

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

April 2, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **Budget Update Budget Update**— This week HB 10 was perfected on the house floor. Some changes this includes are below:

- Lined out CCBO funding in its own house bill.
 - Also changed the payment method to pay at the enhanced rate instead of the standard FMAP rate. This resulted in a GR reduction of \$29.5M.
 - Utilization Increase was adjusted for CCBHO FMAP and new house bill section.
 - CCBHO QIP was adjusted for FMAP at enhanced rate.

Since Medicaid Expansion was not voted out of committee last week there was talk of dropping a new HB, HB 21. That did occur and below are the changes for DMH.

- Received funding for several new decision items –
 - Crisis Stabilization Centers
 - Crisis Stabilization Centers Renovation Costs
 - CCBHO Rebasing
 - CCBHO Expansion Start-up Costs
 - Healthcare Home Expansion
 - CMH and SUD Liaisons
- Reversed the core reduction related to expansion savings.

HB 21 will still go thru the House Budget Committee markup process. Once passed out of the committee it will go to the House floor for full body approval.

2. **CIMOR Priority** – If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.

- **DM Pools & Outreach** – Below are the current balances for the DM Housing and Outreach pools.

	ADA	CPS
DM Housing Allocation	\$250,000.00	\$350,000.00
DM Housing Expended (17 Cycles Paid)	\$69,443.41	\$259,516.27
Current DM Housing Allocation Balance	\$180,556.59	\$90,483.73
DM Outreach Allocation	\$363,000.00	\$163,000.00
DM Outreach Expended (17 Cycles Paid)	\$231,409.14	\$7,086.02
Current DM Outreach Allocation Balance	\$131,590.86	\$155,913.98
Current Total Allocation Balance	\$312,147.45	\$246,397.71

Fiscal staff have completed their financial analysis for FY 2021 community obligations/contracts. What will be allowed at this time is listed below.

- Medicaid to Non-Medicaid transfers will be allowed
- Transfers of funding between agencies
- Transfers of funding between contracts within a single agency
- At this time we will be funding most of the over allocation within CIMOR.

DBH Community COVID-19 Positives Data

(as of April 2 at 11 am)

Consumers	1,130
Staff	826
Providers	55
16 consumer/staff deaths have been reported.	

3. **CVS Priority!** - The Transition Plan report has been loaded to the sFTP site. This report is intended for the transition from CIMOR to CVS and shows paid T1040s in CIMOR that do not have qualifying shadow claims in CVS. As you recall, the report produces too much data to be downloaded through the report menu into Excel. For this reason, the report runs as CSV files. This initial run includes all claims from 2017 forward and is available as one file per year. We will begin running this report quarterly, but will only produce two years (two files) per quarter.

This will be produced for CVS Production so will be accessed through the sFTP folder under CVS_Prod\OUT\Reports.

PPS/CVS Update

The billing system (CVS) for PPS/CCBHOs will go live July 1, 2021. We are training providers and DMH staff on the use of the system next month. There will be three training dates – April 21, 26 and 30 (3-4 hours each). The complete training is spread over three days, so all three days will be necessary to get the full training.

Any provider or DMH staff who would like to attend needs to contact [Cathy Wilde](#).

COVID Vaccine: Get the Facts

Vaccine Question: Is a COVID-19 vaccination the safest way to help build protection?

Vaccine Truth/Fact: Yes. COVID-19 can have serious, life-threatening complications, and there is no way to know how COVID-19 will affect you. And if you get sick, you could spread the disease to friends, family, and others around you. Clinical trials of all COVID-19 vaccines must first show they are safe and effective before any vaccine can be authorized or approved for use. The known and potential benefits of a COVID-19 vaccine outweigh the known and potential risks.

For more information, go to covidvaccine.mo.gov.

