

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

April 30, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>

1. **New Budget Update** – Wednesday night the Senate floor debated HB 10. Medicaid expansion did not pass on the Senate floor and the following items will go to conference. Conference hearings will be held next week and the Truly Agreed To and Finally Passed (TAFP) bill has to be on the Governor’s desk by 6:00 PM Friday, May 7th.

Conference Items for DBH:

- Additional authority related to the Substance Abuse Prevention and Treatment and Mental Health block grants
- Substance Abuse Education
- Additional funding for SUD Peer Recovery support – Senate added
- ADA Treatment/ACP/YCP – Reversed Medicaid Expansion core cuts and restored CCBHO authority moved into new section
- CCBHO ADA/ACP/YCP – Senate reversed this section and put back in to ADA Treatment
- Utilization Increase – Senate reversed funding put in new CCBHO sections
- CMHL and SUDL NDI
- QIP NDI
- CCBHO Rebasing NDI
- Suicide Prevention Grant – It was added as a Gov amendment after House approved bills
- Osage Beach Center for Cognitive Disorders – put in as one time funding
- Healthcare Home Expansion NDI
- Crisis Center Renovation Costs NDI
- CCBHO Expansion Start-up Costs NDI
- Crisis Stabilization Centers NDI
- FQHC Mental Health Increase NDI – Added in Senate
- FQHC Substance Abuse NDI – Added in Senate

DBH Community COVID-19 Positives Data (as of April 30 at 8 am)

Consumers	1,163
Staff	839
Providers	55
16 consumer/staff deaths have been reported.	

2. **New DBH Deputy Director of Administration** – We want to congratulate **Vicki Schollmeyer** on her recent promotion to the position of Deputy Director of Administration in the Division of Behavioral Health. Vicki has been serving as Acting Deputy Director since January. I have had the privilege of working closely with Vicki for a number of years. She has developed excellent working relationships with our stakeholders, providers, and facility staff. In any position of leadership, it is important that you surround yourself with individuals you trust – you trust them to do their job, but also trust that they will help you do your job better. I’m confident in her abilities to succeed in her role, but also to help the Division advance its priorities and initiatives.

3. **New Governor Parson meets ICTS Program Graduate** – On April 15, 2021, Governor Parson traveled to Bolivar, Missouri to meet with George Lanier, who is the first participant to “graduate” to aftercare in the Polk County ICTS Program. George is on probation out of Greene County for Robbery 2nd Degree. He was accepted into the ICTS Program on January 24, 2020. He excelled at this program. During the height of the COVID-19 pandemic, and with the help of the ICTS Program, George did not slow down, much of the time, working two part time jobs, at Wendy’s and at Citizen’s Memorial Hospital. George kept his full time employment status, and is currently working full time, at Wendy’s and is taking the initiative to be promoted to a management position.



When George entered the ICTS Program, he did not have a license, transportation, or employment. During the pandemic, in April 2020, he obtained his employment at Wendy’s and has kept it ever since. George also did not have a license, due to having holds and fines in two states. He made payment arrangements (which he is adhering to) and was able to obtain his license. Also during this pandemic, he moved from a trailer, that was literally falling apart, to a house in Bolivar. George was also able to secure reliable transportation and he and his wife welcomed a baby girl and George relishes in being a father.

George and Governor Parson talked about his success and his plans for the future. George has goals of being a farmer and owning some land and cattle. They also spoke about their shared love of tractors and the Governor told George to “keep turning those wrenches.” Governor Parson congratulated George on his hard work and dedication and George thanked the Governor for his investment in the program and in people like him. Keep up the great work, George! We are proud of you!

4. **New Another JRI Success Story** – In 2020, 68 individuals successfully completed the Stone County Treatment Court program, gaining skills to overcome dependency on substances and learning how to live healthy, productive lives. The program’s success relies heavily on the collaboration of many organizations, including **Burrell Behavioral Health**, Alliance Counseling, Probation and Parole, Certified Peer Counselors, and other community resource organizations. Mackenzie (on the right) is a recent graduate, and is now 19 months into her recovery journey. *“The tools the program has given me help me to stay sober,”* Mackenzie stated that before the program, she never had more than 60 days of continual sobriety since she had started using drugs. Today, she enjoys her accomplishments, the recovery community, and being a mom to her baby son, Maverick.



