

# FYI FRIDAYS

## DBH Updates, Notices, and Policy Guidance

February 26, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update** – (submitted by Vicki Schollmeyer) On Friday, February 19, the Department presented our Governor’s Recommended Budget to the House Budget Committee. The hearing lasted four hours, longer than anticipated, but with lots of interest from various Representatives on different programs within DMH. For DBH, there was interest in understanding the CCBHO program more, how much funding we have for housing assistance, and the effectiveness of the SATOP program, to point out just a few items. We have a list of questions we’ve been working on all week and will have them sent to the House Budget Committee by the time you read this update.

### DBH Community COVID-19 Positives Data (as of February 26, 2021, at 4pm)

Consumers	1,082
Staff	796
Providers	54
14 consumer/staff deaths have been reported.	

On Tuesday, February 23, the Department presented our Governor’s Recommended Budget to the Senate Appropriations Committee. This committee is much smaller, but the interest in DMH is not lacking. Our presentation was much quicker, but there were still many question and interest in our programs. We have a few follow-up questions we’ve been working on since Tuesday and again will have those sent by the time you read this update.

What’s next in the budget process? For us it will be what we call “mark-ups” in the House. This is where the House Budget Committee will offer amendments to the Departments budgets. In previous years all Departments’ designated staff were packed into a hearing room like sardines.....love your neighbor ☺.....This year we haven’t heard what that will be like but assume the Departments will still have the opportunity to respond to any questions the Representatives may have for any amendments offered. The House mark up is currently scheduled for Wednesday, March 3. After the House bills are passed on the House floor they are sent to the Senate and the “markup” process is repeated there.

It's been a different budget year to say the least but we are very pleased and hopeful all the items appropriated by the Governor will make it through to TAFP (Truly Agreed Finally Passed). The Governor’s Recommended Budget for DMH can be found in the link below and as a reminder we are HB 10. <https://oa.mo.gov/budget-planning/budget-information/2022-budget-information/2022-department-budget-requests-governors>

2. **DMH COVID Vaccination Update** – DMH continues to educate and vaccinate team members and patients/residents. To date over 4,365 staff members and patients/residents have received the vaccination, and of that number over 3,730 have received a second dose. Clinics will continue.
3. **The Joint Commission Restarts Onsite Surveys in DBH Hospitals** – The Center for Behavioral Medicine (CBM) in Kansas City was the first DBH psychiatric hospital to receive its triennial onsite survey from The Joint Commission (TJC) this year. The survey team consists of physicians, nurses, and life safety engineers who review the physical environment of the hospital and the clinical care provided to patients. As TJC is deemed by the Centers for Medicare and Medicare Services to also review conditions of participation for Medicare-certified hospitals, it was gratifying

that the findings of the survey will result in corrective actions that are well within the resources of the hospital and should not affect CBM's accreditation or certification.

It is anticipated that the five remaining DBH psychiatric hospitals will soon have their triennial TJC onsite surveys with the improving COVID situation.

