

FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance

May 21, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>



Mental Health By the Numbers

Millions of people in the U.S. are affected by mental illness each year. It's important to measure how common mental illness is, so we can understand its physical, social and financial impact — and so we can *show* that no one is alone. These numbers are also powerful tools for raising public awareness, stigma-busting and advocating for better health care. [Learn More](#)

1. **CIMOR Priority!**

Year End Billing Cutoffs:

- **Medicaid cutoff – 05/31/2021 (Check date 06/30/21)**
- **Non-Medicaid cutoff – 06/20/21 (Check date 06/30/21)**

Cutoff Dates for Services will be as follows:

Medicaid – Applies to CSTAR/CPR/TCM/ACT/CCBHC

- The last cutoff for IGTRM Medicaid billings to use the FY21 allocation is **5/31/21** (check date 6/30/21). After the cutoff DMH Central Office will transfer all remaining dollars to Non-Medicaid for CPS. For ADA, the balance remaining in your redirect will be moved. If there is a need for more than your redirected amount please submit your request to Becky Wolken and Vicki Schollmeyer.
- All requests to transfer funds into IGTRM Medicaid allocations must be submitted **no later than noon on May 26th** to:
 - Regional Staff,
 - Becky Wolken (Becky.Wolken@dmh.mo.gov),
 - Copy Vicki Schollmeyer (vicki.schollmeyer@dmh.mo.gov) **for ADA**, and Amy Jones (amy.jones@dmh.mo.gov) **for CPS**.

All Medicaid services billed after 05/31/21 will be paid from your FY22 Medicaid allocation.

Non-Medicaid – Applies to CPS (non-Medicaid), CSTAR (non-Medicaid), PR+, SATOP, Compulsive Gambling, Recovery Supports and CCBHC (non-Medicaid)

- The last invoice cut-off for non-Medicaid encounters is **06/20/21** (check date 06/30/21). If you need money moved from Non-Medicaid to Medicaid Ineligibles you will need to complete the Allocation Transfer Request Form (attached). All non-Medicaid transfer requests for FY21 must be submitted **no later than noon on 15th June** to:
 - Regional Staff,
 - Becky Wolken (Becky.Wolken@dmh.mo.gov),
 - Copy Vicki Schollmeyer (vicki.schollmeyer@dmh.mo.gov) **for ADA**, and Amy Jones (amy.jones@dmh.mo.gov) **for CPS**

All Non-Medicaid services billed after 6/20/21 will be paid from your FY22 Non-Medicaid allocation. **June 20, 2021 is a tentative billing date based on prior year information. DMH reserves the right to change this date**

based on the MHD RA cycle. If you have any questions, please email the CIMOR **DBH Support Center** by [Logging In](#) and selecting the **Help Ticket** option found on the left side menu of the portal, <https://portal.dmh.mo.gov>.

Jess's TECH TIPS

HOW TO SET UP AUTO CHECK SPELLING AND GRAMMAR IN OUTLOOK

1. Open Outlook and click on "File"
2. Click on "Options"
3. Click on "Mail" and then click on "Spelling and Autocorrect"
4. Select on the following check boxes:
 - a. "Check spelling as you type"
 - b. "Mark grammar errors as you type"
 - c. "Check grammar with spelling"
5. Click on "Ok" at the bottom of the dialogue box
6. Select the check box "Always check spelling before sending"
7. Click "OK" at the bottom of the dialogue box

JOB ANNOUNCEMENTS

Associate Research/Data Analyst

DMH is seeking an Associate Research/Data Analyst within the Division of Behavioral Health. This position is located in Jefferson City, MO.

Application Deadline: May 24, 2021

[Learn More and Apply](#)

Missouri State Opioid Response Coordinator

This position will function as the Treatment Specialist for the Missouri State Opioid Response (Opioid SOR) federal SAMHSA grant. This position is located in Jefferson City, MO.