4. **Post Critical Incident Seminar**-The Department participated with the Missouri State Highway Patrol in the second Post Critical Incident Seminar (PCIS) held at Lake of the Ozarks on March 22-24. The Post Critical Incident Seminar assists first responders (along with their spouses/significant others) in dealing with exposure to line-of-duty traumatic events. Twenty (20) first responders and five spouse/significant others participated in the seminar. Col. Eric Olson and Major Vince Rice of the MSHP welcomed the attendees and DMH Division Director Nora Bock provided a welcome message via video. DMH Forensic Director **Jeanette Simmons** served as the Clinical Director assisting MSHP PCIS Director Lt. Philip Morrison. DBH Crisis Coordinator **Angie Plunkett** provided administrative support to Dr. Simmons and also served as a Spouse Peer Mentor. There were six Community Mental Health Liaisons (CMHLs) that provided mental health support and the Missouri Coalition for Community Behavioral Healthcare provided planning and on-site logistical support for the seminar.
5. **Consumer Stimulus Checks** – A new round of stimulus checks being distributed may be sent to a number of DMH consumers. These funds do *not* prompt a new calculation of the SMT for DMH-funded services. The stimulus checks also are not intended to offset usual DMH or provider costs. Simply, the funds belong to the consumer and are

intended to be spent by the consumer or representative payee in the interest of the recipient. Individuals living independently may need these funds to help with their housing expenses. DHSS updates for their licensed facilities may be posted on: <https://ltc.health.mo.gov/>.

JOB ANNOUNCEMENT

Dietetic Coordinator

DMH is seeking an Dietetic Coordinator within the Division of Behavioral Health. This position is located in Jefferson City, MO.

Applicants may apply until end of day April 23, 2021. [Learn more and Apply](#)

6. **Important - Treatment Court CIMOR Instructions** – Instructional materials that provide CIMOR guidance to agencies who utilize CSTAR funding for treatment court participants have been added to the Justice Involved Treatment Initiatives DMH webpage. [Access Now](#)

7. COVID-19 Updates & Resources –

- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit www.missouricit.org/frpn to find a provider.
- **Missouri-Specific Coronavirus Regional Data** - MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>.

COVID-19 Community Testing Info – For **current community testing locations and information**, including links to register, please visit: health.mo.gov/communitytest.

DBH Treatment Provider Calls – The calls are scheduled every **two weeks** on Wednesdays at 12pm. Next scheduled call is **April 7, 2021**. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - [MoHelpNow](#)

DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>

Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>

State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>

MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>



8. **Transportation for COVID-19 Vaccine Access** - Missouri launches new statewide transportation resource guide to expand COVID-19 vaccine access to rural, suburban and urban communities across the state [Learn More](#)
9. **ADMINISTRATIVE RULES-Updates/Comments**— DBH responses to comments and questions regarding the proposed SUD rule amendments have been posted to the DBH Website-[Review](#)-Comments or questions should be submitted to Debbie McBaine no later than **Thursday, April 15, 2021**.

The final **SATOP rules** (name change to **Substance Awareness Traffic Offender Program**) and Community Support in CPR Programs 9 CSR 30-4.047, will be published in the April, 2021 edition of the Code of State Regulations.

FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MoHelpNow COVID-19 Information webpage at: <https://dmh.mo.gov/covid-19-information>

1. **Behavioral Health Workforce Education and Training Program for Paraprofessionals** – **Application Deadline: April 12, 2021** – HRSA is accepting applications for the Behavioral Health Workforce Education and Training (BHWET) Program for Paraprofessionals. This program will develop and expand community-based experiential training, such as field placements and internships, for students preparing to become peer support specialists and other behavioral health-related paraprofessionals. A special focus is placed on the knowledge and understanding of the specific concerns of children, adolescents, and transitional-aged youth in high need and high demand areas at risk for

behavioral health disorders. HRSA expects approximately \$24.3 million to be available in FY 2021 to fund 43 grantees. [Learn More](#)