4. **DMH Children's Services** – Effective March 1, **Marcia Ford** will join the Director's Office as **DMH Children's Director**. Many of you know that Marcia has been with DMH for 25 years, and has served as COO of Hawthorn Children's Psychiatric Hospital since 2006. She has guided her team through some extremely challenging times—including the present one, of course. Even so, Hawthorn has twice been named one of The Joint Commission's top performing hospitals. Marcia is also an adjunct instructor with the Brown School of Social Work and Public Health at Washington University. As the DMH Children's Director, Marcia will work with both program divisions to develop policy about children's services, assist in program development, provide consultation on difficult and complicated child cases, and serve as the children's voice on the DMH senior management team. Congratulations Marcia!
5. **Director of Community Treatment Programming** – Congratulations to **Jessica Bounds**, who has accepted the position of **Director of Community Treatment Programming**! Jessica joined the Missouri Department of Mental Health in 2014 after working for various Missouri state departments since 2007. Jessica has experience working for the Division of Youth Services, Children's Division, DMH's Investigations Unit, and SATOP. Most recently Jessica was the DBH's Integrated Care Program Coordinator for Healthcare Homes and Disease Management Projects, recently adding an emphasis on CCBHOs. Jessica will transition into her new role on March 1. She will continue with her duties from her previous role until a replacement is found.
6. **Missouri Suicide Prevention State Plan 2021-2024** – The Missouri Suicide Prevention Network (MSPN) has completed the new Missouri Suicide Prevention State Plan 2021-2024! The hope is that this is useful guide can prevent suicide deaths in Missouri. It is the Department's hope to mitigate this growing tragic public health problem through concerted efforts driven by passionate stakeholders using this guidance. The new plan can be found on the [MSPN website](#).
7. **BinaxNOW Testing Survey** – A BinaxNOW testing opportunity is available to our DMH contracted community providers through DHSS. Please complete this survey to help us identify your interest in this option by **March 5, 2021**. Survey Link: <https://surveys.mo.gov/index.php/465561?lang=en>.
8. **MHD Provider Hot Tips** – New postings can be found at: <https://dss.mo.gov/mhd/providers/pages/provtips.htm>.
  - **Quantity Prescribed Requirement** – The final rule CMS-0055-F from the U.S. Department of Health and Human Services requires the reporting of the NCPDP Quantity Prescribed (460-ET) field for all Schedule II drugs on pharmacy claims as of September 21, 2020.

The MO HealthNet Division completed system work to deny claims if the NCPDP Quantity Prescribed (460-ET) field is not populated for Schedule II drugs. Claims will deny with a reject code of ET - M/I Quantity Prescribed if the field is blank, has all zeros, or is missing. Pharmacies should work with their software vendors to capture the mandatory NCPDP Quantity Prescribed (460-ET) field on all Schedule II drug claims.
9. **Draft Rule Amendments – Substance Use Disorder Treatment Programs** – The following DRAFT rule amendments have been posted to the DBH website for comments: <https://dmh.mo.gov/alcohol-drug/regulation-drafts>:
  - **9 CSR 30-3.032** Certification of Substance Use Disorder Prevention and Treatment Programs
  - **9 CSR 30-3.100** General Requirements for Substance Use Disorder Treatment Programs
  - **9 CSR 30-3.110** Service Definitions, Staff Qualifications, and Documentation Requirements for Substance Use Disorder Treatment Programs
  - **9 CSR 30-3.132** Opioid Treatment Programs
  - **9 CSR 30-3.150** Comprehensive Substance Treatment and Rehabilitation (CSTAR)

- 9 CSR 30-3.155 Staff Requirements for CSTAR
- 9 CSR 30-3.157 Community Support in CSTAR
- 9 CSR 30-3.195 Outpatient Substance Use Disorder Treatment Programs (non-contracted)

Comments/questions should be submitted to Debbie McBaine ([debbie.mcaine@dmh.mo.gov](mailto:debbie.mcaine@dmh.mo.gov)) by **March 1, 2021**.

## 10. COVID-19 Updates & Resources –

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit [www.missouricit.org/frpn](http://www.missouricit.org/frpn) to find a provider.
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.
- **COVID-19 Community Testing Info** – DHSS is partnering with local health departments and health care providers to offer community testing events. KNOWLEDGE IS POWER. For **current community testing locations and information**, including links to register, please visit: [health.mo.gov/communitytest](http://health.mo.gov/communitytest).
- **DBH Treatment Provider Calls** – We are scheduled for every **two weeks** on Wednesdays at 12pm. Next scheduled call is **March 10, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

### COVID Vaccine: Get the Facts

**Vaccine Myth:** I won't have to wear a mask or social distance once I am vaccinated.

**Vaccine Truth/Fact:** **Not true.** It is recommended that even vaccinated individuals should use caution and continue to wear a mask, social distance, maintain good hand hygiene, and avoid large gatherings. **Remember that vaccinated individuals can still carry the virus; in the vast majority of cases, however, it just won't make them ill. So the protective measures are still needed to keep the virus from spreading to others.**

For more information, go to [MOPStopsCOVID.com](http://MOPStopsCOVID.com).



