

# FYI FRIDAYS

## DBH Updates, Notices, and Policy Guidance

May 7, 2021

Prior issues of FYI Fridays can be found at: <https://dmh.mo.gov/mental-illness/fyi-fridays>



MENTAL  
HEALTH  
AWARENESS  
MONTH

The purpose of Mental Health Awareness Month is to raise awareness and educate the public about: mental illnesses, such as the 18.1% of Americans who suffer from depression, schizophrenia, and bipolar disorder the realities of living with these conditions; and strategies for attaining mental health and wellness. It also aims to draw attention to suicide, which can be precipitated by some mental illnesses. Additionally, Mental Health Awareness Month strives to reduce the stigma (negative attitudes and misconceptions) that surrounds mental illnesses. The month came about by presidential proclamation. <sup>10</sup>

10-Presidential Proclamation-National mental Health Awareness Month. 2013-whitehouse.gov 2013-04-30-viaNational Archives

1. **New Budget Update** –Conference was held Wednesday the 5<sup>th</sup> and below are the items approved by the conference committee.

### Conference Items for DBH:

- Additional authority related to the Substance Abuse Prevention and Treatment and Mental Health block grants
- Substance Abuse Education
- Additional funding for SUD Peer Recovery support
- ADA Treatment/ACP/YCP – Reversed Medicaid Expansion core cuts and moved CCBHO authority moved into new section
- CCBHO ADA/ACP/YCP – Conference Committee approved these new HB sections
- Utilization Increase
- CMHL and SUDL NDI
- QIP NDI
- CCBHO Rebasing NDI
- Suicide Prevention Grant
- Osage Beach Center for Cognitive Disorders – put in as one time funding
- Healthcare Home Expansion NDI
- Crisis Center Renovation Costs NDI
- CCBHO Expansion Start-up Costs NDI
- Crisis Stabilization Centers NDI
- FQHC Mental Health Increase NDI
- FQHC Substance Abuse NDI – Funded with Opioid Settlement funding

2. **New 988 Update** – Our 988 Task Force remains dedicated to critical topics regarding 988 implementation. The DMH along with MIMH have completed a **988 landscape analysis**. This report was designed to present a “snapshot” of current operational realities, services, resources, and relationships of Lifeline centers and community service providers, as well as related crisis services in jurisdictions across Missouri. Several recurring themes from this report surfaced, namely the need for: additional diverse funding streams, a frequently updated and comprehensive resource and referral guide, and strong relationships between Lifeline centers and community service providers. Although further discussion is needed with member centers on how they will improve their call rates and adjust operational standards, these initial findings will guide us in our implementation planning and decision-making moving forward.

On the financial front, the 988 Task Force continues to explore multiple funding streams to support call centers as they work to meet infrastructure and capacity needs. We have requested additional funding for 988 infrastructure and capacity building through the mental health and substance use block grants. In addition, the 988 task force is still exploring the possibility of 988 tax levy legislation though this presents other logistical hurdles.

Missouri’s 988 stakeholders recently received state volume and workload estimate reports from Vibrant intended to support states with infrastructure development and operational considerations. These models measure the potential workload of contacts via phone, SMS, and online chat to individual states for the first five years of 988's service, as well as center-level cost estimates from a national best practices perspective. It is projected that Missouri will handle approximately 100,000 contacts in the first year alone. The total estimated cost is approximately \$14.6 million for Missouri’s first year of 988 implementation. You can find this report at the following link:

[https://vibrant.edc.org/988/content/#/lessons/l84vIBjStehdFJv\\_swz5GCTlaH2YrBLs](https://vibrant.edc.org/988/content/#/lessons/l84vIBjStehdFJv_swz5GCTlaH2YrBLs).

Enhancements are needed to standardize how services are provided across the Lifeline network so each caller has a similar experience. These investments will ensure efficient routing, timely response, tailored support, and accurate reporting. Missouri’s 988 stakeholders will continue to examine how to achieve these enhancements to align with national best practices.

3. **New Improving Community Treatment Success (ICTS)** – Missouri Governor Mike Parson visited the Improving Community Treatment Success (ICTS) program in April. The Missouri Department of Corrections established ICTS to provide comprehensive community-based services for people on probation and parole who have behavioral health needs. The state has since expanded the program as part of its Justice Reinvestment Initiative.