2. **Rural Communities Opioid Response Program-Psychostimulant Support (RCORP-PS) – Application Deadline: April 21, 2021** – The overall goal of this program is to strengthening and expand prevention, treatment, and recovery services for rural individuals who misuse psychostimulants to enhance their ability to access treatment and move towards recovery. Over the course of a three-year period of performance, RCORP-PS award recipients will implement a set of core psychostimulant use disorder prevention, treatment, and recovery activities. [Learn More](#)
3. **Second Chance Act Community-Based Reentry Program – Application Deadline: April 27, 2021** – Bureau of Justice Assistance is seeking applications to implement or expand on reentry programs that demonstrate strong partnerships with corrections, parole, probation, and other reentry service providers. [Learn More](#)
4. **Rural Health and Safety Education Competitive Grants Program (RHSE) – Application Deadline: April 29, 2021** – RHSE funds community-based outreach, education, and extension programs at land-grant colleges and universities that provide individuals and families in rural areas with information on health, wellness, and prevention. [Learn More](#)
5. **2021 Second Chance Act Pay for Success Initiative – Application Deadline: April 30, 2021** – The purpose of the program is to enhance or implement performance-based and outcomes-based contracts with reentry, permanent supportive housing or recovery housing providers to reduce recidivism and address SUDs impacting individuals who were formerly incarcerated. [Learn More](#)
6. **Home Depot Community Impact Grants Program – Application Deadline: Ongoing until December 31, 2021** – The Home Depot Foundation Community Impact Grants provide funding for nonprofit organizations and public agencies in the United States that are using volunteers to improve communities, with a focus on veterans and diverse, underserved communities. Grants are given in the form of gift cards for the purchase of tools, materials, and services. [Learn More](#)

INFO and RESOURCES

1. **Social Security Video for 2021** –The animated Social Security benefits videos have been updated for 2021 and posted to DB101 website. These videos present information in an easy-to-understand format and provide valuable information on how working can affect benefits. It is important to have a basic understanding of SSA benefits to dispel myths and encourage others to learn more about employment. Also, it would be beneficial for providers to watch these videos together with a person served. The videos are posted here: [Watch Now](#)
You can find all types of great info on DB101, including a benefits estimator, definitions, and the myths about benefits: [Watch Now](#)
2. **New Diagnosing Bipolar Disorder: The Importance of Having a Differential Diagnosis-** In recognition of World Bipolar Day, held annually on March 30, Joseph F. Goldberg, MD, shares advice for mental health clinicians on steps to take before diagnosing a patient with bipolar disorder. [Bipolar Disorders](#)
3. **New Emergency Operation Plan Webinar-**The Emergency Preparedness Committee is excited to offer a free learning webinar: [Watch Now](#)
4. **New How Structural Racism, Disproportionate Incarceration, and COVID-19 are Affecting the Health of Communities of Color - CSG Justice Center - CSG Justice Center-**[Watch Now](#)
5. **New Coming Home to Primary Care: Pediatric Integrated Behavioral Health** from the Mental Health Technology Transfer Center (MHTTC) Network. Participants for this webinar will develop an understanding of mental health inequity in rural communities and reservations. This webinar will describe unique components such as challenges to financial sustainability, integration of culture, provider recruitment and retention, and overall health conditions of these communities. Strategies to overcoming these barriers will be described by current practices of clinics in a rural and reservation setting. [Watch Now](#)