**VIEW THE LATEST COVID-19 VACCINE RESOURCES** [CLICK HERE](#)



## FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:  
<https://dmh.mo.gov/covid-19-information>

1. **Rural Communities Opioid Response Program - Implementation** – **Application Deadline: March 12, 2021** – The Rural Communities Opioid Response Program (RCORP) is a multi-year initiative by HRSA aimed at reducing the morbidity and mortality of SUD, including opioid use disorder OUD, in high risk rural communities. [Learn More](#)
2. **Mentoring for Youth Affected by the Opioid Crisis and Drug Addiction** – **Application Deadline: March 30, 2021** – The purpose of the program is to support the implementation and delivery of mentoring services to youth who are misusing substances, youth at risk for SUD, and youth with family members who currently use substances or have a SUD. Eligible applicants for the first category, Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include nonprofit and for-profit organizations that currently have mentoring programs. Eligible applicants for the second category, Statewide and Regional Mentoring Strategies for Youth Impacted by Opioids and Drug Addiction, include national organizations and States. The anticipated total amount to be awarded under the solicitation is \$16,250,000 over a 36-month period of performance. [Learn More](#)
3. **Rural Health Care Program** – **Application Deadline: April 1, 2021** – This program provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. [Learn More](#)
4. **Emerging Issues in Maternal and Child Health** – **Application Deadline: April 9, 2021** – The purpose of this program is to strengthen the capacities of state- and/or local-level organizations to respond to emerging public health issues affecting maternal and child health populations. [Learn More](#)
5. **Behavioral Health Workforce Education and Training Program for Paraprofessionals** – **Application Deadline: April 12, 2021** – HRSA is accepting applications for the Behavioral Health Workforce Education and Training (BHWET) Program for Paraprofessionals. This program will develop and expand community-based experiential training, such as field placements and internships, for students preparing to become peer support specialists and other behavioral health-related paraprofessionals. A special focus is placed on the knowledge and understanding of the specific concerns of children, adolescents, and transitional-aged youth in high need and high demand areas at risk for behavioral health disorders. HRSA expects approximately \$24.3 million to be available in FY 2021 to fund 43 grantees. [Learn More](#)
6. **Rural Communities Opioid Response Program-Psychostimulant Support (RCORP-PS)** – **Application Deadline: April 21, 2021** – The overall goal of this program is to strengthening and expand prevention, treatment, and recovery services for rural individuals who misuse psychostimulants to enhance their ability to access treatment and move towards recovery. Over the course of a three-year period of performance, RCORP-PS award recipients will implement a set of core psychostimulant use disorder prevention, treatment, and recovery activities. [Learn More](#)

## INFO and RESOURCES

1. **New Progress against the Opioid Epidemic is not Reaching Black Americans** – After witnessing skyrocketing rates of overdoses, HHS declared the opioid epidemic a public health emergency in 2017. Since then, and through 2019, opioid overdose deaths have decreased, according to a 2020 CDC report. But this achievement doesn't mean that interventions and treatment for OUD are entirely successful, especially in Black communities (Source: *National Council for Behavioral Health*). [Read More](#)