[Learn More and Apply](#)

1. **New Provider Billing and Service Review Guide (BSR)** – This manual established procedures and guidelines for services delivered by contracted providers of DBH. Below are the revisions were made in May 2021. [Manual Link](#)
 - Subcontractor information will be requested during annual reviews was added;
 - Information regarding reviewing claims in over allocation was removed;
 - Appendices were revised due to the removal of the "BSR report with over allocation claims"
2. **COVID-19 Updates & Resources**
 - **The Director of the Department of Health and Senior Services, authorizes Pfizer COVID-19 vaccine administration for adolescents ages 12 – 15 years.** [More Information](#)
 - **CDC Updates List of Health Conditions that can Increase the Risk of Server Illness from COVID-19 to include Substance Use Disorders** – Health officials have released an update that individuals with substance use disorders (SUD) are at a heightened risk for serious complications from COVID-19, and underscored the importance for individuals with SUD and their caregivers to get vaccinated. [Read More](#)
 - **COVID-19 and People Who Use Drugs or Have Substance Use Disorder** – Having a substance use disorder can make you more likely to get severely ill from COVID-19. People who use drugs may also have underlying medical conditions that put them at increased risk for severe illness from COVID-19, and they may have concerns and questions related to their risk. Additionally, recent data and reports show that [fatal drug overdoses in the United States have been increasing before and during the COVID-19 pandemic](#).

DBH Community COVID-19 Positives Data (as of May 21 at 8 am)

Consumers	1,171
Staff	845
Providers	55

16 consumer/staff deaths have been reported.

- **New COVID-19 Pandemic Impact on Harm Reduction Services an Environmental Scan** –To better understand the impact of the COVID-19 pandemic on harm reduction organizations and people who use drugs, the National Council for Mental Wellbeing, with support from the Centers for Disease Control and Prevention (CDC), conducted an environmental scan consisting of a literature review and 21 key informant interviews with staff from harm reduction organizations in the U.S. Findings from the environmental scan are detailed in *COVID-19 Pandemic Impact on Harm Reduction Services: An Environmental Scan*. [Read More](#)
- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in **multiple languages**. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19**. Visit <https://www.missouricit.org/first-responders> to find a provider.
- **Missouri-Specific Coronavirus Regional Data** – MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities: <https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>
- **DBH Treatment Provider Calls** – The calls are now scheduled **ONCE A MONTH**. The next call is scheduled for **Wednesday, June 16 at 12:00 noon**. Resources that we encourage you to check out (these pages all continue to be updated):
 - DBH COVID-19 Guidance/Resources - [MoHelpNow](#)
 - DMH Disaster Services Website - <https://dmh.mo.gov/disaster-services/covid-19-information>
 - State's COVID Vaccine Information Website - <https://covidvaccine.mo.gov/>
 - MO DHSS Website - <https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>
 - CDC Website - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- **COVID-19 Community Testing Info** – The Missouri Department of Health and Senior Services continues to offer FREE COVID-19 testing. There are no eligibility requirements for receiving a free test and you do not need to be a Missouri resident. Individuals seeking a free testing opportunity are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. **Testing is still a very important tool in fighting the COVID-19 pandemic**. Event information can always be found at www.health.mo.gov/communitytest. Additional sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing.
- **Transportation for COVID-19 Vaccine Access** – Missouri launches new statewide transportation resource guide to expand COVID-19 vaccine access to rural, suburban and urban communities across the state [Learn More](#)

COVID FACTS:

Vaccine Question:

Is it safe to visit beaches and pools this summer?

Vaccine Truth/Fact: The places we visit to swim, play, and relax in water include beaches and pools, water playgrounds, and hot tubs. There is no evidence that the COVID-19 virus can spread to people through water in these places. However, the CDC recommends in or out of the water, stay at least 6 feet away from people that don't live in your home. For more information visit the [CDC webpage "Before you go."](#)

