FYI FRIDAYS

DBH Updates, Notices, and Policy Guidance June 4, 2021

Prior issues of FYI Fridays can be found at: https://dmh.mo.gov/mental-illness/fyi-fridays

- New UPDATE ON ADMINISTRATIVE RULES The amended regulation, 9 CSR 30-4.047 Community Support in CPR Programs, is final in the Code of State Regulations, page 25 https://www.sos.mo.gov/cmsimages/adrules/csr/current/9csr/9c30-4.pdf.
- 2. New 988 Update Over the past month, Missouri's 988 Task Force has been focusing on three key considerations for 988 implementation: data collection, infrastructure development, and identification of sustainable funding streams. Vibrant recently began gathering monthly data from each Lifeline center to evaluate current capacity and inform the transition of phone systems to meet the demand for 988-related services. The collection of this information, although important to determine the scope and quality of services offered, is a considerable task for many centers that are still updating their systems and processes. Additional funding will be required to make updates to the current infrastructure.
 In addition, Task Force members have begun meeting with Medicaid liaisons to discuss the possibility of Medicaid reimbursement for 988-related services. This conversation will continue as more national-level guidance is issued to states on how to collaborate with their respective agency counterparts to fund crisis services.
- 3. New 2021 Missouri Suicide Prevention Conference-July 28, 2021 The Missouri Suicide Prevention Network invites you to join us for our annual conference! This year's conference is brought to you by the Missouri Department of Mental Health, Missouri Behavioral Health Council and Community Counseling Center. The virtual conference will be free of charge, unless you are needing continuing education. Continuing Education (CE) will be \$10 per person. Register at www.mospn.org/conference

4. CIMOR Priority!

Year End Billing Cutoffs:

- Medicaid cutoff 05/31/2021 (Check date 06/30/21)
- Non-Medicaid cutoff 06/20/21 (Check date 06/30/21)

Cutoff Dates for Services will be as follows:

Medicaid – Applies to CSTAR/CPR/TCM/ACT/CCBHC

- The last cutoff for <u>IGTRM Medicaid</u> billings to use the FY21 allocation is <u>5/31/21</u> (check date 6/30/21). After the cutoff DMH Central Office will transfer all remaining dollars to Non-Medicaid for CPS. For ADA, the balance remaining in your redirect will be moved. If there is a need for more than your redirected amount please submit your request to Becky Wolken and Vicki Schollmeyer.
- All requests to transfer funds into IGTRM Medicaid allocations must be submitted no later than noon on May
 26th to:
 - Regional Staff,
 - Becky Wolken (Becky.Wolken@dmh.mo.gov),

Copy Vicki Schollmeyer (<u>vicki.schollmeyer@dmh.mo.gov</u>) <u>for ADA</u>, and Amy Jones (amy.jones@dmh.mo.gov) for CPS.

All Medicaid services billed after 05/31/21 will be paid from your FY22 Medicaid allocation.

Non-Medicaid – Applies to CPS (non-Medicaid), CSTAR (non-Medicaid), PR+, SATOP, Compulsive Gambling, Recovery Supports and CCBHC (non-Medicaid)

- The last invoice cut-off for <u>non-Medicaid</u> encounters is <u>06/20/21</u> (check date 06/30/21). If you need money moved from Non-Medicaid to Medicaid Ineligibles you will need to complete the Allocation Transfer Request Form (attached). All non-Medicaid transfer requests for FY21 must be submitted <u>no later than noon on 15th June</u> to:
 - o Regional Staff,
 - Becky Wolken (<u>Becky.Wolken@dmh.mo.gov</u>),
 - Copy Vicki Schollmeyer (<u>vicki.schollmeyer@dmh.mo.gov</u>) <u>for ADA</u>, and Amy Jones (<u>amy.jones@dmh.mo.gov</u>) <u>for CPS</u>

All Non-Medicaid services billed after 6/20/21 will be paid from your FY22 Non-Medicaid allocation. June 20, 2021 is a tentative billing date based on prior year information. DMH reserves the right to change this date based on the MHD RA cycle. If you have any questions, please email the CIMOR DBH Support Center by Logging In and selecting the Help Ticket option found on the left side menu of the portal, https://portal.dmh.mo.gov.

