

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

May 7, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>



9 Daily Activities to Help Maintain your Mental Health

Get plenty of sleep	Exercise
Use a stress ball or some other stress reliever	Yoga
Perform a random act of kindness	Pet a dog or animal
Stop to enjoy small aspects of the day	Deep breathing exercises

[Learn More](#)

1. **Engaging Patients in Care Coordination (EPICC) in Southwest Missouri** –KOLR-10 out of Springfield recently covered the work of the Engaging Patients in Care Coordination (EPICC). Kudos to all providers involved! [Watch Video](#)
2. **Burrell Hosts Youth Mental Health Event** – On Friday, May 7, **Burrell Behavioral Health** hosted "Burrell Remembers: A Youth Mental Health Event & Reflection Walk" on the grounds of its beautiful Main Campus in Springfield. The event was intended to coincide with National Youth Mental Health Awareness Day, and was free and open to the community, Burrell staff, and their families. The first hour-plus of the event featured youth-focused activities and self-care stations, many of which were provided by Burrell's youth services programs. Activities included "Self-Control Bubbles," pet therapy, balloon animals, kid yoga, light drills with Missouri State University football players, and more. Free sandwiches, frozen custard and coffee were provided, and the band Geezer Threezer provided entertainment.

Around dusk, the crowd of about 250 people heard from Burrell's Vice President of Youth Services Elizabeth Avery and Burrell's Board Chair, Springfield Chief of Police Paul Williams. Then, attendees were invited to float water lanterns, with candles lit by Burrell employees, on the surface of Schaible Lake to remember all whom we have lost to mental illness, and in honor of those living with mental illness. "Burrell remember was a beautiful, healing reminder of why we do what we do, the impact we are making on the lives of those we serve... and the impact they are making on ours," said Burrell's System Director of Communications, Matt Lemmon.

Burrell hopes to make Burrell Remembers an annual event, and rotate it between its existing regions in Central Missouri and Northwest Arkansas, as well as its headquarters in Springfield.



3. **CIMOR Priority!** **CIMOR Priority** – If you have any questions, please login to the [Department of Mental Health Portal](#) and email the **CIMOR DBH Support Center** by selecting the [Help Ticket](#) link found on the left side of the portal.

- **DM Pools & Outreach** – Below are the current balances for the DM Housing and Outreach pools.

	ADA	CPS
DM Housing Allocation	\$250,000.00	\$350,000.00
DM Housing Expended (20 Cycles Paid)	\$84,923.21	\$300,284.24
Current DM Housing Allocation Balance	\$165,076.79	\$49,715.76
DM Outreach Allocation	\$363,000.00	\$163,000.00
DM Outreach Expended (20 Cycles Paid)	\$325,818.72	\$8,383.46
Current DM Outreach Allocation Balance	\$37,181.28	\$154,616.54
Current Total Allocation Balance	\$202,258.07	\$204,332.30

4. **CIMOR Priority!**

Year End Billing Cutoffs:

- **Medicaid cutoff – 05/31/2021 (Check date 06/30/21)**
- **Non-Medicaid cutoff – 06/20/21 (Check date 06/30/21)**

Cutoff Dates for Services will be as follows:

Medicaid – Applies to CSTAR/CPR/TCM/ACT/CCBHC

- The last cutoff for IGTRM Medicaid billings to use the FY21 allocation is **5/31/21** (check date 6/30/21). After the cutoff DMH Central Office will transfer all remaining dollars to Non-Medicaid for CPS. For ADA, the balance remaining in your redirect will be moved. If there is a need for more than your redirected amount please submit your request to Becky Wolken and Vicki Schollmeyer.
- All requests to transfer funds into IGTRM Medicaid allocations must be submitted **no later than noon on May 26th** to:
 - Regional Staff,
 - Becky Wolken (Becky.Wolken@dmh.mo.gov),
 - Copy Vicki Schollmeyer (vicki.schollmeyer@dmh.mo.gov) **for ADA**, and Amy Jones (amy.jones@dmh.mo.gov) **for CPS**.

All Medicaid services billed after 05/31/21 will be paid from your FY22 Medicaid allocation.