FUNDING OPPORTUNITIES

1. **Telecommunications and Broadband Services** — **Application Deadline: June 1, 2021** – The Rural Health Care Program Provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. It offers a discount on telecommunication expenses and network equipment for healthcare facilities to increase connectivity and access to broadband in rural areas to provide and improve healthcare. [Learn More](#)
2. **Distance Learning and Telemedicine Grants-USDA** – **Application Deadline: June 4, 2021** – The Distance Learning and Telemedicine grants to help provide educational and medical services in rural areas. The DLT program helps fund distance learning and telemedicine services in rural areas to increase access to education, training and health care resources that are otherwise limited or unavailable. USDA plans to make \$44.5 million available in fiscal year 2021. Of this amount, \$10.2 million is intended for projects that provide substance use disorder treatment services in rural areas. [Learn More](#)
3. **Morgan Stanley Alliance for Children’s Mental Health Innovation Awards Program** – **Application Deadline: July 2, 2021** – aims to fund mental healthcare solutions for children and young adults across the United States. This program focuses on new or piloted projects from direct-service organizations that will help address the far-reaching challenge of stress, anxiety, depression or other mental health issues in children and young adults. Grants of up to \$100,000 will be awarded to each finalist. [Learn More](#)
4. **NHSC and SAMHSA Release Toolkit on MAT Training and Loan Repayment** – A new MAT training and loan repayment toolkit has been released by the National Health Service Corps (NHSC), within HRSA, in collaboration with SAMHSA Providers Clinical Support System (PCSS). The agencies have partnered to increase the number of waiver-certified clinicians in high-need communities per the Drug Addiction Treatment Act of 2000. The toolkit provides information on obtaining free MAT training to become DATA 2000 waived and includes information on how participants can receive award preference for the NHSC Substance Use Disorder Workforce Loan Repayment Program and the Rural Community Loan Repayment Program (Source: *HRSA*). [Read More](#)
5. **New Community Mobility Design Challenge 2021 Grant Program** – **Application Deadline: July 12, 2021** – The Federal Transit Administration-funded National Center for Mobility Management (NCMM), is now accepting applications for its Community Mobility Design Challenge 2021 grant program. These grants, using the human-centered design process (aka “design thinking”), will support communities in creating innovative mobility solutions for community members who face transportation barriers in advancing their personal well-being. Grants of up to \$25,000 will be available as well as NCMM facilitation throughout the entire process. You can learn more about the grants and download the application [here](#). Pre-application webinar: **May 27, 2021, 12pm CT.** [Register Here](#).

INFO and RESOURCES

1. **New Video Series on Disability Rights Protections for Some Individuals in Recovery** – As part of a shared commitment to ensuring protections from discrimination apply to all people, including those in treatment for or recovery from substance use challenges, the Office for Civil Rights (OCR), SAMHSA and the Administration for Children and Families (ACF) at the U.S. Department of Health and Human Services (HHS) have partnered with the National Center on Substance Abuse and Child Welfare (NCSACW) to produce a new video series, [“Civil Rights Protections for Individuals in Recovery from an Opioid Use Disorder.”](#)
2. **New Prevention Core Competencies** – These prevention core competencies and accompanying knowledge, skills, and abilities offer professional direction to the prevention field, affecting staff development and career ladders and pipelines, and providing guidance for training programs and service delivery qualification. [Download Manual](#)
3. **New Long-lasting Medications May Improve Treatment Satisfaction in People with Opioid Use Disorder** – a new study showing that an extended-release injection of buprenorphine, a medication used to treat opioid use

disorder, was preferred by patients compared to immediate-release buprenorphine, which must be taken orally every day. Extended-release formulations of medications used to treat opioid use disorder may be a valuable tool to address the current opioid addiction crisis and reduce its associated mortality. [Read More](#)

