately cared for in crucial stages of development. This session is focused on re-learning how to tend to ourselves with tender care.
  - **April 2, Care Without Carrying:** We know how much caring is needed in our world, though caring at times can feel like too heavy a load to carry. This session will focus on finding ways to keep caring, without carrying a burden.
  - **April 16, Walking a Parallel Path:** For many of us working in the fields of mental health services or teaching, we may notice that the very issues we help our clients with, are things we recognize in ourselves. We'll discuss how this useful teaching tool in our work not only gives us empathy, but can help us heal our own wounds.
  - **April 30, Walking the Path We Make:** In this final session, we can look at how we move forward, changed by what we have experienced and continuing to feel as we go and see what path appears as the dust settles and we build a new world.
16. **New Optimizing Psychiatric Workflow in a Team-based Care Framework** – This webinar explores team-based care as a means of improving the psychiatric workflow. This report describes a practice model for providing psychiatric care in CBHCs that can improve treatment quality, patient experience and profitability in psychiatric clinic services. Leading the learning charge is Dr. Joe Parks and Dr. John Kern. **Monday, February 8, 2021, 1-2pm CT.** [Register](#)



17. **New COVID-19 Vaccine Webinar Series** – Led by [Joe Parks, MD](#), medical director and vice president of practice improvement for the National Council, and a guest co-host, each webinar will offer updates on the latest vaccine news, a Q&A session to respond to participants' inquiries and boots-on-the-ground insights from the provider operations perspective. Webinar series begins on **Tuesday, February 9, 2021, from 12-1pm CT**. [Register](#)
18. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
  - **Session 1 - Navigating Risk: The Dignity of Risk and the Duty to Care – Presented on September 29, 2020.** [PowerPoint](#) | [Decisional Balance Worksheet](#) | [Managing Risk Worksheet](#)
  - **Session 2 - A Recovery Oriented Approach to Professional Boundaries - Thursday, February 11, 2021, 2-3:30pm CT.** [Register](#)
  - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
  - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)
19. **FSP Training – February 16-18, 2021:** Family Support Providers give assistance to families with children or youth experiencing behavioral health, substance use, or developmental disability challenges. Parents and caregivers can access support and resources through their FSP, along with other services they provide. Consider attending the next training event, being held via Zoom, **February 16 – 18, 2021**. Any questions regarding registration please contact Jill Richardson at [jill.richardson@dmh.mo.gov](mailto:jill.richardson@dmh.mo.gov).
20. **Cultural Competence in Healthcare: Laying the Foundation** – This webinar will review the key building blocks of cultural competence, including cultural awareness, knowledge, skill, desire, and encounters. Experts will introduce the concept of cultural humility and discuss how this dynamic and lifelong process can be used to enrich cultural competence. **Thursday, February 18, 2021, 11-12pm CT** (rebroadcast at 2pm CT). [Register](#)
21. **Building Outreach and Diversity in the Field of Addiction by Dr. Ayana Jordan** – The purpose of this talk is to establish the immediate need for diversity, equity, and inclusion (DEI) in the field of addictions, and to define these terms for a shared understanding of what these concepts entail. This talk will describe the current lack of racial and ethnic diversity in research and the existing medical workforce and make the case that DEI infrastructure is necessary to improve patient outcomes. Examples of programmatic efforts within the field of addiction dedicated to increasing the number of racial and ethnic URM researchers, clinical providers, and faculty will be discussed. An overview of deliberate recruitment strategies will be provided to highlight the importance of directed outreach. We will conclude with a discussion of how DEI efforts can be measured to accurately track progress. Dr. Ayana Jordan MD, PhD, Yale University is a leader in diversity and inclusion in the field of substance use disorder treatment and policy (and an amazing speaker)! **Thursday, February 18, 2021, 3:30-5pm CT.** [Register](#)
22. **New Ethics – A Person Centered Approach** –This webinar will discuss major ethical/legal principles and issues. Attendees will understand the importance of developing a person-centered approach in health services. **Wednesday, February 24, 2021, 9-12pm CT. Registration Fee: \$39.** [Register](#)
23. **Supporting Peers Providing Services at Intercept 0** – Peer support specialists often serve as first responders to individuals who are experiencing a crisis in the community and who are at risk of interfacing with the justice system. However, standardized peer trainings do not always include specific considerations for responding to a behavioral health crisis, such as physical safety and risk for secondary trauma. This webinar will present practical information from the field and highlight new innovations to support peers who respond to mental and substance use crises at