The corrections department’s probation and parole team has recently transformed Missouri’s community supervision model to accommodate new client needs in response to the COVID-19 pandemic, ensuring that clients receive the support they need to transition off probation or parole successfully.

During his visit, Gov. Parson sat down with George Lanier of Bolivar, Missouri, who excelled at the ICTS program while he was on probation. During his time in the program, George worked two part-time jobs at a local hospital and at Wendy’s, where he is now employed full time. With help from ICTS, he moved into a house and is focusing on taking care of his children, including a new baby. [Watch Video](#)

## Jess's TECH TIPS

If you use multiple screens-Do not use the print screen and crop it. GO to your search bar and type in Snip and follow the directions or Press the Windows logo key + Shift + S. You can save the image to a file or place it directly into an email.

DMH is seeking a Lead Admin. Support Asst. within the Division of Behavioral Health. This position is located in Jefferson City, MO.

Application Deadline: May 13, 2021  
[Learn More](#)

position is

### Lead Administrative Support Assistant

DMH is seeking a Lead Admin. Support Asst. within the Division of Behavioral Health. This position is located in Jefferson City, MO.

Application Deadline: May 13, 2021  
[Learn More and Apply](#)

4. **Advocacy Handbook** – provided by National Council for Behavioral Health. This handbook will help you focus your power as an advocate and use it in the most effective way possible to advance public policies to strengthen the safety-net and expand access to care. [Read More](#)

5. **COVID-19 Updates & Resources**

- **New COVID-19 Priorities** – Dr. Anthony Fauci, outlines COVID-19 Priorities, explaining vaccination safety and efficacy to the community to reduce the national number of COVID-19 cases is at the forefront of priorities. [Read More](#)
- **New DMH CCP - Show Me Strength Video** – The behavioral health providers that are working the FEMA Crisis Counseling Program (CCP) were asked what COVID19 has looked like this past year (to them and the areas they serve). Here is a short video of some of the responses.  
[https://www.facebook.com/MoShowMeHope/posts/290329252673969?notif\\_id=1620072595960955&notif\\_page\\_tag&ref=notif](https://www.facebook.com/MoShowMeHope/posts/290329252673969?notif_id=1620072595960955&notif_page_tag&ref=notif)
- **Missouri Disaster Medical Assistance Team (DMAT)** – events across the state: For all State of Missouri team members to receive a first dose. Registration for each DMAT event is located on the Vaccine Registration Site. You can also sign up through the Vaccine Navigator (<https://covidvaccine.mo.gov/events/>) for mass vaccination events throughout the state including the Dome at America's Center in St. Louis or Jefferson City Capital Mall. In addition, select Walmart, Hy-Vee, and Health Mart stores in Missouri are providing vaccinations. Click on [Walmart](#), [Hy-Vee](#), or [Health Mart](#) to get additional information and sign up for an appointment at a participating store nearest you.
- **Missouri Vaccine Navigator** – This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. [Learn More](#)
- **Missouri COVID-19 Vaccine Providers** – <https://covidvaccine.mo.gov/map/>
- **Are You a Healthcare Professional Impacted by COVID-19?** – The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, **can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.** Visit <https://www.missouricit.org/first-responders> to find a provider.

#### DBH Community COVID-19 Positives Data (as of May 6 at 8 am)

Consumers	1,166
Staff	841
Providers	55
16 consumer/staff deaths have been reported.	

- **Missouri-Specific Coronavirus Regional Data** – MHA and the Hospital Industry Data Institute are pleased to share a weekly COVID-19 interactive dashboards providing regional trends and models of predicted cases designed to help individuals understand the influence of COVID-19 on their communities:  
<https://web.mhanet.com/disease-management/infectious-diseases/covid-19/covid-19-dashboards/>

- **DBH Treatment Provider Calls** – The calls are scheduled every **two weeks** on Wednesdays at 12pm. Resources that we encourage you to check out (these pages all continue to be updated):