2. **New Delayed Treatment for Substance Use Disorders during COVID-19 Could Lead to Increased Overdose Deaths, Maternal and Child Harm** – Between March and October 2020, emergency department treatment for opioid and substance use declined significantly in Missouri. This reduced opportunity to identify SUD and help patients begin a path to recovery could be one factor contributing to the recent increase in both national and Missouri drug overdose prevalence (Source: *MHA*). [Read More](#)
3. **New SAMHSA Releases New Resources for Parents to Address Substance Use** – SAMHSA recently released several new publications to assist parents in addressing substance use with their children. The “Talk. They Hear You.” campaign includes three parent brochures that address the risks associated with marijuana, vaping, and opioids and the importance of having conversations with children to help avoid substance use. The campaign also includes a mini brochure for parents and caregivers on the five goals to keep in mind when having conversations about alcohol and substance use with their teens (Source: *SAMHSA*). [Mini Brochure](#) | [Marijuana](#) | [Vaping](#) | [Opioids](#)
4. **New Establishing Principles of Care for Young Adults with Substance Use Disorder** – A national group of pediatric addiction medicine experts have released newly established principles of care for young adults with SUD. Led by the Grayken Center for Addiction at Boston Medical Center, the experts aimed to guide providers on how to treat young adults with SUD given their age-specific needs, as well as elevate national discussions on addressing these challenges more systematically (Source: *National Council for Behavioral Health*). [Read More](#)
5. **New SAMHSA Releases Publication on MAT in ED** – SAMHSA recently released a new publication on the use of medication-assisted treatment (MAT) in emergency departments. The publication includes an issue brief with an overview of how emergency departments (ED) are uniquely positioned to help individuals with OUD, the pharmacology of MAT, and tips to improve adoption and address stigma. In addition, the resource includes current evidence regarding the effectiveness of ED-initiated buprenorphine, examples of innovative ED programs, strategies to ensure success in adopting ED-initiated buprenorphine, and resources for implementing evidence-based programs and practices, monitoring outcomes, and improving quality (Source: *SAMHSA*). [Download Now](#)
6. **New Employee Assistance Program (EAP) Prescription Drug Toolkit and Fact Sheets** – The *EAP Prescription Drug Toolkit and Fact Sheets* provide guidance related to counseling, referrals, and follow-up services (e.g., alternatives to prescription drugs, workplace drug misuse and relapse prevention, dangers of combined drug use, screenings, and evaluations before returning to work) (Source: *SAMHSA*). [Download Now](#)
7. **New Dr. Rakesh Jain on Nonstimulant Treatment Options for Pediatric ADHD** – In this video, *Psych Congress* Steering Committee member Rakesh Jain, MD, MPH, reviews an article he co-wrote on nonstimulant treatment options for pediatric attention-deficit/hyperactivity disorder (ADHD). The paper was recently published in *CNS Spectrums* (Source: *Psychiatry & Behavioral Health Learning Network*). [Watch Now](#)
8. **New SAMHSA Launches National African American Behavioral Health Center of Excellence** – SAMHSA announced the launch of their National African American Behavioral Health Center of Excellence (AABH-COE). As described in the announcement, the purpose of the Center is to create and provide training, written resources, and technical assistance to service providers in mental health and substance use disorder fields. In addition, there will be information and tools for community partners, families, peer supporters, and individuals living with mental health and/or substance use disorders. Dr. Dawn Tyus, Principal Investigator for the Center, noted that the AABH-COE will work to name and understand the disparities faced by African American individuals and prepare the field to correct the disparities and address their effects. NASADAD will serve as a National Partner to the Center (Source: *SAMHSA*). [Press Release](#) | [AABH-COE website](#)
9. **New Youth Trauma Linked With Brain Alterations in Adults With MD** – Trauma or maltreatment during childhood is associated with changes in subregions of the amygdala and hippocampus in adults with major depressive disorder, according to a study published in the *Journal of Psychiatry & Neuroscience* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)



