



Improving lives THROUGH
supports and services
THAT FOSTER self-determination.

3/29/21

March is Developmental Disabilities Awareness Month

Missouri Family-to-Family (MOF2F)

The Missouri Family-to-Family network offers free support and information to people with disabilities, their families, and support professionals. Services include providing access to evidence-based information through Family Information Specialists, mentoring opportunities through peer support connections, and advocacy/leadership opportunities to enhance advocacy skills. Resources and additional information can be found at the [MOF2F website](#) and on their [Facebook page](#).

www.dmh.mo.gov/dd
573-751-4054

MISSOURI DEPARTMENT OF MENTAL HEALTH