Jess's TECH TIPS

Inserting Images in Outlook E-Mail

- 1. Start a New Email. Your message will need to be in HTML format. Then select the Format Text tab in the new email message window.
- 2. In the Format section, select HTML.
- 3. Select the Insert tab. Position the cursor in your message body where you want to place the image.
- 4. In the Illustrations section, select Pictures. The Insert Picture window will open.
- 5. Navigate to the image you want to insert. When you find the image you want to use, select it and select Insert.
- 6. Adjust the size of your image by holding one of the image handles around its edges, and then dragging it. It will scale larger or smaller as you move the handle.
- 7. Select the Layout Options button (it appears when you select the image) to display choices for how you want the picture to interact with the surrounding text. In Line with Text is selected by default and aligns the bottom of the image with the line of text at the insertion point.

JOB ANNOUNCEMENTS

Forensic Case Monitor

This position within the Division of Behavioral Health with the Department of Mental Health domiciled in St. Louis, MO. Application deadline is June 17, 2021 <u>Learn More and Apply</u>

Missouri State Opioid Response Coordinator

This position will function as the Treatment Specialist for the Missouri State Opioid Response (Opioid SOR) federal SAMHSA grant. This position is located in Jefferson City, MO. <u>Learn More and Apply</u> 5. **New Gov's Challenge to Prevent Suicide among Service Members** – Missouri Governor Mike Parson has agreed to participate in the Governor's Challenge to Prevent Suicide among Service Members, Veterans and their Families, a partnership through the SAMHSA and the Department of Veterans Affairs (VA). The Governor's Challenge is designed to provide intensive technical support and assist states in implementing best practices around suicide prevention for service members, Veterans, and their families.

As part of this initiative, Missouri has developed a state team to ensure cross-agency collaboration with the Governor's Office and DMH as co-leads. Members include legislators, federal, state and community organizations. Their focus is on three priority areas:

- 1) Identify service members, veterans and their families and screen for suicide risk
- 2) Promote Connectedness and Improve Care Transitions
- 3) Increase Lethal Means Safety and Safety Planning
- 6. **Missouri Benefit and Resource Portal for Veterans and Military** At the beginning of May, the Missouri Veterans Commission launched a new online one-stop-shop for Veterans and Military members. It provides resources for education, mental health, finances, and more. MVC teamed up with the Department of Economic Development to create the portal. The website will continue to be updated with additional resources. veteransbenefits.mo.gov.
- 7. CEDI (Culture, Equity, Diversity, and Inclusion Committee) with the Missouri Behavioral Health Council (formerly Missouri Coalition for Behavioral Health) provides a monthly newsletter that provides information about what the committee is working on, upcoming events, resources, and tools that your agency can use to heal racial and social inequities and provide a more diverse and inclusive space at work AND within your communities. Read More
- 8. COVID-19 Updates & Resources
 - COVID-19 Pandemic Impact on Harm Reduction Services an Environmental Scan –To better understand the impact of the COVID-19 pandemic on harm reduction organizations and people who use drugs, the National Council for Mental Wellbeing, with support from the Centers for Disease Control and Prevention (CDC), conducted an environmental scan consisting of a literature review and 21 key informant interviews with staff from harm reduction organizations in the U.S. Findings from the environmental scan are detailed in COVID-19 Pandemic Impact on Harm Reduction Services: An Environmental Scan. Read More

DBH Community COVID-19 Positives Data (as of June 4 at 8 am)	
Consumers	1,186
Staff	853
Providers	55
16 consumer/staff deaths have been reported.	

- Missouri Vaccine Navigator This is a secure registry tool to assist Missourians in receiving a COVID-19 vaccine. Information is available in multiple languages. <u>Learn More</u>
- Missouri COVID-19 Vaccine Providers https://covidvaccine.mo.gov/map/
- Are You a Healthcare Professional Impacted by COVID-19? The Missouri First Responder Provider Network, in partnership with the Department of Mental Health and Coalition for Community Behavioral Healthcare, can provide free behavioral health services for healthcare professionals who have been impacted by COVID-19.
 Visit https://www.missouricit.org/first-responders to find a provider.
- DBH Treatment Provider Calls The calls are now scheduled <u>ONCE A MONTH</u>. The next call is scheduled for Wednesday, June 16 at 12:00 noon. Resources that we encourage you to check out (these pages all continue to be updated):

DBH COVID-19 Guidance/Resources - MoHelpNow

DMH Disaster Services Website - https://dmh.mo.gov/disaster-services/covid-19-information
State's COVID Vaccine Information Website - https://covidvaccine.mo.gov/
MO DHSS Website - https://health.mo.gov/living/healthcondiseases/communicable/novel-coronavirus/
CDC Website - https://www.cdc.gov/coronavirus/2019-ncov/index.html

COVID FACTS:

Vaccine Question:

How can I make activities safer?