Hannah (pictured on the left) has been in treatment court for 15 months, and she celebrated one year of recovery in July of 2020, but then relapsed. The treatment team gave her a sanction, sent her to inpatient treatment, and kept her in the program. They believe in second chances. Keeping a participant in the program after a relapse makes this program extraordinary. The treatment team realizes these individuals are human. Mistakes happen. The team addresses the mistake and helps the participant learn and grow from it. Today, Hannah continues to work the program, and she does so with the most beautiful smile and genuine happiness shining through her eyes.

5. **New Remembering Tim Conroy** – On April 29, an exceptional peer support leader Tim Conroy passed away. Tim was a powerful contributor to the peer support movement in Missouri. He was the statewide Missouri Crisis Intervention Team (CIT) Lived Experience Representative. He worked tirelessly on forming positive relationships between Law Enforcement and communities served. He was on the local St. Louis CIT Council and was a vital team member of the Mental Health Court Program. Tim was an active Certified Peer Specialist Trainer. He received the Missouri Mental Health Foundation, Mental Health Champion award in 2020 for being a “courageous, tireless advocate for many initiatives across the state.” We are deeply saddened by his death and appreciate his contributions to improving the lives of people with mental health challenges. He will be missed by those who knew him.



6. **New Big Brothers/Big Sisters** – DMH has been creatively partnering with Big Brothers/Big Sisters of Eastern Missouri on recruitment for volunteers. We currently contract with them for services under the Block Grant (in St. Louis) and now also the State Opioid Response (SOR) Grant (specifically targeting young black men in North St. Louis and SE Missouri). They report that this has been going great although they have quite the waiting list, so we decided to partner with them on promotion for volunteers. The message fits nicely with our other “Be that caring adult” ads we have out right now. We’ve purchased a couple of billboards (in areas they suggested,) social media, and posters.

JOB ANNOUNCEMENTS

Account Manager

DMH is seeking an Account Manager within the Division of Behavioral Health. This position is located in Jefferson City, MO.

Application Deadline: May 5, 2021. [Learn More and Apply](#)

Research/Data Analyst

DMH is seeking a Research/Data Analyst within the Division of Behavioral Health. This position is located in Jefferson City, MO.

Application Deadline: May 13, 2021

[Learn More and Apply](#)

Lead Administrative Support Assistant

DMH is seeking a Lead Admin. Support Asst. within the Division of Behavioral Health. This position is located in Jefferson City, MO.

Application Deadline: May 13, 2021

[Learn More and Apply](#)

7. **New Update on Administrative Rules** – Proposed Amendment 9 CSR 30-3.150 Comprehensive Substance Treatment and Rehabilitation (CSTAR) is published in the May 3, 2021 issue of the Missouri Register for a 30-day public comment period. <https://www.sos.mo.gov/CMSImages/AdRules/moreg/2021/v46n9May3/v46n9a.pdf>
8. **New Advocacy Handbook** – provided by National Council for Behavioral Health. This handbook will help you focus your power as an advocate and use it in the most effective way possible to advance public policies to strengthen the safety-net and expand access to care. [Read More](#)