Non-Medicaid – Applies to CPS (non-Medicaid), CSTAR (non-Medicaid), PR+, SATOP, Compulsive Gambling, Recovery Supports and CCBHC (non-Medicaid)

- The last invoice cut-off for non-Medicaid encounters is **06/20/21** (check date 06/30/21). If you need money moved from Non-Medicaid to Medicaid Ineligibles you will need to complete the Allocation Transfer Request Form (attached).
- All non-Medicaid transfer requests for FY21 must be submitted **no later than noon on 15th June** to:
 - Regional Staff,
 - Becky Wolken (Becky.Wolken@dmh.mo.gov),
 - Copy Vicki Schollmeyer (vicki.schollmeyer@dmh.mo.gov) **for ADA**, and Amy Jones (amy.jones@dmh.mo.gov) **for CPS**

All Non-Medicaid services billed after 6/20/21 will be paid from your FY22 Non-Medicaid allocation.

June 20, 2021 is a tentative billing date based on prior year information. DMH reserves the right to change this date based on the MHD RA cycle. If you have any questions, please email the **CIMOR DBH Support Center** by

[Logging In](#) and selecting the **Help Ticket** option found on the left side menu of the portal,

<https://portal.dmh.mo.gov>.

JOB ANNOUNCEMENTS

Associate Research/Data Analyst

DMH is seeking an Associate Research/Data Analyst within the Division of Behavioral Health. This position is located in Jefferson City, MO.

Application Deadline: May 24, 2021

[Learn More and Apply](#)

Jess's TECH TIPS

When on a Webex meeting to zoom in on content when the presenter is sharing their screen press, "ctrl" and "+". To zoom out, press "ctrl" and "-"

- Successful Joint Commission Surveys** – Two of the six DMH psychiatric hospitals have had their triennial onsite surveys for hospital accreditation by The Joint Commission. The Joint Commission is the largest healthcare accrediting body and is deemed by CMS to review hospitals' compliance with the CMS Conditions of Participation for Medicare certification. These surveys review staffing, clinical care, medical records, and physical plants. The Center for Behavioral Medicine had its survey earlier this year and was reaccredited effective May 7, 2021. Southeast Missouri Mental Health Center (SMMHC) had its onsite survey this past week for four days from a four-member survey team which included Nurse Practitioners, a Psychologist, and a life safety engineer. SMMHC received very positive feedback from the survey team and had few deficiencies. The four remaining DBH hospitals await their surveys which are unannounced and expected to be completed by late summer.
- Peer Summit** – The First Annual Peer Summit hosted by the Missouri Recovery Alliance (MRA) was held virtually on May 6 and 7. The MRA is 100% peer run and peer guided by individuals with lived experience in recovery from substance use disorders. They are working to unite peers around the state; teaching them how to advocate and giving them cutting edge, evidence-based training so they can continue to give support to other peers in the behavioral health system. The summit covered topics such as Uniting Missouri's Peers, Organizing the Recovery Community on a National Platform, Changing Families/Changing Outcomes, The Intersection Between Peer Specialists and Community Health Workers, and Recovery Oriented Systems of Care. Awards were given to peers, organizations, and influencers for achievements in strengthening Missouri's recovery services. Over 300 people participated in the training.
- Advocacy Handbook** – provided by National Council for Behavioral Health. This handbook will help you focus your power as an advocate and use it in the most effective way possible to advance public policies to strengthen the safety-net and expand access to care. [Read More](#)

8. COVID-19 Updates & Resources

- New The Director of the Department of Health and Senior Services, authorizes Pfizer COVID-19 vaccine administration for adolescents ages 12 – 15 years.** [More Information](#)
- New CDC Updates List of Health Conditions that can Increase the Risk of Severe Illness from COVID-19 to include Substance Use Disorders** – Health officials have released an update that individuals with substance use disorders (SUD) are at a heightened risk for serious complications from COVID-19, and underscored the importance for individuals with SUD and their caregivers to get vaccinated. [Read More](#)
- New COVID-19 and People Who Use Drugs or Have Substance Use Disorder** – Having a substance use disorder can make you more likely to get severely ill from COVID-19. People who use drugs may also have underlying medical conditions that put them at increased risk for severe illness from COVID-19, and they may have concerns and questions related to their risk. Additionally, recent data and reports show that [fatal drug overdoses in the United States have been increasing before and during the COVID-19 pandemic.](#)

DBH Community COVID-19 Positives Data (as of May 14 at 8 am)

Consumers	1,169
Staff	842
Providers	55
16 consumer/staff deaths have been reported.	