4. **New SAMHSA Virtual Learning Community on MAT in Drug Courts** – Personal recovery is promoted when individuals receiving medication-assisted treatment (MAT) have safe, stable, and drug-free housing; employment; and access to social support systems. Denial of services and supports to persons on MAT can pose challenging obstacles to recovery. This webinar will document barriers to social integration for persons on MAT and will outline strategies for overcoming these social barriers. **Thursday, May 27, 2021, 12pm-2pm CT.** [Register](#)
5. **New The importance of Cyber Support for Women in Recovery** – In this presentation, three creators and facilitators of an online meeting support initiative for women in recovery discuss the evolution of cyber-care over the past year and suggest best practices for others contemplating (or already implementing) this accessible - and effective - non-clinical recovery support modality. Focused attention will be paid to facilitation of groups for Black, Indigenous and Women of Color as well as Healthcare and Allied Professionals. **Thursday, May 27, 2021, 12pm-1pm CT.** [Register](#)
6. **New The Missouri Federal Bonding Program** – no-cost, job-incentive program intended to increase hiring of job seekers and promotion of employees considered as “at risk.” “At-risk” job seekers and employees are defined as people who have declared bankruptcy, have bad credit, have little or no work history, receive public assistance, or are ex-offenders. Employers may take out a bond on an employee in the amount of \$5,000, and can take out up to 5 bonds on one individual totaling \$25,000. Bonds protect the employer making them more likely to hire justice-involved individuals. The bond program does not cost the employer, and the statewide bond coordinator currently has funding available. Out of all the bonds written in the state, only 1% have been cashed in. For more information on the Federal Bonding Program, Missouri’s Federal Bonding Agent, Robert Ruble can be reached at 800-877-8698 or Robert.Ruble@dhewd.mo.gov.
7. **New Adapting depression Treatment in Patients with Comorbid medical Conditions** – This video will discuss strategies for adapting depression treatment in patients who also have medical comorbidities. [Watch Video](#)
8. **New Practice Guidelines for the Administration of Buprenorphine for Treating Opioid Use Disorder** – The Practice Guidelines for the Administration of Buprenorphine for Treating Opioid Use Disorder provides eligible physicians, physician assistants, nurse practitioners, clinical nurse specialists, certified registered nurse anesthetists, and certified nurse midwives, who are state licensed and registered by the DEA to prescribe controlled substances, an exemption from certain statutory certification requirements related to training, counseling and other ancillary services (*i.e.*, psychosocial services). [Read More](#)
9. **New Routine Administration of Cognitive Behavioral Therapy for Psychosis as the Standard of Care for Individuals Seeking Treatment for Psychosis** – This guide provides mental health decision-makers (e.g., state/local mental health directors, treatment facility clinical directors, and other stakeholders) with rationale and evidence to support wide-spread expansion of Cognitive Behavioral Therapy for Psychosis (CBTp) across mental health systems. [Read More](#)
10. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

June 6, 2021 – Southwest Region – 10-12pm

Location: Virtual

June 25, 2021 – Northeast Region (Districts: 3, 11, 16, 17, 18, 26, & 38) – 10-12pm

Location: Virtual

July 9, 2021 – Western Region – 9:30-11:30-am

Location: Virtual

August 11, 2021 – Southeast Region – 10-12pm
Location: Virtual

August 24, 2021 – Eastern Region – 10-12 pm
Location: Virtual

11. **New Where Are We Now- Drug Court Settings SAMHSA** – this presentation will cover a retrospective view of the transition to teleservices, a review of the mounting evidence-base for teleservices in treatment court settings, enhancing best practice standards through the use of teleservices, and results from a nationwide survey of treatment courts. **Wednesday, June 16, 2021, 12pm-2:15pm CT.** [Register](#)