10. **New Researchers to Study Possible New Treatments for Perinatal Depression** – Research studies that will investigate perinatal depression in women and possible new treatments for it will be led by Kristina Deligiannidis, MD, of the Feinstein Institutes' Institute of Behavioral Science, Glen Oaks, New York (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
11. **New Intervention Targeting Emotions May Improve Depressive Symptoms, Self-Esteem in Children** – In this Q&A, Dr. Kristin Martinsen discusses a study that found participating in an intervention targeting emotional symptoms may have a positive effect on depressive symptoms in schoolchildren, as well as their quality of life and self-esteem (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
12. **New CDC Resource Guide for Adverse Childhood Experiences** – Adverse childhood experiences (ACEs) are an urgent public health challenge that have consequences for all of us. Explore resources to communicate the importance of preventing ACEs in your community (Source: *National Council for Behavioral Health*). [Read More](#)
13. **Directory of DEI Resources** – To support organizations in addressing racial inequality and the associated stigmas that lead to health disparities and to ensure organizations have resources to support patients and providers, the National Council has created an online directory of tools, resources and learning materials for reference and implementation. This site will be updated regularly to better serve individuals and their organization (Source: *National Council for Behavioral Health*). [Learn More](#)
14. **DEI Framework** – The following table summarizes best current practices in each of the key performance areas in diversity, equity, and inclusion. While no organization has implemented all practices in every area, this model enables organizations to evaluate their current state and plan improvement strategies (Source: *National Council for Behavioral Health*). [Learn More](#)
15. **Racial Equity Toolkit** – This toolkit, published by the Government Alliance on Race and Equity, is designed to integrate explicit consideration of racial equity in decisions, including policies, practices, programs, and budgets. It is both a product and a process. Use of a racial equity tool can help to develop strategies and actions that reduce racial inequities and improve success for all groups (Source: *National Council for Behavioral Health*). [Toolkit](#)
16. **2021 Virtual RVRC – Call for Presentations** – The RVRC Conference Planning Committee is now accepting presentation applications for the 2021 VIRTUAL Real Voices, Real Choices Consumer Conference. The conference will be held on August 30-31, 2021. Self-advocates, persons in recovery, family members, and mental health professionals who have lived experience are encouraged to submit an application. Presentations must not exceed 60 minutes in length (45 minutes for the presentation and 15 minutes for questions) and will be presented virtually (either as a live session or pre-recorded). **The deadline to submit a proposal is Thursday, March 18 by 5pm.** NO LATE SUBMISSIONS WILL BE CONSIDERED. The application is available on the [Missouri Mental Health Foundation website](#).
17. **Black History Month Social Media and Outreach Toolkit** – HHS' Office of Minority Health has developed a new Black History Month Social Media and Outreach Toolkit Webpage! This Toolkit Webpage includes graphics and messaging that will help promote and highlight Black History Month, and the impacts COVID-19 has on African Americans with underlying health issues such as uncontrolled high blood pressure (hypertension). [Toolkit Webpage](#)
18. **Reminder Suicide Prevention in Health Care ECHO** – This is a new, first of its kind in the nation, ECHO that is hosted by the University of Missouri Telehealth Network on the **first and third Friday of each month from 12-1pm CT**. An interdisciplinary team of mental health specialists from across the state will share information about best practices, plans and procedures for preventing suicide. Primary care and emergency medicine providers, school officials, law enforcement personnel and other professionals who interact with the mental health community are encouraged to participate. Suicide Prevention in Health Care ECHO includes specialists in psychiatry, psychology, emergency medicine, pharmacology, case management and primary care. Show-Me ECHO programs are provided at no cost for participating sites and individuals, and they offer free continuing education. [Flyer](#) | [Register](#)

19. **ECHO MOADD** – ECHO MOADD (Missouri Alliance for Dual Diagnosis) is a collaborative effort between DMH, leading content experts, and providers with interest in developing expertise in supporting children with a dual developmental/intellectual and behavioral health diagnosis. A multidisciplinary team of medical and state resource specialists will provide real-time case guidance and best practices. Professionals working in a Community Mental Health Center, Developmental Disability Services, and Children's Division are encouraged to attend on the **first and third Wednesday of each month from 12:30-2pm CT**. This ECHO is provided at no cost and offer free CEU/CME. [Register](#)
20. **DMH CARES** – DMH CARES (Communicating and Reaching Employees Supportively) is a webinar series held every **Tuesday from 3:30-4pm CT**. This live, interactive wellness webinar discusses mental health/wellness tips, stress management exercises, resilience education, and more and is now available for **all Missourians!** Registration is open for future dates. Please join in and share this awesome resource with family, friends, and neighbors! [Registration Link](#) | [DMH CARES Show Me Hope Flyer](#)
21. **Equity and Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#) | [Learn More about MHEIA](#)
22. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at [katie.andrews@dmh.mo.gov](mailto:katie.andrews@dmh.mo.gov) and/or 573-522-6163.