Vaccine Truth/Fact:

- You can maintain at least 6 feet of space between you and others.
- They are held in outdoor spaces.
- People are wearing masks.
 Interacting without wearing masks increases your risk.

• COVID-19 Community Testing Info – The Missouri Department of Health and Senior Services continues to offer FREE COVID-19 testing. There are no eligibility requirements for receiving a free test and you do not need to be a Missouri resident. Individuals seeking a free testing opportunity are not required to pre-register or have an appointment, simply show up to one of the events below to receive the test. A government issued ID is not a requirement for this testing, but having one available onsite speeds up the registration process.

Testing is still a very important tool in fighting the COVID-19 pandemic. Event information can always be found at www.health.mo.gov/communitytest.. Additional sites (with regular or one-time opportunities) may be added as indicators suggest the need for additional testing.

 Transportation for COVID-19 Vaccine Access – Missouri launches new statewide transportation resource guide to expand COVID-19 vaccine access to rural, suburban and urban communities across the state <u>Learn</u> More

FUNDING OPPORTUNITIES

- 1. Morgan Stanley Alliance for Children's Mental Health Innovation Awards Program Application Deadline: July 2, 2021 aims to fund mental healthcare solutions for children and young adults across the United States. This program focuses on new or piloted projects from direct-service organizations that will help address the far-reaching challenge of stress, anxiety, depression or other mental health issues in children and young adults. Grants of up to \$100,000 will be awarded to each finalist. Learn More
- 2. NHSC and SAMHSA Release Toolkit on MAT Training and Loan Repayment A new MAT training and loan repayment toolkit has been released by the National Health Service Corps (NHSC), within HRSA, in collaboration with SAMHSA Providers Clinical Support System (PCSS). The agencies have partnered to increase the number of waiver-certified clinicians in high-need communities per the Drug Addiction Treatment Act of 2000. The toolkit provides information on obtaining free MAT training to become DATA 2000 waivered and includes information on how participants can receive award preference for the NHSC Substance Use Disorder Workforce Loan Repayment Program and the Rural Community Loan Repayment Program (Source: HRSA). Read More
- 3. Community Mobility Design Challenge 2021 Grant Program Application Deadline: July 12, 2021 The Federal Transit Administration-funded National Center for Mobility Management (NCMM), is now accepting applications for its Community Mobility Design Challenge 2021 grant program. These grants, using the human-centered design process (aka "design thinking"), will support communities in creating innovative mobility solutions for community members who face transportation barriers in advancing their personal well-being. Grants of up to \$25,000 will be available as well as NCMM facilitation throughout the entire process. You can learn more about the grants and download the application <a href="heterogeneering-

INFO and RESOURCES

- New Combining Medications with 12-Step Model Treatment Improves OUD Outcomes The continued use of
 medications in the absence of the nonmedical use of addictive substances is consistent with full recovery. It
 encourages the use of medication-assisted treatment (MAT) in abstinence-based programs where it can
 improve program retention and long-term outcomes, according to a recent Rx Drug Abuse & Heroin Summit
 virtual session. Similarly, integrating recovery support and including 12-step fellowships from the first days of
 treatment, can improve long-term patient outcomes in MAT. Watch Video
- New Missouri Clubhouse Newsletter The Mission is to expand the Clubhouse model throughout Missouri through
 education, advocacy, and building relationships that strengthen our Clubhouses and invite others to join our
 movement. Read More
- 3. New Spanish-Language-Tips for Coping with Disaster
 - **Tips for Survivors of a Pandemic: Managing Stress** (Spanish Version) Consejos para sobrevivientes de una pandemia: Control del estrés <u>Read More-Lee Mas</u>
 - Tips for Survivors of a Disaster or Other Traumatic Event: Dealing with Re-traumatization (Spanish Version) Consejos para sobrevivientes de un desastre u otro acontecimiento traumático: Cómo enfrentar la retraumatización Read More-Lee Mas
 - Tips for Healthcare Professionals: Coping with Stress and Compassion Fatigue (Spanish version) Consejos para profesionales de la salud: Cómo enfrentar el estrés y la fatiga por compasión Read More-Lee Mas
- 4. **New** Naloxone Available for SUD Treatment Providers The SOR team at UMSL-MIMH is again able to provide a limited amount of no-cost naloxone to SUD treatment providers, with the goal being increased take-home distribution directly to clients. If your agency is in need of more naloxone, please provide the below information in an email addressed to the new naloxone request email: noMOdeaths@mimh.edu.