6. **New Developments in Treating Schizophrenia** - New Mechanisms of Action and Methods of Delivery
In this podcast, Schizophrenia Section Editor Leslie Citrome, MD, MPH, reviews recent developments and possible upcoming advances in the treatment of schizophrenia, including new mechanisms of action and methods of delivering medicine. [Listen Now](#)
7. **New SAMHSA Publications Counter Underage Drinking** –
 - * **After High School: Talking With Your Young Adult About Underage Drinking**-This fact sheet is to inform parents how to effectively talk to their young adult about the risks of underage drinking. [Read More](#)
 - * **Be prepared to have the Difficult Conversation**-This data visualization illustrates the correlation between alcohol use and other substance use to inform parents/guardians and communities. [Read More](#)
 - * **Take Action to Prevent Underage Alcohol Use**-This data visualization illustrates the steady decline of alcohol use amongst adolescents, informing parents/guardians and communities that taking action against underage drinking is effective. [Read More](#)
 - * **Getting Ahead of a Problem**- this data visualization illustrates the drinking habits of adolescents to inform parents/guardians and communities. [Read More](#)
 - * **Prevent Unsafe Drinking Behaviors on Campus**-This data visualization illustrates heavy alcohol use and binge drinking statistics amongst college age youth to inform colleges and communities. [Read More](#)
8. **Missouri State Assistance for Housing Relief (SAFHR) Program** – The state of Missouri’s new rental assistance program using funding through the Emergency Rental Assistance Program (ERAP) was passed by Congress in December 2020. On February 11, 2021, Governor Parson signed HB 16 into law, which provides more than \$324 million in funding for rental and utility assistance for Missourians. Missouri Housing Development Commission will administer this funding under the SAFHR program (Source: *Missouri Housing Development Commission*). [Learn More](#)
9. **SOR 2.0 StimUD Page on NoMoDeaths** – The Addiction Science team has put together a page of resources on methamphetamine use, harm reduction infographics and slide decks, and information on what SOR 2.0 is doing to help individuals with Stimulant Use Disorder (StimUD) in urban and rural communities across the state (Source: *MIMH*). [Learn More](#)
10. **Communities Creating Mental Health Crisis Systems** – A groundbreaking new report from the Committee on Psychiatry and the Group for the Advancement of Psychiatry and released by the National Council for Behavioral Health, outlines the steps to take now – before the launch of 9-8-8 – to ensure people in crisis receive the high-quality behavioral health services they need. The report, “Roadmap to the Ideal Crisis System,” provides a detailed vision for communities creating mental health crisis systems to guide this important work (Source: *National Council for Behavioral Health*). [Full Report](#) | [Executive Summary](#).
11. **Metabolic Disorders Linked with Greater Cognitive Deficits in People With Schizophrenia** – Metabolic syndrome, diabetes, and hypertension are linked with greater global cognitive impairment in people with schizophrenia, according to a systematic review and meta-analysis published online ahead of print in *JAMA Psychiatry* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
12. **Q&A: High Comorbidity Rate of Bipolar Disorder and ADHD “Not by Chance”** – Co-occurrence of adult bipolar disorder (BD) and attention/deficit-hyperactivity disorder (ADHD) is heterogenous and “much higher than expected by chance,” according to a meta-analysis published online in *Neuroscience & Biobehavioral Reviews* (Source: *Psychiatry & Behavioral Health Learning Network*). [Read More](#)
13. **ADHD: Webcast on Essential Tools for Recognizing and Treating Patients from Young Adulthood and Beyond** – This accredited, on-demand webcast features presentations that examine data on approved treatments and discuss both the psychosocial and economic burdens of young adults and adult patients living with ADHD (Source: *Psychiatry & Behavioral Health Learning Network*). [Access Now](#)

14. **Schizophrenia: Webcast on Multidisciplinary Care and Therapeutic Advances is Available** – This accredited, on-demand webcast focuses on both pharmacologic and nonpharmacologic strategies to optimize treatment adherence and functional recovery (Source: *Psychiatry & Behavioral Health Learning Network*). [Access Now](#)
15. **Racial/Ethnic Disparities in Mutual Help Group Participation for Substance Use Problems** – Participation in Alcoholics Anonymous and other mutual help groups among racial and ethnic minorities is an important goal, given the efficacy of self-help groups as an adjunct to treatment for substance use disorder. This comprehensive review first explores research on barriers to mutual help participation and then examines the U.S. literature on racial/ethnic disparities in participation among adults and adolescents with substance use disorder (Source: *ARCR*). [Read More](#)
16. **NHSC and SAMHSA Release Toolkit on MAT Training and Loan Repayment** – A new MAT training and loan repayment toolkit has been released by the National Health Service Corps (NHSC), within HRSA, in collaboration with SAMHSA Providers Clinical Support System (PCSS). The agencies have partnered to increase the number of waiver-certified clinicians in high-need communities per the Drug Addiction Treatment Act of 2000. The toolkit provides information on obtaining free MAT training to become DATA 2000 waived and includes information on how participants can receive award preference for the NHSC Substance Use Disorder Workforce Loan Repayment Program and the Rural Community Loan Repayment Program (Source: *HRSA*). [Read More](#)
17. **Equity and Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#) | [Learn More about MHEIA](#)
18. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