TRAINING OPPORTUNITIES

1. **MATCP Best Practices Standards** – Missouri Association of Treatment Court Professionals is offering a free Training on Missouri Best Practice Standards: an Overview. As Missouri continues to expand our programs, the Missouri Treatment Court Coordinating Commission (TCCC) understood the need to establish standards and practices based on current research and findings. These principles provide practitioners with the standard elements needed to create desired outcomes in their treatment court. Trainings are offered:
 - **Monday, May 24, 2021, 9am-10:30am CT.** [Register](#)
 - **Friday, May 28, 2021, 11:30am-1pm CT.** [Register](#)
2. **Recruitment Best Practices and Trends Webinar Series** – You will return to work with tips and strategies you can implement right away. Join us to make sure you're doing your best, so your organization is too!
 - The Importance of Training Medical Students in Rural Settings – **Monday, May 24, 2021, 10am-11:30am CT.** [Register](#)
 - Recruitment for Retention Readiness Assessments: Lessons Learned and Knowledge Gained – **Monday, May 24, 2021, 1pm-2:30pm CT.** [Register](#)
 - Managing Your Recruitment in a Virtual World – **Tuesday, May 25, 2021, 10am-11:30am CT.** [Register](#)
 - Free and Low-Cost Recruitment and Marketing Ideas – **Tuesday, May 25, 2021, 1pm-2:30pm CT.** [Register](#)
 - Incorporating Financial Incentive Programs into Your Recruitment Strategies – **Wednesday, May 26, 2021, 10am-11:30am CT.** [Register](#)
3. **The Human Social Brain: Alterations in Schizophrenia** – The webinar discussion will revolve around social cognition and its role in the everyday functioning for patients affected with schizophrenia. Social cognition underlies everyday tasks crucial for social connection, such as reading emotions in others' faces or making inferences as to what others are thinking. **Monday, May 24, 2021, 11am-12pm CT.** [Register](#)
4. **New Supporting Leadership Development Among BIPOC Staff** – Due to the far-reaching effects of structural racism, staff who identify as Black, Indigenous and People of Color (BIPOC) and other marginalized groups based on class, gender, sexuality, ethnicity, nationality and age face several obstacles in career advancement and leadership development opportunities. As organizations prioritize improving health equity, it is imperative to consider how internal policies, practices and organizational cultures support or hinder BIPOC communities and other identities. Leaders of health care organizations are well-positioned to remove barriers through staff empowerment strategies, providing space for staff to find and use their voice and investment in professional development. **Monday, May 24, 2021, 1pm-2pm CT.** [Register](#)
5. **New Benefits & Employment – You Have the Knowledge With DB101** – This training provides instruction to service professionals on how to utilize the free, easy-to-use information and tools of MO DB101 to increase employment outcomes. DB101 reduces the myths that are barriers to employment by providing the information to help enable people with disabilities to make informed career planning, benefits, health coverage, employment, and wealth-building decisions. During this training professionals will learn how to use MO DB101 to: Explain SSI/SSDI rules/work incentives and the impact on state/federal benefits because of employment ; Complete Estimators, including quick Estimators, and explain the results of the impact of earnings on benefits; Motivate and support plans for employment and transition to self-sufficiency. **Tuesday, May 25, 2021, 10am CT.** [Register](#)

6. **New Mental Health Court Conference** –Mental health professionals, treatment providers, law enforcement, case managers, prosecutors, defense attorneys, judges, client advocates and others who serve mental health court participants are invited to attend this comprehensive training. Sessions include information on SIM, Crisis Response, and the Effectiveness of Mental Health Courts. Registration is Free. **May 25-27, 2021, 12pm-2pm CT.** [Register](#)
7. **Traumatic Brain Injury & SUD Series** – The seven virtual trainings below are focused on the significant intersection between brain injury and addiction. The trainings consist of an introductory session followed by six special topic webinars. Special topics will include the intersection of brain injury with addictions, intimate partner violence, suicide, as well as special considerations for individual and group therapy. The final session will be focused on the introduction of a Brain Injury and Addictions Toolkit.
 - **Criminal Justice** – **Wednesday, May 26, 2021, 11:30am-1pm CT.** [Register](#)
 - **Addictions and Brain Injury Toolkit** – TBD
8. **Overdose Education and Naloxone Distribution Training of Trainers** – This training prepares individuals to train those who will discuss overdose education and naloxone use with individuals at risk of experiencing or witnessing an opioid overdose. After completion of this course, participants will be given resources to present all materials to others. This course is most appropriate for individuals who will offer trainings to county and municipal health departments, treatment providers, social service agencies (including homeless shelters, domestic violence shelters, food banks, etc), medical providers, and other community organizations and agencies that may work with at-risk individuals. **Wednesday, May 26, 2021, 10am-12pm CT.** [Register](#)
9. **New Collaboration in Crisis: Utilizing Peer Recovery Coach Support in the ED to Maximize Patient Outcomes** – For individuals who present to the emergency department (ED) with substance use-related concerns, including overdose, engaging them in linkage to care and additional follow-up activities is critical for their recovery and well-being. In the ED, team-based strategies between clinicians and recovery coaches are effective to support continuity of comprehensive care for these individuals. **Wednesday, May 26, 2021, 1pm-2pm CT.** [Register](#)
10. **Embracing Pregnant and Parenting Families Challenged with Substance Use Disorder** – Mid-America ATTC's KC Perinatal Recovery Collaborative and Missouri Hospital Association have a webinar series that focuses on pregnant and parenting families. The ultimate goal is that families experiencing SUD will be met with compassion and understanding and receive care that is grounded in recovery-oriented values and principles.
 - The Brain, Substance Use Disorders and Parenting: A Health Care Professional's Guide. Experiences. **Wednesday, May 26, 2021, 11:30am CT.** [Register](#)
 - Embracing Pregnant & Parenting Families Challenged with SUD: Session 2. **Wednesday, June 2, 2021, 11:30am CT.** [Register](#)
 - Embracing Pregnant & Parenting Families Challenged with SUD: Session 3. **Wednesday, June 9, 2021, 11:30am CT.** [Register](#)
11. **Crisis Response Lunch and Learn Series provided by Missouri Behavioral Health Council** –All Lunch and Learn sessions will occur on **Wednesdays at 12:00pm CT** and will be recorded if you cannot attend and/or if you want to share with other colleagues. You may attend all sessions or pick and choose which dates/topics work best for you. There is no registration and the same link below will be used for each session. Meeting ID: 838 0848 1830-Passcode:848093 **Join Zoom Mtg**