Please include the following information in your response:

- An estimate of how many uninsured individuals at risk of overdose you serve monthly;
- Your preference for receiving full kits (drawstring bag, one-way breathing masks, printed materials, and naloxone) OR just naloxone;
- Your willingness to accept intramuscular naloxone (a vial and syringe); and
- The mailing address including the correct person to ATTN the package to and their phone number.
- 5. **New Study Finds Few Doctors Prescribe Buprenorphine to Treat Opioid Addiction** A new study finds half of all buprenorphine drug treatments for opioid use disorder are prescribed by only 5% of doctors. Read More
- 6. Three-Quarters of Patients with Schizophrenia Report Substance Use A review of electronic medical records of patients with schizophrenia spectrum disorders in a community teaching hospital's psychiatric unit found that more than three-quarters used substances such as tobacco and cannabis. Researchers presented their findings in a poster at the virtual 2021 American Psychiatric Association Annual Meeting. Read More
- 7. Routine Administration of Cognitive Behavioral Therapy for Psychosis as the Standard of Care for Individuals

 Seeking Treatment for Psychosis This guide provides mental health decision-makers (e.g., state/local mental health directors, treatment facility clinical directors, and other stakeholders) with rationale and evidence to support wide-spread expansion of Cognitive Behavioral Therapy for Psychosis (CBTp) across mental health systems. Read More

8. **Probation and Parole Regional Oversight Meetings** – These are subject to change. For any questions regarding the P&P Regional Oversight Meetings, please contact Katie Andrews at katie.andrews@dmh.mo.gov and/or 573-522-6163.

June 6, 2021 - Southwest Region - 10-12pm

Location: Virtual

June 25, 2021 – Northeast Region (Districts: 3, 11, 16, 17, 18, 26, & 38) – 10-12pm

Location: Virtual

July 9, 2021 - Western Region - 9:30-11:30-am

Location: Virtual

August 11, 2021 - Southeast Region - 10-12pm

Location: Virtual

August 24, 2021 - Eastern Region - 10-12 pm

Location: Virtual

TRAINING OPPORTUNITIES

- 1. New Family Inclusion Webinar Series:
 - The Family Experience-Session 1- will help mental health providers become more familiar with the
 perspectives and experiences of the family members of people with mental illnesses. We will also
 identify family types, supports needed, and strategies for utilizing the strengths of families. *Monday, June 7, 2021, 11am CT.* Register
 - Strategies to Support Family member Recovers-Session 2- will identify the recovery stages of family
 members and identify strategies for mental health providers to support the recovery of family members.
 Monday, June 14, 2021, 11am CT. Register
- 2. **Expect the Unexpected: Preparing for Crises in Schools 2021 Webinar Series** This series is geared toward education professionals, administrators, and stakeholders who are working together to create a school climate that aims to prevent crisis events. However, we know that not all crises can be prevented. How does your school respond to crisis events and encourage student and educator resilience?
 - Expect the Unexpected: Preparing for Crises in Schools Monday, June 7, 2021, 12pm-1pm CT. Register
 - Developing Comprehensive and Living Crisis Plan *Monday, June 14, 2021, 12pm–1pm CT.* Register
 - What Educators Need to Know: School-Based Suicide Prevention and Intervention Monday, June 21, 2021,
 12pm–1pm CT. Register
 - What Now? Supporting Students after a Mental Health Crisis Monday, June 28, 2021, 12pm–1pm CT.
 Register
- 3. New Crossover Youth Implementation Toolkit Training Sessions-Save the Date These training sessions will explore the history of crossover youth efforts in Missouri; provide an overview of new national research on crossover youth; orient on the Crossover Youth Implementation Toolkit; and outline expectations for engagement in local crossover you efforts for local communities. Contact Courtney Cassil at Courtney.Cassil@courts.mo.gov. Tuesday, June 8, 2021, 8:30am–11am CT or Wednesday, June 9, 2021, 12pm-2:30pm CT.
- 4. New COVID-19 and Telehealth Webinar: Ethical Considerations for Behavioral Health Providers and Support Workers Telehealth shows promise in increasing access and reach to some of the most vulnerable populations (e.g., people experiencing homelessness, older homebound adults, people in rural areas). As a growing number of clients/service users seek telehealth, behavioral health providers and support workers must consider the related ethical issues. Tuesday, June 8, 2021, 10am CT. Register