- **New Adults of any age with Underlying Medical conditions can be more likely to get severely ill from COVID-19.** – This information is intended for a general audience. Healthcare providers should see [Underlying Medical Conditions Associated with High Risk for Severe COVID-19](#) for more detailed information.
- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **New Pregnant Women Reported Increased Symptoms of Mental Health Disorders Amidst Covid-19 Pandemic**– Pregnant and postpartum women during the COVID-19 pandemic self-reported increased symptoms of mental health disorders including anxiety, depression, post-traumatic stress, and loneliness compared to the general population, according to an international, cross-sectional study published in Plos One. [Learn More](#)
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit <https://www.missouricit.org/first-responders> to find a provider.
- **Missouri-Specific Coronavirus Regional Data** – MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>
- **DBH Treatment Provider Calls** – The calls are now scheduled ONCE A MONTH. The next call is scheduled for **Wednesday, May 19 at 12:00 noon**. Resources that we encourage you to check out (these pages all continue to be updated):
 - DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
 - DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>
 - Show Me Strong Recovery Plan - <https://showmestrong.mo.gov/#page-top>
 - State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
 - MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>
 - CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- **COVID-19 Community Testing Info** – The Missouri Department of Health and Senior Services continues to offer FREE COVID-19 testing. There are no eligibility requirements for receiving a free test and you do not need to be a Missouri resident. Individuals seeking a free testing opportunity are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. Testing is still a very important tool in fighting the COVID-19 pandemic. Event information can always be found at www.health.mo.gov/communitytest. Additional sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing.
- **Transportation for COVID-19 Vaccine Access** – Missouri launches new statewide transportation resource guide to expand COVID-19 vaccine access to rural, suburban and urban communities across the state [Learn More](#)

COVID FACTS:

Vaccine Question:

What is Vaccine Confidence?

Vaccine Truth/Fact: Vaccine confidence is the trust that patients, their families, and providers have in:

- Approved and recommended vaccines
- Providers who administer the vaccines
- Processes and policies that lead to vaccine development, licensure or authorization, manufacturing, and recommendations for use.

FUNDING OPPORTUNITIES

1. **SAMHSA-Community Mental Health Centers (CMHC) Grant Program** – **Application Deadline: May 21, 2021** – is accepting applications for fiscal year (FY) 2021 Community Mental Health Centers (Short Title: CMHC) grant program. The purpose of this program is to enable community mental health centers to support and restore the delivery of clinical services that were impacted by the COVID-19 pandemic and effectively address the needs of individuals with serious emotional disturbance (SED), serious mental illness (SMI), and individuals with SMI or SED and substance use disorders, referred to as co-occurring disorder (COD). [Learn More](#)
2. **Telecommunications and Broadband Services** – **Application Deadline: June 1, 2021** – The Rural Health Care Program Provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. It offers a discount on telecommunication expenses and network equipment for healthcare facilities to increase connectivity and access to broadband in rural areas to provide and improve healthcare. [Learn More](#)
3. **Distance Learning and Telemedicine Grants-USDA** – **Application Deadline: June 4, 2021** – The Distance Learning and Telemedicine grants to help provide educational and medical services in rural areas. The DLT program helps fund distance learning and telemedicine services in rural areas to increase access to education, training and health care resources that are otherwise limited or unavailable. USDA plans to make \$44.5 million available in fiscal year 2021. Of this amount, \$10.2 million is intended for projects that provide substance use disorder treatment services in rural areas. [Learn More](#)
4. **Morgan Stanley Alliance for Children’s Mental Health Innovation Awards Program** – **Application Deadline: July 2, 2021** – aims to fund mental healthcare solutions for children and young adults across the United States. This program focuses on new or piloted projects from direct-service organizations that will help address the far-reaching challenge of stress, anxiety, depression or other mental health issues in children and young adults. Grants of up to \$100,000 will be awarded to each finalist. [Learn More](#)
5. **NHSC and SAMHSA Release Toolkit on MAT Training and Loan Repayment** – A new MAT training and loan repayment toolkit has been released by the National Health Service Corps (NHSC), within HRSA, in collaboration with SAMHSA Providers Clinical Support System (PCSS). The agencies have partnered to increase the number of waiver-certified clinicians in high-need communities per the Drug Addiction Treatment Act of 2000. The toolkit provides information on obtaining free MAT training to become DATA 2000 waived and includes information on how participants can receive award preference for the NHSC Substance Use Disorder Workforce Loan Repayment Program and the Rural Community Loan Repayment Program (Source: *HRSA*). [Read More](#)