**DBH COVID-19 Guidance/Resources** - [MoHelpNow](#)

**DMH Disaster Services Website** - <https://dmh.mo.gov/disaster-services/covid-19-information>

**Show Me Strong Recovery Plan** - <https://showmestrong.mo.gov/#page-top>

**State's COVID Vaccine Information Website** - <https://covidvaccine.mo.gov/>

**MO DHSS Website** -

<https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/>

**CDC Website** - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

- **COVID-19 Community Testing Info** – The Missouri Department of Health and Senior Services continues to offer FREE COVID-19 testing. There are no eligibility requirements for receiving a free test and you do not need to be a Missouri resident. Individuals seeking a free testing opportunity are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process. Testing is still a very important tool in fighting the COVID-19 pandemic. Event information can always be found at [www.health.mo.gov/communitytest](http://www.health.mo.gov/communitytest). Additional sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing.
- **Transportation for COVID-19 Vaccine Access** – Missouri launches new statewide transportation resource guide to expand COVID-19 vaccine access to rural, suburban and urban communities across the state [Learn More](#)

## COVID FACTS:

### **Vaccine Question:**

Is the vaccine safe for people who would like to have a baby?

**Vaccine Truth/Fact:** If you are trying to become pregnant now or want to get pregnant in the future, you can receive a COVID-19 vaccine. There is currently no evidence that COVID-19 vaccines cause problems trying to get pregnant. If you are trying to become pregnant, you do not need to avoid pregnancy after receiving a COVID-19 vaccine.



Funding Opportunities can also be found on the DBH MOHelpNow COVID-19 Information webpage at:  
<https://dmh.mo.gov/covid-19-information>

## FUNDING OPPORTUNITIES

1. **SAMHSA-First Responders-Comprehensive Addiction and Recovery Act Grants** – **Application Deadline: May 17, 2021** – The purpose of this program is to allow first responders and members of other key community sectors to administer a drug or device approved or cleared under the Federal Food, Drug, and Cosmetic Act (FD&C Act) for emergency reversal of known or suspected opioid overdose. [Learn More](#)
2. **SAMHSA-Community Mental Health Centers (CMHC) Grant Program** – **Application Deadline: May 21, 2021** – is accepting applications for fiscal year (FY) 2021 Community Mental Health Centers (Short Title: CMHC) grant program. The purpose of this program is to enable community mental health centers to support and restore the delivery of clinical services that were impacted by the COVID-19 pandemic and effectively address the needs of individuals with serious emotional disturbance (SED), serious mental illness (SMI), and individuals with SMI or SED and substance use disorders, referred to as co-occurring disorder (COD). [Learn More](#)

3. **Telecommunications and Broadband Services** — **Application Deadline: June 1, 2021** – The Rural Health Care Program Provides funding to eligible healthcare providers in rural areas for telecommunications and broadband services necessary for the provision of healthcare. It offers a discount on telecommunication expenses and network equipment for healthcare facilities to increase connectivity and access to broadband in rural areas to provide and improve healthcare. [Learn More](#)
4. **Distance Learning and Telemedicine Grants-USDA** – **Application Deadline: June 4, 2021** – The Distance Learning and Telemedicine grants to help provide educational and medical services in rural areas. The DLT program helps fund distance learning and telemedicine services in rural areas to increase access to education, training and health care resources that are otherwise limited or unavailable. USDA plans to make \$44.5 million available in fiscal year 2021. Of this amount, \$10.2 million is intended for projects that provide substance use disorder treatment services in rural areas. [Learn More](#)
5. **Morgan Stanley Alliance for Children’s Mental Health Innovation Awards Program** – **Application Deadline: July 2, 2021** – aims to fund mental healthcare solutions for children and young adults across the United States. This program focuses on new or piloted projects from direct-service organizations that will help address the far-reaching challenge of stress, anxiety, depression or other mental health issues in children and young adults. Grants of up to \$100,000 will be awarded to each finalist. [Learn More](#)
6. **NHSC and SAMHSA Release Toolkit on MAT Training and Loan Repayment** – A new MAT training and loan repayment toolkit has been released by the National Health Service Corps (NHSC), within HRSA, in collaboration with SAMHSA Providers Clinical Support System (PCSS). The agencies have partnered to increase the number of waiver-certified clinicians in high-need communities per the Drug Addiction Treatment Act of 2000. The toolkit provides information on obtaining free MAT training to become DATA 2000 waived and includes information on how participants can receive award preference for the NHSC Substance Use Disorder Workforce Loan Repayment Program and the Rural Community Loan Repayment Program (Source: *HRSA*). [Read More](#)