- 5. New Substance Use Disorders in the Latinx Population:
 - Substance Use Disorders-Part 1 This webinar aims at providing an overview on the problem of Substance Use Disorders (SUD) in the United States (U.S.), mainly in the Latinx Communities. It will provide a definition of SUD according to the Diagnostic and Statistical Manual of Mental Disorders 5 (DSM 5). We will discuss the gross epidemiology of SUD in the main ethnic groups in the U.S., and according to gender and socio economical status. *Tuesday, June 8, 2021, 1pm CT.* Register
 - Substance Use Disorders-Part 2 The Webinar covers five SUD: Alcohol, Nicotine/Tobacco, Opioid, Cannabis and Stimulants use disorders; risk factors for developing SUD and the trends in the epidemiology of SUD during the last 20 years. *Tuesday, June 15, 1pm CT*. Register
- 6. **New Advancing Health Equity in Rural Communities Training Series** Rural communities face a unique set of health inequities that are not as common in urban areas. To advance health equity among under-served rural communities, it is important to recognize social determinants that shape rural health outcomes and consider evidence-based solutions to improve rural health care. Join us for
 - Rural Health Part 1-Addressing Structural Urbanism in Rural Communities through Innovative Partnerships and Funding -*Tuesday, June 8, 2021, 12pm CT.* Register
 - Rural Health Part 2-Strategies for Recruiting and Retaining a Strong Rural health Workforce-Thursday, June 10, 2021, 12pm CT. Register
- 7. New Addressing Structural Urbanism in Rural Communities through Innovative Partnerships and Funding (Rural Health Part 1) Rural communities face a unique set of health inequities that are not as common in urban areas. To advance health equity among under-served rural communities, it is important to recognize social determinants that shape rural health outcomes and consider evidence-based solutions to improve rural health care. Join us for the first webinar in our two-part "Rural Health" series to hear from rural health experts who will explore structural urbanism, rural social determinants of health and strategies to improve integrated rural health care. Tuesday, June 8, 2021, 12pm—1pm CT. Register
- 8. **New Patient Assessment and Induction-Virtual Clinical Roundtable** This discussion is designed to promote interactivity through an informal "round table" conversation. Attendees will be given the opportunity to speak directly with the presenter to ask questions and discuss issues. **Tuesday, June 8, 2021, 2pm CT.** Register
- 9. **New Motivational Interviewing for COVID-19 Vaccine Hesitancy Webinar** There are enough COVID-19 vaccines for everyone in the United States, but some people aren't quite sure yet if they are ready to get one. This webinar will teach you to use skills from an evidence-based approach called motivational interviewing to have more successful conversations about COVID-19 vaccines. **Wednesday, June 9, 2021, 11am CT.** Register
- 10. New The Future of the Workplace: An Evolving Perspective on the Role of the Office and Real Estate The purpose of the office workplace is changing. The pandemic-induced, work-from-home environment has altered perspectives on work, flexibility and the office. Aaron Pomerantz and Antonia Cardone of Cushman & Wakefield will offer a new perspective on COVID-19's impact on the future of the office. Wednesday, June 9, 2021, 11am CT. Register
- 11. New Adult Attention Deficit Disorder in the Black Community Webinar Attention Deficit Disorder (ADD) is a major contributor to limited educational achievement, underemployment, and drug abuse. The recognition that it is a major problem for adults has improved the quality of life for many and improved access to treatment. This webinar will review impairments associated with ADD in adults, diagnosing and treating it in this population, distinguishing the condition from other behavioral disorders, and ways it differs between adults and children. Thursday, June 10, 2021, 11am CT. Register
- 12. **New** Strategies for Recruiting and Retaining a Strong Rural Health Workforce (Rural Health Part 2) Hear from a rural health provider about the mental health and recovery services workforce shortage in rural communities, strategies for increasing this workforce and for supporting wellness and training needs of rural health staff and success stories of rural health workforce opportunities. **Thursday, June 10, 2021, 12pm–1pm CT.** Register