Intercept 0 of the Sequential Intercept Model. Presenters will discuss safety considerations, opportunities for leveraging technology, and promising practices that have emerged in response to the COVID-19 pandemic.

**Thursday, February 25, 2021, 1:30-3pm CT.** [Register](#)

24. **New MARS Training Program** – The MCB is starting a new 40-hour Medication Awareness Recovery Specialist Training Program with a 2-hour Zoom training on **March 5**. Participants will work through eight self-study modules between March 15 - June 6 with topics covering Science of Addiction, Eliminating Barriers to Medication Assisted Treatment, Medication Assisted Treatment and Mutual Support Groups, Know Your Rights, ASAM Guidelines for MAT, and more. There is also a 2-Hour Zoom meeting on June 11. **Program Fee: \$100.** [Register](#)
25. **New Assessing & Managing Suicide Risk During COVID-19 & Beyond** – This session will provide an overview of the statistical and societal impact of suicide while also presenting concrete steps that healthcare professionals can take to diminish the risk of individuals' suicide attempts. **Learning Objectives:** identify the factors that have increased the urgency for suicide assessment and prevention; plan specific evidence-based strategies for reducing the risk of patients' suicide attempts, and utilize one or more current assessment tools with clients who may present risk for suicide. **Friday, March 26, 2021, 11-1pm CT.** [Register](#)
26. **New The Missouri Association of Treatment Court Professionals (MATCP) Annual Conference** – The MATCP's 23<sup>rd</sup> Annual Conference will be brought to you in a virtual format this year. This conference will provide the same great local and national presentations but now from the comfort of your home or office. **Please remember you do not have to work in a Treatment Court in order to attend this conference!** **April 21-23, 2021.** [Learn More and Register](#)
27. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021.** [Learn More and Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

*Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.*

1. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
2. **MO-HOPE Trainings** – The MO-HOPE Project continues to conduct virtual trainings. Below is a list of dates and times for MO-HOPE Overdose Education and Naloxone Distribution (OEND) and train-the-trainer courses through March 2021. These trainings are available at no cost. As a reminder, these trainings are also available upon request, or can be viewed via video by here: <https://mohopeproject.org/category/video/>.

### **AVAILABLE TRAINING DATES:**

**Tuesday, February 9, 10am-2pm; OEND:** <https://zoom.us/meeting/register/tJMtc-iqqiMiGdFGXhpe5C5TUrLvLtePE4Xc>

**Wednesday, March 17, 3pm-5pm; OEND:** [https://zoom.us/meeting/register/tJEKcu6urDkuGNcox\\_sLSHhXht-FCZ82-r2R](https://zoom.us/meeting/register/tJEKcu6urDkuGNcox_sLSHhXht-FCZ82-r2R)

**Thursday, February 25, 2pm-4pm; OEND TOT:** <https://zoom.us/meeting/register/tJ0uceCqqDirHtfu7MBDO0xYLjLSGAtc4vWW>

**Wednesday, March 24, 10am-12pm; OEND TOT:** <https://zoom.us/meeting/register/tJMoc-qsrj4sGNTxEI5WQpivHtApCq3piWA8>

3. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that

work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)

4. **New Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in March, June, and October. For more information and to register, click the links: [March](#) | [June](#) | [October](#).
5. **New 2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities February – May 2021. Check out the [MCB website](#) for more information and to register.
6. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). [Register](#)
  - **New Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

*Look for updates on different topics/initiatives next Friday!*