## ***INFO and RESOURCES***

1. **New May is Hepatitis Awareness Month** – we want to work to raise awareness of the importance of vaccination for hepatitis A and B, testing for hepatitis B and C, the availability of effective care and curative treatment, and the serious health consequences resulting from undiagnosed and untreated viral hepatitis. It is important to remember that each Hepatitis has either a vaccination or a curing medication that can make the disease completely manageable, and that there are numerous outlets to make these resources affordable. [Learn More](#)
2. **New Past and Present: Addressing Racism and Intolerance Against Asian Americans** – This panel discussion highlighted current federal efforts addressing racism and health inequities, including the COVID-19 Health Equity Task Force and the Presidential Memorandum Condemning and Combating Racism, Xenophobia, and Intolerance Against Asian Americans and Pacific Islanders in the U.S. OMH looks forward to facilitating a rich discussion, featuring contemporary Asian Americans who are leading grass-roots efforts to protect and empower diverse AAPI communities nationwide. **Saturday, May 8, 2021, 1:00pm - 2:30pm CT.** Watch the recording [Here](#)
3. **New-Peers Speak Out: Priority Outcomes for Substance Use Treatment and Services** – This is the first national examination of treatment outcomes prioritized by people with substance use disorders. The findings show individuals most care about survival, improving their quality of life and mental health, reducing harmful substance use, meeting their basic needs, increasing their self-confidence, and increasing their connection to ongoing services and supports. These broad expectations provide direction for reshaping research, services and policies to more effectively address the national epidemic of substance use disorders. Priority outcomes also differ across race and gender demographics, emphasizing the need for individually tailored, culturally and linguistically effective treatment and services, and the need to acknowledge and address structural inequities. [Read More](#)



4. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at [katie.andrews@dmh.mo.gov](mailto:katie.andrews@dmh.mo.gov) and/or 573-522-6163.

**May 11, 2021 – North Central Region – 10-12pm-CANCELLED**

Location: Virtual

**June 6, 2021 – Southwest Region – 10-12pm**

Location: Virtual

**June 25, 2021 – Northeast Region (Districts: 3, 11, 16, 17, 18, 26, & 38) – 10-12pm**

Location: Virtual

**July 9, 2021 – Western Region – 9:30-11:30-pm**

Location: Virtual

**August 11, 2021 – Southeast Region – 10-12pm**

Location: Virtual

**August 24, 2021 – Eastern Region – 10-11 am**

Location: Virtual

5. **Equity and Inclusion Learning Series** – The DMH's Mental Health Equity & Inclusion Alliance will host an interactive learning series that explores topics on racial equity and inclusion through respectful discussion and provides a common, current, and comprehensive understanding of what it means to be a racially equitable and inclusive organization, every **Wednesday from 3:30-4:30pm CT** through April. [Register](#) | [Learn More about MHEIA](#)

## TRAINING OPPORTUNITIES

1. **Traumatic Brain Injury & SUD Series** – The seven virtual trainings below are focused on the significant intersection between brain injury and addiction. The trainings consist of an introductory session followed by six special topic webinars. Special topics will include the intersection of brain injury with addictions, intimate partner violence, suicide, as well as special considerations for individual and group therapy. The final session will be focused on the introduction of a Brain Injury and Addictions Toolkit.
- **Effective Strategies for Group and Individual Therapy – Wednesday, May 12, 2021, 11:30-1pm CT** [Register](#)
  - **Criminal Justice – Wednesday, May 26, 2021, 11:30-1pm CT** [Register](#)
  - **Addictions and Brain Injury Toolkit – TBD**
2. **New Addressing Trauma in Young Adults with IDD in a Post-COVID World: Innovations and Strategies** – This forum will look at the trauma experienced by young adults with intellectual or developmental disabilities (IDD), the impact of the lack of social interaction and strategies for addressing the trauma as we reintegrate to a new “normal” in a post-COVID world. **Wednesday, May 12, 2021, 1pm CT.** [Register](#)
3. **Metabolic Syndrome Screening Refresher** - The Missouri Coalition for Community Behavioral Healthcare – is hosting an Optional Care Manager Refresher Training on MSS. Registration is not required. If interested, mark your calendars and use the link below to join the training. **Wednesday, May 12, 2pm - 3pm CT.** [Link](#). Use Passcode 889496
4. **Connecting Faith to Prevention** – This workshop will focus on: Strategies to combat substance use in rural communities; Stopping drug use before it starts; Understanding prevention and identifying the role of the faith community in substance use prevention; How the faith community can partner to develop faith-based prevention strategies; Showcasing innovative Faith-Based prevention strategies in action. **Thursday, May 13, 2021 12pm-1:30pm CT.** If you would like to attend, please RSVP to Betty-Ann Bryce, Special Advisor for Rural Affairs at [MBX.ONDCP.RuralAffairs@ondcp.eop.gov](mailto:MBX.ONDCP.RuralAffairs@ondcp.eop.gov) with your name, title, organization, state/county, and contact information/email address.