- 13. New Addressing Our Bias when Working with the LGBTQ+ Community Part I Identifying Our Bias and Its Impact on Our Work Webinar This webinar series is a basic level educational event for school mental health providers, teachers, school personnel, and school administrators. This webinar series will explore how bias impacts our worldview and the work with the LGBTQ population, identify health disparities among LGTBQ population, and explore interventions to create a safe space and minimize the impact of implicit bias. Friday, June 11, 2021, 11am CT. Register
- 14. New Ask a Peer: COVID-19 Vaccine Q&A for Youth and Families Webinar Young people who have experienced psychosis and their families may have unanswered questions about the COVID-19 vaccine. A panel of early psychosis peer specialists and local vaccine experts will share their experiences. Join us for a presentation and open conversation on the COVID-19 vaccine, equity, and mental health. Is there a topic you want to know more about? Questions can be submitted in advance. Friday, June 11, 2021, 1pm CT. Register
- 15. Crisis Response Lunch and Learn Series provided by Missouri Behavioral Health Council All Lunch and Learn sessions will occur on Wednesdays at 12:00pm CT and will be recorded if you cannot attend and/or if you want to share with other colleagues. You may attend all sessions or pick and choose which dates/topics work best for you. There is no registration and the same link below will be used for each session. Meeting ID: 838 0848 1830-Passcode:848093 Join Zoom Mtg

https://us02web.zoom.us/j/83808481830?pwd=aHI1c3h1MGJYWEp6WktHRjVBanFCUT09

- June 16: St. Louis Sobering Center
- June 23: Kansas City Assessment and Triage Center (KC-ATC)
- June 30: **ReDiscover** Behavioral Health Urgent Care Clinic (BHUCC)
- July 7: Ozark Center Urgent Behavioral Solutions (UBS)
- 16. Implementing a Trauma-Informed, Recovery-Oriented System of Care: Free Learning Academy To more effectively address opioid use and/or stimulant use in your community, the National Council for Mental Wellbeing, in partnership with the American Academy of Addiction Psychiatry and the Opioid Response Network, is pleased to welcome you to apply to the Community Transformation Academy (CTA). Through existing community coalitions, or through building new community coalitions, community groups can create and implement a trauma-informed, recovery-oriented system of care (TI-ROSC) that supports and enhances substance use prevention and treatment efforts in your community. Application Deadline: Sunday, June 13, 2021.Learn More and Apply
- 17. **New NAMI Missouri Provider Workshop** This free virtual event is for Mental Health Workers and the Social Service/Helping Community. The event is free and CEUs will be issued by the Missouri Institute of Mental Health upon completion of the event. NAMI Provider is designed to expand the participants' compassion for the individuals and their families and to promote a collaborative model of care. **Tuesday, June 15, 2021, 9am-4:15pm CT.** Register
- 18. New Preventing Underage Alcohol Use Part 3: Addressing Use Among College-Aged Youth Webinar This webinar will support alcohol prevention efforts for youth ages 18 to 20. It will include a review of the data on college-aged youth alcohol use prevalence and patterns, and research on its risk and protective factors. The webinar will discuss how to improve needs assessment efforts focusing on this population, including strategies to improve primary data collection. It will also identify and highlight evidence-based prevention programs intended to serve this population. Wednesday, June 16, 2021, 12pm CT. Register
- 19. Where Are We Now- Drug Court Settings SAMHSA this presentation will cover a retrospective view of the transition to teleservices, a review of the mounting evidence-base for teleservices in treatment court settings, enhancing best practice standards through the use of teleservices, and results from a nationwide survey of treatment courts. Wednesday, June 16, 2021, 12pm-2:15pm CT. Register