<https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09>

- May 26: Introduction to Sequential Intercept Model (SIM) Mapping
- June 2: **Burrell** Behavioral Health Crisis Center – Rapid Access Unit
- June 16: St. Louis Sobering Center
- June 23: Kansas City – Assessment and Triage Center (**KC-ATC**)
- June 30: **ReDiscover** Behavioral Health Urgent Care Clinic (BHUCC)
- July 7: **Ozark Center** Urgent Behavioral Solutions (UBS)

12. **New Moving Forward as a Workforce: Reflecting to Learn, and Refocusing to Grow** –Join us for a live seminar introducing perspective on the experience of this past year on our workforce and ourselves and introducing strategies to move in the direction of growth and wellness. We will reflect on the challenges and changes that have been experienced by all levels of our worksites and focus on the learning in they have provided us. We will also invite you into discussion around finding strategies to focus our perspectives to assist us in moving forward with what is trending for workplace wellness in 2021. **Thursday, May 27, 2021, 10:30am-3pm CT.** [Register](#)
13. **Missouri Eating Disorders Council Webinar Series** – Three upcoming online trainings on evidence-based practices for eating disorders presented by the Missouri Eating Disorders Council, available to all providers in Missouri for free (CEUs offered). Please contact 360EDTraining@wustl.edu with questions.
 - Weight Loss Surgeries and Eating Disorder: What's Important to Know – **Friday, May 28, 2021, 11:30am-1pm CT.** [Register](#)
 - Why Men are Underdiagnosed, Underrepresented and Underserved – **Friday, June 4, 2021, 11:30am-1pm CT.** [Register](#)
14. **Community Perceptions of Opioid Overdose: Brain, Bias, and Best Practices** – This training focuses on reducing personal, public, and institutionalized biases around people with substance use disorder. Participants learn about types of stigma, addiction on the brain, and evidence-based practices in overdose response. **Wednesday, June 2, 2021, 2pm CT.** [Register](#)
15. **Public Health Leadership Workshop: Leading through Crisis in a Trauma-informed, Resilience-oriented Way** – Our nation is experiencing a series of collective traumatic events and how we each manage this prolonged crisis period will determine its individual and collective long-term impact. Join Elizabeth Guroff, MA, LCMFT, director of trauma-informed services at the National Council, for a virtual workshop on Trauma-informed, Resilience-oriented Crisis (TIROC) Leadership. This workshop will be offered three times.
 - **Wednesday, June 2, 2021, 11am-3pm CT.** [Register](#)
 - **Tuesday, June 8, 2021, 11am-3pm CT.** [Register](#)
16. **The Relationship between Trauma and Substance Use Training** – During this training, attendees will hear about trauma as it relates to substance use, a brief overview of ACEs (Adverse Childhood Experiences), the impact trauma can have on children which could carry on throughout their lives, and how trauma affects the individual but is also a community issue. Attendees will learn about re-traumatization, some common signs and symptoms of re-traumatization or having a trauma reaction, and goals for community work. Anyone is welcome to attend, but there will be a discussion of trauma which may trigger some individuals who have experienced trauma or who have other mental health issues in their lives. **Wednesday, June 2, 2021, 1pm-2:30pm CT.** [Register](#)
17. **New Community Perceptions of Opioid Overdoses: Brains, Bias, and Best Practices** – Participants learn about types of stigma, addiction on the brain, and evidence-based practices in overdose response. There will be multiple opportunities to observe how bias affects their own experiences and to discuss ways to shift attitudes and improve actions which lead to better outcomes and more people in recovery. **Wednesday, June 2, 2021, 2pm CT.** [Register](#)
18. **New Expect the Unexpected: Preparing for Crises in Schools 2021 Webinar Series** – This series is geared toward education professionals, administrators, and stakeholders who are working together to create a school climate that aims to prevent crisis events. However, we know that not all crises can be prevented. How does your school respond to crisis events and encourage student and educator resilience?
 - Expect the Unexpected: Preparing for Crises in Schools – **Monday, June 7, 2021, 12pm–1pm CT.** [Register](#)
 - Developing Comprehensive and Living Crisis Plan – **Monday, June 14, 2021, 12pm–1pm CT.** [Register](#)
 - What Educators Need to Know: School-Based Suicide Prevention and Intervention – **Monday, June 21, 2021, 12pm–1pm CT.** [Register](#)
 - What Now? Supporting Students after a Mental Health Crisis – **Monday, June 28, 2021, 12pm–1pm CT.** [Register](#)