**March 5, 2021 – Southwest Region – 10-12pm**

Location: Virtual

**March 16 – Northeast Region (Districts: 3, 11, 16, 17, 18, 26, & 38) – 10-12pm**

Location: Virtual

**April 6, 2021 – Eastern Region – 10-12pm**

Location: Virtual

**April 9, 2021 – Western Region – 10-12pm**

Location: Virtual

**April 14, 2021 – Southeast Region – 10-12pm**

Location: Virtual

**May 11, 2021 – North Central Region – 10-12pm**

Location: Virtual

## **TRAINING OPPORTUNITIES**

1. **Eating Disorders Webinar Series** – Over 30 million people in the US struggle with disordered eating. Many minority groups including males, people of color, and individuals in larger bodies remain undiagnosed and do not receive the clinical care they need. It is important that clinical providers and community leaders be able to recognize the signs and symptoms of eating disorders to get more individuals the support they need and help reduce the stigma around eating disorders. [Flyer](#)
  - **Part 2 – Symptom Substitution, Trauma and the Hidden Addiction of Eating Disorders – Thursday, March 4, 2021, 10-11am CT. [Register](#)**
  - **Part 3 – Breaking through Shame – How Faith Communities Can Remove Mental Health Stigma and Support those with Eating Disorders – Thursday, March 11, 2021, 10-11am CT. [Register](#)**

2. **New Grants 101 Webinar for Community-Based Organizations** – SAMHSA’s Office of Behavioral Health Equity invites you to a webinar on developing a competitive SAMHSA grant application. The webinar is for community-based organizations serving under-resourced racial and ethnic minority, and lesbian, gay, bisexual, and transgender populations. It will provide an overview of the grant application process at SAMHSA, clarify what is and is not required in submitting grant applications, and include a question and answer session. **RSVP by March 1. Thursday, March 4, 2021, 1-3pm CT.** [Register](#)
3. **New How Much Benzodiazepine Prescribing is the Right Amount of Prescribing?** – While the introduction of benzodiazepines was rightly welcomed given their enhanced safety profile relative to barbiturates, their use has come under increased scrutiny as evidence of potential risks has accumulated. This webinar will first review the epidemiology of benzodiazepine prescribing—to whom are they prescribed and why? Next, speakers will review the available evidence about both the risks associated with and evidence base supporting their use, including available evidence focused specifically on those with serious mental illness. Finally, we will consider the approach to de-prescribing a benzodiazepine when clinicians and patients have decided this is the appropriate course. **Friday, March 5, 2021, 11-12pm CT.** [Register](#)
4. **New Equitable and Culturally Responsive Suicide Prevention** – The St. Louis Regional Suicide Prevention Coalition in coordination with the Missouri Coalition for Community Behavioral Healthcare is offering a two-session series. CEUs available to healthcare professionals. [Register](#)
  - **Setting the Stage for Social Justice and Racial Equity in Suicide Prevention** – This session will discuss equity in suicide prevention work in our communities. **Friday, March 5, 2021, 12-1:30pm CT.**
  - **Cultural Responsiveness and Equity in Preventing Suicide in our Schools** – This session will explore equity in suicide prevention efforts in schools. **Friday, March 12, 2021, 12-1:30pm CT.**
5. **New Trauma and Its Impact** – Understanding trauma and its impact is crucial for providing effective care and services for people living with mental health challenges who are also likely to have histories of trauma exposure. This session will provide an overview of definitions, sources, types and the prevalence of trauma and explore its bio-psycho-social-spiritual-communal impact. We will also identify practical ways to make our services more trauma-informed. **Wednesday, March 10, 2021, 1:30-2:45pm CT.** [Register](#)
6. **New Building a Stronger Workforce in Missouri** – Recovery Friendly Workplaces (RFW) foster a workplace culture that promotes employee safety, health, and well-being through strategies that provide support for managers and employees, including reducing stigma and providing recovery resources relating to the challenges surrounding SUD. All employers should participate to learn more about what it means to be a RFW and to connect with a network of businesses and organizations interested in creating healthy and safe work environments. **Thursday, March 18, 2021, 1-2:30pm CT.** [Register](#)
7. **A Roadmap for Rural Permanent Supportive Housing** – This webinar will share best practices and lessons learned about creating permanent supportive housing programs for rural communities that meet SAMSHA fidelity guidelines. The presentation covers the philosophy, funding, and solutions for program challenges and potential next steps for interested communities. **Thursday, March 18, 2021, 1:30-2:30pm CT.** [Register](#)
8. **The Opioid Crisis: National and State Perspectives and Initiatives** – This webinar will provide an overview of the drug and opioid overdose crisis at the state and national levels, discuss evidence-based interventions, and discuss Kansas’ approach to opioid misuse, use, and overdose prevention. **Thursday, March 25, 2021, 3:30-5pm.** [Register](#)
9. **Assessing and Managing Suicide Risk During COVID-19 and Beyond** – This session will provide an overview of the statistical and societal impact of suicide while also presenting concrete steps that healthcare professionals can take to diminish the risk of individuals' suicide attempts. **Learning Objectives:** identify the factors that have increased the urgency for suicide assessment and prevention; plan specific evidence-based strategies for reducing the risk of patients' suicide attempts, and utilize one or more current assessment tools with clients who may present risk for suicide. **Friday, March 26, 2021, 11-1pm CT.** [Register](#)