INFO and RESOURCES

1. **New Behavioral Health Resources for Service Members and Veterans** – The Defense Health Agency’s (DHA) Psychological Health Center of Excellence (PHCoE) provides psychological health expertise to the military community by continuing to improve psychological health care, readiness, and prevention of psychological health disorders. [Read More](#)
2. **New Advisory: Clinical Issues in Intensive Outpatient Treatment for Substance Use Disorders** – This Advisory provides an overview of intensive outpatient (IOP) treatment. It discusses typical program goals; outlines key features that improve engagement, retention, and outcomes; and provides additional resources on this critical topic. [Read More](#)
3. **New Understanding Polarity-Proneness in Patients With Bipolar Disorder** – This video explains the concept of polarity-proneness and why clinicians should assess it when treating patients with bipolar disorder. [Watch Video](#)
4. **New Integrated Treatment for Co-Occurring Disorders Spring Newsletter** – [Read More](#)

5. **Peers Speak Out: Priority Outcomes for Substance Use Treatment and Services** – This is the first national examination of treatment outcomes prioritized by people with substance use disorders. The findings show individuals most care about survival, improving their quality of life and mental health, reducing harmful substance use, meeting their basic needs, increasing their self-confidence, and increasing their connection to ongoing services and supports. These broad expectations provide direction for reshaping research, services and policies to more effectively address the national epidemic of substance use disorders. Priority outcomes also differ across race and gender demographics, emphasizing the need for individually tailored, culturally and linguistically effective treatment and services, and the need to acknowledge and address structural inequities. [Read More](#)
6. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

June 6, 2021 – Southwest Region – 10-12pm

Location: Virtual

June 25, 2021 – Northeast Region (Districts: 3, 11, 16, 17, 18, 26, & 38) – 10-12pm

Location: Virtual

July 9, 2021 – Western Region – 9:30-11:30-pm

Location: Virtual

August 11, 2021 – Southeast Region – 10-12pm

Location: Virtual

August 24, 2021 – Eastern Region – 10-11 am

Location: Virtual

TRAINING OPPORTUNITIES

1. **Public Health Leadership Workshop: Leading through Crisis in a Trauma-informed, Resilience-oriented Way** – Our nation is experiencing a series of collective traumatic events and how we each manage this prolonged crisis period will determine its individual and collective long-term impact. Join Elizabeth Guroff, MA, LCMFT, director of trauma-informed services at the National Council, for a virtual workshop on Trauma-informed, Resilience-oriented Crisis (TIROC) Leadership. This workshop will be offered three times.
 - **Tuesday, May 18, 2021 11am-3pm CT.** [Register](#)
 - **Wednesday, June 2, 2021, 11am-3pm CT.** [Register](#)
 - **Tuesday, June 8, 2021, 11am-3pm CT.** [Register](#)
2. **New Best Practices for Addressing Substance Use Disorder Webinar** – This webinar will review trends in substance use disorders in the VHA and provide evidence-based diagnostic, brief intervention and treatment strategies in addition to risk mitigation strategies aimed at reducing substance use overdose fatalities. **Wednesday, May 19, 2021, 12pm-1pm CT.** [Register](#)
3. **Overdose Education and Naloxone Distribution** – This training is designed for individuals who will discuss overdose education and naloxone use with individuals at risk of experiencing or witnessing an opioid overdose. This course is most appropriate for medical, mental health, and substance use treatment providers, social service agencies (including homeless shelters, domestic violence shelters, food banks, etc.) and other community organizations and agencies that may work with individuals at risk of witnessing or experiencing an opioid overdose. **Thursday, May 20, 2021, 1pm-3pm CT.** [Register](#)
4. **Early Diversion Virtual Learning Community** – This is a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.
 - Part 3: **Integrating Forensic Assertive Community Treatment (FACT) Teams into Early Diversion Response** – <https://prevented.org/event/12210/>. [Register](#)
 - Part 4-5: **TBA**

5. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. **May 20-21, 2021**. [Learn More and Register](#)
6. **Mental Health American-Affirmative Care for Transgender Clients Webinar** – Participants will immerse themselves in an empathetic exercise to better understand unique struggles associated with gender dysphoria throughout the lifespan. **Friday, May 21, 2021, 9am-12pm CT**. [Register](#)
7. **New Missouri Eating Disorders Council Webinar Series** – Three upcoming online trainings on evidence-based practices for eating disorders presented by the Missouri Eating Disorders Council, available to all providers in Missouri for free (CEUs offered). Please contact 360EDTraining@wustl.edu with questions.
 - Eating Disorders Among Trans and Gender Expansive Individuals: Recognition, Risks and Care – **Friday, May 21, 2021, 11:30am-12:30pm CT** [Register](#)
 - Weight Loss Surgeries and Eating Disorder: What's Important to Know – **Friday, May 28, 2021, 11:30am-1pm CT** [Register](#)
 - Why Men are Underdiagnosed, Underrepresented and Underserved – **Friday, June 4, 2021, 11:30am-1pm CT** [Register](#)
8. **MATCP Best Practices Standards** – Missouri Association of Treatment Court Professionals is offering a free Training on Missouri Best Practice Standards: an Overview. As Missouri continues to expand our programs, the Missouri Treatment Court Coordinating Commission (TCCC) understood the need to establish standards and practices based on current research and findings. These principles provide practitioners with the standard elements needed to create desired outcomes in their treatment court. Trainings are offered:
 - **Monday, May 24, 2021, 9am-10:30am CT** [Register](#)
 - **Friday, May 28, 2021, 11:30am-1pm CT** [Register](#)
9. **New Recruitment Best Practices and Trends Webinar Series** – You will return to work with tips and strategies you can implement right away. Join us to make sure you're doing your best, so your organization is too!
 - The Importance of Training Medical Students in Rural Settings – **Monday, May 24, 2021, 10am-11:30am CT** [Register](#)
 - Recruitment for Retention Readiness Assessments: Lessons Learned and Knowledge Gained – **Monday, May 24, 2021, 1pm-2:30pm CT** [Register](#)
 - Managing Your Recruitment in a Virtual World – **Tuesday, May 25, 2021, 10am-11:30am CT** [Register](#)
 - Free and Low-Cost Recruitment and Marketing Ideas – **Tuesday, May 25, 2021, 1pm-2:30pm CT** [Register](#)
 - Incorporating Financial Incentive Programs into Your Recruitment Strategies – **Wednesday, May 26, 2021, 10am-11:30am CT** [Register](#)
10. **The Human Social Brain: Alterations in Schizophrenia** – The webinar discussion will revolve around social cognition and its role in the everyday functioning for patients affected with schizophrenia. Social cognition underlies everyday tasks crucial for social connection, such as reading emotions in others' faces or making inferences as to what others are thinking. **Monday, May 24, 2021, 11am-12pm CT**. [Register](#)
11. **Traumatic Brain Injury & SUD Series** – The seven virtual trainings below are focused on the significant intersection between brain injury and addiction. The trainings consist of an introductory session followed by six special topic webinars. Special topics will include the intersection of brain injury with addictions, intimate partner violence, suicide, as well as special considerations for individual and group therapy. The final session will be focused on the introduction of a Brain Injury and Addictions Toolkit.
 - **Criminal Justice** – **Wednesday, May 26, 2021, 11:30-1pm CT** [Register](#)
 - **Addictions and Brain Injury Toolkit** – TBD
12. **Overdose Education and Naloxone Distribution Training of Trainers** – This training prepares individuals to train those who will discuss overdose education and naloxone use with individuals at risk of experiencing or witnessing an opioid overdose. After completion of this course, participants will be given resources to present

all materials to others. This course is most appropriate for individuals who will offer trainings to county and municipal health departments, treatment providers, social service agencies (including homeless shelters, domestic violence shelters, food banks, etc), medical providers, and other community organizations and agencies that may work with at-risk individuals. **Wednesday, May 26, 2021, 10am - 12pm CT.** [Register](#)