5. **Mental Health Journey: Voices From Individuals With Lived Experience On Self-Disclosure, Recovery, & Hope** – This webinar, hear from individuals with lived experience on their self-disclosure challenges and barriers, how they incorporate wellness strategies into their daily lives, and share their individualize recovery journeys and approaches in addressing and overcoming mental health self-stigma. *Thursday, May 13, 2021, 11am – 12pm - 1pm CT.* [Register](#)
6. **Trauma-Focused Cognitive-Behavioral Therapy: 30 Years of Evidence-Based Treatment for Children Exposed to Trauma** – This presentation will provide a brief history of TF-CBT, introduce the basic structure and components of the model, and review the research base supporting its efficacy. Time will also be spent talking about different applications of TF-CBT for special populations of children and adolescents. *Thursday, May 13, 2021, 1pm - 4pm CT.* [Register](#)
7. **Mental Health First Aid Trainings Youth** – DMH's Office of Disaster Services is sponsoring three different Mental Health First Aid courses in April and May. The type (adult or youth), <https://officeofdisasterservices.wufoo.com/forms/wbkkwe1ek3yrh/>
  - **Youth – Monday, May 17, 2021 8:30am - 1:30pm CT**
8. **Public Health Leadership Workshop: Leading through Crisis in a Trauma-informed, Resilience-oriented Way** – Our nation is experiencing a series of collective traumatic events and how we each manage this prolonged crisis period will determine its individual and collective long-term impact. Join Elizabeth Guroff, MA, LCMFT, director of trauma-informed services at the National Council, for a virtual workshop on Trauma-informed, Resilience-oriented Crisis (TIROC) Leadership. This workshop will be offered three times.
  - **Tuesday, May 18, 2021 11am-3pm CT.** [Register](#)
  - **Wednesday, June 2, 2021, 11am-3pm CT.** [Register](#)
  - **Tuesday, June 8, 2021, 11am-3pm CT.** [Register](#)
9. **New Overdose Education and Naloxone Distribution** – This training is designed for individuals who will discuss overdose education and naloxone use with individuals at risk of experiencing or witnessing an opioid overdose. This course is most appropriate for medical, mental health, and substance use treatment providers, social service agencies (including homeless shelters, domestic violence shelters, food banks, etc.) and other community organizations and agencies that may work with individuals at risk of witnessing or experiencing an opioid overdose. *Thursday, May 20, 2021, 1pm-3pm CT.* [Register](#)
10. **Early Diversion Virtual Learning Community** – This is a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.
  - Part 3: Integrating Forensic Assertive Community Treatment (FACT) Teams into Early Diversion Response – <https://prevented.org/event/12210/>. [Register](#)
  - Part 4-5: **TBA**
11. **2021 DMH Virtual Spring Training Institute** – Don't miss out on this premiere behavioral health event. The DMH Spring Training Institute will be brought to you in a virtual format this year. The same great presentations and variety, but now from your office or home. *May 20-21, 2021.* [Learn More and Register](#)
12. **Mental Health American-Affirmative Care for Transgender Clients Webinar** – Participants will immerse themselves in an empathetic exercise to better understand unique struggles associated with gender dysphoria throughout the lifespan. *Friday, May 21, 2021, 9am-12pm CT.* [Register](#)
13. **MATCP Best Practices Standards** – Missouri Association of Treatment Court Professionals is offering a free Training on Missouri Best Practice Standards: an Overview. As Missouri continues to expand our programs, the Missouri Treatment Court Coordinating Commission (TCCC) understood the need to establish standards and practices based

on current research and findings. These principles provide practitioners with the standard elements needed to create desired outcomes in their treatment court. Trainings are offered:

- **Monday, May 24, 2021, 9am-10:30am CT** [Register](#)
- **Friday, May 28, 2021, 11:30am-1pm CT** [Register](#)

14. **The Human Social Brain: Alterations in Schizophrenia** – The webinar discussion will revolve around social cognition and its role in the everyday functioning for patients affected with schizophrenia. Social cognition underlies everyday tasks crucial for social connection, such as reading emotions in others’ faces or making inferences as to what others are thinking. **Monday, May 24, 2021, 11am-12pm CT.** [Register](#)
15. **New Overdose Education and Naloxone Distribution Training of Trainers** – This training prepares individuals to train those who will discuss overdose education and naloxone use with individuals at risk of experiencing or witnessing an opioid overdose. After completion of this course, participants will be given resources to present all materials to others. This course is most appropriate for individuals who will offer trainings to county and municipal health departments, treatment providers, social service agencies (including homeless shelters, domestic violence shelters, food banks, etc), medical providers, and other community organizations and agencies that may work with at-risk individuals. **Wednesday, May 26, 2021, 10am - 12pm CT.** [Register](#)
16. **New Embracing Pregnant and Parenting Families Challenged with Substance Use Disorder** – Mid-America ATTC’s KC Perinatal Recovery Collaborative and Missouri Hospital Association have a webinar series that focuses on pregnant and parenting families. The ultimate goal is that families experiencing SUD will be met with compassion and understanding and receive care that is grounded in recovery-oriented values and principles.
  - The Brain, Substance Use Disorders and Parenting: A Health Care Professional’s Guide. Experiences. **Wednesday, May 26, 2021, 11:30am CT** [Register](#)
  - Embracing Pregnant & Parenting Families Challenged with SUD: Session 2. **Wednesday, June 2, 2021, 11:30am CT** [Register](#)
  - Embracing Pregnant & Parenting Families Challenged with SUD: Session 3. **Wednesday, June 9, 2021, 11:30am CT** [Register](#)
17. **New Addressing Trauma in Older Adults with IDD in a Post-Covid World: Innovations and Strategies** – This forum will look at the trauma experienced by older adults with IDD, the impact of the lack of social interaction and strategies for addressing the trauma as we reintegrate to a new “normal” in a post-COVID world. **Wednesday, May 26, 2021, 2pm - 3pm CT.** [Register](#)
18. **New Community Perceptions of Opioid Overdose: Brain, Bias, and Best Practices** – This training focuses on reducing personal, public, and institutionalized biases around people with substance use disorder. Participants learn about types of stigma, addiction on the brain, and evidence-based practices in overdose response. **Wednesday, June 2, 2021, 2pm CT** [Register](#)
19. **New The Relationship between Trauma and Substance use Training** – During this training, attendees will hear about trauma as it relates to substance use, a brief overview of ACEs (Adverse Childhood Experiences), the impact trauma can have on children which could carry on throughout their lives, and how trauma affects the individual but is also a community issue. Attendees will learn about re-traumatization, some common signs and symptoms of re-traumatization or having a trauma reaction, and goals for community work. Anyone is welcome to attend, but there will be a discussion of trauma which may trigger some individuals who have experienced trauma or who have other mental health issues in their lives. **Wednesday, June 2, 2021, 1pm - 2:30pm CT** [Register](#)
20. **Missouri Harm Reduction Conference** – The Missouri Department of Health and Senior Services (DHSS) and Area Resources for Community and Human Services (ARCHS), we invite you to attend the 2021 Missouri Harm Reduction Conference. The conference will focus on strategies to promote the health and safety of people who use drugs, while ensuring compassion and dignity in service delivery. Attendees will be given the opportunity to



learn about harm reduction and connect with others who are providing harm reduction services across the Show Me State. **Thursday, June 16, 2021, 12:30pm - 5pm CT and Thursday, June 17, 2021, 1pm - 5pm CT.**

[Register](#)