April 6, 2021 – Eastern Region – 10-12pm

Location: Virtual

April 9, 2021 – Western Region – 10-12pm

Location: Virtual

April 14, 2021 – Southeast Region – 10-12pm

Location: Virtual

May 11, 2021 – North Central Region – 10-12pm

Location: Virtual

TRAINING OPPORTUNITIES

1. **New ECHO MOADD (Missouri Alliance for Dual Diagnosis)**- a collaborative effort between Department of Mental Health, leading content experts, and providers with interest in developing expertise in supporting children with a dual developmental/intellectual and behavioral health diagnosis [Learn More](#)
2. **New The Missouri Academy of Child Trauma Studies** - Training: Integrative Treatment of Complex Trauma
Integrative Treatment of Complex Trauma for Adolescents is an evidence-based, multi-modal therapy that integrates treatment principles from the complex trauma literature, attachment theory, the self-trauma model, affect regulation skills development, and components of cognitive behavioral therapy. It involves structured protocols and interventions that are customized to the specific issues of each client, since complex posttraumatic outcomes are notable for their variability across different individuals and different environments. [Register](#)
3. **Missouri Bootheel Regional Consortium Inc.** is offering a training on SECONDARY TRAUMATIC STRESS – **Wednesday, APRIL 28, 2021, 10 am to 11 am**-[Register Here](#)
4. **DMH Office of Disaster Services is sponsoring three different Mental Health First Aid courses in April and May. The type (adult or youth),** <https://officeofdisasterservices.wufoo.com/forms/wbkkwe1ek3yrh/>

- **Adult – Monday, April 5, 2021- 8:30 am to 3:30 pm**
- **Youth – Friday, April 30, 2021 8:30 am to 1:30 pm**
- **Youth – Monday, May 17, 2021 8:30 AM to 1:30 PM**

- Public Health Leadership Workshop: Leading through Crisis in a Trauma-informed, Resilience-oriented Way-** Our nation is experiencing a series of collective traumatic events and how we each manage this prolonged crisis period will determine its individual and collective long-term impact. Join Elizabeth Guroff, MA, LCMFT, director of trauma-informed services at the National Council, for a virtual workshop on Trauma-informed, Resilience-oriented Crisis (TIROC) Leadership. This workshop will be offered three times.

 - **Tuesday, May 18, 2021 11 am-3 pm-ct** [Register Here](#)
 - **Wednesday, June 2, 2021, 11 am-3 pm-ct** [Register Here](#)
 - **Tuesday, June 8, 2021, 11 am-3 pm-ct** [Register Here](#)
- Traumatic Brain Injury & SUD Series** – The seven virtual trainings below are focused on the significant intersection between brain injury and addiction. The trainings consist of an introductory session followed by six special topic webinars. Special topics will include the intersection of brain injury with addictions, intimate partner violence, suicide, as well as special considerations for individual and group therapy. The final session will be focused on the introduction of a Brain Injury and Addictions Toolkit.

 - **Suicide – Thursday, April 15, 2021, 11:30-1pm CT** [Register](#)
 - **Implications of Brain Injury & Addiction – Wednesday, April 28, 2021, 11:30-1pm CT** [Register](#)
 - **Effective Strategies for Group and Individual Therapy – Wednesday, May 12, 2021, 11:30-1pm CT** [Register](#)
 - **Criminal Justice – Wednesday, May 26, 2021, 11:30-1pm CT** [Register](#)
 - **Addictions and Brain Injury Toolkit – TBD**
- Early Diversion Virtual Learning Community** – This is a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.

Part 2: Addressing the Critical Need for Housing and Strategies to Overcome Barriers to Improve Housing Access – **Thursday, April 22, 2021, 1-3pm CT.** [Register](#)

Part 3: Integrating Forensic Assertive Community Treatment (FACT) Teams into Early Diversion Response – **TBD**

Part 4-5: **TBA**
- Substance Use Interventions for Adolescents and Transitional Age Youth-** participants will learn an approach to conduct proper screening, brief intervention and referral to treatment for young adults (ages 18-25) at risk for substance use disorders. **Wednesday, April 7, 2021, 2-3 CT** [Register](#)
- Addressing Stigma & Substance Use Disorders** – This webinar will provide content for professionals to consider in their day-to-day work when serving people with substance use disorders. The topics will allow participants to gain a deeper understanding of the nature and context of stigma. **Wednesday, April 7, 2021, 9-12pm CT. Registration fee: \$39.** [Register](#)
- Navigating the Road to Resilience: Pushing through Adversity** – During this webinar participants will review how resilience is developed, identify road blocks to resilience, and identify steps to build their own resilience and identify how to help others build resilience. **Thursday, April 8, 2021, 3:30-5pm CT.** [Register](#)
- Virtual Motivational Interviewing Training (Introductory/Refresher Course)** – This 4-hour, live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, MI training can help you create conversations that empower people to make meaningful changes. Registration Fee: \$79.