13. **Embracing Pregnant and Parenting Families Challenged with Substance Use Disorder** – Mid-America ATTC’s KC Perinatal Recovery Collaborative and Missouri Hospital Association have a webinar series that focuses on pregnant and parenting families. The ultimate goal is that families experiencing SUD will be met with compassion and understanding and receive care that is grounded in recovery-oriented values and principles.
 - The Brain, Substance Use Disorders and Parenting: A Health Care Professional’s Guide. Experiences. **Wednesday, May 26, 2021, 11:30am CT** [Register](#)
 - Embracing Pregnant & Parenting Families Challenged with SUD: Session 2. **Wednesday, June 2, 2021, 11:30am CT** [Register](#)
 - Embracing Pregnant & Parenting Families Challenged with SUD: Session 3. **Wednesday, June 9, 2021, 11:30am CT** [Register](#)
14. **New Crisis Response Lunch and Learn Series provided by Missouri Behavioral Health Council** –All Lunch and Learn sessions will occur on **Wednesdays at 12:00pm CT** and will be recorded if you cannot attend and/or if you want to share with other colleagues. You may attend all sessions or pick and choose which dates/topics work best for you. There is no registration and the same link below will be used for each session. Meeting ID: 838 0848 1830-Passcode:848093 **Join Zoom Mtg**
<https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWp6WktHRjVBanFCUT09>
 - May 26: TBD
 - June 2: **Burrell** Behavioral Health Crisis Center – Rapid Access Unit
 - June 16: TBD
 - June 23: Kansas City – Assessment and Triage Center (**KC-ATC**)
 - June 30: **ReDiscover** Behavioral Health Urgent Care Clinic (BHUCC)
 - July 7: **Ozark Center** Urgent Behavioral Solutions (UBS)
15. **Addressing Trauma in Older Adults with IDD in a Post-Covid World: Innovations and Strategies** – This forum will look at the trauma experienced by older adults with IDD, the impact of the lack of social interaction and strategies for addressing the trauma as we reintegrate to a new “normal” in a post-COVID world. **Wednesday, May 26, 2021, 2pm - 3pm CT.** [Register](#)
16. **Community Perceptions of Opioid Overdose: Brain, Bias, and Best Practices** – This training focuses on reducing personal, public, and institutionalized biases around people with substance use disorder. Participants learn about types of stigma, addiction on the brain, and evidence-based practices in overdose response. **Wednesday, June 2, 2021, 2pm CT** [Register](#)
17. **The Relationship between Trauma and Substance use Training** – During this training, attendees will hear about trauma as it relates to substance use, a brief overview of ACEs (Adverse Childhood Experiences), the impact trauma can have on children which could carry on throughout their lives, and how trauma affects the individual but is also a community issue. Attendees will learn about re-traumatization, some common signs and symptoms of re-traumatization or having a trauma reaction, and goals for community work. Anyone is welcome to attend, but there will be a discussion of trauma which may trigger some individuals who have experienced trauma or who have other mental health issues in their lives. **Wednesday, June 2, 2021, 1pm - 2:30pm CT** [Register](#)
18. **New Crossover Youth Implementation Toolkit Training Sessions-Save the Date** – These training sessions will : Explore the history of crossover youth efforts in Missouri; provide an overview of new national research on crossover youth; orient on the Crossover Youth Implementation Toolkit; and outline expectations for engagement in local crossover you efforts for local communities. **Registration information will be updated Tuesday, June 9, 2021, 8:30am – 11am CT or Wednesday, June 10, 2021, 12pm -2:30pm CT.**