21. **New Problem Gambling and Substance Abuse 18th Midwest Conference** – To learn more visit: <https://mcpgsa.org/>, or email Jamie Schieber with Custom Meeting Planners for any questions at [jamie@custommeetingplanners.com](mailto:jamie@custommeetingplanners.com). **June 16-17 2021.**
22. **Assessing and Managing Suicide Risk During COVID-19 and Beyond** – The Missouri Coalition for Community Behavioral Healthcare in partnership with the Missouri Department of Mental Health and the Missouri Suicide Prevention Network are excited to announce this suicide prevention training opportunity. Space is limited, be sure to register TODAY! **Friday, June 25, 2021, 11am–1pm-CT.** [Register](#)
23. **NAMI In Our Own Voice Presentation** – This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. [Register](#)

**AVAILABLE TRAINING DATES:**

*July 9-10, 10-2pm each day*

*October 1-2, 10-2pm each day*

## **RECURRING TRAINING OPPORTUNITIES**

1. **New Motivational Interviewing Training Opportunities-National Council for Behavioral Health**

**Introductory/Refresher Virtual Motivational Interviewing Training** –This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

  - **Tuesday, June 22, 2021, 11am -3pm CT** [Register](#)
  - **Tuesday, August 3, 2021, 11am -3pm CT** [Register](#)
  - **Wednesday, September 8, 2021, 11am -3pm CT** [Register](#)
  - **Tuesday, November 9, 2021, 11am -3pm CT** [Register](#)

**Intermediate Motivational Interviewing Training** –For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

  - **Tuesday, May 25, 2021 11am -3pm CT** [Register](#)
  - **Thursday, October 7, 2021, 11am -3pm CT** [Register](#)
2. **Free QPR Training for SUD Providers** – DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to **substance use disorder providers**. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. [Register](#)
3. **Mental Health First Aid (MHFA)** – MFHA is now available in a variety of formats, including a fully **virtual** course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the [MO MHFA website](#) to register and for more frequent updates.

4. **Monthly Call Sessions for Peers & Peer Supervisors** – Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.

**Topics for Peer Recovery Support Specialist Staff**

- Supporting People Navigating Mental Health Experiences – **Wednesday, May 19, 2021, 1pm CT** [Register](#)
- Redefining Self-Care – **Wednesday, June 16, 2021, 1pm CT** [Register](#)

**Topics for Peer Supervisors**

- Supporting Wellness in the Workplace – **Wednesday, May 26, 2021, 1pm CT** [Register](#)
- Advocating for the Advancement of the Peer Workforce – **Wednesday, June 23, 2021, 1pm CT** [Register](#)
- Recruiting and Retaining Peer Staff – **Wednesday, July 28, 2021, 1pm CT** [Register](#)

5. **MO-HOPE Trainings** – MO-HOPE trainings are still available to community members and organizations. The goal of the [Missouri Opioid-Heroin Overdose Prevention and Education \(MO-HOPE\) Project](#) is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for **Overdose Education and Naloxone Distribution (OEND)** at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a **Training-of-Trainers (TOT)** model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click [here](#).

**OEND AVAILABLE TRAINING DATES:**

**Thursday, May 20, 1-3pm** [Register](#)  
**Monday, June 21, 10-12pm** [Register](#)  
**Wednesday, July 21, 1-3pm** [Register](#)  
**Tuesday, August 17, 9-11am** [Register](#)

**OEND TOT AVAILABLE TRAINING DATES:**

**Wednesday, May 26, 10-12pm** [Register](#)  
**Wednesday, June 23, 1-3pm** [Register](#)  
**Wednesday, July 7, 2-4pm** [Register](#)  
**Wednesday, August 18, 10-12pm** [Register](#)

6. **MAT Waiver Training** – This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. [Register](#)
7. **2021 MCB Spring Ethics Trainings** – The MCB is excited to announce ethics training opportunities **April – May 2021**. Check out the [MCB website](#) for more information and to register.
8. **Clinical Supervision Training** – The MCB is excited to announce clinical supervision training opportunities in June, and October. For more information and to register, click the links: [June](#) | [October](#).
9. **2021 Peer Specialist Trainings** – Please see the peer specialist trainings provided by the MCB below.
- **Certified Peer Specialist Basic Training** – [Register](#)
  - **Peer Specialist Supervisor Training** – This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) **This training has been updated so those who have attended a training in the past are welcome to attend again.** [Register](#)
  - **Certified Peer Specialist Specialty Training** – The specialty training topics will include Peer Ethics, Spirituality & Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. **The cost of each training is \$20.** [Register](#)

***Look for updates on different topics/initiatives next Friday!***