19. **New Collaborative Assessment and Management of Suicidality (CAMS) Overview Training** – Missouri Hospital Association, Missouri Department of Mental Health and Missouri Behavioral Health Council have partnered to provide free CAMS training. This half-day education training offers an overview of current trends in clinical suicidology. Hospitals looking for ways to effectively assess and begin intervention with patients presenting with suicide risk to the emergency department, clinic, or inpatient unit may want to register for this complimentary event. Over the course of the day, hospital participants will receive information about suicide-focused rates and statistics and best practice approaches to suicide-focused assessment and intervention. Particular emphasis will be placed on the Collaborative Assessment and Management of Suicidality (CAMS) framework and the unique role it may play in hospitals. Suggested hospital staff includes physicians, nurses, social workers, counselors. **Thursday, June 3, 2021, 1pm–4:30pm CT or Wednesday, June 30, 2021, 8:30am-12pm CT.** [Register](#)
20. **New Medical Cannabis: Navigating Ethical Dilemmas** – Missouri recently joined many other states in creating a medical cannabis program. In this 3-hour workshop, participants will explore what medical cannabis is, what it promises, and to what extent it delivers on those promises. Through interactive discussions, we will take a closer look at scenarios in the clinical setting that can pose unique ethical challenges. Participants will use an ethical decision making framework to work through a variety of dilemmas that professionals commonly face. Following this training, helping professionals will be better equipped to navigate conversations regarding medical cannabis with clients. **Thursday, June 3, 2021, 9am CT.** [Register](#)
21. **Crossover Youth Implementation Toolkit Training Sessions-Save the Date** – These training sessions will : Explore the history of crossover youth efforts in Missouri; provide an overview of new national research on crossover youth; orient on the Crossover Youth Implementation Toolkit; and outline expectations for engagement in local crossover you efforts for local communities. **Registration information will be updated Tuesday, June 9, 2021, 8:30am–11am CT or Wednesday, June 10, 2021, 12pm-2:30pm CT.**
22. **Missouri Harm Reduction Conference** – The Missouri Department of Health and Senior Services (DHSS) and Area Resources for Community and Human Services (ARCHS), we invite you to attend the 2021 Missouri Harm Reduction Conference. The conference will focus on strategies to promote the health and safety of people who use drugs, while ensuring compassion and dignity in service delivery. Attendees will be given the opportunity to learn about harm reduction and connect with others who are providing harm reduction services across the Show Me State. **Thursday, June 16, 2021, 12:30pm-5pm CT and Thursday, June 17, 2021, 1pm-5pm CT.** [Register](#)
23. **Problem Gambling and Substance Abuse 18th Midwest Conference** – To learn more visit: <https://mcpgsa.org/>, or email Jamie Schieber with Custom Meeting Planners for any questions at jamie@custommeetingplanners.com. **June 16-17, 2021.**
24. **New Cope Symposium** – This symposium will highlight Health Disparities with a Specific Focus on the African American Community and Contingency Management Treatment. **Thursday, June 17, 2021.** [Register](#)
25. **Early Diversion Virtual Learning Community** – This is a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.
 - Part 4: Developing and maintaining Collaborative Relationships with Law Enforcement that Survive Changing Times- **Thursday, June 17, 2021, 2pm-3pm CT.** [Register](#)
 - Part 5: Supporting Safety through 911 and Crisis Call Line Integration - **TBA**
26. **Assessing and Managing Suicide Risk During COVID-19 and Beyond** – The Missouri Coalition for Community Behavioral Healthcare in partnership with the Missouri Department of Mental Health and the Missouri Suicide Prevention Network are excited to announce this suicide prevention training opportunity. Space is limited, be sure to register TODAY! **Friday, June 25, 2021, 11am–1pm-CT.** [Register](#)

27. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

AVAILABLE TRAINING DATES:

July 9-10, 10-2pm each day

October 1-2, 10-2pm each day

RECURRING TRAINING OPPORTUNITIES

1. Motivational Interviewing Training Opportunities-National Council for Behavioral Health

Introductory/Refresher Virtual Motivational Interviewing Training –This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

- **Tuesday, June 22, 2021, 11am-3pm CT.** [Register](#)
- **Tuesday, August 3, 2021, 11am-3pm CT.** [Register](#)
- **Wednesday, September 8, 2021, 11am-3pm CT.** [Register](#)
- **Tuesday, November 9, 2021, 11am-3pm CT.** [Register](#)

Intermediate Motivational Interviewing Training –For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

- **Tuesday, May 25, 2021 11am-3pm CT.** [Register](#)
- **Thursday, October 7, 2021, 11am-3pm CT.** [Register](#)

2. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)

3. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.

4. **Monthly Call Sessions for Peers & Peer Supervisors** – Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.

Topics for Peer Recovery Support Specialist Staff

- Redefining Self-Care – **Wednesday, June 16, 2021, 1pm CT.** [Register](#)

Topics for Peer Supervisors

- Supporting Wellness in the Workplace – **Wednesday, May 26, 2021, 1pm CT.** [Register](#)
- Advocating for the Advancement of the Peer Workforce – **Wednesday, June 23, 2021, 1pm CT.** [Register](#)
- Recruiting and Retaining Peer Staff – **Wednesday, July 28, 2021, 1pm CT.** [Register](#)

5. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

OEND AVAILABLE TRAINING DATES:

Monday, June 21, 10-12pm [Register](#)

Wednesday, July 21, 1-3pm [Register](#)

Tuesday, August 17, 9-11am [Register](#)

OEND TOT AVAILABLE TRAINING DATES:

Wednesday, May 26, 10-12pm [Register](#)

Wednesday, June 23, 1-3pm [Register](#)

Wednesday, July 7, 2-4pm [Register](#)

Wednesday, August 18, 10-12pm [Register](#)

6. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
7. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in June, and October. For more information and to register, click the links: [June](#) | [October](#).
8. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- **Certified Peer Specialist Basic Training** – [Register](#)
 - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
 - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

New Employee

Billie Hurd

Billie Hurd is the Integrated Care Program Specialist. She started in her new role with us on May 17, 2021, and is the new contact for CMHC Healthcare Homes and Disease Management. Billie comes to us with 12 years of experience working with the State of Missouri, including positions at the Department of Labor and Industrial Relations, and the Department of Social Services.

Look for new information and resources coming next Friday!