- 20. New Autism Spectrum Disorder in the Black Community Webinar Autism has gained increased awareness especially in people of color, but is still under-recognized. Effective treatment approaches have improved outcomes and quality of life for many but a multiplicity of factors reduce availability of care. This webinar will discuss common characteristics of persons with Autism Spectrum Disorder. It will also review helping them with social interaction and communication challenges. Thursday, June 17, 2021, 11am CT. Register
- 21. Missouri Harm Reduction Conference The Missouri Department of Health and Senior Services (DHSS) and Area Resources for Community and Human Services (ARCHS), we invite you to attend the 2021 Missouri Harm Reduction Conference. The conference will focus on strategies to promote the health and safety of people who use drugs, while ensuring compassion and dignity in service delivery. Attendees will be given the opportunity to learn about harm reduction and connect with others who are providing harm reduction services across the Show Me State. Thursday, June 16, 2021, 12:30pm-5pm CT and Thursday, June 17, 2021, 1pm-5pm CT. Register
- 22. **Problem Gambling and Substance Abuse 18th Midwest Conference** To learn more visit: https://mcpgsa.org/, or email Jamie Schieber with Custom Meeting Planners for any questions at jamie@custommeetingplanners.com. **June 16-17, 2021.**
- 23. **Cope Symposium** This symposium will highlight Health Disparities with a Specific Focus on the African American Community and Contingency Management Treatment. *Thursday, June 17, 2021*. Register
- 24. Early Diversion Virtual Learning Community This is a five-part series on enhancing systems responses for people with mental and substance use disorders who are justice-involved or at risk for justice involvement. Open-format discussion groups will allow webinar participants to take a deeper dive into the material and pose questions to the speakers.
 - Part 4: Developing and maintaining Collaborative Relationships with Law Enforcement that Survive Changing
 - Times- Thursday, June 17, 2021, 2pm-3pm CT. Register
 - Part 5: Supporting Safety through 911 and Crisis Call Line Integration TBA
- 25. New Stimulant Use: Current Trends, Impact on the Brain and Implications for Treatment Webinar This presentation will describe the local and national scope of Stimulant Use Disorders including current trends in use among special populations (e.g., adolescents, women, criminal justice populations, racial/ethnic minorities, and LGBT individuals). The mental health and physical health consequences of Stimulant Use Disorders will be presented, including information on stimulant use and its impact on the brain and cognition. The presentation will conclude with a discussion on effective treatment interventions to people who use stimulants and the necessary adaptations needed to engage and retain special populations in care. Friday, June 18, 2021, 12pm CT. Register
- 26. **Assessing and Managing Suicide Risk During COVID-19 and Beyond** The Missouri Coalition for Community Behavioral Healthcare in partnership with the Missouri Department of Mental Health and the Missouri Suicide Prevention Network are excited to announce this suicide prevention training opportunity. Space is limited, be sure to register TODAY! **Friday, June 25, 2021, 11am–1pm-CT.** Register
- 27. **NAMI In Our Own Voice Presentation** This is a two-day peer led training for individuals living with mental illness who want to become certified to provide recovery education, stigma reducing presentations tailored for any audience. Register

AVAILABLE TRAINING DATES:

July 9-10, 10-2pm each day October 1-2, 10-2pm each day

RECURRING TRAINING OPPORTUNITIES

1. New Advancing Equity, Diversity, and Inclusion for a More Perfect Union – This three day virtual workshop Given the continued emergence of an interconnected society, a global pandemic, and protests and unrest calling for racial justice, building organizational capacity for advancing equity, diversity, and inclusion is more critical than ever. The

need for leaders within social sector organizations to understand and engage the current environment is essential in building an equitable society for all. This is a three day virtual workshop.

- June 10 and 24, 2021, 11am-3pm CT. Register
- July 15, 22 and 29, 2021, 11am-3pm CT. Register
- November 2, 9 and 16, 2021 11am-3pm CT. Register
- 2. Motivational Interviewing Training Opportunities-National Council for Behavioral Health

Introductory/Refresher Virtual Motivational Interviewing Training – This live session is ideal for busy individuals looking for introductory or refresher training. Whether you're a clinician in a behavioral health setting, a supervisor trying to boost staff morale or a nurse helping patients manage diabetes, motivational interviewing (MI) training can help you create conversations that empower people to make meaningful changes.

- Tuesday, June 22, 2021, 11am-3pm CT. Register
- Tuesday, August 3, 2021, 11am-3pm CT. Register
- Wednesday, September 8, 2021, 11am-3pm CT. Register
- Tuesday, November 9, 2021, 11am-3pm CT. Register

Intermediate Motivational Interviewing Training – For individuals who have had prior MI training and want to hone their skills, we will jump right into the deeper use of spirit and OARS strategies to identify and evoke change talk. This is a smaller group format to allow for multiple guided practice opportunities.