9. COVID-19 Updates & Resources

- **Missouri Disaster Medical Assistance Team (DMAT)** – events across the state: For all State of Missouri team members to receive a first dose. Registration for each DMAT event is located on the Vaccine Registration Site. You can also sign up through the Vaccine Navigator (<https://covidvaccine.mo.gov/events/>) for mass vaccination events throughout the state including the Dome at America's Center in St. Louis or Jefferson City Capital Mall. In addition, select Walmart, Hy-Vee, and Health Mart stores in Missouri are providing vaccinations. Click on [Walmart](#), [Hy-Vee](#), or [Health Mart](#) to get additional information and sign up for an appointment at a participating store nearest you.
- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit <https://www.missouricit.org/first-responders> to find a provider.
- **Missouri-Specific Coronavirus Regional Data** – MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>
- **DBH Treatment Provider Calls** – The calls are scheduled every **two weeks** on Wednesdays at 12pm. Resources that we encourage you to check out (these pages all continue to be updated):
 - DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
 - DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>
 - Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>
 - State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
 - MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>
 - CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- **COVID-19 Community Testing Info** – The Missouri Department of Health and Senior Services continues to offer FREE COVID-19 testing. There are no eligibility requirements for receiving a free test and you do not need to be a Missouri resident. Individuals seeking a free testing opportunity are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. Testing is still a very important tool in fighting the COVID-19 pandemic. Event information can always be found at www.health.mo.gov/communitytest Additional sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing. The following events are scheduled as of today. Of note, regular weekly testing in Branson will start Friday May 7.

COVID FACTS:

Vaccine Question:

What do I need to know about possible safety issues with all COVID-19 vaccines?

COVID-19 vaccine safety is a top priority, and reports of health problems following COVID-19 vaccination are taken very seriously. Detecting these rare adverse events tells scientists that the systems in place to monitor the safety of these vaccines are working. The thrombosis with thrombocytopenia syndrome (TTS) reports were detected early, and the pause of the J&J/Janssen vaccine reflected the commitment to transparency and safety as the CDC and FDA gathered and reviewed additional data. COVID-19 vaccines have undergone and will continue to undergo the most intensive safety monitoring in U.S. history.

- **Transportation for COVID-19 Vaccine Access** – Missouri launches new statewide transportation resource guide to expand COVID-19 vaccine access to rural, suburban and urban communities across the state [Learn More](#)



FUNDING OPPORTUNITIES

Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:
<https://dmh.mo.gov/covid-19-information>

1. **HRSA National Health Service Corps – Application Deadline: May 6, 2021** – HRSA has opened the National Health Corps (NHSC) application cycle for three programs: Licensed primary care clinicians in eligible disciplines can receive loan repayment assistance through the NHSC Loan Repayment Program (NHSC LRP).
 - National Health Service Corps Loan Repayment Program-Deadline [Learn More](#)
 - NHSC Substance Use Disorder Workforce Loan Repayment Program- [Learn More](#)
 - NHSC Rural Community Loan Repayment Program [Learn More](#)
2. **SAMHSA-First Responders-Comprehensive Addiction and Recovery Act Grants – Application Deadline: May 17, 2021** – The purpose of this program is to allow first responders and members of other key community sectors to administer a drug or device approved or cleared under the Federal Food, Drug, and Cosmetic Act (FD&C Act) for emergency reversal of known or suspected opioid overdose. [Learn More](#)
3. **New SAMHSA-Community Mental Health Centers (CMHC) Grant Program – Application Deadline: May 21, 2021** – is accepting applications for fiscal year (FY) 2021 Community Mental Health Centers (Short Title: CMHC) grant program. The purpose of this program is to enable community mental health centers to support and restore the delivery of clinical services that were impacted by the COVID-19 pandemic and effectively address the needs of individuals with serious emotional disturbance (SED), serious mental illness (SMI), and individuals with SMI or SED and substance use disorders, referred to as co-occurring disorder (COD). [Learn More](#)
4. **New Telecommunications and Broadband Services – Application Deadline: June 1, 2021** – The Rural Health Care Program Provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. It offers a discount on telecommunication expenses and network equipment for healthcare facilities to increase connectivity and access to broadband in rural areas to provide and improve healthcare. [Learn More](#)
5. **New Distance Learning and Telemedicine Grants-USDA – Application Deadline: June 4, 2021** – The Distance Learning and Telemedicine grants to help provide educational and medical services in rural areas. The DLT program helps fund distance learning and telemedicine services in rural areas to increase access to education, training and health care resources that are otherwise limited or unavailable. USDA plans to make \$44.5 million available in fiscal year 2021. Of this amount, \$10.2 million is intended for projects that provide substance use disorder treatment services in rural areas. [Learn More](#)
6. **New Morgan Stanley Alliance for Children’s Mental Health Innovation Awards Program – Application Deadline: July 2, 2021** – aims to fund mental healthcare solutions for children and young adults across the United States. This program focuses on new or piloted projects from direct-service organizations that will help address the far-reaching challenge of stress, anxiety, depression or other mental health issues in children and young adults. Grants of up to \$100,000 will be awarded to each finalist. [Learn More](#)