19. **Missouri Harm Reduction Conference** – The Missouri Department of Health and Senior Services (DHSS) and Area Resources for Community and Human Services (ARCHS), we invite you to attend the 2021 Missouri Harm Reduction Conference. The conference will focus on strategies to promote the health and safety of people who use drugs, while ensuring compassion and dignity in service delivery. Attendees will be given the opportunity to learn about harm reduction and connect with others who are providing harm reduction services across the Show Me State. **Thursday, June 16, 2021, 12:30pm - 5pm CT and Thursday, June 17, 2021, 1pm - 5pm CT.**
[Register](#)
20. **Problem Gambling and Substance Abuse 18th Midwest Conference** – To learn more visit: <https://mcpgsa.org/>, or email Jamie Schieber with Custom Meeting Planners for any questions at jamie@custommeetingplanners.com. **June 16-17 2021.**
21. **Assessing and Managing Suicide Risk During COVID-19 and Beyond** – The Missouri Coalition for Community Behavioral Healthcare in partnership with the Missouri Department of Mental Health and the Missouri Suicide Prevention Network are excited to announce this suicide prevention training opportunity. Space is limited, be sure to register TODAY! **Friday, June 25, 2021, 11am–1pm-CT.** [Register](#)
22. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

AVAILABLE TRAINING DATES:
July 9-10, 10-2pm each day
October 1-2, 10-2pm each day

RECURRING TRAINING OPPORTUNITIES

1. **Motivational Interviewing Training Opportunities-National Council for Behavioral Health**

Introductory/Refresher Virtual Motivational Interviewing Training –This live session is ideal for busy individuals looking for introductory or refresher training. Whether you’re a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

 - **Tuesday, June 22, 2021, 11am -3pm CT** [Register](#)
 - **Tuesday, August 3, 2021, 11am -3pm CT** [Register](#)
 - **Wednesday, September 8, 2021, 11am -3pm CT** [Register](#)
 - **Tuesday, November 9, 2021, 11am -3pm CT** [Register](#)

Intermediate Motivational Interviewing Training –For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

 - **Tuesday, May 25, 2021 11am -3pm CT** [Register](#)
 - **Thursday, October 7, 2021, 11am -3pm CT** [Register](#)
2. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
3. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community

and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.

4. **Monthly Call Sessions for Peers & Peer Supervisors** – Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.

Topics for Peer Recovery Support Specialist Staff

- Supporting People Navigating Mental Health Experiences – **Wednesday, May 19, 2021, 1pm CT** [Register](#)
- Redefining Self-Care – **Wednesday, June 16, 2021, 1pm CT** [Register](#)

Topics for Peer Supervisors

- Supporting Wellness in the Workplace – **Wednesday, May 26, 2021, 1pm CT** [Register](#)
- Advocating for the Advancement of the Peer Workforce – **Wednesday, June 23, 2021, 1pm CT** [Register](#)
- Recruiting and Retaining Peer Staff – **Wednesday, July 28, 2021, 1pm CT** [Register](#)

5. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

OEND AVAILABLE TRAINING DATES:

Thursday, May 20, 1-3pm [Register](#)
Monday, June 21, 10-12pm [Register](#)
Wednesday, July 21, 1-3pm [Register](#)
Tuesday, August 17, 9-11am [Register](#)

OEND TOT AVAILABLE TRAINING DATES:

Wednesday, May 26, 10-12pm [Register](#)
Wednesday, June 23, 1-3pm [Register](#)
Wednesday, July 7, 2-4pm [Register](#)
Wednesday, August 18, 10-12pm [Register](#)

6. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
7. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities **May 2021**. Check out the [MCB website](#) for more information and to register.
8. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in June, and October. For more information and to register, click the links: [June](#) | [October](#).
9. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
 - **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

New Employee DBH Data Unit

The DBH Data unit welcomes **Shane Buscher** as a Research/Data Analyst. Shane has almost four years of experience as an Application Developer with ITSD working on DMH projects. He holds a Bachelor's Degree in Information Science and Technology and has particular interest in Artificial Intelligence (AI) and Machine Learning. Outside of work, Shane enjoys PC gaming, playing recreational soccer, riding motorcycles, and fishing, especially crappie fishing at the Lake of the Ozarks. He recently caught a 40lb+ catfish on the Missouri river. Additionally, Shane and his father run 200-300 acres of crop and hay ground and around 120 head of cattle, which he says keeps him very busy. Please join us in welcoming Shane to the DBH.

Look for new information and resources coming next Friday!