Tuesday, April 13, 2021, 11-3pm CT [Register](#)

Tuesday, May 25 11-3 p.m. CT MI training (intermediate-level course) [Register](#)

Tuesday, June 22, 2021, 11-3pm CT [Register](#)

12. **The Missouri Association of Treatment Court Professionals (MATCP) Annual Conference** – The MATCP's 23rd Annual Conference will be brought to you in a virtual format this year. This conference will provide the same great local and national presentations but now from the comfort of your home or office. Please remember you do not have to work in a Treatment Court in order to attend this conference! **April 21-23, 2021.** [Learn More and Register](#)
13. **Diagnosis and Treatment of Personality Disorders** – This webinar will review the current treatments and research pertinent to DSM-5 personality disorders. **Friday, April 23, 2021, 9-12 CT** [Register](#)
14. **2021 Missouri Children's Trauma Network Training Summit** – In partnership with the Missouri Coalition for Community Behavioral Healthcare and Missouri Kid's First, the Missouri Children's Trauma Network is excited to be able to provide this training on **April 27-28, 2021.** The Missouri Children's Trauma Network is a network of clinicians and advocates dedicated to expanding access to evidence-based mental health treatment for traumatized children. In the next few years, the Missouri Children's Trauma Network plans to raise the standard of care and improve access to services for children, families, and communities impacted by trauma. **Registration Fee: \$20.** [Learn More and Register](#)
15. **New Webinar Series: Recovery Oriented Practice with Patricia E. Deegan, PhD** – In this webinar series, Patricia E. Deegan, PhD, will offer proven frameworks and tools for navigating risk, managing professional boundaries and engaging with people around psychiatric medications. Drawing on her own lived experience of recovery after being diagnosed with schizophrenia as a teenager, as well as over 30 years developing recovery-oriented practices, Pat will emphasize practical approaches to supporting folks in their recovery. Peer specialists, direct service staff, clinicians and psychiatric care providers are welcome and will find the information helpful. Each session will include time for Q&A. **Registration is limited and will fill up fast!**
 - **Session 3 - The Journey to Use Meds Optimally to Support Recovery (Part 1) - Thursday, May 13, 2021, 2-3:30 CT.** [Register](#)
 - **Session 4 - The Journey to Use Meds Optimally to Support Recovery (Part 2) - Thursday, July 15, 2021, 2-3:30pm CT.** [Register](#)
16. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021.** **Registration Fee: \$115.** [Learn More and Register](#)
17. **Intermediate Motivational Interviewing Training** – This 4-hour, live session is for individuals who have had prior MI training and want to hone their skills. This webinar will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This webinar will be capped at 40 participants to allow for guided small group practice and discussions. **Tuesday, May 25, 2021, 1-3pm CT.** **Registration Fee: \$99.** [Register](#)

RECURRING TRAINING OPPORTUNITIES

Please contact the training sponsor as these events may be subject to change given the ongoing COVID-19 situation.

1. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)
AVAILABLE TRAINING DATES:
April 9-10, 10-2pm each day
July 9-10, 10-2pm each day
October 1-2, 10-2pm each day
2. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)

3. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
4. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

OEND AVAILABLE TRAINING DATES:

Tuesday, April 13, 10-12pm [Register](#)

Thursday, May 20, 1-3pm [Register](#)

Monday, June 21, 10-12pm [Register](#)

Wednesday, July 21, 1-3pm [Register](#)

Tuesday, August 17, 9-11am [Register](#)

OEND TOT AVAILABLE TRAINING DATES:

Tuesday, April 27, 1-3pm [Register](#)

Wednesday, May 26, 10-12pm [Register](#)

Wednesday, June 23, 1-3pm [Register](#)

Wednesday, July 7, 2-4pm [Register](#)

Wednesday, August 18, 10-12pm [Register](#)

5. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
6. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in June, and October. For more information and to register, click the links: [June](#) | [October](#).
7. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities April – May 2021. Check out the [MCB website](#) for more information and to register.
8. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS). **Four spots left for April 15, 2021, training date.** [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for updates on different topics/initiatives next Friday!