7. **NHSC and SAMHSA Release Toolkit on MAT Training and Loan Repayment** – A new MAT training and loan repayment toolkit has been released by the National Health Service Corps (NHSC), within HRSA, in collaboration with SAMHSA Providers Clinical Support System (PCSS). The agencies have partnered to increase the number of waiver-certified clinicians in high-need communities per the Drug Addiction Treatment Act of 2000. The toolkit provides information on obtaining free MAT training to become DATA 2000 waived and includes information on how participants can receive award preference for the NHSC Substance Use Disorder Workforce Loan Repayment Program and the Rural Community Loan Repayment Program (Source: *HRSA*). [Read More](#)

INFO and RESOURCES

1. **New Distinguishing between Bipolar I Disorder and Bipolar II Disorder** – provided by Psychiatry & Behavioral Health Learning Network. In this video Dr. Goldberg explains some key distinctions between bipolar I disorder and bipolar II disorder and treatment implications of the differences. [Watch](#)
2. **New Using Technology to Improve Care of Serious Mental Illness** – provided by Psychiatry & Behavioral Health Learning Network this video gives an overview of the session and its key takeaways and discusses how digital tools are currently being used in psychiatry and potential future uses. [Watch](#)
3. **New Provisional Drug Overdose Death Counts** – This data visualization presents provisional counts for drug overdose deaths based on a current flow of mortality data in the National Vital Statistics System. [Read More](#)
4. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

May 11, 2021 – North Central Region – 10-12pm

Location: Virtual

June 6, 2021 – Southwest Region – 10-12pm

Location: Virtual

June 25, 2021 – Northeast Region (Districts: 3, 11, 16, 17, 18, 26, & 38) – 10-12pm

Location: Virtual

July 9, 2021 – Western Region – 9:30-11:30-pm

Location: Virtual

August 11, 2021 – Southeast Region – 10-12pm

Location: Virtual

August 24, 2021 – Eastern Region – 10-11 am

Location: Virtual

5. **Equity and Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#) | [Learn More about MHEIA](#)

TRAINING OPPORTUNITIES

1. **New Understanding Harm Reduction-A New Paradigm for Treating Risky and Addictive Behavior** – This Webinar will cover the core principles of integrative harm reduction psychotherapy, identify the limitations of the disease model/abstinence only approach, and the clinical challenges associated with treating substance use disorders and limitations of the current treatment system in the United States. **Wednesday, May 5, 2021, 1:30pm – 3pm CT.** [Register](#)