- Thursday, October 7, 2021, 11am-3pm CT. Register
- 3. Free QPR Training for SUD Providers DMH is excited to announce training dates for the Question, Persuade, and Refer Gatekeeper training that is specific to <u>substance use disorder providers</u>. This free, online suicide prevention training teaches participants to recognize the warning signs of suicide, offer hope, get help, and save a life. Behavioral Health continuing education will be provided by Missouri Coalition for Community Behavioral Healthcare. Register
- 4. Mental Health First Aid (MHFA) MFHA is now available in a variety of formats, including a fully <u>virtual</u> course. MHFA teaches an individual how to identify, understand and respond to signs of mental illness and substance use disorder. This training teaches the skills needed to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Youth MHFA is also available for adults working with youth (age 12-18). Register today to be the one to make a difference for your friends, family members, colleagues, students, or children. This training is designed for the general community and is being offered for free through the DMH (valued at \$170 per person). Check out the <u>MO MHFA website</u> to register and for more frequent updates.
- 5. **Monthly Call Sessions for Peers & Peer Supervisors** Our aim is to bring together the peer recovery support specialist workforce in an open setting to learn, share, grow and connect. These calls will be a time for empowerment and encouragement around topics chosen by peers in the field.

Topics for Peer Recovery Support Specialist Staff

• Redefining Self-Care – Wednesday, June 16, 2021, 1pm CT. Register

Topics for Peer Supervisors

- Advocating for the Advancement of the Peer Workforce Wednesday, June 23, 2021, 1pm CT. Register
- Recruiting and Retaining Peer Staff Wednesday, July 28, 2021, 1pm CT. Register
- 6. MO-HOPE Trainings MO-HOPE trainings are still available to community members and organizations. The goal of the Missouri Opioid-Heroin Overdose Prevention and Education (MO-HOPE) Project is to reduce opioid overdose deaths in Missouri through expanded access to overdose education and naloxone, public awareness, assessment, and referral to treatment. Within the state of Missouri, the MO-HOPE project offers trainings for Overdose Education and Naloxone Distribution (OEND) at no-cost. Over the course of two hours, OEND trainings include a discussion of opioid use disorder (OUD) as a brain disease, the landscape of the epidemic, and how to have conversations about overdose prevention and naloxone distribution. Additionally, MO-HOPE offers a Training-of-

Trainers (TOT) model, in which a participant is trained to actually deliver the OEND curriculum to others. In doing so, an organization can train one or several of its staff members to continue delivering the training to others as needed. Similar to the OEND trainings, TOT is offered virtually once a month, or can be offered upon request by an organization. For other options to participate in these trainings, click here.

OEND AVAILABLE TRAINING DATES: Monday, June 21, 10-12pm Register Wednesday, July 21, 1-3pm Register Tuesday, August 17, 9-11am Register **OEND TOT** AVAILABLE TRAINING DATES:

Wednesday, June 23, 1-3pm Register Wednesday, July 7, 2-4pm Register Wednesday, August 18, 10-12pm Register

- 7. MAT Waiver Training This 8-hour course is different from the traditional 8-hour live course, as the first 4-hours will be live through Zoom and then the last 4-hours will be individual online work. Once you complete the first 4-hour live training, you will receive an email from AAAP with a link for the other 4-hours of individual work. Once that work is completed, you will receive a certificate of completion. Upon completing the required courses (MD-8 hours, NP and PA-24 hours) participants will need to submit a Notice of Intent form (NOI) along with their certificate(s) of completion, provided after completing the training, which verifies that they have completed the required coursework. A link to the NOI form application will be given following the training. Register
- 8. **Clinical Supervision Training** The MCB is excited to announce clinical supervision training opportunities in June, and October. For more information and to register, click the links: <u>June</u> | <u>October</u>.
- 9. 2021 Peer Specialist Trainings Please see the peer specialist trainings provided by the MCB below.
 - Certified Peer Specialist Basic Training Register
 - Peer Specialist Supervisor Training This training is strongly encouraged for any current or future peer specialist supervisor (individuals supervising a CPS) This training has been updated so those who have attended a training in the past are welcome to attend again. Register
 - Certified Peer Specialist Specialty Training The specialty training topics will include Peer Ethics, Spirituality &
 Recovery, and Peer Documentation Strategies & MCB Updated Peer Information. The cost of each training is
 \$20. Register

New-"ish" ((2)) Employee

We are pleased to announce that **Kate Wieberg** will rejoin the DBH fiscal team. Kate worked in DBH fiscal previously and we are excited to have her back assisting us. Her start date will be Monday, June 21st.

Please join us in welcoming Kate back!!

Look for new information and resources coming next Friday!