10. **Navigating the Road to Resilience: Pushing through Adversity** – During this webinar participants will review how resilience is developed, identify road blocks to resilience, and identify steps to build their own resilience and identify how to help others build resilience. **Thursday, April 8, 2021, 3:30-5pm** [Register](#)
11. **Virtual Motivational Interviewing Training (Introductory/Refresher Course)** – This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, MI training can help you create conversations that empower people to make meaningful changes. Registration Fee: \$79.  
**Tuesday, April 13, 2021, 11-3pm CT** [Register](#)  
**Tuesday, June 22, 2021, 11-3pm CT** [Register](#)
12. **The Missouri Association of Treatment Court Professionals (MATCP) Annual Conference** – The MATCP's 23<sup>rd</sup> Annual Conference will be brought to you in a virtual format this year. This conference will provide the same great local and national presentations but now from the comfort of your home or office. **Please remember you do not have to work in a Treatment Court in order to attend this conference!** **April 21-23, 2021.** [Learn More and Register](#)
13. **New 2021 Missouri Children's Trauma Network Training Summit** – In partnership with the Missouri Coalition for Community Behavioral Healthcare and Missouri Kid's First, the Missouri Children's Trauma Network is excited to be able to provide this training on **April 27-28, 2021**. The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. In the next few years, the Missouri Children's Trauma Network plans to raise the standard of care and improve access to services for children, families, and communities impacted by trauma. **Registration Fee: \$20.** [Learn More and Register](#)
14. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
  - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
  - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)
15. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021.** **Registration Fee: \$115.** [Learn More and Register](#)
16. **Intermediate Motivational Interviewing Training** – This 4-hour, live session is for individuals who have had prior MI training and want to hone their skills. This webinar will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This webinar will be capped at 40 participants to allow for guided small group practice and discussions. **Tuesday, May 25, 2021, 1-3pm CT.** **Registration Fee: \$99.** [Register](#)

## **RECURRING TRAINING OPPORTUNITIES**

*Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.*

1. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life.

Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)

2. **Mental Health First Aid (MHFA)** - MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
3. **MO-HOPE Trainings** – The MO-HOPE Project continues to conduct virtual trainings. Below is a list of dates and times for MO-HOPE Overdose Education and Naloxone Distribution (OEND) and train-the-trainer courses through March 2021. These trainings are available at no cost. As a reminder, these trainings are also available upon request, or can be viewed via video by here: <https://mohopeproject.org/category/video/>.

**AVAILABLE TRAINING DATES:**

**Wednesday, March 17, 3pm-5pm; OEND:** [https://zoom.us/meeting/register/tJEkcu6urDkuGNcox\\_slSHhXhT-FCZ82-r2R](https://zoom.us/meeting/register/tJEkcu6urDkuGNcox_slSHhXhT-FCZ82-r2R)

**Wednesday, March 24, 10am-12pm; OEND TOT:** <https://zoom.us/meeting/register/tJMoc-qsrj4sGNTxEI5WQpivHtApCq3piWA8>

4. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
5. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in March, June, and October. For more information and to register, click the links: [March](#) | [June](#) | [October](#).
6. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities February – May 2021. Check out the [MCB website](#) for more information and to register.
7. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
  - **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). [Register](#)
  - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

***Look for updates on different topics/initiatives next Friday!***