2. **Nurse Wellness: A Call to Action** – this webinar will emphasize the pressing need for self-care among all nurses, with specific advice and guidance about what to do, how to do it, and why wellness matters. **Thursday, May 6, 2021, 11am – 12pm CT.** [Register](#)
3. **New First Annual Peer Summit** – We are working to unite peers around the state, teaching them how to advocate and giving them cutting edge, evidence-based training so they can continue to give amazing support to the peers we serve. **May 6-7, 2021** [Register](#)
4. **New Missouri Association of Treatment Court Professional** – Is offering a free Training on Missouri Best Practice Standards: an Overview. As Missouri continues to expand our programs, the Missouri Treatment Court Coordinating Commission (TCCC) understood the need to establish standards and practices based on current research and findings. These principles provide practitioners with the standard elements needed to create desired outcomes in their treatment court. Trainings are offered:
 - **Monday, May 10, 2021, 2pm-3:30 pm CT** [Register](#)
 - **Monday, May 24, 2021, 9am-10:30am CT** [Register](#)
 - **Friday, May 28, 2021, 11:30am-1pm CT** [Register](#)
5. **New Telehealth for Substance Use Services During COVID-19** – Adapting to telehealth services can pose unique challenges and opportunities for mental health and substance use treatment organizations working with adults and adolescents. Effectively delivering Screening, Brief Intervention and Treatment for substance use challenges via telehealth can improve access to treatment, patient engagement and overall health outcomes, especially during the ongoing COVID-19 pandemic. **Tuesday, May 11, 2021, 2pm-3pm CT.** [Register](#)
6. **Traumatic Brain Injury & SUD Series** – The seven virtual trainings below are focused on the significant intersection between brain injury and addiction. The trainings consist of an introductory session followed by six special topic webinars. Special topics will include the intersection of brain injury with addictions, intimate partner violence, suicide, as well as special considerations for individual and group therapy. The final session will be focused on the introduction of a Brain Injury and Addictions Toolkit.
 - **Effective Strategies for Group and Individual Therapy – Wednesday, May 12, 2021, 11:30-1pm CT** [Register](#)
 - **Criminal Justice – Wednesday, May 26, 2021, 11:30-1pm CT** [Register](#)
 - **Addictions and Brain Injury Toolkit – TBD**
7. **New Connecting Faith to Prevention** – This workshop will focus on: Strategies to combat substance use in rural communities; Stopping drug use before it starts; Understanding prevention and identifying the role of the faith community in substance use prevention; How the faith community can partner to develop faith-based prevention strategies; Showcasing innovative Faith-Based prevention strategies in action. **Thursday, May 13, 2021 12pm-1:30pm CT.** If you would like to attend, please RSVP to Betty-Ann Bryce, Special Advisor for Rural Affairs at MBX.ONDCP.RuralAffairs@ondcp.eop.gov with your **name, title, organization, state/county, and contact information/email address.**
8. **New Metabolic Syndrome Screening Refresher** - The Missouri Coalition for Community Behavioral Healthcare – is hosting an Optional Care Manager Refresher Training on MSS. Registration is not required. If interested, mark your calendars and use the link below to join the training. **Wednesday, May 12, 2pm - 3pm CT.** [Link](#). Use Passcode 889496
9. **Mental Health Journey: Voices From Individuals With Lived Experience On Self-Disclosure, Recovery, & Hope** – This webinar, hear from individuals with lived experience on their self-disclosure challenges and barriers, how they incorporate wellness strategies into their daily lives, and share their individualize recovery journeys and approaches in addressing and overcoming mental health self-stigma. **Thursday, May 13, 2021, 11am – 12pm - 1pm CT.** [Register](#)

10. **Trauma-Focused Cognitive-Behavioral Therapy: 30 Years of Evidence-Based Treatment for Children Exposed to Trauma** – This presentation will provide a brief history of TF-CBT, introduce the basic structure and components of the model, and review the research base supporting its efficacy. Time will also be spent talking about different applications of TF-CBT for special populations of children and adolescents. **Thursday, May 13, 2021, 1pm - 4pm CT.** [Register](#)
11. **Mental Health First Aid Trainings Youth** – DMH's Office of Disaster Services is sponsoring three different Mental Health First Aid courses in April and May. The type (adult or youth), <https://officeofdisasterservices.wufoo.com/forms/wbkkwe1ek3yrh/>
 - **Youth – Monday, May 17, 2021 8:30am - 1:30pm CT**
12. **Public Health Leadership Workshop: Leading through Crisis in a Trauma-informed, Resilience-oriented Way** – Our nation is experiencing a series of collective traumatic events and how we each manage this prolonged crisis period will determine its individual and collective long-term impact. Join Elizabeth Guroff, MA, LCMFT, director of trauma-informed services at the National Council, for a virtual workshop on Trauma-informed, Resilience-oriented Crisis (TIROC) Leadership. This workshop will be offered three times.
 - **Tuesday, May 18, 2021 11am-3pm CT.** [Register](#)
 - **Wednesday, June 2, 2021, 11am-3pm CT.** [Register](#)
 - **Tuesday, June 8, 2021, 11am-3pm C.T** [Register](#)
13. **Early Diversion Virtual Learning Community** – This is a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.
 - Part 3: Integrating Forensic Assertive Community Treatment (FACT) Teams into Early Diversion Response – **Thursday, May 20, 2021, 1pm – 2pm CT.** [Register](#)
 - Part 4-5: **TBA**
14. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021.** [Learn More and Register](#)
15. **Mental Health American-Affirmative Care for Transgender Clients Webinar** – Participants will immerse themselves in an empathetic exercise to better understand unique struggles associated with gender dysphoria throughout the lifespan. **Friday, May 21, 2021, 9am-12pm CT.** [Register](#)
16. **The Human Social Brain: Alterations in Schizophrenia** – The webinar discussion will revolve around social cognition and its role in the everyday functioning for patients affected with schizophrenia. Social cognition underlies everyday tasks crucial for social connection, such as reading emotions in others' faces or making inferences as to what others are thinking. **Monday, May 24, 2021, 11am-12pm CT.** [Register](#)
17. **Missouri Harm Reduction Conference** – The Missouri Department of Health and Senior Services (DHSS) and Area Resources for Community and Human Services (ARCHS), we invite you to attend the 2021 Missouri Harm Reduction Conference. The conference will focus on strategies to promote the health and safety of people who use drugs, while ensuring compassion and dignity in service delivery. Attendees will be given the opportunity to learn about harm reduction and connect with others who are providing harm reduction services across the Show Me State. **Thursday, June 16, 2021, 12:30pm - 5pm CT and Thursday, June 17, 2021, 1pm - 5pm CT.** [Register](#)

18. **Assessing and Managing Suicide Risk During COVID-19 and Beyond** – The Missouri Coalition for Community Behavioral Healthcare in partnership with the Missouri Department of Mental Health and the Missouri Suicide Prevention Network are excited to announce this suicide prevention training opportunity. Space is limited, be sure to register TODAY! **Friday, June 25, 2021, 11am–1pm-CT.** [Register](#)
19. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

AVAILABLE TRAINING DATES:

July 9-10, 10-2pm each day

October 1-2, 10-2pm each day

RECURRING TRAINING OPPORTUNITIES

1. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
2. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.
3. **New Monthly Call Sessions for Peers & Peer Supervisors** – Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.

Topics for Peer Recovery Support Specialist Staff

- Supporting People Navigating Mental Health Experiences – **Wednesday, May 19, 2021, 1pm CT** [Register](#)
- Redefining Self-Care – **Wednesday, June 16, 2021, 1pm CT** [Register](#)

Topics for Peer Supervisors

- Supporting Wellness in the Workplace – **Wednesday, May 26, 2021, 1pm CT** [Register](#)
- Advocating for the Advancement of the Peer Workforce – **Wednesday, June 23, 2021, 1pm CT** [Register](#)
- Recruiting and Retaining Peer Staff – **Wednesday, July 28, 2021, 1pm CT** [Register](#)

4. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

OEND AVAILABLE TRAINING DATES:

Thursday, May 20, 1-3pm [Register](#)
Monday, June 21, 10-12pm [Register](#)
Wednesday, July 21, 1-3pm [Register](#)
Tuesday, August 17, 9-11am [Register](#)

OEND TOT AVAILABLE TRAINING DATES:

Wednesday, May 26, 10-12pm [Register](#)
Wednesday, June 23, 1-3pm [Register](#)
Wednesday, July 7, 2-4pm [Register](#)
Wednesday, August 18, 10-12pm [Register](#)

5. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
6. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities **April – May 2021**. Check out the [MCB website](#) for more information and to register.
7. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in June, and October. For more information and to register, click the links: [June](#) | [October](#).
8. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training – [Register](#)
 - Peer Specialist Supervisor Training – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
 - Certified Peer Specialist Specialty Training – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

Look for updates on different topics/initiatives next Friday!